







#### 3 EDITOR'S NOTES

Niccie Kliegl is CEO of Fulfill Your Legacy, the Legacy Leader Community and magazine. She is also the talk show host of 3 podcasts: **The Presence of God, The 5-Fold Forum**, and **Your Divine Business**. Niccie recently finished her third book in the 4-Part Legacy Series called *The Learning Legacy*. This book helps entrepreneurs do life and business the Jesus way.

Keep an eye out for entrepreneur Learning Legacy promo training and also for new content that will teach us how to tap into the Holy Spirit's power for the work we are all commissioned to do.

#### 5 HOUSE

Christina Smith is an author, speaker, and life coach whose "Daring to Believe" message empowers others to trust God for the seemingly impossible. Along her journey, God's sustaining grace has kept her through life's trials. By leaning into her faith, she has witnessed countless miracles unfold.

After dedicating 29 years to youth ministry and 19 years running her own business, Christina transitioned in 2023 to pursue writing, speaking, and coaching full-time. Through authentic storytelling, she inspires others to hold onto hope and resilience amidst life's difficult seasons. Christina lives in Ohio with her husband, Kevin, and daughter, Kiersten, and enjoys spending quality time with her family and friends.

#### MARRIAGE

Ann Goering is an award-winning journalist and author of Christian fiction. She's passionate about helping women encounter Jesus, experience transformative hope, and live a life deeply rooted in the Word of God. She believes so much in the power of stories to illustrate spiritual principles, grow faith, and increase empathy, so wherever she is, you'll find her sharing stories that reveal the beauty of Jesus amidst everyday life.

Ann is a Midwest girl soaking up the sunshine in the American Southwest, living on chicken molé and sweet tea, homeschooling her three best friends (aka daughters) with the only guy she's ever kissed.









#### 6 HEALTH

Angel Faulk from Murfreesboro, TN and her husband of 31 wonderful years, Wade, are the proud parents of Lydia and Ethan. Angel leads "Praise Parties", has 30 years' experience as a fitness instructor and shares her faith journey with women's groups. Featured on Bloom Today and Cornerstone Christian television, Angel has created two Christian Fitness DVDs, encouraging others to honor God through fitness in every season. As a brain tumor survivor, Angel coauthored \*HUNT FOR MY SMILE\*, which inspires those affected by facial paralysis to find their beauty in Christ. She is currently in preproduction for \*The Fitness Angel TV Show\* where she aims to blend faith, health, and fitness for all stages of life.

#### 20 FINANCES

Patti is an ordained minister. She has ministered the Word of God for 34 years, teaching and preaching in small groups, on radio and television. After being mentored by powerful women strong in the faith, God called her to a life of intercession. Presently, she writes daily emails to eighty-three intercessors.

Patti has four adult children and is happily married to Joe Oliver. They reside in Florida.

#### 24 PARENTING

Teresa is an author, speaker, and encouraging coach, helping women, mothers, and marriages become Emboldened Overcomers© from mind, body, and spirit struggles so they can live joyously in their "New Self." Teresa is married and enjoys time with her husband, two wonderful adult children, and friends. Teresa is a certified coach in Awake the Living and Loving Legacy. She loves encouraging other women to find confidence and live boldly in the beautiful place God created for them. She is working on her first book, scheduled to debut in May 2025. Teresa hopes to help those struggling with mental illness, anxiety, and stress.

#### 30 COMMUNITY

Missy Maxwell Worton is a multi-award winning Author, Speaker, Coach, and Founder of Warrior Writer Publishing. She writes across various media platforms, including film, television and multiple magazines. Missy's greatest desire is to awaken women to the superpower they have within them as a daughter of a mighty and loving God, encouraging them to courageously pursue the purposes they were created for by fulfilling their unique destiny calling. Missy is a former actress and singer in a nationally faith-based Broadway-style musical company. Missy has four grown kids and a grandaughter. She lives with her husband of 33 years, Mark, in Franklin, Tennessee.

# WORDS FROM THE PUBLISHER

NICCIE KLIEGL, FULFILL YOUR LEGACY

November is here, ushering in a season of gratitude and reflection. The air grows cooler and as we prepare for the upcoming holidays, our hearts are drawn to the blessings we hold and the people who make our lives richer. It's a time to pause, look back on the year, and thank God for His unwavering faithfulness, even in seasons of change and challenge.

There's something special about November—a sense of gathering and warmth that goes beyond food and family. In this month, we're reminded of the beauty of community and how God calls us to care for one another, to walk together, and to extend His love. I am filled with gratitude for each of you who are part of this **As for Me and My House** family, and I pray these pages encourage and uplift you.

