

VISUALIZE FAT LOSS IN 3D.

OCT. 1

141 LBS  
TOTAL WEIGHT

44 LBS  
FAT MASS

31%  
BODY FAT %

34.2 IN  
WAIST

42.7 IN  
HIP

24.5 IN  
THIGH

2478 IN<sup>3</sup>  
TORSO VOLUME



SEE THE RESULTS.

Nov. 21

139 LBS  
TOTAL WEIGHT

38 LBS  
FAT MASS

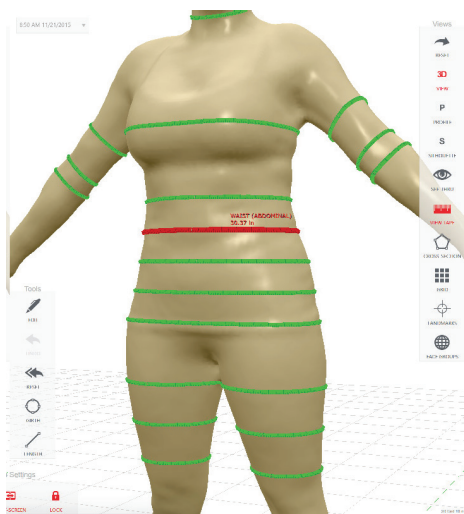
27%  
BODY FAT %

30.4 IN  
WAIST

40.2 IN  
HIP

23.3 IN  
THIGH

2254 IN<sup>3</sup>  
TORSO VOLUME



Contact Us

(888) 337-TRIM

[www.trimclinics.com](http://www.trimclinics.com)



in partnership with



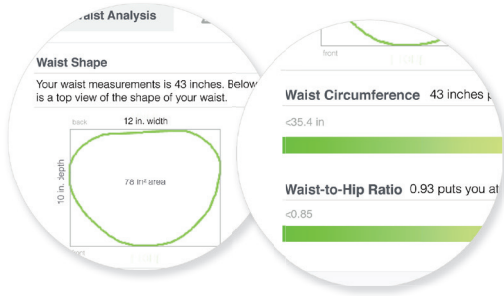
YOUR WEIGHT LOSS  
JOURNEY... IN 3D!



## Assess & Stratify Health Risk.

### Body Shape Analysis

Calculate waist circumference and analyze the shape.  
Determine your risk level for disease using waist circumference and waist-to-hip ratio.



### Risk Analysis

View and track anthropometric measurements, subcutaneous fat changes across multiple scans.  
Calculate increased likelihood of obesity-related diseases using anthropometric measurements.



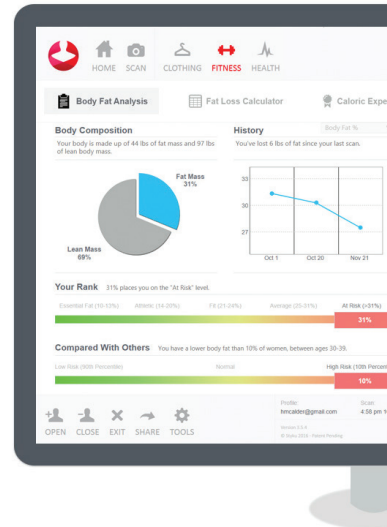
### Risk Reduction

Using an interactive calculator, explore how reduction in anthropometric measurements can reduce the risk of obesity-related diseases.



## Fitness

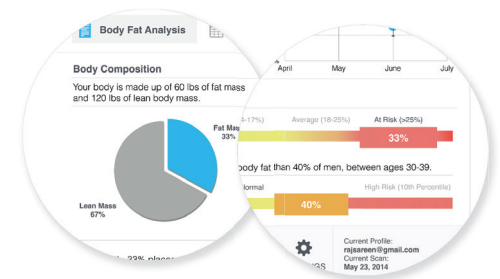
Trim Clinic's clients can access tools to provide precise body composition without the inconvenience of a dunk tank, but with the precision of a Dexa scan.



## Measure Body Fat & Overall Fitness.

### Body Fat Analysis

Determine body composition and non-fat vs fat mass every time you scan.  
Compare your fitness level with national averages and see how you rank.



### Fat Loss Calculator

Set fat loss goals for body fat % and fitness level, and track progress across multiple scans.  
Reach your goal in a specified amount of time by setting the amount of weight per week you'd like to lose.



### Caloric Expenditure

Trim Clinics will determine the required calorie deficit per day to meet your goal.  
Explore your energy balance by setting your desired activity level to meet your goal and calculate your maximum calorie intake.



## Health

Trim Clinics can tie-in key measurements with health risks, and track how those measurements are changing over the course of a wellness program.

