

WHAT YOU NEED TO KNOW TO SOUND LIKE YOU'VE READ THE BOOK

ABOUT NICCIE

Niccie Kliegl, author, coach, and speaker, is passionate about awaking the hearts, minds, and souls of those she encounters. she founded Fulfill Your Legacy, life coaching in 2015, where faith-infused-living is the brick-andmortar of her practice. Niccie says, "Assisting her clients to embrace a life



within their God-given life purpose, to gain health and wellness that sustains, and to accept the abundance and legacy that Christ left for each and every one of us, is what life is about!"

ABOUT THE LEGACY SERIES

The Legacy Series is a four-part sequential process to elevate and partner your life, home, and community with God. 'Awaking the Living Legacy' gets YOU God partnered, then "Embracing the Loving Legacy" takes that love to your home and loved ones by embodying the word, establishing your steps, and elevating your loved ones with the help of the Trinity.





BOOK SUMMARY

"Can we really have it all?"

We give all we have to our work, pushing ourselves to be a success. We go the extra mile for our children, giving them every shot at life. We run from one activity to the next, rarely enjoying a meal together. All this is taking a toll on our families, relationships, bodies, and our future.

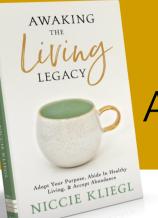
"What's happened to my life? How can I make this life work?

Niccie Kliegl reveals a proven plan for navigating through life with success by partnering with God every step of the way. In this book you will...

- Discover:Your God-given life purpose through adoption by faith
- Affirmation of your perfection through Christ
- The value of making mistakes and how they propel believers into greatness
- The art of making wise choices in the future.
- The truth and healing that is gained from forgiveness and grace.
- The Legacy Jesus left for you and how to abide in His abundance."

Awaking the Living Legacy truly depicts Niccie's heartfelt desire to teach others of the amazing strength, healing, peace, and abundance that waits at the door of those who partner with God.





WHY NICCIE'S MESSAGE IS IMPORTANT

STRESS IS ATTACKING OUR HEALTH AND LIFE. IT IS THE BASIC CAUSE OF 60% OF HUMAN ILLNESS AND DISEASE

Our health is deteriorating before our eyes. We are burning at both ends. Doing whatever we can to give to our children, struggling to keep our full-time jobs and balancing a home. We grab "to go food" between activities and rarely sit together to enjoy a meal. It's hard to keep up this pace and the stress is literally killing us...When do we refuel? With too much stress our mind and body shuts down, which increases stress and leads to a horrible cycle.

Chronic Fatigue Syndrome is predicted at 500,000 CDC cases this year crippling mostly women of 30-50 years of age with debilitating fatigue. (Right diagnosis; http://www.rightdiagnosis.com/c/chronic_fatigue_syndrome/stats. htm)

According to the American Institute on Stress (http://www.stress.org/stress-iskilling-you/), 60% of all human illness and disease . As well as three of four doctor visits are related to stress, with the most common issues being:

- Immune System
- Anxiety and Depression
- G.I. problems
- Weight gain and it's complications





WHY NICCIE'S MESSAGE IS IMPORTANT

BOOK EXCERT (page 103), STRESS IS ATTACKING OUR HEALTH AND LIFE...

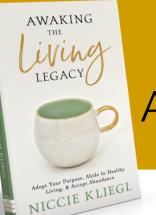
We go-go-go, and while this rat race is on, we prioritize. Sleep is often the place to cut from and this only packs on the pounds and wears us out more. Sunday is often the only day to catch up on sleep and rest.

Church is often left out, not by intention but by what they feel is survival. Little by little, piece by piece, the once black and white wisdom, written for all to live in and love by, is getting lost, faded... and buried.

Our busy lives are crowding out church with it's Biblical teaching and the boundaries of good and bad, right and wrong, which are slowly muddying.

This distance only carries away our empty souls, making it even harder to fill them up and restore our bones.





WHY NICCIE'S MESSAGE IS IMPORTANT

HIDING OR DENYING YOUR PAST HURTS IS KEEPING YOU FROM HAPPINESS AND FUTURE GAIN.

I talk a lot about the need to be transparent if you want to grow from your mistakes. When looking back at our life we can see how different it would be if we had tried to conceal a particular weakness or what it would have been like if we hadn't. It's too hard to keep up "a front" and live as a pretender. I inspire those I work with to be authentic. Having acceptance first is key. This is why owning your place with God is necessary. AND this is how we get to a place where we are gaining and growing regardless of our setbacks.

BOOK EXCERPT, (Page 62):

I was around ten years old and sitting in reading class. The bell had just rung, and I was preparing for this difficult task of trying to read. I prayed that it wouldn't be an out loud reading day and focused on trying to sound out anything I could before I might get called upon. Instead, there was an announcement over the PA and several names were listed off for all the school to hear...mine being one of them. They asked us to meet in some room that I was unfamiliar with.

