

SIT

Spine In Tune

by WellFit

Product Catalogue



ABOUT US

SIT (Spine In Tune) is WellFit's signature **ergonomic product** line, created to **reduce physical strain** and **improve daily comfort at work**. Developed through years of **consulting and assessments**, SIT solves the real workplace challenges we've seen across the region.

At **SIT**, we believe that a **well-designed workspace** is the **foundation** for a **healthier**, more **efficient team** and we don't stop at delivery



We manage all the **logistics**, from material sourcing to installation and quality checks, ensuring a seamless experience from start to finish.



With our **range** of innovative office chairs, laptop stands, and accessories, you can create a workspace that actively supports movement, focus, and wellbeing throughout the day.



We go beyond the product. As part of our **premium support**, our team provides **one-on-one induction sessions** and **expert advice** to guide employees on how to adjust and use their new setup properly.



Every unit is produced with **eco-conscious materials and certifications**, helping you create a workspace that supports both employee wellbeing and environmental responsibility.



From the **initial evaluation to hands-on sampling**, we make sure your team experiences the benefits before you commit. Each product is assessed for real comfort and proper fit, so you feel the difference before any decisions are made.

Welcome to a **workspace** that **works as hard** as your **people!**



SPINE SERIES

MAIN ERGONOMIC LINEUP

Our **ergonomic chairs** are designed to **reduce physical strain** and enhance daily comfort based on real workplace needs observed across offices in the region. With **adjustable support**, **breathable materials**, and **smooth mobility**, they help create healthier, more efficient workstations by promoting comfort and focus throughout the workday.



SPINE SERIES

MAIN ERGONOMIC LINEUP

SAFA *['sa:.fə]*

Meaning: Purity in form, seamless experience.

Safa brings clarity to the fast pace of leadership. Every detail of this chair, from its fully adjustable backrest to its fluid armrests, is designed to create a space where focus and calm can thrive.

Available with or without a footrest and customizable to match your preference.

AVAILABLE IN:



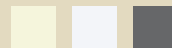
SANAD *['sa.nad]*

Meaning: Support; something that offers stability

Sanad is the steady hand at your back; the support that will hold you steady. Built on a durable aluminum frame, this chair adapts to movement without losing its structure.

Optional footrest available to suit any setup.

AVAILABLE IN:



RAHA *['ra:.ha]*

Meaning: Comfort; a sense of ease or relief

Raha is the comfort without compromise. From the moment you sit, this chair envelops your body in ease.

With breathable knitted seat cover and extensive adjustability, this chair is built for long hours and quiet focus.

AVAILABLE IN:







SPINE SERIES

MAIN ERGONOMIC LINEUP COMPARISON

Compare our top ergonomic chairs side by side to find the right fit for your team.



Model	Raha	Sanad	Safa
 Ideal for	Everyday Users	Focused Professionals	High-Performance Workers
 Adjustable Features	Seat height, recline, and armrest height	Adds seat depth and backrest angle	Adds recline tension, backrest tilt, and multi-directional armrest adjustments
 Footrest Options	None	Optional	Optional
 Price Range	Entry-level	Mid-level	Premium