If you're joining us for the first time, welcome! This magazine is an extension of my second book in the Legacy Series, *Embracing the Loving Legacy*, and each issue serves as a guide to inspire us to build faith-filled homes and lives. We dive into the heart of six key areas: house, marriage, health, finances, parenting, and community. Through the stories and wisdom shared by our incredible contributors—faith-filled leaders, parents, entrepreneurs, and mentors—you'll find insights and inspiration to live out your God-partnered journey each day.

This month, as we enter into the Thanksgiving season, may we take time to open our hearts, not only to give thanks but also to look forward with expectation. Each of us has been entrusted with a unique legacy to build, and through faith, love, and perseverance, God is leading us step-by-step toward His beautiful vision for our lives.

I pray that November brings you closer to God's presence and purpose. As you read, may you feel encouraged, equipped, and ready to live your legacy with a heart full of gratitude. Let's continue to LIVE | LOVE | LEARN | LEAD, hand in hand with our Creator.





#### **DARING TO BELIEVE:** TRUSTING GOD FOR A PLACE TO CALL HOME

Have you ever dared to believe for something that seemed impossible? In June 2015, that was exactly where my husband, Kevin, and I found ourselves.

We launched our business in 2005, and like most startups, it took time to become profitable—too much time, in our case. The 2007-09 Great Recession hit hard, and we were among the many families who lost their homes.

By the time the government introduced mortgage relief programs in 2009, it was too late for us. With no other option, we moved in with Kevin's parents for six months until we could get back on our feet.

Over the next seven years, we moved four times. Each time we packed and unpacked, Kevin and I grew more determined to stop renting and settle into a home of our

own. Our daughter was ten, and we longed to give her a place she could finally call home. I suggested we try to buy a house, but Kevin was skeptical. He wanted it as much as I did, but with a foreclosure on our record and only 60 days left on our lease, it felt like a long shot. Still, I believed. I was crazy enough to think that with God, anything was possible.

One of my favorite scriptures, Matthew 19:26, says:

# "WITH MAN THIS IS IMPOSSIBLE, BUT WITH GOD ALL THINGS ARE POSSIBLE."

#### (MATTHEW 19:26 NIV)

It's the scripture I live by. When someone tells me something can't be done, my faith kicks in, and I begin looking for ways to make it happen—with God's help, of course.

That belief gave me the confidence to try to buy a house in just 60 days. Our business had turned around after the recession and we were in a better financial position, ready to take a leap of faith.

Kevin agreed to try. I didn't waste a second. Within two weeks, we were pre-approved for a low-rate mortgage and began house-hunting.





The housing market, however, was red-hot. Homes were being snatched up as soon as they hit the market. While we had dreamed of building our own home, time wasn't on our side.

When we finally found an older home we liked, the owner accepted our offer, and our closing was scheduled a week before our lease ended. It felt like everything was falling into place.

Then the home inspection happened. It uncovered several issues that made us uneasy. With heavy hearts, we walked away from the deal. With only 30 days left on our lease, we were back to square one. Our hopes of buying a home seemed to be slipping away.

We asked our rental company for an extension but the owner refused, not wanting tenant changes during the school year. Although we were disappointed, Kevin and I prayed and trusted that God had a plan.

The next morning, our realtor called about a house that had just hit the market. We dropped everything to see it. Built only two years earlier, it looked and felt brand new. We loved the wall colors, and the natural hardwood floors were exactly what we wanted. The moment I stepped inside, I felt God whisper, "I heard your heart's desire, and I want to give it to you."





We made an offer that same day and were under contract within hours. The asking price was a little higher than we had hoped, but we felt at peace. Then came the appraisal—and another hurdle. The bank valued the house at \$6,000 less than the asking price. That meant either the seller had to reduce the price, or we needed to come up with the difference—money we didn't have.

We prayed. Within 24 hours, the seller agreed to lower the price. God had answered our prayers yet again! But there was one more challenge: our closing wouldn't happen until two weeks after our lease ended.

Thankfully, Kevin's dad graciously offered to let us stay with him, and we rented storage pods for our belongings. A mere 74 days after we dared to believe for the impossible, we closed on our new home. It felt surreal, and we've happily lived here ever since.

#### **LESSONS GOD TAUGHT**

Looking back on that journey, I can see the valuable lessons God taught me:

Never Settle for Less than God's Best (Jeremiah 29:11)

Even when time seems to be running out, God's plans are always worth waiting for.

