

AS FOR ME AND MY HOUSE

HOUSE: Cultivating a Home of Peace
and Faith through Life's Valleys

MARRIAGE: Endeavoring Love

HEALTH: Mental Health Matters

FINANCE: Have Faith in God

PARENTING: Magnify God
with Your Family

COMMUNITY: Walks of Faith:
Prayer Brings Heaven and
Earth Together



PUBLISHING EDITOR

Niccie Kliegl is CEO of **Fulfill Your Legacy**, Author, Discipleship Leader, and Speaker, shepherding Christians and Ministry Leaders into their Sweetspot where they fulfill their calling by connecting to the presence of God and Tapping into the Trinity to transform lives, homes, communities, and nations.

Niccie founded the **Legacy Leader Community** and *As for Me & My House* magazine. She also loves sharing what God puts on her in her 3 podcasts: **The Presence of God**, **The 5-Fold Forum**, and **Your Divine Business**.



COPY EDITOR

Helen Izek is an award-winning author and was once also a freelance editor. In addition to her current full-time day job with a global medical device company, Helen continues to edit the articles for our monthly *As for Me and My House* magazine. Passionate about working with each and every author, Helen strives to ensure the magazine is free of errors while preserving the unique voice of the contributors. She'd rather stay true to you, the authors - quirky turns of phrases included!

Helen lives in Israel with her husband and is mother to three wonderful children, and grandmother to two tiny tots.



DESIGN EDITOR

Jana Smith writes *End-Times*, speculative Christian fiction with a hint of romance, for women of all ages. Her love of God's Word and interest in Biblical End-Times prophecy has led her to write a series of fictional stories dealing with this subject. Retirement has allowed her to focus much of her time on writing. Jana and her husband live in Calgary, AB, where they can be near their precious children and grandchildren.

Being involved with Niccie's **Sweetspot Mastermind** has opened her eyes to an entirely new form of ministry. For Jana, it is a joy and a privilege to help with the magazine layout every month.



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HOUSE

Christina Smith is a writer, speaker, and certified life coach passionate about helping others cultivate unshakable faith through life's challenges. Her Dare to Believe message empowers individuals to break free from limitations and trust God for the impossible. She encourages others to embrace bold faith, rediscover their God-given identity, and step confidently into their purpose.

Christina hosts Witness the Wonder LIVE, where she interviews guests who share stories of transformation, hope, and breakthrough. She is a contributing author in *Resilience: Women Rising to Their Greatest Moments* and lives in Ohio with her husband and daughter.

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MARRIAGE

Patti is a Bible teacher, author, and speaker who is passionate about helping women embrace their identity in Christ Jesus. Her message empowers women to fully embrace their role as daughters of the King. With 24 years of experience as an ordained minister, Patti draws from her rich life experiences to teach through small groups, radio, and television. She finds great joy in seeing women discover how to live victorious, overcoming lives.

Patti is happily married to Joe Oliver, and together they run PnJ Oliver Enterprises LLC. They reside in Destin, Florida, where they enjoy all the outdoor activities the Sunshine State has to offer. Patti has four adult children and one granddaughter.

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HEALTH

Teresa is an author, speaker, and encouraging coach helping women, mothers, and marriages become B.O.L.D. Overcomers from mind, body, and spirit struggles so they live joyously in their "New Self." Teresa is married and enjoys time with her husband, two wonderful adult children, and friends.

She is also a certified coach in Awake the Living Legacy. Teresa loves encouraging other women to find confidence and live boldly in the beautiful place God created for them. She is recently published in *Warrior Writers Anthology One*, and her true story of finding "normal" with bipolar will debut in Fall 2025.

**21**

FINANCES

Peggy Adams lives in Madison, N.C. She is the founder of Kingdomvoice-418. She is an Ordained Minister, Speaker, Author, Prophetic Voice, and Intercessor with a Luke 4:18 call to bring freedom to those in spiritual bondage. From her own experience, she leads and instructs groups on a 30-Day Journey in the Secret Place. She is a teacher and instructor of prayer.

Her passionate desire is to teach the Bride of Christ to know who she is through intimacy with her Beloved King Jesus, and to serve Him from a place of Rest and Trust.

**26**

PARENTING

Chrystal Gilkey is an author, speaker, and Bible study teacher. A Texas girl born and raised, she now resides in Arkansas with her husband, three children, and two cats.

Chrystal writes to encourage and strengthen people's faith in God. She enjoys playing the piano and gardening. One day, she dreams of owning a pet mini pig.

**30**

COMMUNITY

Author Caron Carroll is a follower of Jesus Christ, passionate about spreading the gospel and creating Kingdom Impact through her writing. She is a contributing author in the best-selling book *Resilience*, part of the Warrior Writers anthology series. Discipleship-focused, Caron ministers to women, encouraging them to step out of their past and embrace the destiny God created for them.

Caron lives in Florida with her husband, Joe. Together, they have four children and three grandchildren. She loves spending time with her family, prayer-walking her community, praying for others in prayer tents, street evangelism, and leading small groups.

WORDS FROM THE PUBLISHER

NICCIE KIEGL, FULFILL YOUR LEGACY

March has arrived, bringing with it the first signs of spring—the days grow longer, the air begins to warm, and new life starts to emerge all around us. After the long, dormant season of winter, we begin to see nature awaken, reminding us of God's promise of renewal. Just as the earth transitions from a season of stillness to one of growth, we too are called to step into new seasons of health, healing, and restoration.

One of my favorite scriptures for this time of year is Jeremiah 17:7-8: "But blessed is the one who trusts in the Lord, whose confidence is in Him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit." What a beautiful reminder that no matter what season we are coming out of—physically, emotionally, or spiritually—our strength and renewal come from God alone. When we remain rooted in Him, we will continue to grow and thrive.

For those of you joining *As for Me and My House* for the first time, welcome! This magazine is a faith-filled resource designed to inspire and equip you to live a God-partnered life and build a lasting legacy. Our contributors—Christian entrepreneurs, mentors, and leaders—share their wisdom and experiences to help you grow in faith and steward well the life God has given you.

This magazine is inspired by my second book in the Legacy Series, *Embracing the Loving Legacy*. As the book teaches us to extend our God-partnered life into our homes, so *As for Me and My House* focuses on six vital areas: house, marriage, health, finances, parenting, and community. Each area reflects how God's work in us impacts those around us.

As we step into this season of renewal, let's take time to focus on our health—physically, mentally, and spiritually. As we clear out the old to make way for the new, let's allow God to refresh and restore us, preparing us for all He has in store. May this month's issue encourage you to LIVE | LOVE | LEARN | LEAD with a heart and spirit renewed in Christ.

Wishing you a season of growth, health, and abundant blessings!

Niccie Kiegl



CHRISTINA SMITH

AS FOR ME AND MY HOUSE

[CHRISTINA'S AUTHOR WEBSITE](#)
[INSTAGRAM: WITNESS THE WONDER](#)

Cultivating a Home of Peace and Faith through Life's Valleys

There is something about home that should feel like a refuge—a place of rest, security, and restoration. But what happens when life brings hard seasons—when grief, uncertainty, or trials make it difficult to feel at peace?

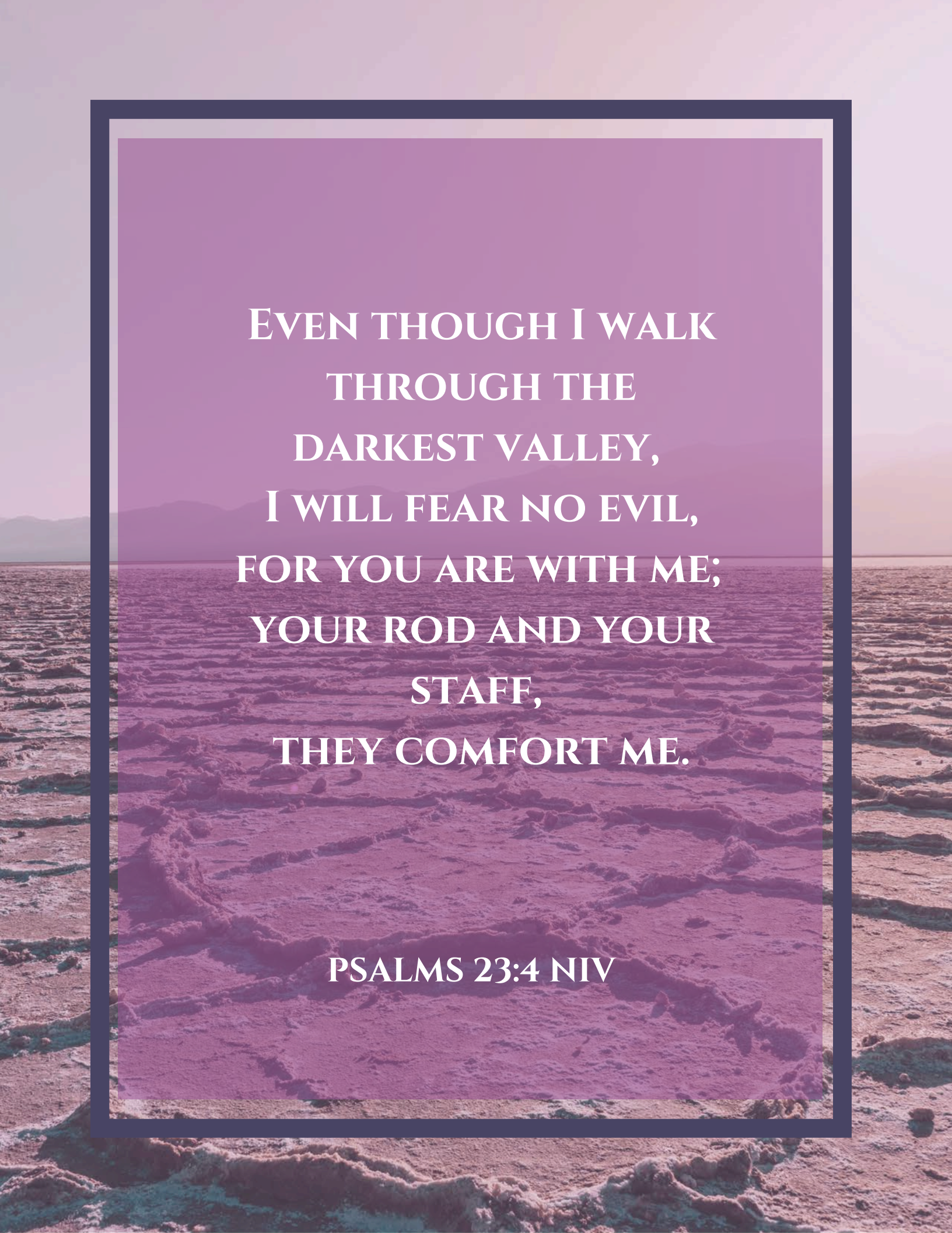
I have walked through valleys that tested my faith, where the weight of grief and uncertainty felt overwhelming. Yet, through it all, I have learned that my home can be more than simply a place I live—it can be a space where I meet God, find comfort in His presence, and strengthen my faith.