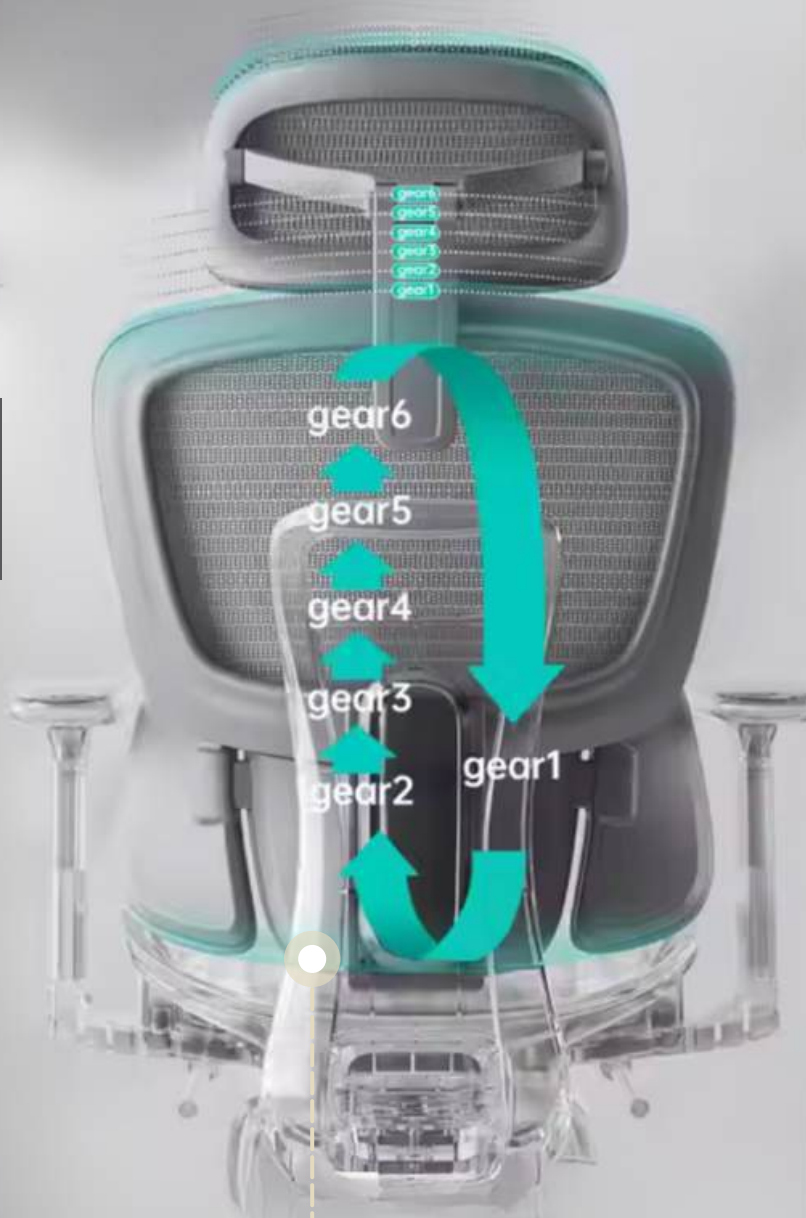


135 DEGREE DEEP RECLINE

For upright, reclined and rest posture support

3-ZONE WRAP AROUND DESIGN

Comfortably wrapped around the waist with no dead angles



FULLY ADJUSTABLE, FULLY CONSIDERED

From seat height and depth to 8-dimensional armrests, every part of the chair is designed to move with you.

- Adjustable backrest
- armrests
- seat depth
- Optional footrest

COMPLETE SETUP SUPPORT

1-ON-1 SESSION ADJUSTMENTS

We don't just drop off chairs and call it a day. We offer a **complete setup** experience at **no extra cost**. Our **ergonomic experts** will visit your space for a **guided product demo**, and help your team test each item with **real-time advice**. Once selected, we provide personalized **one-on-one adjustment sessions** that go **beyond the chair**, covering desk height, screen positioning, and overall workspace setup to ensure each employee is ready for **comfort** and **long-term use**.





ELEVATE SERIES

HEIGHT ADJUSTABLE DESKS

Explore **height-adjustable desks** designed to boost employee wellbeing, comfort, and productivity. With **smooth, anti-glare surfaces, slim tabletops** and open, durable designs, they support healthy movement and stability all day. Dual motors offer quiet, **fast height adjustments**, while built-in **safety sensors** and **cable management** keep workspaces organized and secure. Made with sustainable materials for a healthier workplace and planet.

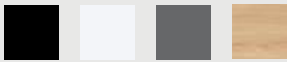
ELEVATE SERIES

HEIGHT ADJUSTABLE DESKS

ELEVATE SOLO

A height-adjustable desk designed for individual use, supporting healthy movement and focus throughout the day.

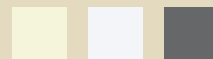
AVAILABLE IN:



ELEVATE TEAM

A customizable height-adjustable workstation built to support dynamic teams and collaborative workflows.