God Delights in Giving Us the Desires of Our Heart (John 14:13-14)

He not only hears our prayers but answers them in ways that exceed our expectations.

Don't Put Limits on a Limitless God (Matthew 19:26) When we place our trust in God, the impossible

When we place our trust in God, the impossible becomes possible.

What impossible dream are you daring to believe in right now? Whether you're aiming to land a new job, get married, start a family, embrace a healthier lifestyle, or, like us, find a place to call home, have faith that your dreams are within reach. Trust in His plan and stay hopeful, knowing that with God, all things are possible!





# My Mission

To share the gospel message of faith, hope & love, so the wounds of the brokenhearted can be healed and captives set free.



Look for Christina's debut book,
set for release in 2025. She is also
a contributing author in the
Warrior Writers Anthology book,
set for release in February 2025.



You can stay connected with Christina on all social media platforms @cmsmithofficial.



# HOW TO INTENTIONALLY WRITE A BETTER LOVE STORY

The holidays are the perfect time to lean into your marriage, remember the sweetest parts of your love story, and build for the years to come. Proverbs says a wise woman builds her family. With three powerful marriage tips and twelve practical holiday-themed ways to connect, get fresh inspiration to intentionally build your marriage and make your holidays even sweeter.

We're heading into the most wonderful time of the year, and for a lot of couples that means an extra busy season. Not only does normal life continue, but suddenly, added in are Christmas parties, holiday traditions, family get-togethers, decorating, Christmas shopping, and more.

It's easy to get caught up in the hustle and bustle, the over-filled schedule, and the expectations but I want to invite you to take a moment to remember a time when all you wanted for Christmas was him.

You know, the guy you hadn't met yet but you dreamt about every time you watched a Hallmark Christmas movie, heard Mariah Carey's All I want for Christmas is You, or watched a couple drink hot cocoa together on a walk through the falling snow. Now, remember another time when you had met your own Prince Charming, and what you really wanted was a ring for the holidays. (As a former wedding venue owner, I know it's not called "engagement season" for nothing!) And finally, travel back down memory lane to your first Christmas as newlyweds.

Here's the deal. Assuming you're married to a generally good-hearted man, that guy you dreamt of, fell in love with, and walked down the aisle to is still in there. He might be a little buried under layers of routine, daily tasks, unmet expectations, disagreements about life, busy schedules, kids' activities, and work, but he's there. And maybe he simply needs to be reminded of that, too.

Everyone loves a good love story, so I want you to take a moment to remember your own. Consider how you met and what you thought the first time you saw him. Remember how you felt on your first date, and what it was about him that caused you to agree to a second. Think about how it made you feel when you were dating to see his name come up on your caller ID, or on a text message. Spend a moment thinking about how he proposed, and how you felt when he did. Try to recall the look on his face when you said yes, and his expression when you walked down the aisle toward him.

Remember the joy he brought you and the reasons you fell in love with him. And then think of the man you're married to and remember they are truly one and the same.

Your love story is beautiful because it is yours. And it's not over—you're living that story out every day. It didn't end when you got married, and (thanks to Hollywood) sometimes I think we forget that. Instead, it was simply the beginning.

The life you're living now—the choices you're making to love day after day, year after year—this is the good stuff.

So, don't let your story get written by default. Write it on purpose.

#### HOW DO YOU DO THAT?

I think we often lose the best parts of our relationships to three sneaky thieves: miscommunication, bitterness, and busyness. And typically, it's so gradual that we don't even see it happening.



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"EVERY WISE WOMAN ENCOURAGES AND BUILDS UP HER FAMILY, BUT A FOOLISH WOMAN OVER TIME WILL TEAR IT DOWN BY HER OWN ACTIONS'

PROVERBS 14:1 TPT

# HERE ARE THREE QUICK, BUT INCREDIBLY POWERFUL TIPS TO WRITE A BETTER LOVE STORY:

# 1 Fight Miscommunication:

Our pastor's wife always says, "Clarity is kindness," and it's true. Don't hint. Don't drop clues. Don't expect him to read your mind. Be clear. It truly is the kindest way. Also, as you communicate, think about if the words you're speaking and the tone you're using are the same as in the beginning. Brace yourself, but maybe you would see a bit more of the guy you used to know if he saw a bit more of the girl he fell in love with. If someone has to go first, have the courage to let it be you.

# 2 Resist Bitterness

Don't keep score. Please, please don't. When score is being kept in a relationship, nobody wins—everybody loses! On the heels of scorekeeping is bitterness, and the effect of it in a marriage is crushing. What if we dared to live a radical life of asking what can I give instead of what can I get?