At first, I was relieved to be saved by the bell, and then dread set in as I knew something was wrong. As we each filed out of our respective class rooms.



WHY NICCIE'S MESSAGE IS IMPORTANT

BOOK EXCERPT, (Page 62 continued)

noticed in the hallway one other boy who seemed to be wearing the same cautious expression I was. I rather clung to this boy, and he to me as we were crammed into a very inappropriately small room for us.I listened to the teacher explain that we were in there to get extra help with reading. I believed her. It seemed she genuinely wanted to help us.Some kids laughed and joked, making fun of themselves even, and I hated that. I simply did what I could to keep from tearing up at this chance to learn to read. "Wouldn't that be great if I would be able to read?" With a hopeful heart, I decided right then and there that I would do whatever they said and I would leave here a reader. We spent the next weeks "reading." Actually, we spent the next few weeks memorizing our own very simple book. I went from totally committed and hopeful to disillusioned and upset.

Some kids had trouble memorizing on top of everything else, and I remember feeling so badly for them.One day the teacher said we would have a gathering with our parents for them to see all we'd learned. I was so confused. Did they think we didn't all know we couldn't read...that we learned nothing? Then they had us get up one evening in front of all our parents and "read" our book to the whole group. My mom was smiling so broadly. She was amazed and a part of me wanted to pretend I could read. But the clear-headed part of me knew the truth.





THE COST OF NOT WORKING ON YOUR GOALS AND OBSTACLES IS DENYING YOURSELF OF YOUR DREAMS. ARE YOU READY TO GIVE UP ON YOUR HOPES AND DREAMS THAT ARE AWAITING FOR YOU ?

I have seen so many individuals grow from fine to just fabulous. Patients gaining their health back after spiraling out of control. I am joyful beyond belief as I watch an employee work through relationship troubles that were embedded within them from years back. It's like one of those pendulum desk toys. Once it is ignited it cannot stop. Soon they break free from those foot holds and live joyful, and highly effective. I see countless (amazing) women at an age they are ashamed to admit, still searching for their place in this world, having given every piece of themselves to others... no longer even recognize who they are. They too awaken to their unique path, and are glorified in their transformation and fulfillment-as the sink into their God-given place and all His Glory.

I am so proud and amazed by these women, for fighting to be partnered with God. I want every person on this earth to lose the world- and gain their soul! Our purpose, our health, our relationships...they are all blessings willed to us as a legacy left behind.What if we gave up before we even knew our God-given purpose and all the blessings it would bring.





What if we gave up not realizing, that when partnered with God, even our hurdles, mishaps and set backs are inis hands and our plans.

BOOK EXCERPT,

(Page 137)

Did you know that penicillin was created by accident? Alexander Fleming was attempting to find a wonder drug for fighting infections, with repeated failed attempts. One day he noticed a bacteria-filled petri dish that had been tossed in the trash, earlier was dissolving other bacteria all around it. Fleming was working the very passion he felt was right for him... and he was failing.

He did find the cure, after failing over and over. Without those failed attempts all tossed into the trash, he wouldn't have been able to witness the true miracle of nature healing itself. He found an amazing cure because he used a door opened to him. Something in him was alert and ready to notice what many would have blown by.

(Page 42)

I would love nothing more than for us all to know what our God-given gifts are, what our worldly skills are, and to find a place where we use them to serve each other, in the most powerful way possible. This is a beautiful place.





A place where God, the world, and we 'join-up'! I use this term 'join-up' for a reason. It takes trust and patience. It involves a master, an environment and a follower for true joining up. The term 'join-up' comes from a man named Monty Roberts, the founder of this horse training term. (www.montyroberts.com/ab_about_monty/ju_about)

He reports that 'Join-Up' methods rely on horse and trainer establishing a bond of communication and trust. "You must somehow understand that we as horsemen can do very little to teach the horse. What we can do is to create an environment in which he can learn." Monty says, "We hear that 'actions speak louder than words," ...When I am life coaching I do not want my clients to need me or depend on me.

I teach faith-infused growth and living, because there is so much value from living within a Christian environment and depending on God. Once we get accustomed to the tools and resources, they will ignite a lifetime of action from our Almighty. I have a passion for inspiring others to gain all they can by joining up with God. The 'Word' is their syllabus, the Holy Spirit their guide, and Jesus Christ their Savior. Once they learn to depend and trust in this unbreakable bond, I can hardly hold myself down with joy and gratitude. At this time, they start their journey in the Living Legacy.





SUGGESTED INTERVIEW QUESTIONS

- 1. What is 'The Living Legacy' and what is your book about?
- 2. "Who are the people you serve?
- 3. What made you consider writing a book?
- 4. What is your company "Fulfill Your Legacy" about?
- 5. You make references to secular- how do you do both?

