

# HOUSE

HOUSE: Keeping Your Home and Family with "God First" Mentality

MARRIAGE: Be Intentional In Your Marriage

PARENTING: Stepping Into Parenthood

HEALTH: The Ebb and Flow of Health

> FINANCE: : Miracle Money

COMMUNITY: Seven Proven
Strategies to Build Strong
Community









#### 3 EDITOR'S NOTES

Niccie Kliegl is CEO of Fulfill Your Legacy, the Legacy Leader Community and magazine. Also, she is talk show host of *Living Within the Sweetspot*, and runs two Christian Business Building masterminds: one a 'start up' and the other is a 'done for you' program, both helping Christians elevate their work and life spiritually, abundantly, and energetically for the Kingdom. Niccie has a 4-part discipleship series helping others: LIVE | LOVE | LEARN | LEAD according to the call! LIVE (get their life God-partnered), LOVE (then their home), LEARN (advance further out as a faith-based entrepreneur into the community), and LEAD (as we move into the nations).

#### 5 HOUSE

Kamela Warren is a passionate commercial pioneer with over 20 years of digital sales/marketing and eCommerce leadership experience and 25 years working in the CPG industry.

Kamela currently resides in Montana with Craig, her husband of 26 years, and her sons Kole (24) and Brennan (21). She enjoys horseback riding, and her family is currently building their dream ranch home called Sheep Creek Ranch near Yellowstone in Montana where they hope to be able to host future retreats. As a new Legacy Leader, she is excited to see what the next chapter in her spiritual journey will bring.

#### MARRIAGE

Teresa Brunsting is an author, speaker, and encouraging coach, helping women, mothers, and marriages become Emboldened Overcomers© from mind, body, and spirit struggles so they can live joyously in their "New Self." Teresa is married and enjoys time with her husband, two wonderful adult children, and friends.

Teresa is a certified coach in Awake the Living and Loving Legacy. She loves encouraging other women to find confidence and live boldly in the beautiful place God created for them. She is working on her first book scheduled to debut in May 2025. Teresa hopes to help those struggling with mental illness, anxiety, and stress. She will also be part of The Warrior Writers Anthology, which will be available February 2025.









#### 13 HEALTH

Trisha Haywood is a loving wife, mother, singer/songwriter, designer, blogger, aspiring author, and lover of life. Her family carries a message of hope. Together, alongside her husband, they homeschooled their three sons, who are now adults with the foundations of heart connection. Yeshua is at the very foundation and tapestry of Trisha and her family. They love community and the beauty and deep healing it can offer one's weary soul.

Trisha deeply loves others and sees them as God's creation, looking for opportunities everywhere she goes to encourage the hearts of each one put in front of her.

#### 19 FINANCES

Chantel Hammonds is a powerhouse for the Lord. You feel the Holy Spirit when she speaks, and her child-like faith is contagious. Her work was recently published in *He Is Hope* magazine with Kevin Sorbo on the cover. She is authoring a book about her son's death and resurrection and contributing to the Warrior Writers Anthology book, both scheduled to launch at NRB, in February 2025.

Chantel is the CEO of Kingdom Financial Solution Center's Bookkeeping and Auditing Services. She loves praising and worshiping God, sharing her testimonies, ministering to others, spending time with her family, and serving God.

#### 24 PARENTING

Tammy Largin is an award-winning author, speaker, and mom coach. Her book, *Children are like Arrows in the Hands of a Warrior*, empowers parents to know, love, and challenge their children based on God's design for parenting. Tammy speaks on developing creative learning solutions for children of all ages and teaching life skills to young adults. She currently serves on the board and as the director of career and life training at Life Launchers in Jacksonville, Florida, where she resides with her husband of 29 years and her dog Roxy near her parents and extended family.

#### <sup>29</sup> COMMUNITY

Lucy Ann Costa-Quattrone is an award-winning author, speaker, strategy coach, and pastor who is recognized for her ability to lead people into sustainable life transformation.

Lucy Ann will help you to uncover the struggles, undertake the shifts, and unleash the strategies to propel you into the life you were created to live—a life beyond limitations.

She is devoted to empowering you to become an Ambassador of Change in your family, workplace, and community.

## WORDS FROM THE EDITOR

NICCIE KLIEGL, FULFILL YOUR LEGACY

September has arrived and with it, a special anticipation in our family—our new grandson is due to be born in just a couple of weeks!

As we prepare to welcome this sweet baby, I'm reminded of the incredible gift of new life and generations to come. Jeff and I are beyond excited to meet him, and to see Justen and Raya add one more child to their growing family. Even though our days of raising little ones are long past, the arrival of a new grandchild gives me an even greater appreciation for the legacy we are all building with our families and in our homes.

For those of you who are new to the magazine, welcome! We're so glad you're here. The writers in this magazine are part of our faith family—Legacy Leaders who are committed to living out their God-partnered lives in every aspect, from their homes to their work, and beyond.

Our contributors come from all walks of life—parents, many Christian entrepreneurs, mentors, and more—all seeking to grow in their faith and impact their families and communities.

Together, we LIVE | LOVE | LEARN | LEAD as we follow God's call, knowing that each step brings us closer to Him.

This magazine, **As for Me and My House**, is inspired by my second book in the Legacy Series, *Embracing the Loving Legacy*. As the book extends the God-partnered life into the home, this magazine touches on the same six areas: house, marriage, health, finances, parenting, and community. It's amazing to witness how God's work in our lives overflows into our homes, shaping the next generation.

As we move into this new season, whether it's the start of a new school year, a new chapter in life, or, like us, the arrival of a new family member, let's continue to invite God into every part of our journey. May this month's issue inspire you to walk closer with Him and cherish the moments that make up the beautiful legacy we're all creating.

We hope you enjoy the wisdom and encouragement shared by our fellow Legacy Leaders in this month's God-partnered magazine.

Niccie Kliegl



WARREN

KAMELA WARREN CONTACT

#### **KEEPING YOUR HOME AND FAMILY WITH A "GOD** FIRST" MENTALITY

In a world full of distractions and pressures, keeping God at the center of our lives can be challenging. However, by consciously putting Him first in our homes and families, we can create a strong spiritual foundation that guides our daily actions and decisions.

We find ourselves surrounded by so many pressures that left unchecked can quite literally sweep you away from the most important purpose—to be closer to our savior.

My husband and I have stepped out of our comfort zone and opened our home to a wonderful man who had been

in a terrible car accident resulting in the loss of one leg (so he wears a prosthetic) and severe damage to the other foot.