Recently, I was asked to speak about Psalm 23:4 during our ladies' Bible study. Like many of you, I initially thought, *Oh, that's the scripture they read at funerals.*

I wasn't thrilled because I had recently walked through a significant valley—losing my dad, mom, and only sibling within 26 months. The idea of reopening those wounds didn't excite me.

But I said yes, even if reluctantly. As I studied, God showed me how beautiful this scripture truly is. It's not only about death but about any challenging season we walk through. Jesus, our Shepherd, with the help of the Holy Spirit, walks with us, protecting, leading, guiding, and teaching us through every trial we face.

I've come to realize that some seasons grow and mature us in ways nothing else could. During those times, my home has been my safe place—a space of peace and comfort.

The background of the image is a coastal scene at low tide, showing wet sand and seaweed. A semi-transparent purple rectangle is centered over the image, containing white text. The text is a quote from Psalm 23:4 in the NIV translation. The entire image is framed by a dark blue border.

EVEN THOUGH I WALK
THROUGH THE
DARKEST VALLEY,
I WILL FEAR NO EVIL,
FOR YOU ARE WITH ME;
YOUR ROD AND YOUR
STAFF,
THEY COMFORT ME.

PSALMS 23:4 NIV

I can do all things through
Christ which
strengthens me.
 Philippians 4:13



Yes, I have chaos in my home too, but I've learned to create an environment where I find rest, peace, and, most importantly, God's presence.

**"EVEN THOUGH I WALK THROUGH THE DARKEST VALLEY, I WILL
 FEAR NO EVIL, FOR YOU ARE WITH ME; YOUR ROD AND YOUR
 STAFF, THEY COMFORT ME," (PSALM 23:4 NIV)**

Even in my hardest moments, I've discovered that home is where I can lean into His presence, build faith, and create a sanctuary of peace. Here's how I cultivate a home that reflects God's presence and strengthens me through every season:

1 I CREATE A SPACE FOR REST AND RENEWAL

A home filled with God's presence nurtures the soul. True strength doesn't come from striving but from resting in Him.

- I love to snuggle with a soft blanket as I read, write, or work. There's something comforting about wrapping myself in warmth while being in God's Word.

- I fill my home with soft lighting and worship music—simple things that help me focus my heart on His peace.
- I've learned to set boundaries in my schedule. It's easy to let busyness take over, but making time for stillness with God is essential.

**"COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED,
 AND I WILL GIVE YOU REST," (MATTHEW 11:28 NIV).**

2 I FILL MY HOME WITH REMINDERS OF GOD'S PRESENCE

There have been moments when I felt alone in my struggles, but God never left me. That's why I surround myself with reminders of His promises so that in every room, I can see and remember His faithfulness.

- I place scripture cards on my bathroom mirror, my fridge, and my desk, as reminders to keep God's truth at the center of my thoughts.
- I start my mornings by praying over my home: "Lord, may Your presence fill this place today. Let this be a home of peace and bold faith."
- When I feel overwhelmed, I declare words of life over my home and family, shifting my perspective from fear to trust, from worry to worship.

**"FIX THESE WORDS OF MINE IN YOUR HEARTS AND MINDS...
 WRITE THEM ON THE DOORFRAMES OF YOUR HOUSES AND ON
 YOUR GATES," (DEUTERONOMY 11:18-20 NIV)**

Blessed

3 I LET MY HOME REFLECT THE STRENGTH OF MY FAITH

Faith isn't about avoiding hardship; it's about trusting God through every season. My home reflects my journey of faith, and I want it to be a place where others feel the warmth of God's love.

- I decorate with meaningful pieces—photos that remind me of God's faithfulness and scripture decor that speaks life.
- I open my home to friends and family, even when it's not "perfect." Some of my most meaningful conversations have happened over a meal at my kitchen table, where we've encouraged each other in faith.
- I remind myself my home isn't only for me; it's a space where God's presence dwells and where my family experiences His love.

"BUT AS FOR ME AND MY HOUSE, WE WILL SERVE THE LORD,"
(JOSHUA 24:15 NIV)



HOUSE



4 I TRUST GOD'S PRESENCE IN EVERY SEASON

Exactly like the seasons change, so do the circumstances of life. Some seasons are filled with joy and abundance, while others are marked by trials and waiting. But no matter what season I am in, God's presence remains constant.

- In uncertain seasons, I remind myself that God is guiding me, even when I can't see what's ahead.
- In seasons of waiting, I find peace in knowing that God's timing is always perfect. My home becomes a place where I practice patience and trust.
- In seasons of growth, I embrace the new things He is doing. Just as spring brings fresh life, I know that God is always renewing my heart and strengthening my faith.

"FOR EVERYTHING THERE IS A SEASON, A TIME FOR EVERY
ACTIVITY UNDER HEAVEN,"
(ECCLESIASTES 3:1 NLT).

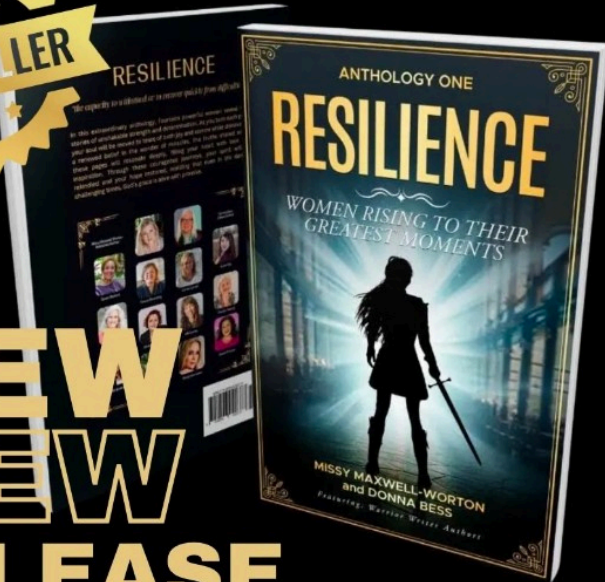
A HOME BUILT ON HIS PRESENCE

Through every valley and every season, I have found that my home can be a place of peace and renewal. Even when life feels overwhelming, I can trust that God's presence is near, bringing peace in every space I invite Him into.

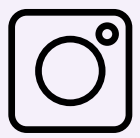
9 | As for Me and My House



**NEW
NEW
RELEASE
RELEASE**



Available on
Amazon & Kindle



The Wait Is Over! Resilience Has Arrived!

Featuring 14 true stories, this anthology celebrates resilience, faith, and triumph. Grab your copy of Resilience today!

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“God had brought so much healing to my heart, and I finally felt like I had come back to life.”

-C.M. Smith

For faith-filled conversations and inspiring stories, join me on Instagram for Witness the Wonder LIVE, where I interview guests who share real stories of transformation, hope, and breakthrough in everyday life. Be part of a community that inspires, encourages, and reminds you that God is always at work in your story! Follow along at [@witnessthewonder](https://www.instagram.com/witnessthewonder).

WITNESS^{the} WONDER

@witnessthewonder

A photograph of a man and a woman in wedding attire standing on a sandy beach. The man is wearing a white shirt and sunglasses, and the woman is wearing a white lace dress and holding a bouquet of white and blue flowers. The ocean is in the background under a blue sky with clouds.

PATTI OLIVER

AS FOR ME AND MY MARRIAGE
[CONTACT PATTI](#)

ENDEAVORING LOVE

It was an ordinary afternoon when my husband, Joe, and I were out shopping for new kitchen cabinets. Faced with the overwhelming number of options, we laughed instead of crying. The salesman chuckled and said, "You two act like an old married couple."

I blurted out, "No, we are recycled."

The salesman laughed and said, "Me too."

Amused by my own cleverness, I pondered the meaning of a "recycled" relationship. The thought struck me—wow, that's good, where did that come from? My mind immediately went to recycled art that is very expensive.

