



# LEADERSHIP FOR MID-LEVEL & FIRST TIME MANAGERS

## CONTACT US

📞 888-505-5074  
✉ support@theadversityacademy.com  
🌐 theadversityacademy.com



## LEADERSHIP FOR MID-LEVEL & FIRST TIME MANAGERS PROGRAM

### Are you ready to take the next step in your career journey?

Our Mid-Level & First Time Managers program is specifically crafted to empower emerging leaders like you. Transitioning from an individual contributor to a manager can be challenging, but with our program, you'll gain the essential skills needed to excel in your new role.

Empower emerging leaders with our Mid-Level & First Time Managers program. Designed to bridge the transition from individual contributor to manager, this program fosters essential managerial skills such as communication, delegation, and team leadership. Participants learn to inspire, motivate, and guide their teams towards achieving organizational objectives, laying a strong foundation for future leadership success.



## 7 REASONS THIS PROGRAM IS FOR YOU

### 01 • Feeling Overwhelmed by New Responsibilities

Transitioning from an individual contributor to a manager can be overwhelming, with new responsibilities and expectations. Many individuals struggle to adapt to their new role effectively.

### 02 • Lack of Confidence in Leadership

Emerging leaders often grapple with self-doubt and uncertainty about their leadership capabilities. They may feel unprepared to inspire and guide their teams towards success.

### 03 • Difficulty Communicating

Effective communication is crucial for managerial success, yet many new managers struggle to communicate clearly, resulting in misunderstandings and friction within their teams.

### 04 • Challenges Delegating

Delegating tasks is crucial for productivity and team empowerment. However, many new managers struggle with effective delegation, fearing loss of control or lower work quality.

### 05 • Pressure to Meet Organizational

New managers often feel pressure to meet organizational objectives and balance competing priorities, leading to challenges in navigating complex team dynamics.

### 06 • Team Conflict and Dysfunction

Managing conflicts and fostering team unity can be challenging for new managers, who may lack the skills to address issues constructively, leading to dysfunction and decreased productivity.

### 07 • Limited Support and Resources

New managers may feel isolated and overwhelmed without adequate support and resources, including mentorship, training, and development opportunities.



## WHY CHOOSE OUR PROGRAM?

### COMPREHENSIVE SKILL DEVELOPMENT

Our program focuses on honing crucial managerial skills such as communication, delegation, and team leadership, providing you with a solid foundation for success.

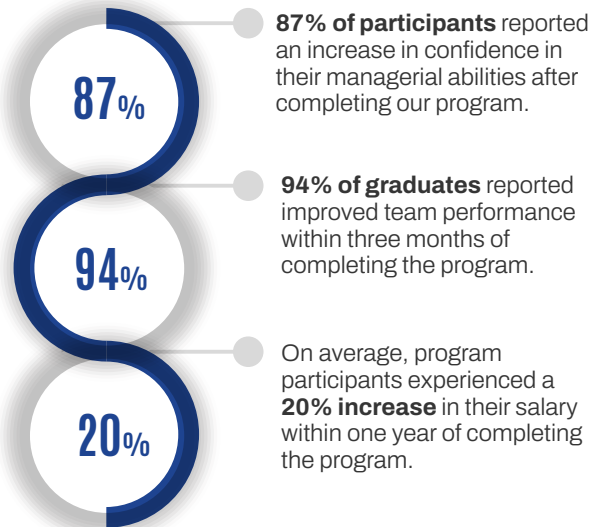
### PRACTICAL LEARNING

Through interactive workshops, case studies, and real-world simulations, you'll gain hands-on experience that you can immediately apply in your role.

### EXPERT GUIDANCE

Learn from experienced leaders and industry professionals who will share their insights, best practices, and strategies for effective leadership.

## STATISTICS THAT SPEAK VOLUMES



## LEAD YOUR TEAM TO VICTORY

### ½ DAY TRAINING (DURATION: 04 HOURS)

Get a quick boost of knowledge and skills with our ½ Day Training sessions. Perfect for busy professionals who need focused learning in a short timeframe. Dive into key topics, gain valuable insights, and walk away with actionable strategies to implement immediately.

**Availability: In-Person – Online – Virtual**

### 1 DAY TRAINING (DURATION: FULL DAY - 8 HOURS)

Our 1 Day Training offers a comprehensive introduction to key leadership concepts and skills, perfect for those starting their leadership journey. Participants engage in interactive workshops, developing foundational competencies to take on leadership roles confidently.

**Availability: In-Person – Online – Virtual**

### QUARTERLY TRAINING

(DURATION: ONCE EVERY 3 MONTHS)

Stay ahead of the curve with our Quarterly Training programs. Designed to provide ongoing skill development and knowledge enhancement throughout the year. Engage in regular sessions tailored to your needs, ensuring continuous growth and improvement in your professional journey.

**Availability: In-Person – Online – Virtual**

### SEMI-ANNUAL TRAINING (DURATION: TWICE A YEAR)

Maximize your learning potential with our Semi-Annual Training sessions. Held twice a year, these programs offer in-depth exploration of essential topics and emerging trends. Take advantage of the opportunity to refresh your skills, network with peers, and stay updated on industry advancements.

**Availability: In-Person – Online – Virtual**

### ANNUAL TRAINING (DURATION: ONCE A YEAR)

Invest in your career growth with our Annual Training programs. A cornerstone of professional development, these comprehensive sessions cover a wide range of relevant topics and critical skills. Participate in immersive learning experiences, connect with industry experts, and take significant strides towards achieving your career goals.

**Availability: In-Person – Online – Virtual**

### 5-DAY TRAINING RETREAT

(DURATION: FIVE CONSECUTIVE DAYS)

Immerse yourself in a transformative learning experience with our 5-Day Training Retreat. Escape the distractions of daily life and focus entirely on your professional development. Engage in intensive workshops, team-building activities, and networking opportunities while enjoying a rejuvenating retreat setting. Gain valuable insights, forge lasting connections, and return to work recharged and inspired.

**Availability: In-Person**

**DON'T WAIT ANY LONGER TO BECOME THE LEADER YOU'RE MEANT TO BE.**