We had the opportunity to share our faith with this man. We also asked our missionary friend to come and pray over an infection that would not go away despite six months of treatment. The week after being prayed over, all of the man's surgeons were amazed and wanted to meet our missionary friend.

5 | As for Me and My House

By putting the Lord first, you have the opportunity to share the gospel and God has the opportunity to show you He is bigger than you could have imagined when opening the door.

#### HERE ARE SOME KEY POINTS TO HELP YOU MAINTAIN A "GOD FIRST" MENTALITY IN YOUR HOUSEHOLD.

#### PRIORITIZE DAILY PRAYER AND DEVOTION

- Actionable Step: Set aside time each day for personal and family prayer. Start and end your day with prayer, inviting God to guide your thoughts, words, and actions.
- Bible Verse:

"BUT SEEK FIRST THE KINGDOM OF GOD AND HIS RIGHTEOUSNESS, AND ALL THESE THINGS WILL BE ADDED TO YOU," MATTHEW 6:33 ESV

• **Explanation:** By beginning your day with prayer, you acknowledge God's sovereignty and invite His presence into your daily life.

#### INCORPORATE SCRIPTURE INTO DAILY LIFE

- Actionable Step: Make a habit of reading the Bible together as a family. Discuss how the Scriptures apply to your current circumstances.
- Bible Verse:

"YOUR WORD IS A LAMP TO MY FEET AND A LIGHT TO MY PATH,"

PSALM 119:105 NIV

 Explanation: Regularly reading and meditating on God's Word keeps His truths at the forefront of your mind, helping you make decisions aligned with His will.





#### MODEL CHRIST-LIKE BEHAVIOR

- Actionable Step: Demonstrate love, patience, kindness, and forgiveness in your interactions with family members, reflecting Christ's love in all you do.
- Bible Verse:

"BE KIND TO ONE ANOTHER, TENDERHEARTED,
FORGIVING ONE ANOTHER, AS GOD IN CHRIST FORGAVE YOU,"
EPHESIANS 4:32 ESV

• **Explanation:** Your actions speak louder than words. By modeling Christ-like behavior, you set a powerful example for your family.



#### ESTABLISH REGULAR FAMILY WORSHIP

- Actionable Step: Dedicate a specific time each week for family worship, when you can sing hymns, read Scripture, and pray together.
- Bible Verse:

"FOR WHERE TWO OR THREE ARE GATHERED IN MY NAME,
THERE AM I AMONG THEM,"
MATTHEW 18:20 ESV

• **Explanation:** Family worship fosters unity and creates an environment where God is welcomed and honored in your home.

#### **ENGAGE IN SERVICE TOGETHER**

- **Actionable Step:** Find opportunities to serve others as a family, whether through your church, community, or simple acts of kindness.
- Bible Verse:

"AS EACH HAS RECEIVED A GIFT, USE IT TO SERVE ONE ANOTHER,
AS GOOD STEWARDS OF GOD'S VARIED GRACE,"

1 Peter 4:10 ESV

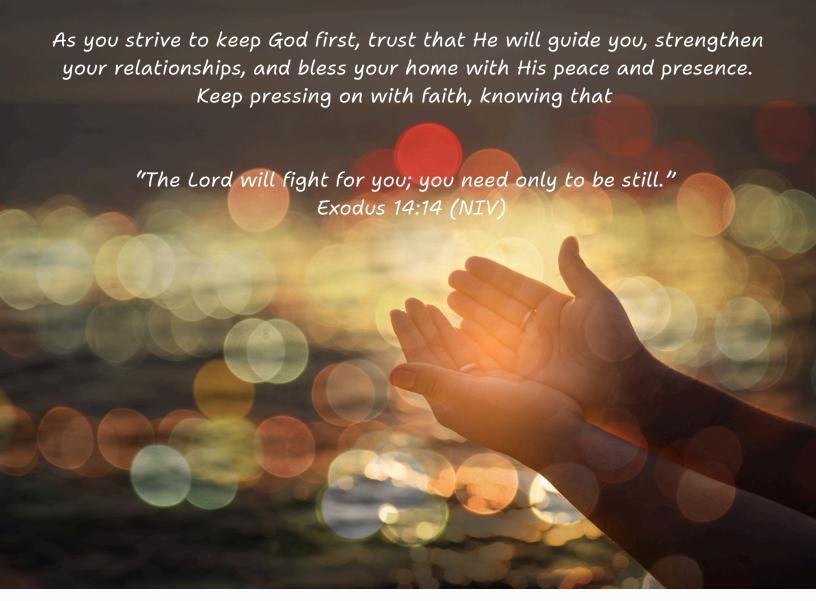
• **Explanation:** Serving others together helps your family grow in compassion and humility, reinforcing the importance of putting God's love into action.