You see, Joe is my second husband. Regardless of the reason or age at which we remarry, it's something we never expected to have to do. There were a few things I had to consider in this new marriage. I was 65, and Joe was 68. We had been set up on a blind date by mutual friends at a large dinner party. It was love at first sight; we talked for five hours straight. Every box was checked for both of us. We were engaged within twenty-four days with a beautiful ring and married in our fifth month. We were both overjoyed to find love again.

Flirting our way around the city, strangers would approach us, delighted to see us "in love." Whether at

T.J. Maxx, Lowe's, or the beach, people offered to take pictures of us. We basked in the bliss of our romance.

I was widowed for twelve years before I met Joe; I lived alone in a 1,300-square-foot condo overlooking the water. Joe had always had a home and a garage. I loved my condo, and he agreed to move in with one condition—only for three years. Because of the limited space, we made adjustments so we could both fit. We learned to give each other the space we needed.

Every mealtime, Joe would take the opportunity to pray for us. He would say, "God, set our marriage as YOU would have it, as we move forward." As a member of a prayer team, my prayers were long, but Joe's quiet earnestness touched my heart. I could feel that God was going to move on our behalf.

LESSONS FROM OUR RECYCLED MARRIAGE:

God Is Love

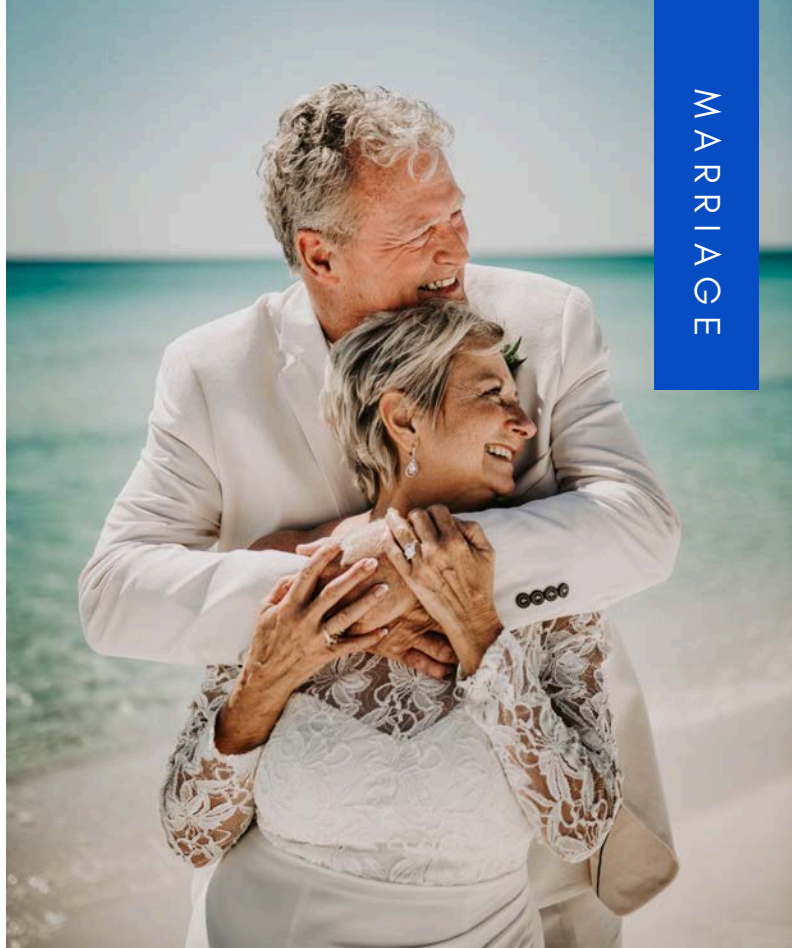
God created us to love and be loved. This is a sacred task, one to be undertaken with great care. Much effort was required to nurture our newfound love.

"WE LOVE EACH OTHER BECAUSE HE FIRST LOVED US,"
(1 JOHN 4:19 NLT)

Our Marriage Is Worth Fighting For

My old habit of combativeness in arguments had no place in this marriage. It only disrupted my peace and my relationship with God. Arguments brought out the worst in me, followed by remorse and regret. I hated those tense moments.

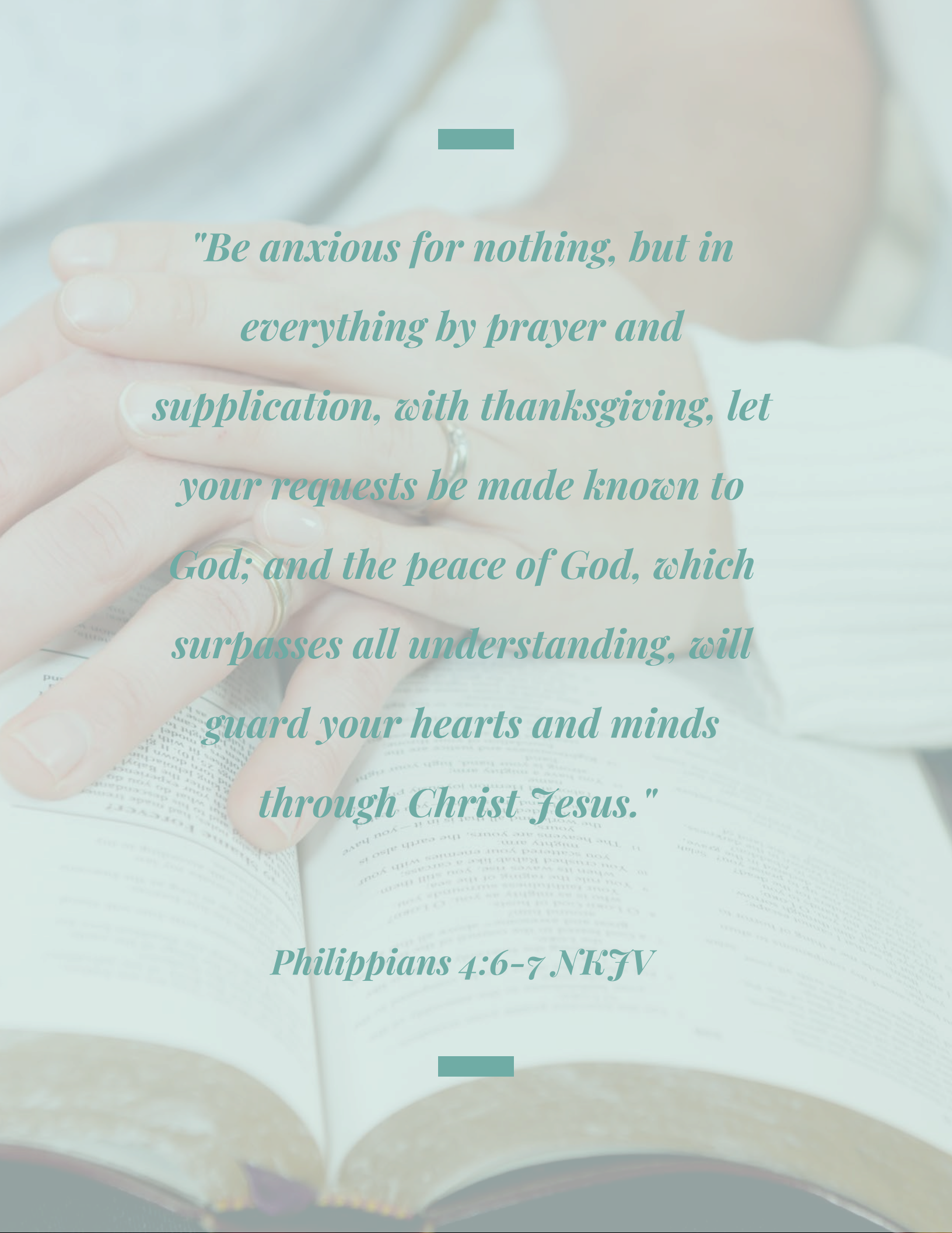
I would jokingly say, "I'm going to tell my daddy on you!" or "I know your boss!"



Over time, I learned to retreat to my prayer chair, quiet myself, read my Bible, and pray. It became clear that the person God was changing was me. I found relief in talking to "the God of wisdom." What mattered more: being right or being blessed? I chose to let go of negative emotions and "Let Go and Let God."

As I changed, God worked on Joe, too. This month, we celebrate our fourth anniversary. Joe often thanks me for loving him despite his past scars. He tells me how much he appreciates me and what an amazing woman I am. Together, we have created a peaceful home, thriving under God's grace. God has been faithful in answering our prayers.

"BE ANXIOUS FOR NOTHING, BUT IN EVERYTHING BY PRAYER AND SUPPLICATION, WITH THANKSGIVING, LET YOUR REQUESTS BE MADE KNOWN TO GOD; AND THE PEACE OF GOD, WHICH SURPASSES ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND MINDS THROUGH CHRIST JESUS,"
(PHILIPPIANS 4:6-7 NKJV)

A close-up photograph of a person's hands holding an open Bible. The hands are positioned over the pages, with fingers gently gripping the edges. The Bible is open, showing text on both pages. A teal-colored overlay is applied to the entire image, creating a soft, ethereal effect. The text of the Bible is visible through the overlay, particularly on the left page where the words "You have" and "The heavens" can be seen. The overall mood is peaceful and contemplative.

