

The Ultimate Test of your Jumping Canter: To determine if you can safely move up the levels without overfacing yourself or hurting your horse!

Before you move up:

Three exercises to test yourself



Assessment #1

Is your canter 12' or 3.6 m long in both lines and turns?

Use EXERCISE 1 to find out!



Assessment #2

Is your position stable enough to support the horse?

Use EXERCISE 2 to find out!



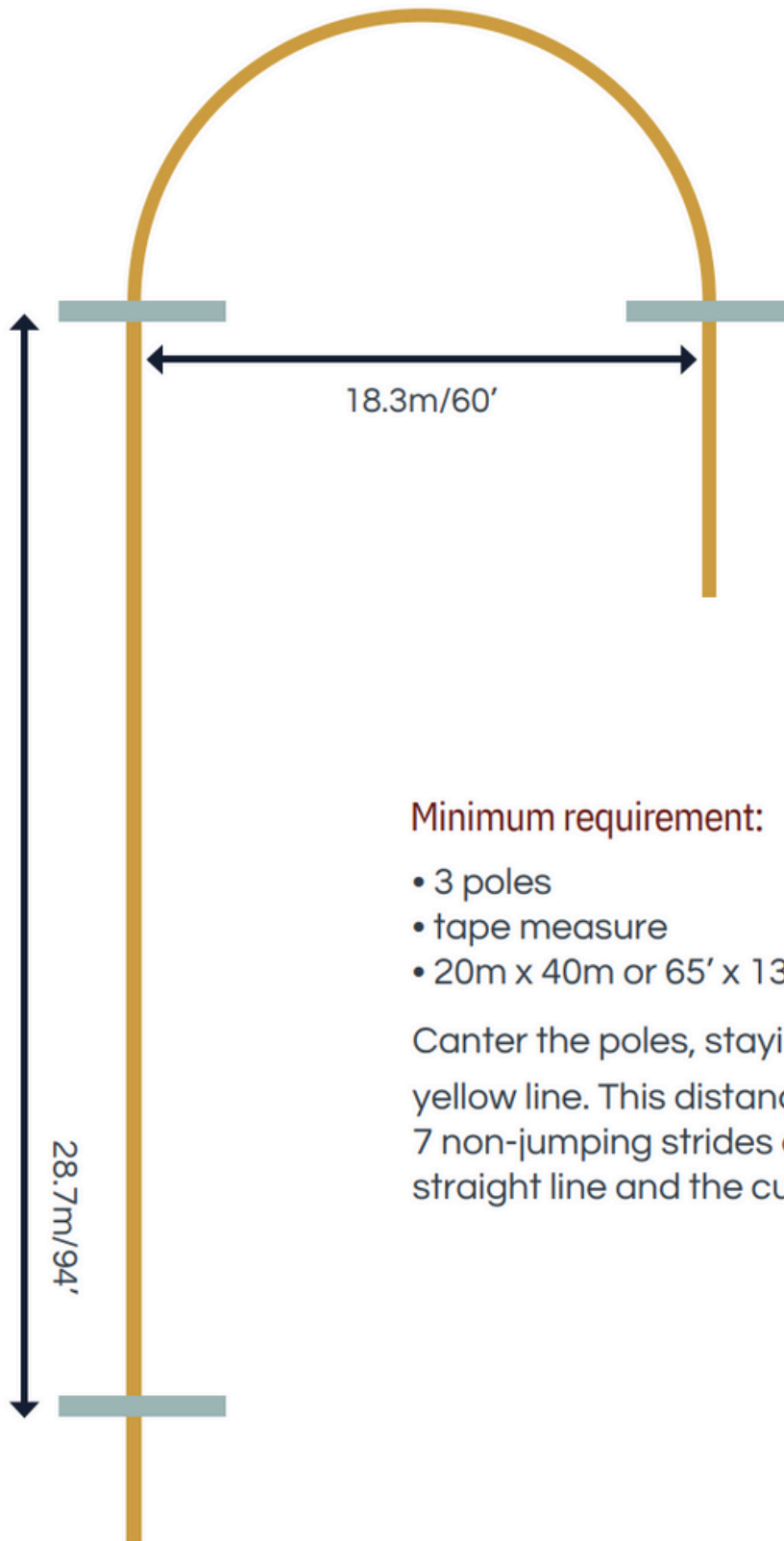
Assessment #3

Is the canter adjustable enough?

Use EXERCISE 3 to find out!

Are YOU Ready?