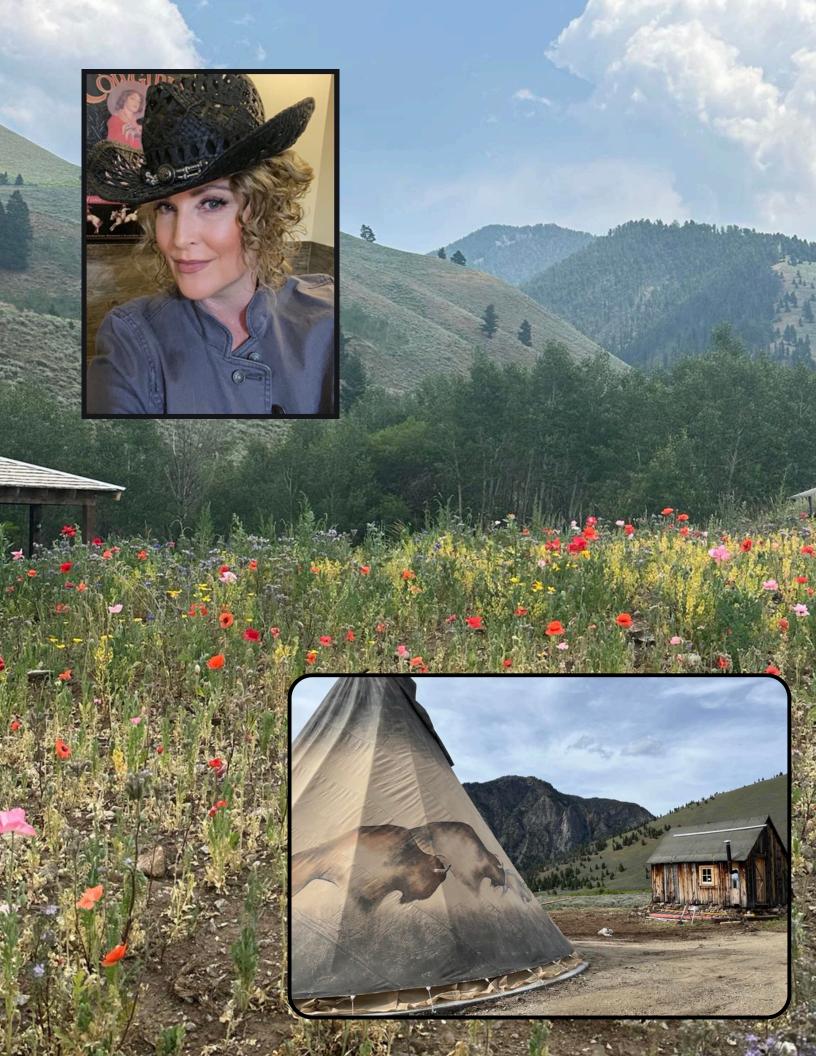
#### **SUMMARY AND ENCOURAGEMENT**

By integrating these practices into your daily life, you create a home where God is truly at the center. Remember, it's not about perfection but about consistently seeking God and inviting Him into every aspect of your family life. As you strive to keep God first, trust that He will guide you, strengthen your relationships, and bless your home with His peace and presence. Keep pressing on with faith, knowing that:

"THE LORD WILL FIGHT FOR YOU; YOU NEED ONLY TO BE STILL,"

Exodus 14:14 NIV







**AS FOR ME AND MY MARRIAGE** 

# BE INTENTIONAL IN YOUR MARRIAGE

"'FOR THIS REASON A MAN WILL LEAVE HIS FATHER AND MOTHER
AND BE UNITED TO HIS WIFE, AND THE TWO WILL BECOME ONE
FLESH'? SO THEY ARE NO LONGER TWO, BUT ONE FLESH. THEREFORE,
WHAT GOD HAS JOINED TOGETHER, LET NO ONE SEPARATE,"
MATTHEW 19:5-6 (NIV)

Over the years, I have noticed the happiest marriages are based on deep friendship. Your spouse is a friend who became your family. Even in trials and temptations, this bond cannot be broken. However, we have to make an intentional effort to maintain this connection, as we do with our other good friends. We do activities and laugh together, which builds a bond that will stand firm.

#### "A FRIEND LOVES AT ALL TIMES," (PROVERBS 17:17 NIV).

Author Kate Stewart is quoted as saying, "The perfect marriage is just two imperfect people who refuse to give up on each other." I love this saying for two reasons: the first is that we are all imperfect, and the second is that marriage is a commitment or vow to be honored.

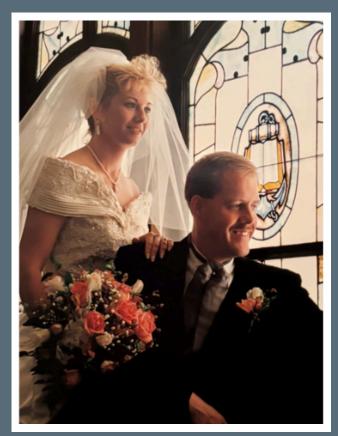


Like in true friendships, things can go wrong but we don't give up on our friends. We give them grace and forgiveness. Our spouse is closer than any other friend. We are meant to be one flesh. Matthew 19:5–6 states, "'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh'? So they are no longer two, but one flesh. Therefore, what God has joined together, let no one separate," (NIV).

My husband, Doug, and I have been married 31 years and have had many trials over the years. There was miscommunication, mistakes with money, disagreements about child rearing, and even infidelity. We were separated for a year and a half and had to work very hard to save our marriage.

I'm always looking for ways to enhance our marriage. This past year we went to a seminar with Gary Chapman, author of *The 5 Love Languages*, and he gave a tip that he practices. This tip is meant to increase true intimacy between husband and wife. He told us that when we are in bed and ready to go to sleep, we should grab each other's hand and take turns saying a prayer. This takes down walls and helps diffuse any stress that might be left over at the end of the day.

The walls and stresses are taken down like when Joshua took down the walls of Jericho. You have probably heard the saying, "Never go to bed mad." I believe there is a reason for this because we can build up resentments unless issues are addressed right away.







I have five tips and a prayer for marriage that can be recited. Praying with and for my spouse and our marriage makes true intimacy possible. It has helped us, and I think it will help you.

#### **5** TIPS TOWARDS A GOOD MARRIAGE:

- Be God-partnered. Marriage and family function best when partnered with God.
- Be committed. Honoring marriage vows creates an environment of love and trust.
- Communicate. Communicate and don't make assumptions.
  You are on the same team.
- Give and receive grace. Giving grace and forgiveness for each other's mistakes is crucial.
- Be friends. Nurture your friendship and have fun together.

  Laugh together. Treat your spouse with dignity and respect.

#### 12 | As for Me and My House

#### **MARRIAGE PRAYER:**

God, please guide and direct our marriage. I ask you, God, to highlight the good and allow me to see my spouse through your eyes. I will work to honor our commitment and love for each other. I will renew my vows every day and will not take the easy way out. I believe we are both imperfect and my spouse is my best friend. I will give grace and forgiveness when times are difficult. You brought us together to be each other's helper and we honor that. Let the best part of us be given to each other. God, I invite you to be the center of our marriage and ask you to bless our union now and always. Amen

Even if your spouse doesn't say this prayer, you can say it for both of you. You are one flesh. Don't underestimate what God can do when we take time to pray with or for our spouse as our best friend.



#### THE EBB & FLOW OF HEALTH

Health is such a vast topic. It has forged and formed beliefs through information being passed down from generation to generation as well as a lot of programming within the past 80 years, give or take a few. Even though a part of me would like to dive into this aspect with ya'll, I want to talk instead about the ebb and flow within health and touch on a few things I have learned within my journey.

"SO WHETHER YOU EAT OR DRINK OR WHATEVER YOU DO, DO IT ALL FOR THE GLORY OF GOD." 1 CORINTHIANS 10:31

### WE WERE THAT FAMILY

I grew up in a time when fruit stands on the sides of roads and berry-picking farms were lush. My Mom would take us to health food stores and carob chips were a favorite. This was my introduction to health. Then in the early 90's, my Mama was helped with a product that aided the body in cellular communication, which then opened me up to understanding why we supplement and its benefits.