6. Deepening your spirituality quite popular right now.What sets you aside from the rest?

- 7. How long does a person work with you?
- 8. Can you narrow down the living legacy coaching Concept into a few steps?
- 9. How much do seminars and coaching cost?

10. What is the one thing a person can do to get started on this abundant life of purpose, health, and directions?





"Transforming homes across the world."

Homes around the world are under attack and Niccie knew God and this book would be the answer. God was already changing the lives of her coaching clients in huge ways as they personally got God-partnered with volume one, Awaking the Living Legacy, from the Legacy Series. Volume two, Embracing the Loving Legacy, needed to take that God-partnered life further by truly transforming their homes and the lives of those around them.

"What's happened to my family? How can we get back on track?

Niccie Kliegl reveals a three-step process for home transformation. In this book you will learn to EMBODY God's truth as a family, ENGAGE into it with full intention through the six family covenants, and ELEVATE your family above anything you ever imagined. Six faith-based areas of family transformation are:

- As For Me And My House.
- As For Me And My Marriage.
- As For Me And My Parenting.
- As For Me And My Health.
- As For Me And My Finances.
- As For Me And My Community.





FAMILY AND MARRIAGE ARE UNDER ATTACK; By ROGER ROLLINS Columnist Feb 9, 2019

"The business of the home is nothing less than the shaping of the bodies and souls of humanity. The family is the factory that manufactures mankind." — G.K Chesterton"

But the Lord is faithful. He will establish you and guard you against the evil one." — Bible

How are marriage and the family coping in today's world? Ted Malloch, in an article in the Intellectual Takeout titled "The Tragedy of the European Family," reviews considerable data and comes to the conclusion that marriage and the family in Europe are in their death throes.

He warns that the U.S. is headed in the same direction.

BOOK EXCERPT, (57) It is no surprise to learn that about 50% of first-time marriages end in divorce. But, did you know 60% of second marriages and 73% of third marriages also end in divorce. Practice doesn't always make perfect. I never imaged a large part of my coaching practice would be helping couples get God-partnered. I love watching God restore marriages by helping them become ROCK SOLID. Much of one's success in a marriage has to do with





BOOK EXCERPT, (CONTINUED) faith. Once we truly embrace this, our marriage will begin to flourish.

If we study the written Word, we will find it teaches us that our marriage should be an example of how Jesus loves the church. Many might wonder how that works and what it really means to love someone as Christ loves the church. Especially if they do not know Christ all that well or understand how he loves the church in the first place. If this is you, you are not alone. Look at the statistics. Many wonderful, God-fearing folks struggle to have godly marriages.

The thing is, our bodies want this, even crave this. Which is why we get into so much trouble with relationships. We crave love. Once a couple learns what true love (Christ's love for the church) looks like, they are ready to start making life changes; and with that, their marriage is blessed with a divine recovery.

Let's get to the truth about our marriages and religion so we can make some deliberate choices on how to live out our role as a husband or wife partnered with God.

GOD WANTS US ALL TO SUBMIT?

That's just like me to start off with one of the toughest verses to embrace within a marriage. By adhering to this one verse, though, we follow a multitude of other teachings within the written Word and simultaneously bless our marriages and lives greatly. This verse particularly gives wives grief, which I understand.





BOOK EXCERPT, (XV) All four of the "Legacy" books were originated in a few hours' span while I was driving home alone from Chicago to Iowa. I kept pulling over to throw my ideas on paper as quickly as I could. We'll just say that was one awesome ride.

I didn't understand at the time that "Embracing the Loving Legacy" would someday become this... a life application, done God's way, novel. I simply knew that I was to help others learn what God is telling us in the written word, about how we are to live our lives. And I knew I would be helping my clients learn how to apply it to their daily life, how to truly embrace their faith.

I have a burning desire to help others rise above this world and to step into the joy-filled and abundant life God has waiting for us. This book is designed to get back to the basics of living fully! I founded Fulfill Your Legacy, my coaching practice, shortly after a calling that I could not keep quiet. Before I knew it I was public speaking, writing, hosting a syndicated talk show and all with the same divine path of using God's word, Christ's grace, and the Holy Spirit's power, to teach us, grow us, and bless us.