Exercise 1

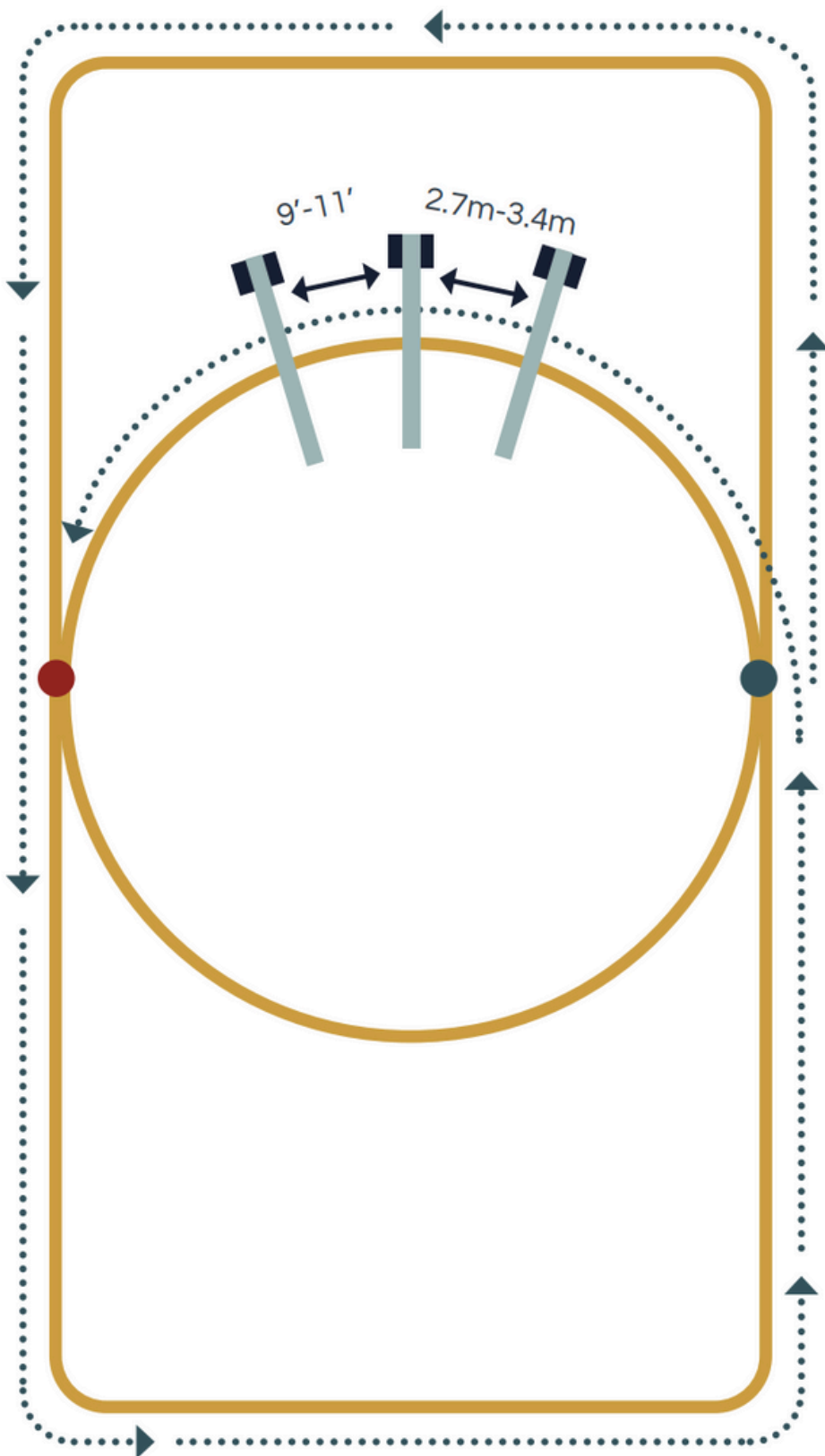


Minimum requirement:

- 3 poles
- tape measure
- 20m x 40m or 65' x 130' riding area

Canter the poles, staying on the yellow line. This distance is set to give 7 non-jumping strides on both the straight line and the curved line.

Exercise 2



Minimum requirement:

- 3 poles
- 3 blocks/stands
- 20m x 40m or 65' x 130' riding area

Raise the outer ends of the poles. Canter the outside track and half circles, progressing to full circles. Repeat on the other rein. Both horse and rider should stay balanced (no cross canter/disuniting).