#### **SUPERSIZE ME**

Fast forward to the year 2004, which was a destiny moment for my husband, Joshua and me. Our children were ages two, three, and four at the time; it was so special living in these moments of raising our three amazing boys. We would sometimes rent a movie on a Friday night as a family, so one such evening, we ventured out to Blockbuster and ended up renting a documentary instead of a movie. We didn't think much of it until at the end of Morgan Spurlock's documentary, "Supersize Me," we realized we were that family! We were in weight the heaviest we had ever been. When my husband stepped on the scale it said error!

# GOD'S DIVINE MOMENT

That documentary was a divine moment for Joshua and me and took us on a journey of health that unlocked things within us that God had placed there. This is where our health journey began.

We started with baby steps. We immediately stopped all fast food and sodas, and started walking every day. After our first month of implementing these two changes, we had dropped 20 pounds each. We were encouraged. Ironically, I don't think I felt more energy. I felt the same as when I had been eating fast food. Now, mind you, we had three very active little boys who kept us busy. However, we liked our new lifestyle.

We thought we were off all fast food when in actuality, we had switched up McDonald's and the like for Quiznos or Subway. I guess we thought it was healthier because they made the food right in front of us and it was a slower process. Well, we then found out the sandwiches at both Subway and Quiznos were as bad if not worse than a Big Mac! What the heck?!









# GOD MET US EACH STEP OF THE WAY BY CONNECTING US TO OTHERS AND DIRECTING US IN WHICH WAY TO GO FOR EACH SEASON WE WERE WALKING IN.

Having learned that, we stopped eating from those food chains and started cooking more at home. God met us each step of the way by connecting us to others and directing us in which way to go for each season we were walking in.

We started incorporating a green drink in the morning and started shopping more at farms or farmer's markets. Protein was a big part of each meal. We went on deep dives to understand the food before us. To say it was easy, well that's not the word we would use. However, it was our moment-by-moment choices while creating new habits that mattered and made the difference.

We got off the bad sugar and switched to organic sugar, raw honey, maple syrup and stevia, all of which we'd only eat in moderation. Contrary to popular belief in the industry, we don't agree that all sugar is bad. We believe in eating it the way God intended us too. (A longer story for maybe a podcast episode. . .)

Coming from a place of previous bondage to a healthy way of living, I can say perspective and balance are important—and it's not one size fits all. You see, we had become that family who brought a cooler full of allorganic food to our family/friends' homes when invited over for dinner.

Can you imagine for a moment being full of fear on a subconscious level from the information you had learned about within the food industry, so much so that you can't even enjoy food anymore? Well, unless you knew the sourcing because it seemed that everything was out to get us and destroy us. In many ways this lifestyle became idolistic and created bondage within us, albeit unawares. We were living free in some spaces while in other parts of our life, it was as though we were powerless to break free. It was weird.

"The fear trap" is what we call it now, 20 years later. We got caught up in a strange net of distrust to the extent that we were even challenged to believe in our prayers over our food. I mean, how could you consciously eat this garbage and ask God to bless it? Unawares, we had become mentally enslaved. Our subconscious, fearful thoughts had become the new master, masquerading as freedom.

#### MARK 16:17—18 (AMP) SAYS,

"AND THESE TOKENS SHALL FOLLOW THEM THAT BELIEVE, IN MY NAME THEY SHALL CAST OUT DEVILS, AND SHALL SPEAK WITH NEW TONGUES, AND SHALL TAKE AWAY SERPENTS, AND IF THEY SHALL DRINK ANY DEADLY THING, IT SHALL NOT HURT THEM: THEY SHALL LAY THEIR HANDS ON THE SICK, AND THEY SHALL RECOVER."



#### 16 | As for Me and My House

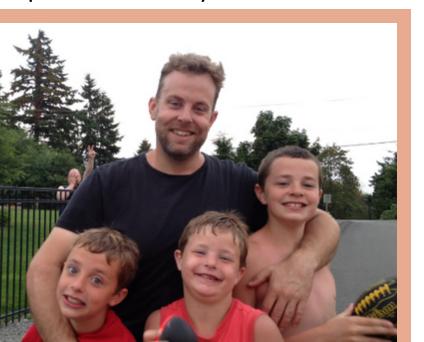


#### **CARE FOR YOUR TEMPLE**

We should not be careless in taking care of our temple, which is a vessel with which we should be gentle. We should not be fearful as He has said for us not to be. We should believe Him, His Word, and choose to trust Him, believing with every fiber of our being that His Word will not return to us void.

Friends, this is a HUGE topic and one that is ongoing, a topic that has many layers of first unlearning and then relearning.

I want to encourage you to rest in the process and listen to the Holy Spirit. And those wanting to dive into health in the practical sense, **keep it simple**, **stay consistent**, **and be compassionate towards yourself as well as the process and the season you are in.** 





 Your thoughts and relationship with self is super important.



Partner with Yeshua; He created you perfectly in your mother's womb.

"FOR YOU DID FORM MY INWARD PARTS; YOU DID KNIT ME TOGETHER IN MY MOTHER'S WOMB," PSALM 139:13 AMP



Get first light sunshine for at least 15 minutes.



 Increase your water intake and make sure you are drinking good water, i.e. reverse osmosis, spring or structured water.



 Move your body—go for a walk or rebound (bouncing on a trampoline helps to move the lymphatic system—a gentle, very effective and fun way to detox). Don't hurt yourself for vanity or out of pride. (Oh Lord, this is another topic for another time. . .)

Feel the ebb and flow within the journey. Have compassion for yourself within the process. We need to throw away the knowledge of what we think we know, and press into His wisdom, which starts not with what we put in our mouth but rather with the thoughts we think on a subconscious level.

It's a letting go of sorts while learning to embrace the ebb and flow of the journey.

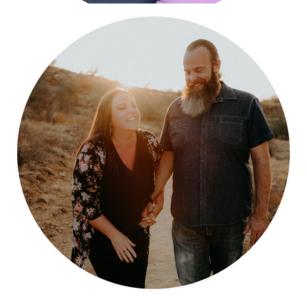
It is not some obtained goal to crush or conquer.

We should use a gentle approach that offers true and lasting eternal changes from within.

It's not a one-size-fits-all pill or program.

Learn what works for you, for your body, and love yourself the way God loves you.

You are valuable!