## Challenge Busyness

Busyness is the sneakiest of them all. It doesn't feel or look bad. In fact, usually it's a lot of really good things. So many, in fact, that before you know it, your days are full of good things that are choking out the best parts of your marriage if you're not careful. Don't let that happen. Carve out time for your husband. Carve out time for your marriage. It's a foundational building block of your life—you cannot afford to have it crumbling. And it's something that can make your life really, really great if you're willing to put in the work to keep it healthy and thriving. Don't let the good crowd out the great, even in busy seasons . . . even seasons like the holidays.



This year, let this be a gentle reminder not to let your relationship get lost in the midst of the hustle and bustle. Don't let your husband (that guy we talked about earlier) get lost in a sea of good things. Work to keep and even grow your connection in the midst of it all. If you do, I'm confident your holidays will be even sweeter for it.

# NEED PRACTICAL TIPS TO CONNECT DURING THE HOLIDAYS?

# Don't take him for granted. Make the effort.

- Pull him under the mistletoe for a kiss.
- Make him his favorite holiday treat.
- Set aside an evening on the calendar to snuggle up for hot cocoa and a Christmas movie.
- Meet his eyes in the midst of big family gettogethers and smile right at him.

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- Say something nice about him to your family or friends when you know he can overhear you.
- Thank him for something, even if it's small (like spending the day with your family, joining in a family tradition, helping around the house, working hard to provide, etc.).
- Plan a winter/holiday-themed date for the two of you.
- Get up early for a cozy coffee date.
- Remind him of why you fell in love with him and tell him why you love him even more now.
- Reminisce about past Christmases together.
- Put down your phone and give him the gift of your undivided attention.
- Read the book of Luke together—one chapter a day starting on December 1st. By Christmas you'll have read not only how Christ came, but also how He lived. Pray together after reading—for each other, for your marriage, family, work, etc., and watch your connection grow.

"LOVE IS PATIENT, LOVE IS KIND. IT DOES NOT ENVY, IT DOES NOT
BOAST, IT IS NOT PROUD. IT DOES NOT DISHONOR OTHERS, IT IS
NOT SELF-SEEKING, IT IS NOT EASILY ANGERED, IT KEEPS NO
RECORD OF WRONGS,"
(1 CORINTH. 13:4-5 NIV).

"An excellent wife who can find? She is far more precious than jewels. The heart of her husband trusts in her, and he will have no lack of gain."

(Proverbs 10:11 ESV)



#### BOOK ANNE FOR YOUR NEXT EVENT

In the midst of the most technologically connected and socially disconnected generation, I believe there is so much value in authentic connection. Through stories and Biblical encouragement, I love equipping Christian women to cling tight to Jesus, be intentional with their callings, and live with purpose in every area of their lives.

#### Speaking topics:

- √ Intentional Motherhood
- √ Faith in Fiction
- √ The Bride of Christ
- √ Homeschooling 101





#### Up From the Ash Heap

One day. One hour. One accident. One fire. Everything had been lost in an instant. In book I of the Shideezhi Collection, after enduring the loss of her husband, Raya Applewood is faced with the dilemma of returning to the comforts of life in her father's home or following her destitute mother-in-law back to the East – a place she said she would never go. As she's forced to come face-to-face with the struggles of life and death, decency and character, love and shame, Up From the Ash Heap tells a timeless story of loyalty, friendship, and blessed redemption.

Book One in the Shideezhi Collection



#### The Glendale Series

The Glendale Series wrestles with the age-old dilemmas of love, faith, family, forgiveness and growing up, in a fresh story format. With relationships that grip reader's hearts as they reflect raw realities plentiful in our society and an ending that will keep readers on the edge of their seats right up until the end, the Glendale series is one girl's unforgettable journey to health, wholeness and joy.

#### Titles in the Glendale Series:

- 1. Glendale
- 2. A New Day
- 3. Promising Forever



#### Mothers of Glendale Series

The Mothers of Glendale Series tells the personal, emotional and sometimes painful stories of three special women introduced in the Glendale series. Glendale mother figures Jari, Carla, and Hannah are each on their own journey, with their paths weaving together with one another (and other Glendale characters) to create a beautiful tapestry of faith, hope and unconditional love.

With raw realities that women face everyday covered by the grace of a very big God, Mothers of Glendale takes you a step further than new love to the weathered and deeply beautiful land of seasoned marriages, motherhood and saying goodbye to a full life, well-lived.