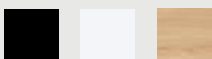
AVAILABLE IN:



ELEVATE C-SUITE

A spacious, height-adjustable executive desk ideal for multiple devices and corner office setups.

AVAILABLE IN:



THE STATION SERIES

STATIC WORKSTATION DESKS

Static desks built for a practical solution for **everyday workspaces**, combining **durable construction** with smart design features like built-in cable ports, open frames, and compatibility with accessories such as monitor arms and under-desk storage making it **easy to maintain an organized, high-functioning environment** that lasts.



THE STATION SERIES

STATIC WORKSTATION DESKS

SLEEK STATION

This minimalist static desk supports focused work and a tidy workspace. Its clean lines enhance individual productivity.

AVAILABLE IN:



FLEXI-STATION

This versatile static desk optimizes individual organization and workflow with integrated storage for a clutter-free environment.

AVAILABLE IN:



THE FOCUS COLLECTION

WORKSTATION ESSENTIALS

With a variety of colors to choose from, all items are fully **customizable** to match **your branding** and **office aesthetics**. Whether you're working long hours or organizing your space, the Focus Collection ensures a **seamless, stylish, and comfortable workspace**.

INCLINER

Sturdy carbon steel frame with 360° rotation. Adjustable height ensures optimal ergonomic positioning to reduce neck and back strain.

DESKMAT/MOUSEPAD

Spacious, non-slip surface to support both keyboard and mouse. Crafted from premium materials for lasting comfort and desk protection. Also available in a smaller size.

FOOTREST

Adjustable, ergonomic footrest to reduce strain and improve posture. Designed for comfort and enhanced circulation during long hours of sitting.

THE FOCUS COLLECTION

ON-THE-ROAD ESSENTIALS



NECK SUPPORT CUSHION

Ergonomically contoured to cradle the neck and reduce tension during long drives. Designed to maintain proper alignment and comfort behind the wheel. Color can be customized.



LUMBAR SUPPORT CUSHION

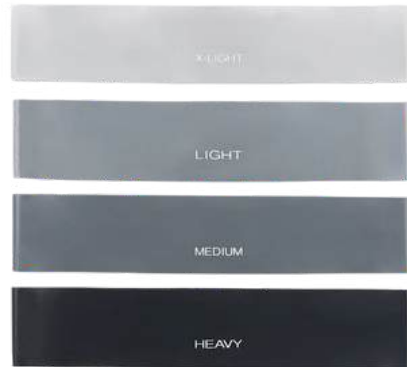
Provides firm yet comfortable lower back support to relieve pressure and encourage healthy posture. Ideal for extended periods of sitting in the car or office. Color can be customized.

THE MOVE LINE UP

Stay **active** and **engaged** at work with a range of **movement-friendly tools** designed for use right at your desk. All products can be **white-labeled or customized** to reflect your **brand**, making them ideal for employee **gifting**, wellbeing campaigns, or corporate activations.

RESISTANCE BANDS

Compact and durable, these resistance bands are perfect for quick stretches and strengthening exercises at your desk, improving flexibility and reducing muscle strain. Color and print can be customized.



STRESS BALL

A simple yet effective tool for relieving stress and improving hand strength. Designed for easy use during work breaks to help relax and recharge. Color and print can be customized.

DESK TREADMILL

Stay active at work with this compact treadmill, ideal for slow-paced walking at your desk. With adjustable speed settings from 0.5 to 4 mph and a quiet, energy-efficient motor. Designed for safety and convenience, it includes an emergency stop button and safety key.



DESK CYCLE

Pedal while you work with this under-desk cycle. Ideal for low-impact cardio, it helps improve leg strength, boost energy, and maintain focus throughout the day. Compatible with most office chairs & desks. Comes in black or white.

Designed to keep your spine in tune and your workday on track.

The right setup doesn't just look good—it changes how people feel, focus, and perform. Whether you're upgrading one chair or rethinking the entire workspace, we're here to make it simple, smart, and human.

Book a free on-site demo to experience the difference. We'll help your team test the products and guide each user with expert support.

Book Your Free Demo



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