#### HEY THERE!

#### We are so happy you are here!

This space has been a long time coming.

We have moved through many ideas, dreams & experiences over the years that have been nothing short of flops, failures and mistakes that offered up valuable lessons and opportunities for intense growth through love and forgiveness.

Although life offered up many moments that felt as though we were wandering in desperation for a breakthrough of many promises yet to be fulfilled, it's been in the choosing to say yes to another day, sometimes moment by moment, that we started to find the purpose of what life truly is about.

It was in those moments, as rough as they were (some more than others) we kept saying "Yes" to our Creator, to each other, to our children. We kept showing up no matter what. That is one major key!!!

Through this all, we learned a valuable lesson, we get to choose what will define us.



WELCOME TO OUR CURATED COLLECTION OF RESOURCES DESIGNED TO EMPOWER YOU ON YOUR JOURNEY OF SELF-BETTERMENT. HERE, YOU'LL FIND A WEALTH OF TOOLS, ARTICLES, VIDEOS, AND MORE, CAREFULLY SELECTED TO SUPPORT YOUR PERSONAL GROWTH AND DEVELOPMENT. WHETHER YOU'RE SEEKING TO ENHANCE YOUR WELL-BEING, EXPAND YOUR KNOWLEDGE, OR CULTIVATE NEW SKILLS, OUR HANDPICKED SELECTION AIMS TO INSPIRE, EDUCATE, AND EMPOWER YOU TO THRIVE.



Spirifual HEALTH en ofional HEALTH



# MIRACLE MONEY POVERTY TO PROSPERITY BY APPLYING GOD'S WORD

Have you ever wondered what it would be like to receive Miracle Money? Growing up, we were so poor we had to grow our food.

We were never taught how to live in prosperity by applying God's Word to our finances, so we lived in poverty until I heard God speak and everything changed!

"BRING THE WHOLE TITHE INTO THE STOREHOUSE, THAT THERE
MAY BE FOOD IN MY HOUSE. TEST ME IN THIS,' SAYS THE LORD
ALMIGHTY, 'AND SEE IF I WILL NOT THROW OPEN THE FLOODGATES
OF HEAVEN AND POUR OUT SO MUCH BLESSING THAT THERE WILL
NOT BE ROOM ENOUGH TO STORE IT,'"
MALACHI 3:10 NIV

#### TRUSTING GOD: TO DO MORE WITH LESS

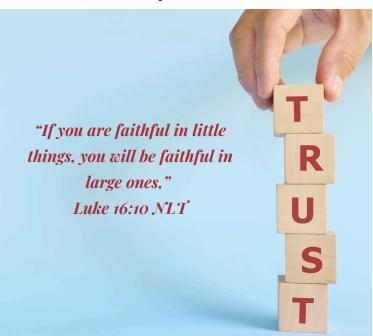
"'BRING THE WHOLE TITHE INTO THE STOREHOUSE, THAT THERE MAY BE FOOD IN MY HOUSE. TEST ME IN THIS,' SAYS THE LORD ALMIGHTY, 
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MALACHI 3:10 NIV

I was a single mother and raised my three children in government housing known as the projects. Eighteen years later, my son, Matthew, and I moved from a domestic violence shelter into Section Eight housing in Canton, GA. I started working at a ministry and was excited to have earned money to buy food! When I received my first paycheck, God said, "Tithe 10%." I told God, "I need that \$6 for food!" He replied, "Trust me."

I struggled at first with obeying God but then decided to see what God would do. I tithed my 10% with joy and stepped out on faith that God would provide what we needed.

The next week I received a letter that showed over \$6,000 of Miracle Money was deposited into my checking account. My hands shook and my heart raced because that much money scared me. Immediately, I tithed 10%. I told God, "This is your money, I am not touching it until you tell me what to do with it." Then I thanked God for showing me I could trust Him.



### OBEYING GOD: EVEN WHEN IT SEEMS CRAZY

"SAMUEL REPLIED, 'WHAT IS MORE PLEASING TO THE LORD: YOUR
BURNT OFFERINGS AND SACRIFICES OR YOUR OBEDIENCE TO HIS VOICE?
LISTEN! OBEDIENCE IS BETTER THAN SACRIFICE, AND SUBMISSION IS
BETTER THAN OFFERING THE FAT OF RAMS,'"

1 SAMUEL 15:22 NLT

"IF YOU ARE FAITHFUL IN LITTLE THINGS, YOU WILL BE FAITHFUL
IN LARGE ONES,"
LUKE 16:10 NLT

I received my next Miracle Money four years ago. Matthew had a severe asthma attack and received prayer on Holy Hill Chapel's international prayer line where he received instant healing. Matthew said, "Momma, we are supposed to go there." We attended a service there when Pastor Nicky Agyepong taught us about sowing financial seeds. This was a new concept since I had only sowed seeds for food. With a joyful heart, I said, "Lord I don't know what you can do with my last \$2 but I give you everything I have." I had no idea what God would do next.

The following morning, I prayed, "Lord, please make a way for us to move to Murfreesboro so we can be in your presence at Holy Hill Chapel all the time."

Then God said, "Go next door to the church and talk to the lady about a job."

I said, "God, do you see me? I have on flip-flops, shorts, a T-shirt, no makeup, and my hair is not curled, nor do I have a resume!"

God said, "GO!"

Immediately I obeyed God and went next door to the church. Without thinking, as if someone overtook me, I asked the lady in charge, "Can I pray for you about anything?"

She replied, "Yes, I need someone to work!"

She hired me on the spot. God multiplied the \$2 given for tithe by 1,000 and gave it back to me as a monthly salary. I trusted God and He could now trust me to obey quickly. Applying God's Word works.

"Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this,' says the Lord Almighty, 'and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it,"

Malachi 3:10 NIV



#### SERVING GOD: BY SERVING OTHERS

"SERVE WHOLEHEARTEDLY, AS IF YOU WERE SERVING THE LORD, NOT PEOPLE, BECAUSE YOU KNOW THAT THE LORD WILL REWARD EACH ONE FOR WHATEVER GOOD THEY DO, WHETHER THEY ARE SLAVE OR FREE," **EPHESIANS 6:7-8 NIV** 

Four months later my son and I were diagnosed with COVID, and he had double pneumonia. As I had missed work for a month, I lost my job. I started serving at my church in any way possible. One Sunday after we had finished giving out food boxes to people in need, I received an email stating I would receive free rent and power for nine months, valued at over \$18,000!