#### Titles in the Mothers of Glendale Series:

- 1. One Desire
- 2. Gray Area
- 3. Silver Lining



# FINDING STRENGTH THROUGH FAITH AND FITNESS: MY JOURNEY TO HEALTH

As a brain tumor survivor and fitness advocate known as "The Fitness Angel" my journey has been one of faith, resilience, and transformation.

Fifteen years ago, I received a diagnosis that would change my life forever: a brain tumor. The news was devastating, and fear threatened to overwhelm me. But in those darkest moments, I turned to my faith.

I remember vividly the Lord's words to me: "Your faith has made you whole," and "You will be pleasantly surprised." These promises became my lifeline, a beacon of hope that guided me through the storm. As a mother of two young children and wife to a husband I adored, the thought of leaving them was unbearable. My family was my world, and I was determined to fight with every ounce of strength I had.

# SUCCUMB TO FEAR OR EMBRACE LIFE

The journey was not easy. The surgery was grueling, and recovery was a long road filled with challenges. But each step of the way, I felt the Lord's presence, reassuring me that I was not alone.

In the aftermath of surgery, I faced a choice: succumb to fear or embrace life with renewed vigor. I chose the latter. This decision marked the beginning of a transformative journey toward health and wellness that has led me to become "The Fitness Angel." Now, at 56 years old, I am in the best shape of my life.

Here are five health tips that have been instrumental in my journey:

#### 1. EMBRACE FAITH:

My faith has been my cornerstone throughout this journey. It provided me with strength when I had none left and fueled my perseverance when the road seemed impossible. Faith is not only about believing in something greater; it's about trusting that you are being guided and cared for, even when you can't see the path ahead. For anyone facing health challenges, I encourage you to lean into Jesus. Build your faith muscles. Be transformed by the Word of God, and stay in the Presence of God with continual praise and worship. Have conversations with Jesus throughout the day.





#### 2. STAY ACTIVE:

Physical activity became a crucial part of my recovery and ongoing health regimen. Exercise is not simply about maintaining physical fitness; it's about nurturing mental well-being too. Whether it's a brisk walk, dance fitness, or weight training, find an activity that brings you joy and make it a regular part of your routine. Staying active helped me regain strength after surgery and continues to be a source of empowerment and vitality.



#### 3. Nourish Your Body:

After my surgery, I realized how important it was to fuel my body with nutritious foods. A balanced diet rich in whole foods not only aids in physical recovery but also supports mental clarity and emotional stability. Focus on incorporating plenty of fruits, vegetables, lean proteins, and healthy fats into your meals. Remember, food is medicine; what you put into your body can either heal or hinder you.

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"Jesus turned and saw her. 'Take heart, daughter, 'he said, 'your faith has healed you.' And the woman was healed at that moment.

Matthew 9:22

#### 4. PRIORITIZE REST:

In our fast-paced world, rest is often undervalued. However, during my recovery, I learned how crucial rest is for healing and rejuvenation. Adequate sleep allows your body to repair itself and prepares you for the challenges of the next day. Make rest a priority by establishing a calming bedtime routine and ensuring you get enough sleep each night.



**5. CULTIVATE POSITIVITY:** 

Surrounding myself with positivity has been key to maintaining my mental health throughout this journey. A supportive community—whether family, friends, or fellow survivors—can uplift you during difficult times and celebrate with you during victories. Positivity is contagious; by fostering an environment filled with encouragement and love, you create a space where healing can truly flourish.



Reflecting on these past fifteen years fills me with gratitude and awe at what has been accomplished through faith and determination. My story is one of survival but also one of thriving against all odds. The promises I clung to—"Your faith has made you whole" and "You will be pleasantly surprised"—have come true in ways I could never have imagined. Today, as "The Fitness Angel" I aim to inspire others by sharing my journey and encouraging them to embark on their own paths toward wellness.

Health is not only about physical fitness; it's about nurturing every aspect of your being—spiritual, emotional, mental, and physical. My hope is that these tips will inspire others facing their own battles to find strength through faith and embrace life with renewed purpose.

Remember that no matter how daunting the journey may seem, you are never alone—and sometimes the greatest surprises come when we least expect them.





## **BLESSINGS ARE COMING YOUR WAY**

"NOW TO HIM WHO IS ABLE TO DO EXCEEDINGLY ABUNDANTLY ABOVE ALL THAT WE ASK OR THINK, ACCORDING TO THE POWER THAT WORKS IN US,"

(EPHESIANS 3:20 KJV).

The Word of God says He wants to bless us exceedingly abundantly above all that we can ask or think or even imagine. Well, I do a lot of daydreaming. Knowing His great love for me, He desires to see me blessed and prosperous. He is a rich God; according to scripture He owns the cattle on a thousand hills.