*"Be anxious for nothing, but in
everything by prayer and
supplication, with thanksgiving, let
your requests be made known to
God; and the peace of God, which
surpasses all understanding, will
guard your hearts and minds
through Christ Jesus."*

Philippians 4:6-7 NKJV

LETTING GO OF EXPECTATIONS

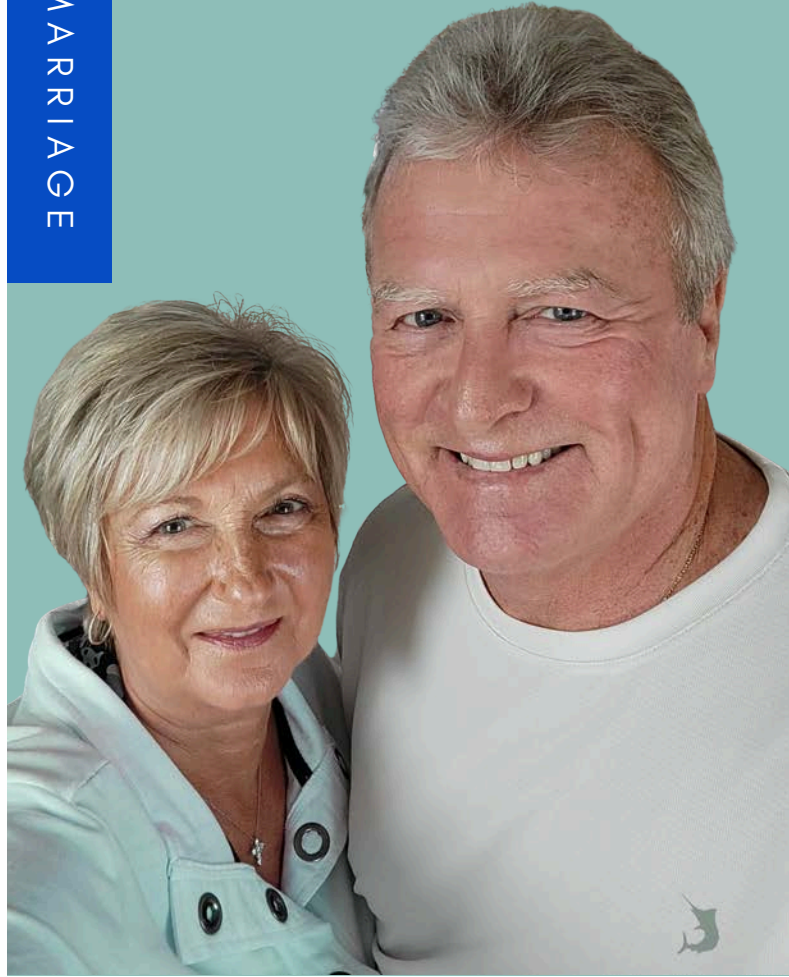
I learned to release unrealistic expectations and not be misled by assumptions. We became more sensitive to each other's needs. The little inconveniences—things Joe did or didn't do—were simply that: little. My disappointments were my own, and I couldn't place that burden on him.

"MY SOUL, WAIT THOU UPON GOD; FOR MY
EXPECTATION IS FROM HIM,"
(PSALM 62:5 KJV)

THE BEAUTY OF A RECYCLED MARRIAGE

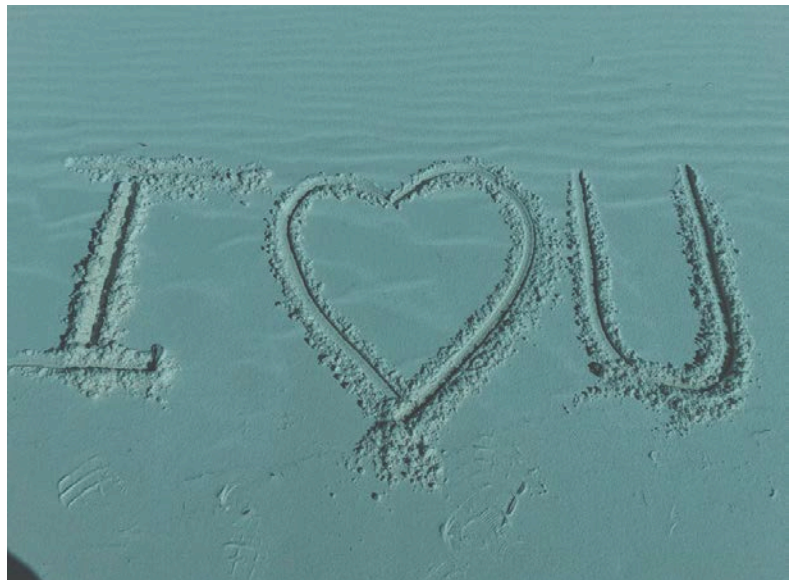
The meaning of "recycled marriage" is beautiful. God took our broken lives and is crafting a masterpiece—like pieces of broken glass forming a stained-glass window or discarded soda cans transformed into art. He is our Redeemer, healing the mistakes we make with each other.

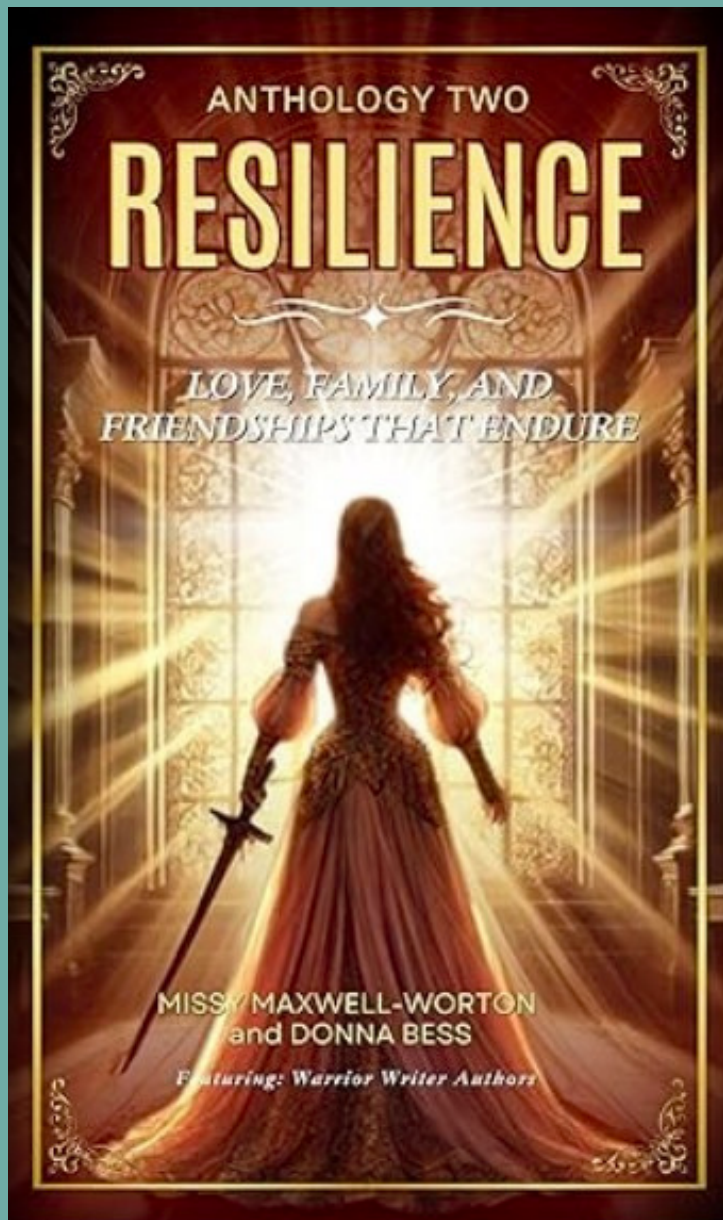
MARRIAGE



Marriage is part of God's plan for our lives, a pattern designed by Him. It is worth fighting for, to become the best marriage God intends. God loves us and created intimacy to express that love with our partners.

May God bless you on your journey to fulfill His best for your marriage. And if you are not yet married, wait for God's best—He knows the right person He has for you.





RESILIENCE: LOVE, FAMILY AND FRIENDSHIPS THAT ENDURE

by MISSY MAXWELL-WORTON and DONNA BESS
(Author) Format: Kindle Edition

Resilience: Love, Family & Friendships That Endure

Discover the transformative power of love, faith, and unbreakable bonds in Resilience: Love, Family, and Friendships That Endure. In this moving anthology, fourteen remarkable women share their deeply personal stories of overcoming adversity with courage and grace.

Each chapter takes you on an emotional journey, where moments of pain and loss are met with strength and redemption. These stories of healing and perseverance remind us that even when life feels uncertain, God's grace is ever-present—providing hope and renewal in the midst of trials.

From challenges in relationships to moments of unexpected joy, these heartfelt experiences illuminate the beauty of enduring friendships, the support of family, and the limitless strength that love inspires. This collection invites readers to reflect on their own lives, offering lessons of faith, forgiveness, and fortitude.

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Be inspired to rise above. Reignite your faith in miracles. Renew your hope.

Perfect for women seeking encouragement, spiritual growth, and empowerment, Resilience is more than just a book—it's a reminder that through faith and connection, you can overcome any obstacle and thrive.

- ✓ Ideal for book clubs, women's groups, and anyone who appreciates powerful true stories.
- ✓ A meaningful gift for those facing challenges or seeking renewed inspiration.
- ✓ Recommended for readers of all ages who value hope, resilience, and enduring relationships.