Five months ago, marijuana smoke from the floor below us came into my son's bedroom. Matthew was gasping for air as I called 911. While in the Emergency Room, I prayed, "God please heal my son, stop the person downstairs from smoking, and make the way for us to have enough money to move into a house." Since that night, we never smelled smoke again and I am still in awe at what God did next!

The very next morning, I received a text from my friend, Pastor Glenda Sutton. Matthew and I had the privilege to serve others through her organization, Family Affair Ministries. Her text said, "Will you please help my friend with her bookkeeping?"

Immediately I received her friend's call, and she hired me. In a few hours, God had tripled my income. God truly rewards those who serve Him with a humble and grateful heart.

Call to action (an "aside" and personal invitation to come and see the resurrection power of Jesus and the Word of God that teaches us to have faith to raise the dead): Come and See the Miracle Provoking Word of God at Holy Hill Chapel TN. My son, Matthew, died but God raised him from the dead after my pastor prayed in Jesus' name! If you would like to book us to speak, ResurrectedByGODmatthew@gmail.com

All glory to God!

"BUT SEEK FIRST HIS KINGDOM AND HIS RIGHTEOUSNESS, AND ALL THESE THINGS WILL BE GIVEN TO YOU AS WELL." **MATTHEW 6:33 NIV** 







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ADMITTAGEMENT ON THE PERSON

#### Resurrected By



t all started with a desperate cry for help, and the Living God who answered! In July 2020, God told me to move to Murfreesboro, TN to learn from Rev. Nicky Agyepong and serve at Holy Hill Chapel, TN. Four months later, my nineteen-yearold son, Matthew, and I were diagnosed with COVID-19 and for Matthew it escalated to doubleoneumonia. Matthew had been to the hospital three times by ambulance where they would get his oxygen level up to 90% and send him home. One night, around 4:00am, a few days before Thanksgiving Matthew said, "Momma something is wrong, I don't feel right, it's hard to breathe!" I checked his oxygen level, and it was 80%, Then with his last breath, he whispered, "Momma I'm dying!". Instantly Matthew stopped breathing! My heart felt like life had been squeezed out of it, my eyes filled with tears, and my throat tightened. Immediately my cell phone lit up, it was Pastor Nicky! Before I could speak, he said, "GOD just showed me the spirit of death walk into your apartment, I'm on my way!". "Pastor Frances Yankey and Pastor David Asante will call and pray with you while I drive."

I answered their call and heard them praying in a neavenly language. Immediately, my spirit started praying in my heavenly language. I felt my strength rising! The thought of calling 911 never entered my head because my spirit took over.

believe my spirit had to take over because I was physically, mentally, and emotionally exhausted from being sick and taking care of him.

All I could do was pray these words in my head, "GOD, I'VE SEEN YOU DO THE IMPOSSIBLE BEORE; I BELIEVE YOU WILL DO IT AGAIN! IESUS, PLEASE HEAL MY SON! HOLY SPIRIT HELP!" Fifteen minutes later, I was jolted out of intense prayers by a knock at the door. It was Pastor Nicky: I could see on his face he was mad at the devil! I pointed to where Matthew was lying, and we both ran there. Pastor Nicky laid his hands on our heads and said with authority, "IN THE MIGHTY NAME OF JESUS, I COMMAND THE SPIRIT OF COVID TO GO, GO, GO!!!" Immediately Matthew started breathing! He said, "Momma, JESUS IS REAL! When I stopped breathing, the room turned white and it felt like giant hands of clouds lifted me into a standing position, the room faded out and I was in Heaven. JESUS was standing a short distance before me. His face was illuminated with a beautiful bright light! He had a huge smile and round checks. Four men were standing to each side of me wearing golden armor and crowns. My new body looked healthy and my clothes had changed into a T-shirt, jeans and tennis shoes. Immediately I ran to JESUS and tackled Him. I didn't want to let go.

He said, "Momm

JESUS said," There are cool things I want to show you." Instantly we appeared on the other side of a huge golden ornate gate. In the distance was a beautiful city of tall futuristic buildings made of gold and many angels were singing. IESUS took me to a spaceship! It was white with five steps hovering below an open door. There was a bright white light coming from inside. As I walked towards it, my clothes transformed into a fitted spacesuit! When I entered, I was shocked that the inside looked massive compared to the outside! It was full of scientific instruments made of gold! Later IESUS took me to see GOD! He told JESUS, "SEND HIM BACK IT'S NOT HIS TIME." When GOD spoke, it looked like a Shock Wave! The Breath of GOD hit my chest, HIS BREATH, and my spirit fell from Heaven into my body as fast as lightning! Now, I could Breathe Again! The first thing I noticed was there was a time delineation. My spirit was off Earth for fifteen minutes, but it seemed like I had been in Heaven for years! Since I've come back, Earth doesn't feel like home. I miss GOD, JESUS, and the overwhelming peace!"

Christmas Eve 2023, Matthew shared his experience in Heaven, at a detention center in Nashville, TN, and 22 young men gave their lives to JESUS! Matthew loves seeing JESUS change lives! GOD downloads Music from Heaven and Matthew is recording it from his keyboard! I am writing the Book detailing Matthew's experience in Heaven, which GOD will have made into a

-Chantel & Matthew Hammonds



If the HOLY SPIRIT leads you to contact us, you may reach us at ResurrectedByGODmatthew@gmail.com.