Do you know it is God's will to bless you financially?

First, I know God intends good for me. In 1983, my Navy Seal husband was transferred and as a result we moved to Southern California. We could live on Cornado Island where the real estate is rented by the inch or live over the bridge in the San Diego area. I ended up in a five hundred square–foot alley house. Every day I would walk around and say, "God, you have good intentions for me. I know it is your desire to bless me financially and bless me with a house that is mine."

I would look at all the beautiful houses and their well-groomed landscapes and dream about asking God, "Which house is my house, God?" I understood God's principle; when God takes something away, He will replace it with something better. "Lord, I was obedient to move here. I gave up my three-bedroom, two-bath house to be obedient to you. I know you will bless me."

Second, my seed must be sown so I can reap God's harvest for me. Early on I had been exercising God's principle of tithing—to give the first ten percent of my gross income. Realizing what I had left was not enough to meet my basic needs, I knew God would provide for me and my family as I was obedient in giving to Him.

Third, faith in God and confession of the Word of God is like watering a seed that is in dry, hard-caked ground. Praise creates sunshine, warmth, and fertilizer that encourages the seed to sprout and grow. Your praise tells God, "I believe, and because I believe, I will receive what I ask for in prayer."



We had many expenses when we moved, and I was not working. I prayed for an increase in our finances because I had learned He is my provider. I needed Him to show up in a big way. God said He hears and answers me when I call on him (Jeremiah 33:3a). I asked for finances and God always provided money to pay all the bills and meet our needs.

Marilyn Hickey, a TV evangelist I followed, was speaking in town. I loved her ministry and followed her on TV, so I went to hear her speak. She taught the principle of truth versus fact. "Take out your wallet," she said, "and speak to your wallet. Yes, that's right," she said. "The fact is, I don't have enough money, yet the truth is God provides all my needs in Christ Jesus. I have more than enough, and my cup is overflowing." That really resonated with me.



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HIM."

HEBREWS 11: 6 KJV



Months later, I was sitting on the back step of my home with the warm, summer sun on my face. I had finished reading Marilyn Hickey's book, Your Miracle Source. I closed the book and prayed. "Lord, your Word says you will provide for me." Just twenty minutes later, my husband came in the back gate and said, "I just got \$10,000!"

He said he had been meeting with an old friend who told him he was eligible for a bonus. Doug went right to the Personnel Support Department, requested the bonus, and he was granted the request. Within a month, we received the money. The money was used to purchase a house that was exactly what we were looking for.

God gave me a house three blocks from the ocean in Southern California. It was a three-bedroom bungalow that needed some work. The house had a solid foundation that only cost us \$67.00 to reinforce. We were able to build a second story on the house three years later.

God blessed us greatly in this house, allowing us to save so much money. Being obedient to tithe was worth the investment in God's Word. He is faithful to provide. He will always give back more than what we have given to Him.

"BUT WITHOUT FAITH IT IS IMPOSSIBLE TO PLEASE HIM: FOR HE THAT COMETH TO GOD MUST BELIEVE THAT HE IS, AND THAT HE IS A REWARDER OF THEM THAT DILIGENTLY SEEK HIM,"

(HEBREWS 11: 6 KJV)

Be blessed as you pursue Him.

God has miraculous ways you know not of.

Believe that He is going to meet your financial needs today.



BEHOLDYOUAREBOLD.COM

## WHEN YOUR CHILDREN BECOME ADULTS

As the holiday season approaches, I reflect on past holidays and family vacations. We have spent many Thanksgiving and Christmas breaks away from home. Sometimes, we spent the holidays with our extended family; sometimes, it was only the four of us on vacation. My "kids" are now adults, and I sometimes refer to them as adult children to remind me not to be so mothering. My daughter, Olivia, is 21, and my son, Cooper, is 29.

Last Christmas, we went on a family vacation to San Diego. We stayed at a resort our kids had been to when they were younger. It was the first place either of them had done karaoke, which was the first time I heard my daughter sing, but not the last. I will never forget it.

Olivia is a senior in college now, and Cooper works at an elementary school. Traveling over Christmas break has always been a good time for us to vacation, even when they were little. When they were young, I worked at a school district and had the same breaks as the kids, so it was simply a matter of letting my husband, Doug, know a long time in advance about vacation dates so he could put it on his work calendar.