Order your copy today and embrace the promise of a brighter tomorrow! 🌻

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TERESA BRUNSTING

AS FOR ME AND MY HEALTH

[CONTACT TERESA](#)

MENTAL HEALTH MATTERS

Have you ever been in your daily routine at work, with family, or at home, and thought to yourself, *Wow, I need a mental health day. I am not doing well. I'm very stressed, and I need a break.*

In today's busy and sometimes unpredictable times, most people have had this feeling at one time or another. It feels like with each generation, the simpler life takes a backseat.

Simpler can be fulfilling and for some very necessary. I know about simplifying and striving for mental health more

than some. After a suicide attempt at 24, I was diagnosed with bipolar and have developed ways over the last 40 years to better my mental health.

In 2022, the WHO's World Mental Health Report redefined mental health as a state of mental well-being that enables people to cope with the stresses of life, to realize their abilities, to learn well and work well, and to contribute to their communities.

How can we recognize when someone we love, including ourselves, needs a mental health day?

HOW DO WE RECOGNIZE MENTAL HEALTH ISSUES?

1. Feelings of being overwhelmed, sad, and even anxious.
2. Everything feels negative.
3. Having no interests and aspirations.
4. Reacting to trauma which causes loss of hope.

In the bible, after John the Baptist died, Jesus withdrew to a desolate place by Himself. Even when He was with the disciples, He routinely needed a quiet place. He would go out and spend time with God. Mark 1:35 says,

“VERY EARLY IN THE MORNING, WHILE IT WAS STILL DARK, JESUS GOT UP AND WENT OFF TO A SOLITARY PLACE, WHERE HE PRAYED.”

Jesus knew when He needed to spend time with God and if we are in touch with ourselves and Holy Spirit we feel that nudge too. Feeling a need for stillness and rest are the way we are created and going against that nature causes our mental health to suffer. This in turn can directly affect our physical health.



Jesus modeled prayer and time with God and even gave a specific prayer to pray in Matthew 6:9-13 (NIV), called The Lord's Prayer.

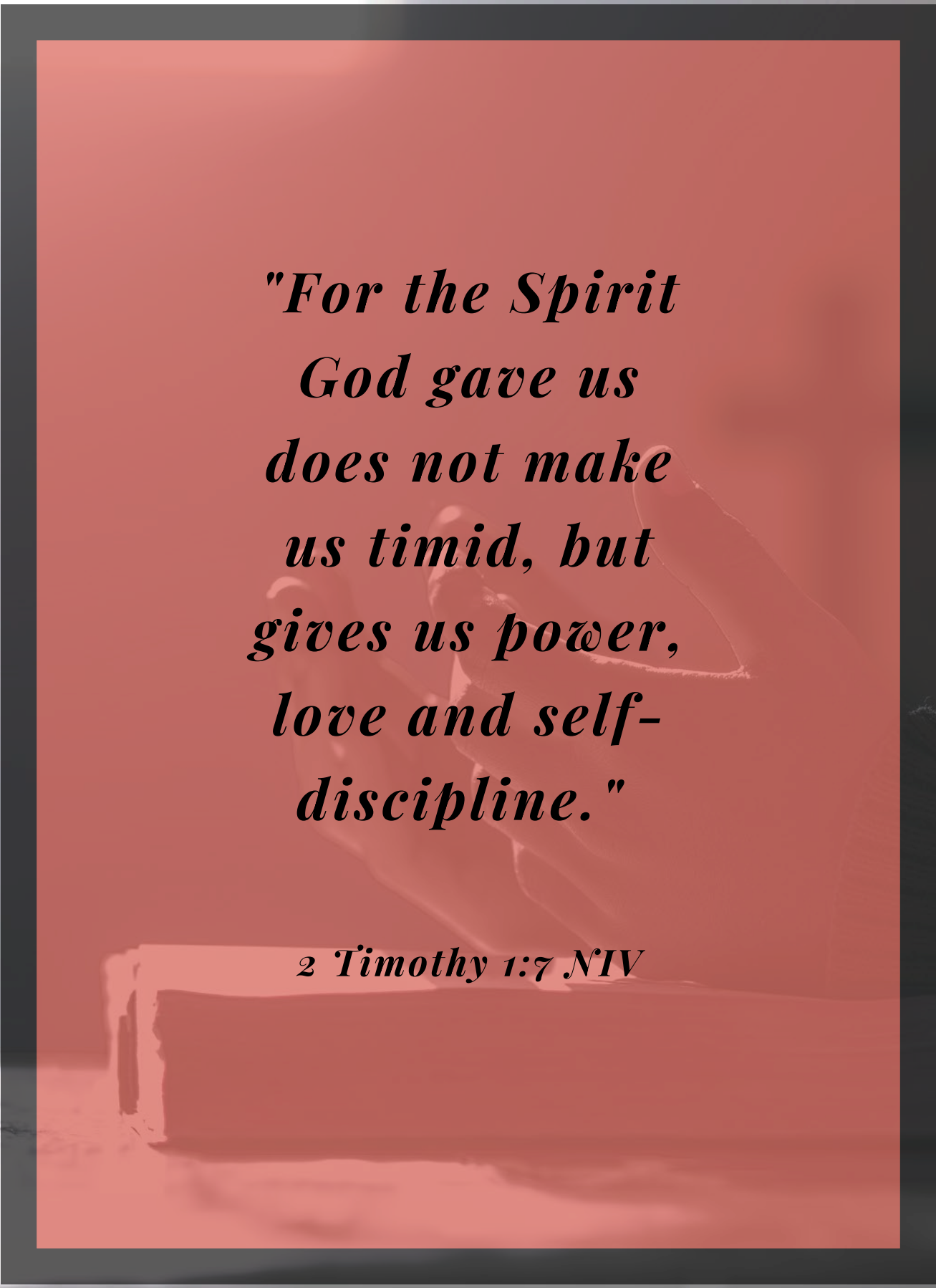
"This, then, is how you should pray:

**'OUR FATHER IN HEAVEN,
HALLOWED BE YOUR NAME,
YOUR KINGDOM COME,
YOUR WILL BE DONE,
ON EARTH AS IT IS IN HEAVEN.
GIVE US TODAY OUR DAILY BREAD.
AND FORGIVE US OUR DEBTS,
AS WE ALSO HAVE FORGIVEN OUR DEBTORS.
AND LEAD US NOT INTO TEMPTATION,
BUT DELIVER US FROM THE EVIL ONE.'"**

He showed us what we can do at any age and in any circumstance. Praying this prayer and spending time with God is one way to help our mental health.

Taking time for ourselves isn't selfish. It's not anything to be ashamed of. It's simply part of what we need to do to help our mindset. When we put spending time with God as a goal in our daily routine it will change our perspective and our mental health.

What takes a toll on our mental health and, in turn, can lead to physical manifestations is when we are trying to do too much, being too busy, and allowing stress to swallow us up. Finding ways to decrease that stress should be a priority—not only for our mental and spiritual health but ultimately our physical well-being as stress is a number one contributor to many illnesses.



*"For the Spirit
God gave us
does not make
us timid, but
gives us power,
love and self-
discipline."*

2 Timothy 1:7 NIV



If you have had times of great stress, anxiety or depression you know what I mean and for those who haven't experienced it, maybe this will help you see it in your loved ones. It is also important when helping others with their mental health to be kind, compassionate and approach them with love when you think their mental health is in jeopardy.

I have had to implement daily routines and boundaries to protect my mental health while living with bipolar. I have also watched over the past few decades the way our world has changed. Everybody could benefit from developing some habits that can help them achieve balance in their life and maintain mental health.

THESE ARE DISCIPLINES I HAVE INCORPORATED INTO MY DAILY LIVING TO REDUCE STRESS:

1. Add prayer time and exercise in the early morning.
2. Use breathing exercises to slow you down and increase creativity.
3. Eat healthy food and avoid sugar.
4. Avoid people who negatively impact or trigger you.

5. Create boundaries. It is easier to maintain less stress and better mental health if we know our limits.

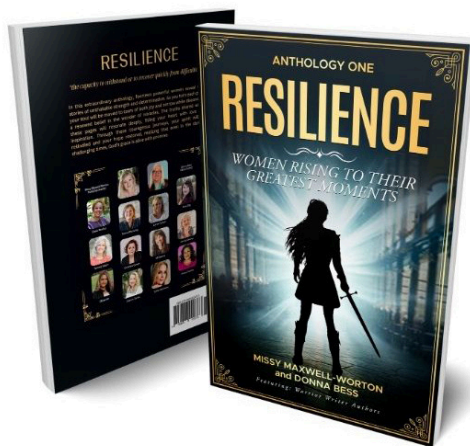
6. Say "No" to a busy schedule by prioritizing and cutting what doesn't serve you well.

7. Make sure to get plenty of rest by setting a time to put away devices and wind down before bedtime.

Everyone handles stress in different ways. I hope this helps so you and your loved ones can have good days in your future by incorporating these practices.

Working toward good habits can also help maintain a state of good mental health. It is best to try to avoid the desperate feeling of needing a mental health day to recover from life.

If you feel that your mental well-being is at risk, there is a national number to call for a mental health crisis hotline at 988.



Resilience Anthology One

This collection of stories is a celebration of the human spirit from fourteen extraordinary women. Each chapter authentically stands as a testament to the power of resilience, from life altering setbacks to unexpected adversities, showing that even in the face of overwhelming odds, triumph is possible. This book will inspire you to rise up to your greatest moments.

