



Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

PHILIPPIANS 4:67



Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

JOHN 14:27

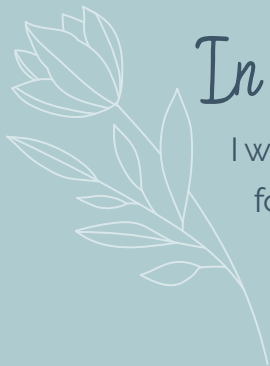


You keep him in perfect peace whose mind is stayed on you, because *he trusts in you.*

ISAIAH 26:3

For to set the mind on the flesh is death, but to set the *mind on the Spirit* is life and peace.

ROMANS 8:6



In peace

I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.

PSALM 4:8



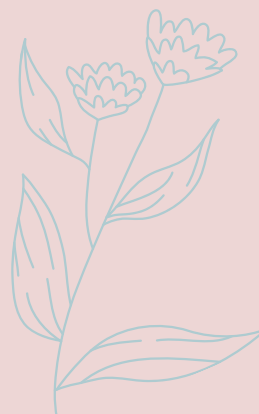
And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

COLOSSIANS 3:15



Be still, and know that I am God. I will be exalted among the nations, I will be *exalted in the earth!*

PSALM 46:10



Casting all your anxieties on him, because he *cares for you.*

1 PETER 5:7



Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

MATTHEW 11:28-30



Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

ISAIAH 41:10



I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.

JOHN 16:33

Now may the Lord of peace himself

give you peace at all times

in every way.

The Lord be with you all.

2 THESSALONIANS 3:16



Therefore

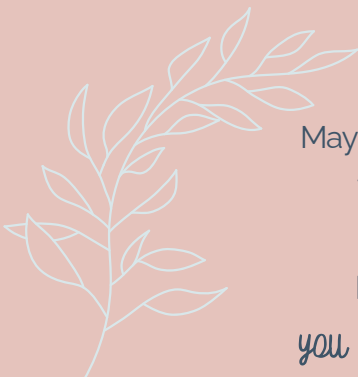
do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble..

MATTHEW 6:34



Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

PSALM 23:4



May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit *you may abound in hope.*

ROMANS 15:13



He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, "My refuge and my fortress, my God, in whom I trust.

PSALM 91:12



The Lord your God is in your midst, a
mighty one who will save; he will
rejoice over you with gladness; he
will quiet you by his love; he will exult
over you with loud singing.

ZEPHANIAH 3:17



The Lord is my light and my
salvation; whom shall I fear?
The Lord is the stronghold
of my life; of whom shall I be
afraid?

PSALM 27:1



When you pass through the
waters, I will be with you; and
through the rivers, they shall
not overwhelm you; when you
walk through fire you shall not
be burned, and the flame
shall not consume you.

ISAIAH 43:2

For God gave us
a spirit
not of fear

but of power and love
and self-control.

2 TIMOTHY 1:7



If you lie down,

you will not be afraid;
when you lie down,
your sleep will be
sweet.

PROVERBS 3:24



The Lord will fight
for you,
and you have
only to be
silent.

EXODUS 14:14



When the cares of
my heart
are many,
your consolations
cheer my soul.

PSALM 94:19



Keep your life free from love
of money, and be content
with what you have, for he
has said, "I will never leave
you nor forsake you." So we
can confidently say, "The Lord
is my helper; I will not fear;
what can man do to me?"

HEBREWS 13:5-6

STUDY QUESTIONS & VERSES



How can I experience God's peace even in the middle of chaos?

- John 14:27
- Philippians 4:6-7
- Isaiah 26:3
- Matthew 11:28-30
- Psalm 4:8

What steps can I take to let go of worry and trust in God's peace?

- 1 Peter 5:7
- Psalm 46:10
- Matthew 6:34
- Romans 8:6
- 2 Thessalonians 3:16

How does God's peace protect my heart and mind in challenging times?

- Colossians 3:15
- Psalm 91:12
- Psalm Psalm 34:4
- Hebrews 13:5-6
- 1 Psalm 27:1

How can I find strength and calm in God's presence to face challenges?

- Isaiah 41:10
- John 16:33
- Psalm 23:4
- Proverbs 3:24
- Zephaniah 3:17





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