#### **FAMILY VACATIONS**

I have always felt the importance of family vacations. Doug and I had a few with our parents, but it wasn't a tradition for either of us. When Cooper was young, I convinced my husband to buy a week's timeshare so we always had a reason to go and a place to call home. We rarely went to the same place twice. The resorts want the bookings to be from Saturday to Saturday, so we needed to carve out an entire week for our family. We always had a kitchen, laundry, and plenty of space. We would go out during the day, have fun, and return tired. The kids called it "going home." Sometimes, I would cook, and sometimes, we would go out. Cooper and Olivia also always loved playing board games and reading. We didn't do these things at home as much as we should, but this was the time to do what we loved with those we loved.



There are so many good memories of our intentional weeks together. We have had many great summer vacations too, but getting away to somewhere warm during the cold winter is especially nice.



When my kids were little, we enjoyed things like mini golf, amusement parks, water parks, or all the above. As Cooper and Olivia became late teens and early adults, I noticed there was a gradual letting go of control. It was different, holidaying as four adults. Different in a good way. But there was a need for a shift in thinking. When our children were young, they had to adapt to our schedules and do things we had as traditions and plans. Now, they are ready to make their own decisions.



"TRAIN UP A **CHILD IN THE WAY HE SHOULD** GO; EVEN WHEN HE IS OLD HE WILL NOT **DEPART FROM IT"** 

**PROVERBS 22:6 NIV** 



# THERE ARE FOUR THINGS WE LEARNED ABOUT DEALING WITH OUR NEW ADULTS:

- Boundaries need to be defined and implemented.
- Maintain honesty and respect while communicating.
- Trust our new adults' judgment and ideas.
- Listen without offering advice unless it is asked of us.

When we ask their opinions and trust their insight, we can experience new adventures. This allows our relationship to continue to grow and evolve. Spending quality time with our adult children is good when we are open to them leading the way. We find out what they want to do, listen to what they have to say, and don't try to tell them what to do anymore; they are adults.

Going on vacation with your "kids" as adults can be a great experience. We learned things about Cooper and Olivia that we had never known before. And we learned from them, as they used to learn from us.



We maintain a parental bond and cherish the time spent together, even while adapting to our adult children's interests and schedules.

The exciting part is that as they become adults, they also help us create new experiences that we wouldn't have done alone. Doug and I will always be their parents, which mostly means we pay for everything on vacation. But the time we spend together is truly priceless. We have a great time with our new adults.

If you ask most parents, they say, "We did our best. We pray they can be all that God created them to be." Doug and I hope our adult children cherish the traditions and memories, too. We also pray, God willing, to have more vacations with them, those they marry, and grandchildren in the future.



#### "CHILDREN ARE A HERITAGE FROM THE LORD, OFFSPRING A REWARD FROM HIM," (PSALM 127:3 NIV).





#### Hello Friends...

I am an author, speaker, and encourager for women, suffering from mind, body, and spirit struggles so they can overcome and live joyously in their "New Self." I am a certified coach in Awake the Living and Loving Legacy.

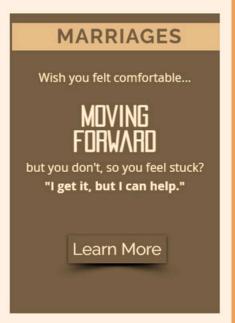
I love encouraging and coaching other women to help them find confidence and live boldly in the beautiful place God created for them. Whether you are looking for a strong marriage, strong emotional health, and /or to raise strong and confident children, I can help you get there. Even if you struggle with bipolar like I have in my life. There is hope.



Becoming an Emboldened Overcomer© is a beautiful thing! We can get there together!

# WOMEN Wonder where you fit in... LOOKING FOR PURPOSE want to do more? "You're not alone and I can help." Learn More

















#### **COMMUNITY OF COMPASSION**

What if you were sent here to shift atmospheres by the way you choose to love and serve humanity? Would your life look any different than it does right now?

Let me ask you this, have you ever felt deep within that you were created for more? Have you ever had that inner "knowing" that you were sent to be a force for good? You actually know you were sent to make the world, or at least your city, a better place?

If you resonate with any of the above statements then I know you are one of those who have strategically been sent for this time in history. You were meant to be a light in the darkness, a shifter of atmospheres, and a positive force of goodness.

I find myself writing this article in the midst of a chaotic time in our world. It doesn't take much to see the needs, division, and the heartache which surround us, especially if we look through the world's lens. However, we were created to go higher, to see differently, to hold peace in the storm, and to answer the call to be a light in the dark hurting places.