As my coaching practice grows, I meet more and more individuals with varying depths of faith. Some claiming they have no faith, some teaching me through their immense faith, and most somewhere in between. Time after time we





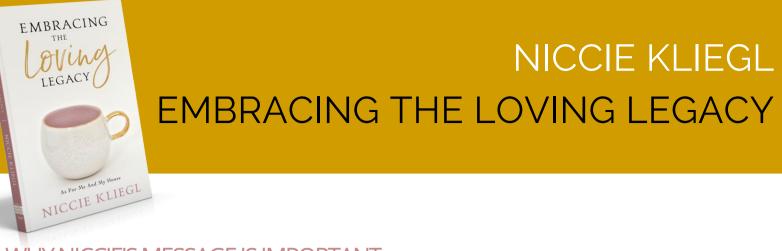
BOOK EXCERPT, (CONTINUED)

quickly learn that faith and life progress go hand in hand, no matter where you are on your faith journey. This isn't a reference of worldly gain, rather a fact about true growth having cause and effect of a whole other kind. The kind that is of and above the world. The kind that changes hearts, minds, and souls. Sure, worldly gain accompanies growth as well, but merely by default. (And, don't get me wrong, enjoy the efforts of your labor with a grateful heart). But, this book is about straightening out the motivation of our actions, the force of our momentum and place from which live, love, learn, and lead.

While coaching people in whatever their goals are, we approach their learning in a holistic way: physically, spiritually, and emotionally. Overcoming life's challenges this way has my clients soaring through growth and development and reaching their goals far beyond anything they hoped for. But Jesus looked at them and said, "With man this is impossible, but with God all things are possible." Matthew 19:26

And I once again look to the heavens with a grateful heart of...God's teachings written out for all of us to use for Jesus our Savior who heals and transforms to the Holy Spirit who leads and guides these amazing people ...Either igniting their faith for the first time or for spurring and guiding them into a deeper faith, that desires to grow and give more and more, forever and always.





WHY SHOULD WE LEARN AND KNOW WHAT THE BIBLE SAYS? MANY FEEL IT IS OLD AND OUT OF DATE, THAT THE WORLD IS DOING QUITE WELL WITHOUT IT OR RELIGION.

It's true. As a whole we have put away our Bibles and we still succeed. We do well in life and love passionately. We are so busy that there sometimes there just isn't time for church... especially a church that judges, excludes and asks more than gives.

But, I'd push back on our definition of 'do well in life'. Our homes are falling apart. Good homes with good people. We can work hard, with integrity and grit and it will pay off.

But when we do it without God we are there without God. That is when we need Him...when life is one day out of control. Believers know they can call on Him in good and bad times. But, for those out of the habit, unfamiliar with Him, his power and might... they are not able to hear him, tap into him and use him like they should even when desperate.

This is why we are seeing such devastating hardships; suicides, crippling anxiety, and stress related illness, and more.





BOOK EXCERPT, (Page 10)

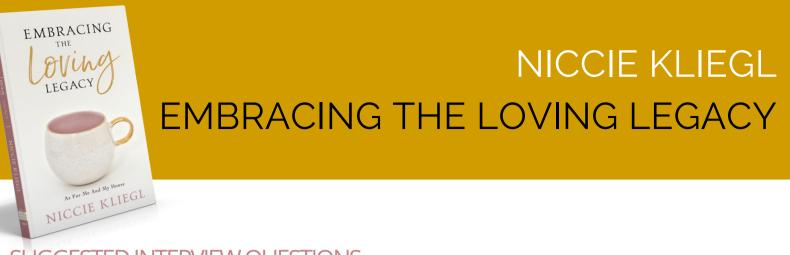
But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the godsyour ancestors served beyond the Euphrates, or the gods of then Amorites, in whose land you are living. But as for me and my household, we will serve the Lord. Joshua 24:15This powerful Bible verse comes from Joshua 24:15-28.

While wandering through the wilderness with Moses, Joshua witnessed the shameful behaviors of the Israelites – the creation of the Gold Calf to name one. This verse is his concluding statement to the Israelites, his plea with the people to turn away from the gods their fathers worshipped. He is provoking them to DECIDE how they plan to move forward, challenging them with one of three ways, similar the the very decision we still have today.

Will they continue along the treacherous path of serving the false gods of their fathers, the gods of their times and self, or will they follow God in love and service. He boldly claims his family will serve the Lord.

Studying the story behind these awesome verses challenges me to think about how wholeheartedly I have embodied the truth of my decision to love and serve God personally and in my very own home. How wholeheartedly am I declaring this resolution?





- SUGGESTED INTERVIEW QUESTIONS
- 1. What is 'The Loving Legacy' and what is your book about?
- 2. "Who are the people you serve?
- 3. What made you consider writing a second book?
- 4. I hear there are two more books coming out, what are they about?

5. How do you coach off your books, especially this one which is about homes and families?

6. Deepening your spirituality quite popular right now. What sets you aside from the rest?

- 7. How long does a person work with you?
- 8. Can you narrow down the loving legacy coaching concept into a few steps?
- 9. Is it expensive to coach with you or to have your speak?

10. What is the one thing a person can do to get started on this abundant life of purpose, health, and directions?

Niccie Kliegl, CLC © Fulfill Your Legacy