BUY NOW



Teresa's chapter **"Death without a Casserole"** shares how infidelity shattered her marriage and the grief that followed. She compares the death of a marriage to losing a loved one. Unlike physical death, a broken marriage doesn't bring casseroles.

Hello Friends...

I am an author, speaker, and encourager for women, suffering from mind, body, and spirit struggles so they can overcome and live joyously in their "New Self." I am a certified coach in Awake the Living and Loving Legacy.

I love encouraging and coaching other women to help them find confidence and live boldly in the beautiful place God created for them. Whether you are looking for a strong marriage, strong emotional health, and /or to raise strong and confident children, I can help you get there. Even if you struggle with bipolar like I have in my life. There is hope.



Becoming an Emboldened Overcomer© is a beautiful thing! We can get there together!

WOMEN

Wonder where you fit in...

LOOKING FOR PURPOSE

want to do more?

"You're not alone and I can help."

[Learn More](#)

MOTHERS

Feel like you are alone...

OVERWHELMED & OVERWORKED

when you have so much to offer?

"Don't give up, I can help."

[Learn More](#)

MARRIAGES

Wish you felt comfortable...

MOVING FORWARD

but you don't, so you feel stuck?

"I get it, but I can help."

[Learn More](#)





PEGGY ADAMS

AS FOR ME AND MY FINANCES
CONTACT PEGGY



HAVE FAITH IN GOD

**FOR WE WALK BY FAITH, NOT BY SIGHT.
II CORINTHIANS 5:7 (NKJV)**

As Christians, we are to live a life of faith. This isn't always easy to do, especially if you live paycheck to paycheck. This was my life for years as a divorced single mother of two. However, God always came through. In my worry and stress, He never let me down.

In the fall of 2015, the Lord confirmed that He was calling me to move to Nashville, Tennessee for full-time ministry. After selling my personal belongings I made enough money for about three months. I rented a room from a lady for \$500 per month. With rent and other monthly expenses, I was looking at around \$1500 per month.

**JESUS ANSWERED AND SAID TO THEM, "HAVE FAITH IN GOD."
MATTHEW 11:22 (NKJV)**

Most people in full-time prayer ministry raise financial support to help with their expenses. As I prayed about doing this, I did not have peace. I heard the Lord say; "I am calling you to a lifestyle of totally depending on Me for everything. You are not to ask anyone for money. If they ask you about your financial journey and want to bless you or partner with you monthly, that's fine, but you are not to ask anyone for help. I will take care of you. I'm calling you to a radical life of living by faith and not by sight."

**THEREFORE, I SAY UNTO YOU, TAKE NO THOUGHT FOR YOUR LIFE,
WHAT YE SHALL EAT, OR WHAT YE SHALL DRINK; NOR YET FOR
YOUR BODY WHAT YE SHALL PUT ON.
MATTHEW 6:25A (KJV)**

By January 2016, my finances were almost gone. I began to worry and question, "Did I hear God?"

Deep in my heart, I knew I did but where were the finances? Before this, I was at least getting a paycheck twice a month. Now I had to fully trust the Lord. This wasn't comfortable at all.


With all this stress and worry I woke up one morning and heard Holy Spirit say; "Take no thought for your life. Stop thinking. Your thoughts are robbing you of My blessings!"

I immediately began to weep from the presence of the Lord. I sat up in bed, grabbed my bible, and began to read Matthew 6:25-33. I discovered that in seeking His kingdom and righteousness first, all I needed would be supplied. The revelation from those verses have become the foundation on which I stand.

**THEREFORE, I SAY TO YOU, WHATEVER THINGS YOU ASK WHEN
YOU PRAY, BELIEVE THAT YOU RECEIVE THEM, AND YOU WILL
HAVE THEM.
MATTHEW 11:24 (NKJV)**

**"I WILL TAKE CARE OF YOU.
I'M CALLING YOU TO A
RADICAL LIFE OF LIVING BY
FAITH AND NOT BY SIGHT."**





*“If you can
believe, all things
are possible to
him who
believes.”*

Mark 9:23 NKJV



I've discovered that faith by itself doesn't produce results. Two other elements go with the equation: trusting and believing. These three work together to see prayers answered. We must trust Him to do what He says in His Word, and have faith to believe that if He says it, He will do it.

In January of 2020, I discovered how much my heavenly Father honors His word. Even though my 2007 Toyota Camry was paid for, it had gone above and beyond the necessary mileage to feel safe on long trips. At over 375,000 miles it was also starting to have some major issues. I began to pray and ask the Lord for the car He wanted me to have. I knew He did not want me to have a monthly payment, and He didn't want me to ask anyone for the money.

So, I had to trust Him to provide for the car of His choice. In the process of waiting for about a month I had others praying with me. The option came to me to put my need out to others to sow financially to help me purchase a car. Even though I was tempted to do this I knew in my heart that my heavenly Father wanted to provide for me.

While lying in bed one morning I began to pray. I said, "Lord if you want me to ask others to help me get a car, I will. However, I prefer you provide what is needed so

that it will be a great testimony of the goodness of God."

Within an hour I received a text from a business I pray for. She said they felt led to donate money towards a car for me. I was so excited to hear this. She didn't say how much so my little faith was thinking maybe \$2000. I thanked them and hung up the phone. I called my 501C3 to see how much was given. The guy on the phone said, "\$10,000 was given towards your car." I burst into tears. I cried so hard I had to hang up the phone. I couldn't believe what I was hearing. \$10,000!

IF YOU CAN BELIEVE, ALL THINGS ARE POSSIBLE TO HIM WHO BELIEVES."

MARK 9:23 (NKJV)

On Sunday, February 2, 2020 my brother took me to look at a beautiful 2009 white Lexus. This was the model car I had always wanted. I traded in my Camry for \$1000 and paid \$8000 difference. I drove back to Nashville with my new car fully paid for.

This is only one of many blessings given by my loving heavenly Father. If He did it for me, He will do it for you.

KW KINGDOM VOICE 4:18

Peggy Adams, Founder

As a Prophetic Voice, Intercessor and Revivalist, everything God is calling me to do for His Kingdom is encompassed in the Luke 4:18 scripture. My passionate desire is for the Bride of Christ to know her King and to know who she is as a Bride. As a Prophetic Intercessor my desire is to birth and establish, through prayer, His Kingdom plans as well as teach and instruct in prayer and prophetic intercession.



Ministry ✦ Mission

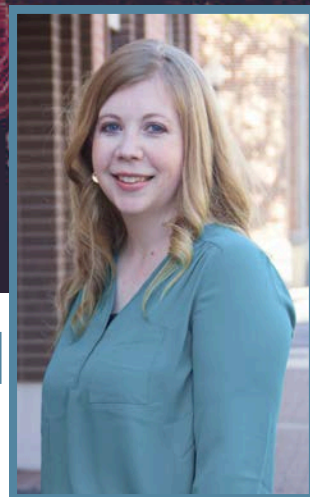
Peggy graduated from Five Runner School of Ministry in 2015 and was ordained in 2019. She travels to speak and preach with a heart for Revival and Awakening, she teaches, instructs and coordinates prayer in the marketplace, for churches, for personal prayer shields, prayer conference calls, etc., she is on the leadership team for “LoveReach,” (an outreach to the Bonnaroo Music Festival) and utilizes her gift in administration to help advance the Kingdom of God.





CHRYSTAL GILKEY

AS FOR ME AND MY PARENTING
CONTACT CHRYSTAL



MAGNIFY GOD WITH YOUR FAMILY

If there is one thing that I want to pass on to my children, it is a heart for glorifying God. As my three children grow, I want them to see and know there is a God, and He is real!

Here are a few ways we try to magnify God in our family. We are not perfect. We still need to work on some of these things, but this is what we strive for.


M—MISSIONS-MINDED:

If our church has a mission trip or missionary program, sign our family up! A few years ago, we had the opportunity to help a missionary family with the Navajo. Despite the

challenges we were facing, we chose not to cancel our trip. The joy of serving others and sowing the most precious Seed was a truly uplifting experience, and it refreshed seeds of revival in our hearts.

A—ALTAR TIME AT HOME:

Keeping a set family time to talk about the Lord and share what is going on in our lives is hard, especially now that I have teens and ball games. However, I will never quit my persistence in keeping this time because I feel it is essential to unify our family, and it encourages talking about our faith.



*“O magnify the
LORD with me,
and let us exalt
his name
together.”*

Psalm 34:3 KJV



G—GLORIFYING GOD:

Anytime we see God's hand in our lives, we give Him all the glory. My sons powerwash people's houses during the summer to help pay for youth camp and provide them with some spending money. Last summer, someone stole our powerwasher, and we didn't have the money to buy a new one. I told my oldest son that we would have to pray for someone to donate a powerwasher because we couldn't afford to buy one then. The next day, someone gave my boys a brand new one, which was still in the box and unopened. When we make a mountain of God moments, it is easier to remember all those times God came through for us.

N—NEW SONGS:

PSALM 40:3 SAYS, "AND HE HATH PUT A NEW SONG IN MY MOUTH, EVEN PRAISE UNTO OUR GOD: MANY SHALL SEE IT, AND FEAR, AND SHALL TRUST IN THE LORD."

The Lord likes us to praise Him through music, whether singing or playing instruments. Our family experiences a shift in attitude when we have a Christian song in our hearts. It uplifts our spirits and serves as a testimony to unbelievers.