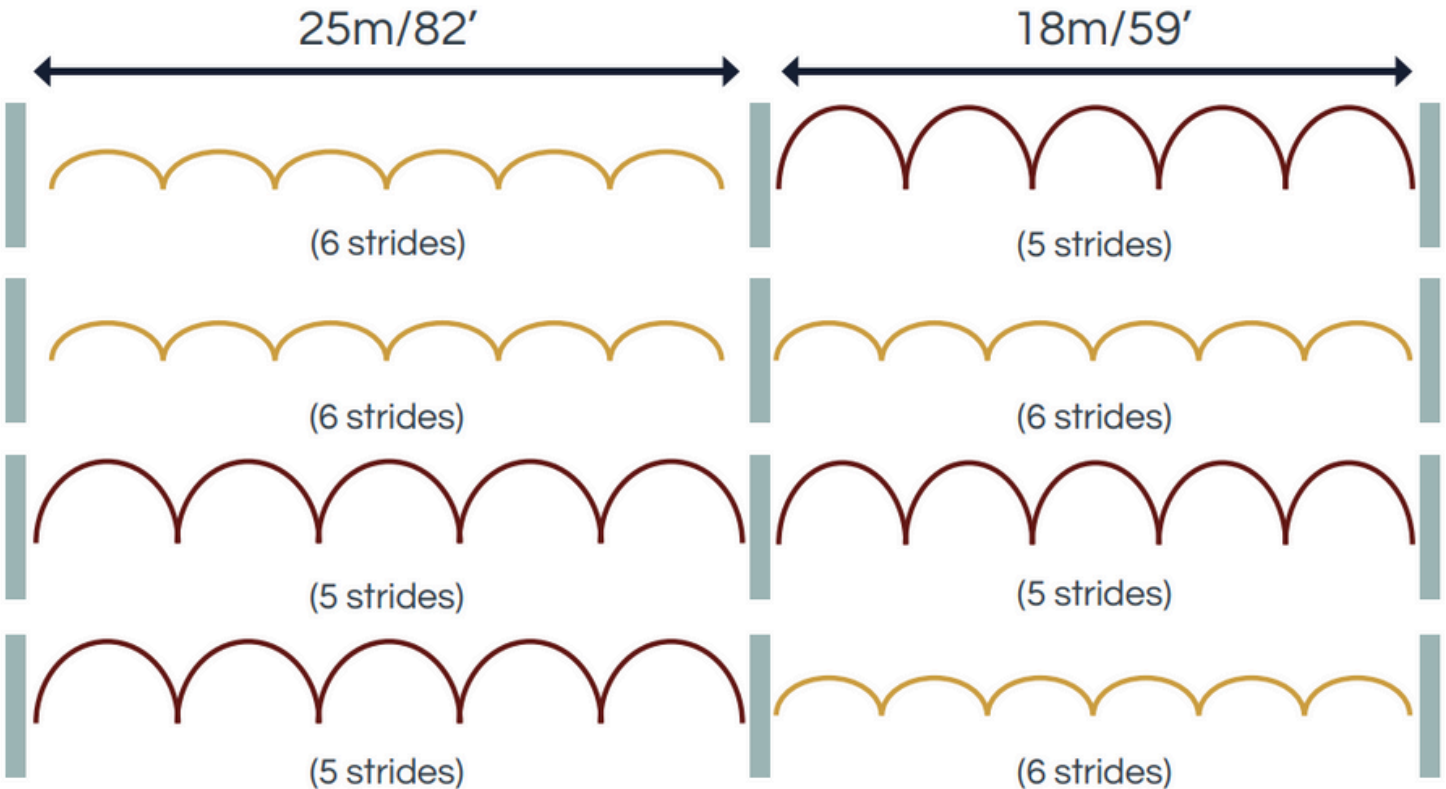
Exercise 3

Minimum requirement:

- 3 poles
- tape measure
- 20m x 60m or 65' x 200' riding area

Center the poles, using each exercise to lengthen and shorten your stride where needed. These distances are set to give 6 and 5 non-jumping strides.

Repeat as shown below, on both leads



then... 7-5 strides, 6-4 strides, etc

Want more? Our comprehensive course

The Classical Jumper's 9 Steps To Seeing Your Distance Solution

is the next step in ensuring you are ready before you move up the heights.

Moving up too early can cause stops, rails, falls, and worse.

This course builds on the exercises you've started here, offering deeper insights and advanced techniques to ensure you and your horse are fully prepared to move up with confidence. Whether you're aiming to improve your canter adjustability, refine your jumping technique, or develop a winning strategy, this course provides the guidance you need.

Ready to continue your journey?

Learn more about the course and how it can help you unleash your horse's full jumping potential.

[Find Out More About the Course](#)