



First Principles & Concepts

FP&C is a SBA-Certified Service-Disabled Veteran-Owned Small Business (SDVOSB) that specializes in developing innovative, efficient, and strategic professional and administrative solutions for the Healthcare, Energy, and Transportation industries. We challenge assumptions and focus on core principles to optimize services, reduce expenditures, and achieve measurable outcomes.



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GSA: 47QTCA23D00DE NAICS: 541611, 541618, 541990, 541519, 561210



At FP&C, we understand the challenges organizations face in today's complex operating environments. Since our founding in 2017, our team has drawn on deep operational and strategic expertise to help clients meet demanding expectations while keeping day-today priorities on track. We deliver expert, mission-driven support through flexible, integrated services tailored to your unique needs. Our approach is never one-size-fits-all —we align the right people and solutions to streamline operations, increase efficiency, and ensure lasting results. The benefits of partnering with us are clear: responsive support, creative problem-solving, and access to a broad range of capabilities designed to evolve with you. We don't just fill roles-we embed professionals who are dedicated to turning complexity into clarity. With FP&C, you gain a trusted partner committed to driving your long-term success.



Key Clients & Past Performance

FP&C has a proven track record of delivering results across healthcare, energy, and transportation. We support both public and private sector clients, adapting quickly to each organization's unique mission and challenges. Our broad experience reflects a deep understanding of complex environments and a consistent ability to deliver tailored, effective solutions that make an impact.









Defense Health Agency (DHA) & Veteran's Administration (VA)

FP&C supports healthcare organizations—including federal agencies, hospitals, clinics, and private healthcare systems—in streamlining operations, mitigating risks, and enhancing service delivery. Our work has included regulatory compliance (HIPAA, CMS, Joint Commission), workflow optimization, financial sustainability, and workforce management.

Department of Energy (DOE)

FP&C helps government and private-sector organizations achieve energy efficiency, compliance, and sustainability. Leveraging expertise in grant analysis, procurement, and DOE-funded programs, we have secured funding, optimized resources, and driven innovation. Our knowledge of FERC, NERC, EPA, and NEPA regulations has supported effective risk management and regulatory compliance.

Department of Transportation (DOT)

For transportation and infrastructure providers, FP&C delivers solutions that enhance efficiency, manage risks, and ensure compliance in both government and commercial operations. With deep expertise in industry regulations—including FTA, FHWA, and FRA—we help organizations refine processes, strengthen financial planning, and optimize workforce strategies for sustainable growth.

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