I—IMPACT OTHERS:

We aim to show others love, grace, and mercy so they can see God's love in our family. They might be friends who have gone wayward or lost family members. Luke 6:35 says,

"BUT LOVE YE YOUR ENEMIES, AND DO GOOD, AND LEND, HOPING FOR NOTHING AGAIN; AND YOUR REWARD SHALL BE GREAT, AND YE SHALL BE THE CHILDREN OF THE HIGHEST: FOR HE IS KIND UNTO THE UNTHANKFUL AND TO THE EVIL."

F—FIRST GIVINGS:

The tithe is the Lord's. We teach this to our children. We must magnify the Lord in every area of our lives, including finances. What a blessing to show your children you can never out-give the Lord!

Y—YOKED WITH BELIEVERS:

We decided to enroll our children in a Christian school a couple of years ago. My daughter has met some fantastic Christian friends while attending different school competitions. Teens need opportunities to meet and socialize with other youth. Fellowshiping with other believers can fortify your faith. "Unequally yoked" refers to forming close relationships with those who do not share your faith. This can lead to spiritual compromise. 2 Corinthians 6:14 says,

"BE YE NOT UNEQUALLY YOKED TOGETHER WITH UNBELIEVERS: FOR WHAT FELLOWSHIP HATH RIGHTEOUSNESS WITH UNRIGHTEOUSNESS? AND WHAT COMMUNION HATH LIGHT WITH DARKNESS?"

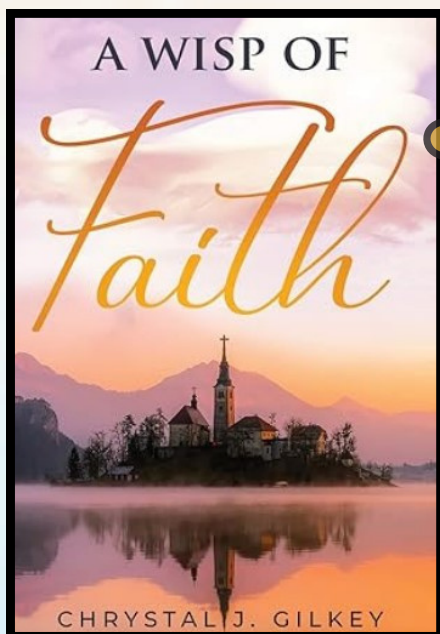
There is no sweeter offering for a family to give. As it says in Psalm 34:3,

"O MAGNIFY THE LORD WITH ME, AND LET US EXALT HIS NAME TOGETHER."

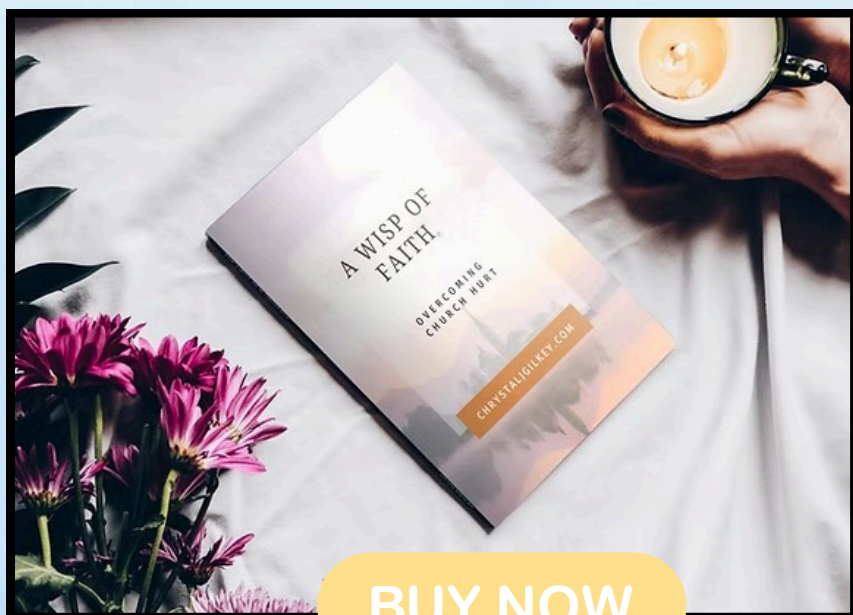
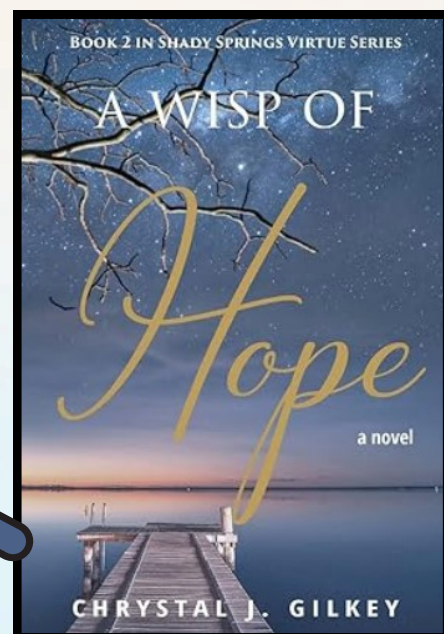
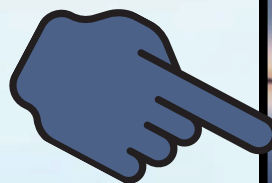
All Scriptures quoted are KJV.

Author

Chrystal Gilkey writes to **encourage** and **inspire** others in their walk in the Lord. She writes **sweet mysteries** that correspond with a study course on **Bible virtues**.



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BUY NOW

A Wisp of Faith: Overcoming Church Hurt is a powerful mini devotional designed to provide healing and forgiveness for those who have experienced pain within the church. Featuring insightful scripture writing, this book guides readers through a transformative journey, helping them reclaim their faith and restore their relationship with the Lord. Perfect for anyone seeking spiritual renewal, Chrystal's latest offering is a beacon of hope and a testament to God's enduring love. Purchase your copy today and find solace in God's word.





CARON CARROLL



AS FOR ME AND MY COMMUNITY
[CONTACT CARON](#)

WALKS OF FAITH: PRAYER BRINGS HEAVEN AND EARTH TOGETHER

I think most of us can agree we would love to see God move mightily in and around our communities. Have you ever done a prayer walk?

Prayer walking is exactly what it sounds like—walking and praying. It is a powerful, intentional act of stepping into a particular place and lifting the needs of the area to God. One way my small group invited the Spirit of God to move in our town was to walk and cover the school grounds in prayer.

The anxiety and depression many children are encountering today are heavy burdens, robbing them of peace and joy. Prayers diffuse the darkness and illuminate the light of God, changing the atmosphere. As we walked, we became the vessels through which God's love and power flowed.

Prayers are so powerful. They thwart the devil's plans, bring forth God's divine purposes, and establish a fortress of spiritual protection. And here's the best part: prayers never expire!

Praying the Word, such as Isaiah 22:22, “*He opens doors no man can close and closes doors no man can open,*” we stand together in faith, believing He will do what He promised: open doors for the children to experience their God-given destiny. Praying the Word honors God and releases His power to shape their lives.

Many children may never have been prayed for. We must pray for their salvation. What if our only assignment was to pray for them? We may not see the effects of the prayers on this side of heaven, but they are effective.

FAITH IN ACTION

Prayer walking isn’t simply about moving our feet; it’s about activating faith and bringing heaven and earth together. For our group, the prayer walks weren’t as much about exercise as stretching our faith and taking the church outside its walls.

We prayed in large groups at times. Other times, with only one or two people. It doesn’t matter. Whether we pray out loud or silently, we know we are making a difference. Some in our group had never prayed aloud before—and that’s okay. Prayer is something we grow into, and hearing others pray builds confidence. There is no wrong way to pray.

Prayer walking can help overcome fear and deepen faith, drawing us closer to God as we unite and lift our hearts to Him. When we stand on the truth of His Word, He hears us and responds, creating a beautiful exchange of love and trust.

I will never forget the tangible presence of God as we circled the school campuses, declaring His will for the students and staff. We prayed for protection against the devil’s schemes, discernment in their relationships, wisdom in their decisions, and protection and deliverance from anything harmful. We praised and thanked God for His blessings and trusted Him to answer.