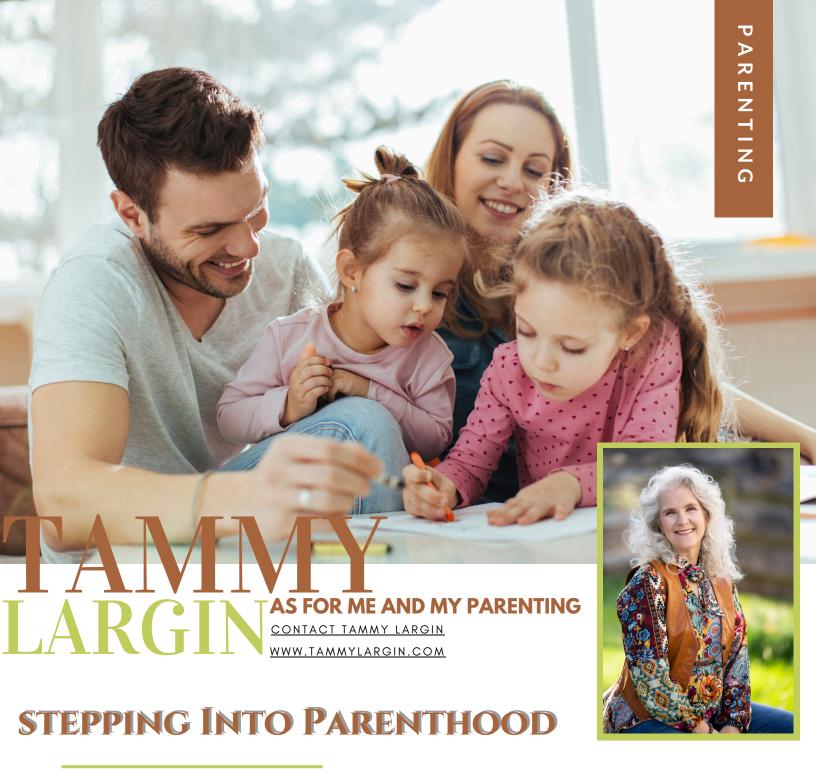
Come and See the LIFE-Transforming MIRACEL-ProvokingWORD of GOD! Your Life Will Never Be the Same! Thank You, GOD, JESUS, & the HOLY SPIRITM

"With GOD, nothing shall be impossible! (Luke 1:37)

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BEHOLD, CHILDREN ARE A HERITAGE FROM THE LORD, THE FRUIT OF THE WOMB IS A REWARD PSALM 127:3 NKIV

When you feel that urge to step into parenthood, the planning begins—whether you're making a plan to get pregnant or starting the process to become a foster/adoptive parent.

For those who get pregnant, you are chomping on crackers to avoid morning sickness, but in between the queasiness you will find yourself dreaming about the perfect stroller, that mahogany crib, and the murals on the baby room walls.

For the foster/adoptive parents, you might not get much time to prepare so find a support program through church and have them on standby.

Both of you are so happy to be expecting, with or without the bump. At this point, you don't care whether it is a boy or girl, you simply want them to be healthy.

The best advice I can give you right now is: Make sure you spend this time planning **TOGETHER**. As you wait for the arrival of your child, it is important to have conversations about your individual upbringing and what you want to adopt into your parenting style. Preparedness with answers to the topics below will help keep your home a place of shalom, shalom (perfect peace). Being from hurricane territory, we don't wait for the hurricane before making a plan; we create it long in advance. The same should be applied to parenting.

To have these discussions, plan to go on a date once a week. Your date should begin with prayer and include a meal and an activity like a children's neighborhood park, baby/children store, toy store, or babysitting for friends who have a child about the age you are looking forward to receiving. These activities will add a wealth of information to the discussions you see below.

Pick only one topic per date. Some topics can be a little heavy and may take a second date to come to a conclusion. But never, and I repeat, NEVER end your time together in anger. Take the time to communicate your "whys" with one another and open your heart to each other's suggestions for solutions. The purpose of discussion is to have a chosen path and some answers before the big decisions arise.

#### **DISCUSSION TOPICS**

#### 1. PRAYER IS A PRIORITY

Get in the habit of praying together over current situations. This will establish a pattern of turning to prayer first when things arise with your child. It is important to hear from the Holy Spirit on each of these topics.

"DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT
EVERYTHING. TELL GOD WHAT YOU NEED, AND THANK HIM FOR ALL
HE HAS DONE,"
PHILIPPIANS 4:6 NLT

#### 2. MEDICAL PLANNING

Every child visits a doctor at some point in their life, but picking a doctor can add strife to a marriage. Will you be following a Western medicine direction or alternative therapies like naturopathy or homeopathy? Do you plan to follow the current vaccination schedule or would you prefer an altered version? Maybe you agree to have no vaccinations.

Having an interview with a pediatrician is important. Ask other parents who they trust with their children and why. Unfortunately, in the Western world, many doctors believe they should make choices about our children's health and well-being. But God chose you to steward and raise this child, so as the parents you need to seek the Lord and be prepared to make all of your child's medical decisions.

"IN THE THIRTY-NINTH YEAR OF HIS RULE, HE GOT A VERY BAD FOOT DISEASE, BUT HE RELIED ON DOCTORS AND REFUSED TO ASK THE LORD FOR HELP," 2 CHRONICLES 16:12 CEV



Behold, children are a heritage from the Lord, the fruit of the womb is a reward

Psalm 127:3 NKJV

# BUT NEVER, AND I REPEAT, NEVER END YOUR TIME TOGETHER IN ANGER.

### 3. WHAT WILL THIS FAMILY LOOK LIKE?

Are you going to live on one income while the other parent stays home? Or will both of you work from or outside the home? Answering these questions will help you discuss how childcare should be handled when you need help caring for them. Will you use babysitters, a nanny, or a care center?

"I PRAY THAT GOD WILL TAKE CARE OF ALL YOUR NEEDS WITH THE WONDERFUL BLESSINGS THAT COME FROM CHRIST JESUS!" PHILIPPIANS 4:19 CEV

## 4. FINDING COMMON GROUND ON DISCIPLINE

Finding common ground on how to discipline a child can be a difficult subject. This is because it usually carries some emotion. For this topic, I suggest the park. Make sure there is a quiet place you can go if you need to find some privacy. If you need a mediator to help you come to a conclusion, please do not wait to get Biblical counseling. God disciplines us with consistency and we know what is expected when we choose Him as Father. Children will need that same consistency from you as parents.

"PARENTS, DON'T BE HARD ON YOUR CHILDREN. RAISE THEM PROPERLY. TEACH THEM AND INSTRUCT THEM ABOUT THE LORD," EPHESIANS 6:4 CEV

## 5. HOW WILL YOU EDUCATE YOUR CHILD?

No matter what your choice—public, private, hybrid, or homeschool—it is a prayerful consideration. The Holy Spirit can help you make these decisions. Start including the child's opinion in third grade. By this time they are old enough to know what method or type of teaching they prefer. Listen to them and then with the help of the Holy Spirit guide them to God's choice.

#### "EVERYONE WITH GOOD SENSE WANTS TO LEARN," PROVERBS 18:15 CEV

If you are currently a parent, it is not too late to have these discussions. There might be additional topics about culture and holiday traditions as well.