"FOR IT IS GOD WHO WORKS IN YOU TO WILL AND TO ACT IN ORDER TO FULFILL HIS GOOD PURPOSE,"

(PHILIPPIANS 2:13 NIV)



We have all heard about the devastation brought by the hurricanes, Helene and Milton, recently but two dear friends, part of the Warrior Writer Community, heard and answered the call for help. Lynn and Kathleen packed up an RV filled with water and supplies and headed to East Tennessee, which is located near the west border of North Carolina where much of the flooding and destruction took place.

There were many who came to help, arriving with arms wide open to comfort those who had lost everything, bringing water to the thirsty and helping families start the long process of getting back on their feet. Even now they are still collecting donations to help those in need.

Listening to the accounts coming out of the most devastating areas hit by Hurricane Helene, there was a huge recognition of who the heroes in this story were. The reality that played out is that it wasn't the government (FEMA) who was there for them at the most catastrophically urgent times; it was their neighbors, their community, and the communities coming from all over America.

It was the mule teams, the cowboys riding up the broken roads and paths with much needed medical supplies, equipment, and food. They came to help. Their hearts full of compassion and concern for the livelihood of their fellow man.







At the same time, across the globe my friend, Dawn, another Warrior Writer, had found a way to serve humanity by traveling to several communities in Kenya, Africa. Since arriving, they have dedicated three clean water wells, built a widows' hut, and ministered to and distributed many months' worth of food to over one thousand widows.

They fed, loved, and ministered to orphans. They even provided medical care and gave out dental supplies donated by the kindness of businesses in America. They visited the slums of Nairobi to be the arms and feet to the orphans there, even going into the men's and women's prisons to bring the good news.

The stories go on and on of how individuals' kindness and love reached in and changed the places they entered. They left their fingerprint of love on the people they touched, and both sides will never be the same.

We are challenged every day to love more fully and to live more fully. When we choose to no longer be preoccupied with our own lives and what we have or don't have, and we look at those around us and ask ourselves how we can help, we will take back our power from being an observer to being the hero who can change the world, making a lasting impact on those we come into contact with. Those who need us to rise up and be who we were created to be. A light in a dark world. A glorious daughter or son of God coming into our own. We were sent to be a force for good.

"THE ENTIRE UNIVERSE IS STANDING ON TIPTOE, YEARNING
TO SEE THE UNVEILING OF GOD'S GLORIOUS SONS AND
DAUGHTERS!"
(ROMANS 8:19 TPT)

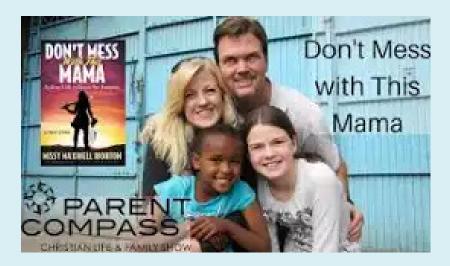


## WHO IS MISSY?

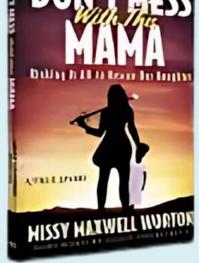
An award-winning author, speaker & destiny coach. In her former years, she toured as an actress/singer/dancer in a nationally faith-based Broadway-style musical company dealing with family and faith issues.

She writes across media, not only as an author but also as a film, television, & guest writer for several magazines. She exudes joy in all she does, and she loves being in God's presence as a worshiper. Missy's church ministry involvements have included leading worship as well as being in children's and women's ministries.

Missy's greatest desire is to awaken women to the superpower they have within them as a daughter of a mighty and loving God. Encouraging them to fearlessly and courageously pursue the greatness and dreams they were created for by fulfilling their unique destiny calling. She recently started helping first-time authors design & write their True Story book. Helping them launch into a fulfilling career by helping others overcome hardships in their life using the challenges they have walked through.















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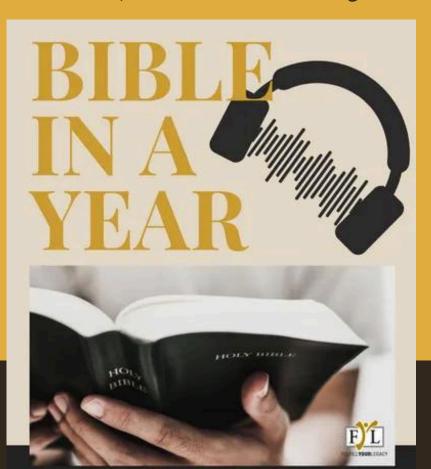
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# NEED A LIFE OR WORK TRANSFORMATION?

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BE TRANSFORMED BY THE RENEWING OF YOUR MIND

**ROMANS 12:2**