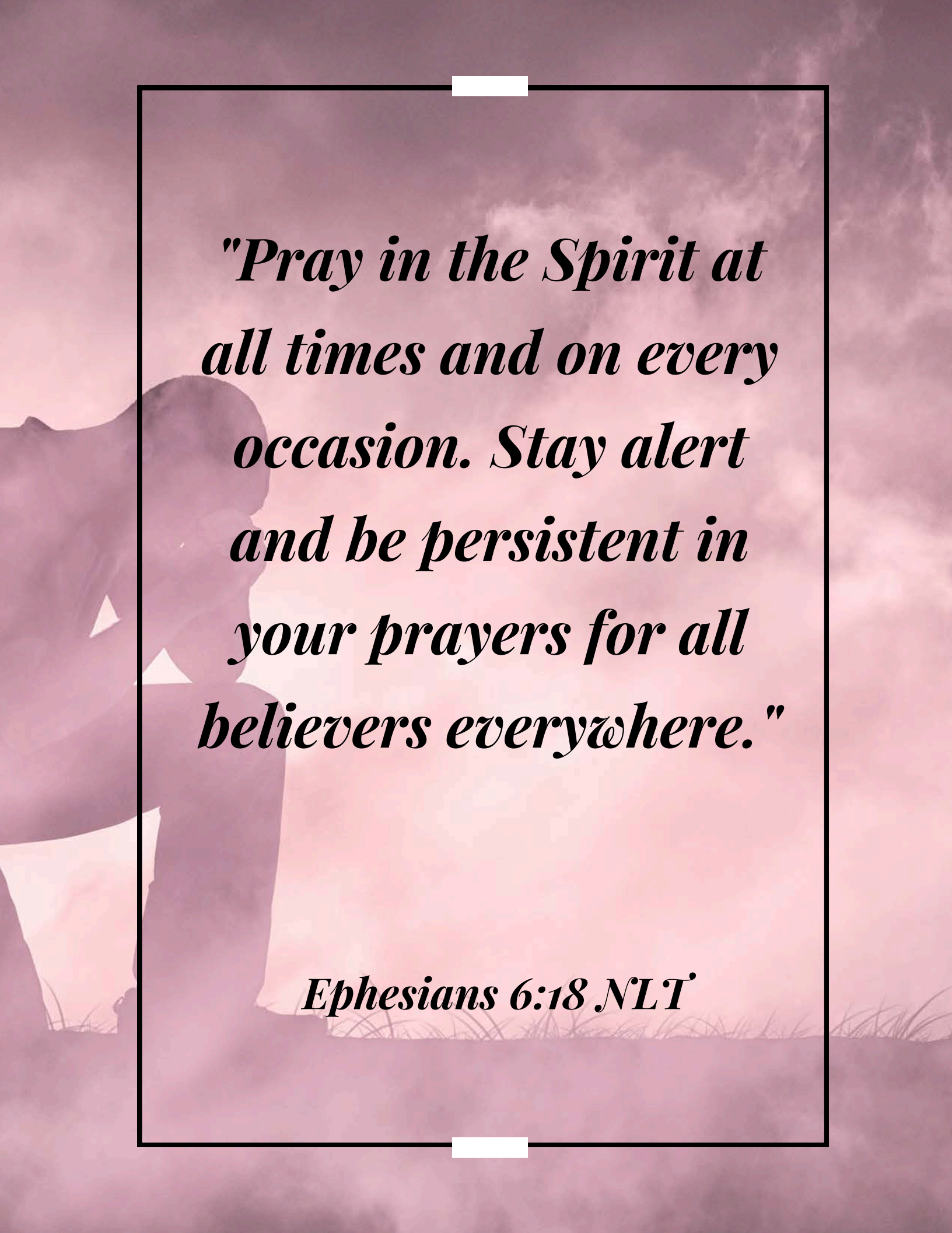
THE POWER OF LISTENING

One of the most powerful insights we received through prayer walking was to ask the Holy Spirit to reveal specific needs or requests to us. A simple prayer like, “Holy Spirit, reveal the needs here and specific children who need extra prayer,” opened our hearts to hear His voice. As we prayed, the names of children we didn’t know would come to mind. We spoke their names aloud, covering them in prayer. Sometimes, the Holy Spirit would reveal their struggles, and we’d lift those, too.

We prayed general blessings at other times, trusting God to handle the details. Our prayers activate the supernatural workings of the Holy Spirit.

Knowing that our prayers make a difference gives us a deep sense of purpose. It’s a powerful reminder that every one of us is significant in God’s kingdom plan on earth.





*"Pray in the Spirit at
all times and on every
occasion. Stay alert
and be persistent in
your prayers for all
believers everywhere."*

Ephesians 6:18 NLT



NO DISTANCE IN THE SPIRIT

You may have children or grandchildren far away; don't worry—there is no distance in the spirit realm. As you pray over the schools near you, include prayers for your loved ones' schools. I often pray for my grandchildren's schools, teachers, and the staff.

Jesus said to ask for anything in His name, so I boldly pray that every child will have a deep encounter with God and come to know Him personally. Many children don't know anything about God, but through prayer, His Spirit can draw them supernaturally. We only need to be obedient to pray.

Angels are dispatched when we pray, which makes me want to pray fervently! Prayers ignite angelic activity, bringing about the will of God to earth. Just imagine the joy in heaven when we finally see how effective our prayers truly were.

READY TO START PRAYER WALKING?

* **Pray for a Group**

Ask God to bring together others who share the same vision for prayer in your community.

* **Choose a Location**

Decide on a specific school or area to focus on. Call the school's administration for permission. If they decline, you can pray from sidewalks, drive around the campus, or go on the weekend. We always went during school hours. Nothing can stop what God wants to do.

* **Speak Boldly**

Encourage your group to pray out loud. The enemy doesn't want to hear your prayers, but boldness rises in you when you step out in faith and declare God's will.

* **Stay Focused**

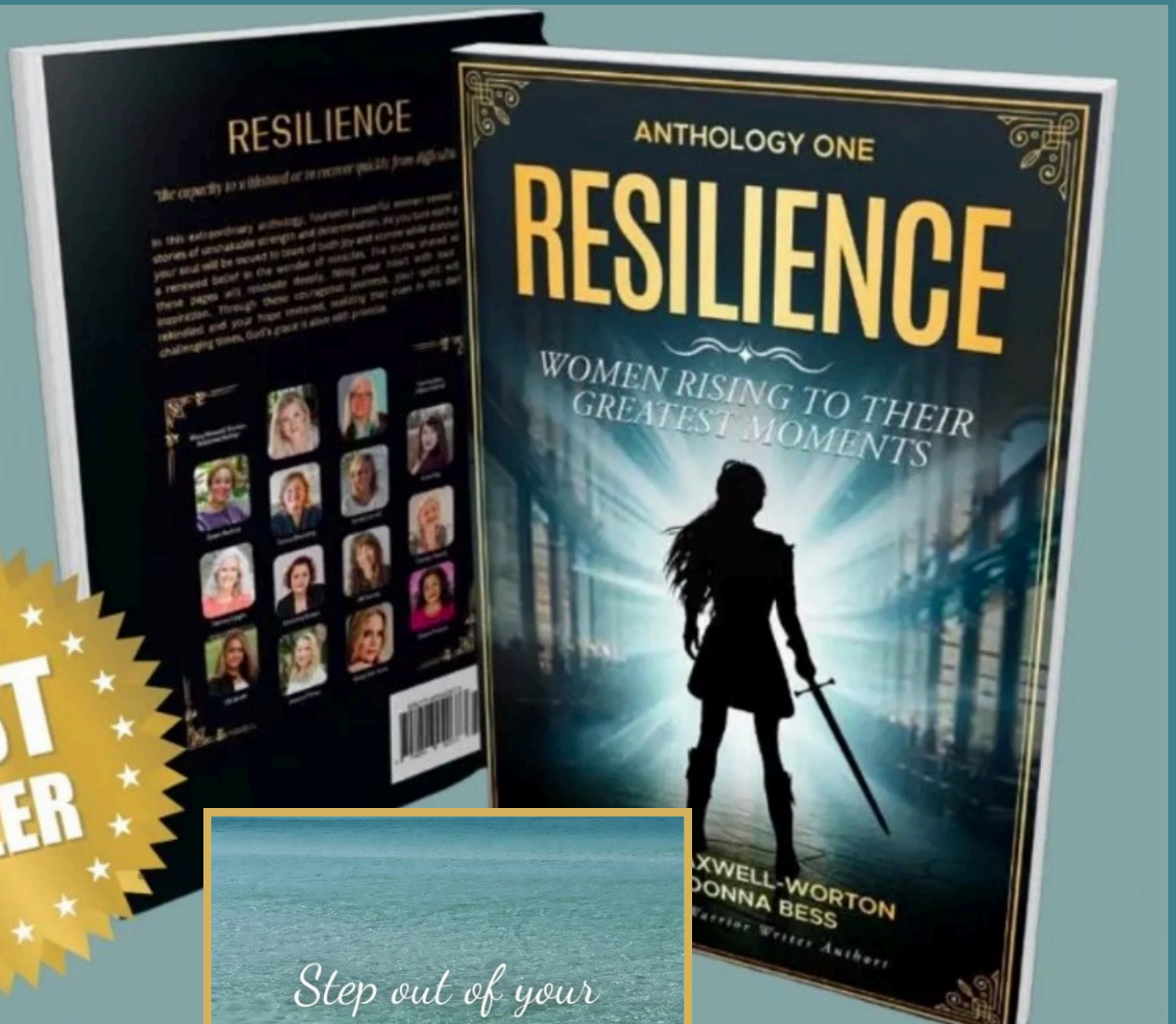
Consider walking in pairs to avoid distractions if you're walking in a group.

Prayer walking is simple yet powerful and life-changing. It's an opportunity to partner with God and bring His light into the dark places of our world.

So, take that step of faith. Invite the Holy Spirit to move and watch as God begins to work in ways you never imagined.

Caron Carroll

Caron Carroll is an author, speaker, and a women's ministry leader. For 30 years, Caron enjoyed working in the field of mammography, serving women's physical needs. Today, her passion is to serve their spiritual needs through discipleship, encouraging women to seek their fullest potential in Christ by stepping out of their past and into God's destiny for their life. Awakening women of all ages to the power of the Spirit of God through her own testimony to show that they, too, can live as a daughter of the Most High, and experience freedom in Jesus Christ. Caron's prayer is that we all overcome the schemes of the enemy by partnering with God to bring down strongholds and receive the promises of God.



*Step out of your
past and into God's
destiny for you.*

BUY NOW