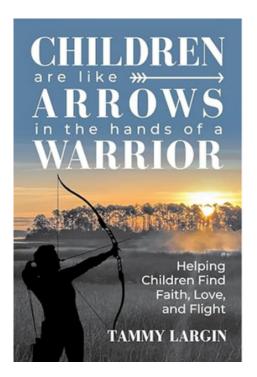
So, get out your calendars and make it a date. Eat some good food and listen as the Holy Spirit opens your hearts as you seek His biblical parenting wisdom.







In addition to following the "Master Warrior," who knows the best steps for parenting all His "arrows," it's also wise to learn from other "warriors," whose "arrows" have already hit their God-given "targets."





Now you can glean wisdom from "warrior," author, mother, and teacher, Tammy Largin, who masterfully integrates biblical parenting and archery concepts with personal anecdotes of raising her daughter "differently." In the pages of Children Are Like Arrows in the Hands of a Warrior, you will find both overarching parenting principles and nitty-gritty details, including:

- Embracing God's love for yourself and your children so that you can help them find love and faith.
- Modeling biblical decision-making skills so that your children learn to make smart choices as early as possible.
- Developing age-appropriate manners and communication skills.
- Instilling freedom in your children without allowing them to control your household.
- Bolstering your children's confidence, equipping them to do whatever God calls them to do through the appropriate skills and community.
- Shaping your child to be a person of service in world of self- focus and so much more.

With useful tips both called out and listed at the end of each chapter, you will refer to this informative book again and again. Any parent of grown children will tell you that "release day" comes faster than you ever thought possible—so start preparing today!



AS FOR ME AND MY COMMUNITY

#### Seven Proven Strategies to Build Strong Community

As a commercial pilot, owning my own business for corporate executives, I was privileged to fly all across America and the Bahamas. My exposure to various cultures and diverse people has given me a unique perspective on life.

It didn't take long to recognize; no matter where I landed, I found a common denominator: people of different ages, nationalities, and backgrounds are everywhere, forming community.

My many years of flying and working with individuals who desire to make their lives impact and influence the world for good, caused me to realize that not all communities are created equal. Some are flourishing while others are not. This fact challenged me to find answers—there had to be an equalizer.

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FAITH IS THE FOUNDATION UPON WHICH STRONG COMMUNITIES ARE BUILT.



#### AFTER MUCH STUDY, I FOUND IT:

#### **FAITH**

Faith is the foundation upon which strong communities are built.

#### LET ME ELABORATE . . .

Faith in a loving God who has a plan and purpose for everything He has created, including humanity. You are not an accident or an orphan. Anyone who places their faith in Jesus belongs to the family of God. In this family we learn how to live within community—God's way.

Community: your family, workplace, churches, neighborhoods—basically the boundaries of your everyday life. It is in these places where you have the opportunity to influence and impact lives with the culture of heaven. Now that's living in a community that flourishes.

I began to study what are common limiting factors keeping people from attaining the greatness they were created for, hence limiting the effectiveness of community.

I discovered three foundational areas: identity, authority, and purpose. Until we allow God to define who we are, embrace the authority He has bestowed upon us, and recognize we have a Godassignment to fulfill, the strength of our communities will always be derailed by the cultural norms of society.

Your perceptions about yourself, your value, and your abilities unconsciously influence the lens through which you view life; it shapes your community.

So how do we stand firm and create community that is unified despite our

differences? We learn to uncover the struggles that are holding us back and make the necessary shifts in our thinking to make room to implement God's strategies for victory. Keeping in mind we have an enemy who wants to steal, kill, and destroy all that is good. We must fight back with a strategic plan.

STRONG COMMUNITIES ARE
CREATED WHEN PEOPLE LIVE
BY FAITH IN GOD WHO LOVES
ALL HUMANITY.
BELIEVING HE HAS A PLAN
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INFLUENCE THE EARTH WITH
HIS CULTURE IS POWERFUL.

30 | As for Me and My House



THIS ISN'T AS DIFFICULT AS SOME MAY HAVE YOU BELIEVE. HERE ARE SEVEN PROVEN STRATEGIES THAT, IF APPLIED TO YOUR EVERYDAY LIFE, WILL HELP CREATE A VIBRANT COMMUNITY, ONE IN WHICH ITS INHABITANTS LIVE IN THEIR CREATED GREATNESS.

#### 1. DRINK FROM THE WELL

Society has molded our identity and self-worth around the many roles we play, the accomplishments we achieve, and the associations we have. The well of living water that Jesus offers is pure. It nourishes us with the truth: we are valuable because God says so.

#### 2. LIVE TO LOVE

Authentic love comes from God alone; it is pure, honest, and unconditional.

#### 3. WHO TOLD YOU THAT?

In the world today, unlike any other time in history, society is filled with noise. Deciphering which voices warrant our attention plays a key role in taking control of our everyday life.

#### 4 FORGIVENESS IS THE WAY FORWARD

Forgiveness has everything to do with trusting God. In rendering forgiveness, we fight on God's playing field, not the turf of the evil one.

#### 5. IT'S A NEW DAY

Navigating the changing seasons of our lives can be difficult; this occurs when we try to enter into the new while holding onto the old. The future is filled with new opportunities. Release what has been for what can be.

#### **6. REST IS A WEAPON**

In the community of faith, rest is a strategy for victory. It's wrapped in peace and an assurance that God always has a plan. He doesn't need our help, but rather our cooperation.

#### 7. DREAM BEYOND LIMITS

Finding the courage and taking the risk to dream God-sized dreams. This happens when we surrender control of our life to Him.

Community is God's idea—before the foundations of the world He lived in community with Jesus and the Holy Spirit. After He created mankind, He blessed them and said, "Be fruitful and increase in number; fill the earth and subdue it."

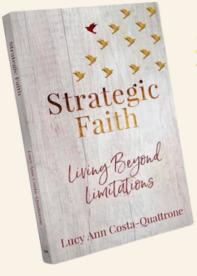
Imagine a life where community is inundated with people who live confidently in their God-given identity, live to love, dispel the lies of the enemy with truth, forgive quickly, embrace each new day with excitement, rest in the trust of a loving God, and dream without limits. families, Our workplaces, neighborhoods, churches, and the world around us would unstoppable.

You and I have a mandate from God to create such a community.

Overcome your struggles, undertake the shift, and unleash the strategies in your life so you can impact and influence the communities you have been assigned to. Be strategic and outsmart the enemy.



# Stay connected









LIVING BEYOND LIMITATIONS, LUCYANNCQ.COM LUCY ANN COSTA-QUATTRONE, COACH, SPEAKER, AUTHOR, PASTOR







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# NEED A LIFE OR WORK TRANSFORMATION?

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