

PERFORM ABILITY

2025 TIMETABLES





**PERFORM
ABILITY**

WYONG 2025 TIMETABLE & FEES ADULT **FULL** DAY PROGRAMS

MON

10:00 AM - 7:00 PM

| | |
|------------------|-----------------|
| Yoga | Dance Technique |
| Music & Movement | Bachata |
| Tap | Boxing |
| Video Production | Yoga |
| | Reggaeton |

TUES

10:30 AM - 7:30 PM

| | |
|--------------|------------------|
| Yoga | Art Expression |
| Art & Music | Ballet |
| Boxing | Musical Theatre |
| Ballet | Contemporary |
| Photography | Video Production |
| Level 2 Acro | Comp Team |

WEDS

10:00 AM - 7:00 PM

| | |
|------------------|-----------------|
| Music & Movement | Art & Music |
| Hip Hop | Boxfit |
| Jazz | Musical Theatre |
| Cheer | Ballet |
| Acro | Hip Hop |

THURS

10:00 AM - 7:00 PM

| | |
|------------------|------------------|
| Drama | Troupe |
| Music Expression | Jazz |
| Music & Movement | Drama |
| Art Expression | Bachata |
| Yoga | Music Expression |
| Dance Technique | |

**CHOOSE FROM
THESE CLASSES
DURING THE
DAY!**

2025 PROGRAM PACKAGES

**ENROLMENT
FEE**

\$165.00

**FULL DAY
RATE 9 HRS**

\$279.00



**PERFORM
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MORNING & AFTERNOON
2025 TIMETABLE & FEES
ADULT HALF DAY PROGRAMS

MON

10:00 AM - 3:00 PM

Yoga
Music & Movement
Tap

TUES

10:30 AM - 3:30 PM

Yoga
Art & Music
Boxing
Ballet

**HANG OUT WITH US
FOR THE DAY AND
HAVE SO MUCH FUN!**

**STAY ACTIVE, PLAY
AND PERFORM!**

WEDS

10:00 AM - 3:00 PM

Music & Movement
Hip Hop
Jazz
Art & Music
Cheer

THURS

10:00 AM - 3:00 PM

Drama
Music Expression
Music & Movement
Art Expression
Yoga

**2025 PROGRAM
PACKAGES**

**ENROLMENT
FEE**

\$165.00

**HALF DAY
RATE 5 HRS**

\$165.00



**PERFORM
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AFTERNOON & EVENING

2025 TIMETABLE & FEES
ADULT HALF DAY PROGRAMS

MON

3:30 PM - 7:30 PM

Dance Technique Yoga
Video Production Reggaeton
Boxing Bachata

TUES

3:30 PM - 7:30 PM

Videography Ballet
Level 2 Acro Musical Theatre
Art Expression Contemporary
Comp Team

**HANG OUT WITH US
FOR THE DAY AND
HAVE SO MUCH FUN!**

**STAY ACTIVE, PLAY
AND PERFORM!**

WEDS

3:00 PM - 7:00 PM

Level 1 Acro Hip Hop
Boxing Ballet
Musical Theatre

THURS

3:00 PM - 7:00 PM

Dance Technique Drama
Troupe Bachata
Jazz Music Expression

**2025 PROGRAM
PACKAGES**

**ENROLMENT
FEE**

\$165.00

**HALF DAY
RATE 4 HRS**

\$132.00

**FULL DAY
9 HRS**

\$279.00



**PERFORM
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WYONG 2025 TIMETABLE DAILY PROGRAMS ADULT PROGRAMS

MONDAY

STUDIO 1

STUDIO 2

STUDIO 3

11:00 AM

Yoga

3:30 PM

Dance Technique

Contemporary

Video Production

4:30 PM

Reggaeton

5:30 PM

Bachata

6:30 PM

Boxing



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2025 TIMETABLE & FEES

ADULT PROGRAMS

TUESDAY

STUDIO 1

STUDIO 2

STUDIO 3

10:30 AM

Adaptive Yoga & Taichi

11:30 AM

Vocal Expression

12:30 PM

Boxing

2:30 PM

Adult Ballet

3:30 PM

Photography

4:30 PM

Level 2 Acro

Video Production

5:30 PM

Competition Dance Team

Ballet

6:30 PM

Musical Theatre

Contemporary



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2025 TIMETABLE & FEES ADULT PROGRAMS

WEDNESDAY

STUDIO 1

STUDIO 2

STUDIO 3

10:00 AM

Music & Movement

11:00 AM

Adult Jazz

Music Expression

12:00 PM

Tap

Art Expression

2:00 PM

Cheer

3:00 PM

Level 1 Acro

4:00 PM

Boxing

5:00 PM

Musical Theatre

6:00 PM

Hip Hop



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2025 TIMETABLE & FEES ADULT PROGRAMS

THURSDAY

STUDIO 1

STUDIO 2

STUDIO 3

10:00 AM

Drama

11:00 AM

Music Expression

12:00 PM

Music & Movement

Art Expression

2:00 PM

Adaptive Yoga

3:00 PM

Dance Technique

4:00 PM

Performance Troupe

5:00 PM

Adult Jazz

Drama

6:00 PM

Bachata

Music Expression



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2025 TIMETABLE & FEES ADULT PROGRAMS

FRIDAY

SATURDAY

10:30 AM

Music & Movement

11:00 AM

Jazz

12:00 PM

Music & Movement



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2025 TIMETABLE & FEES

TEENY TINIES 2YRS - 4YRS

MON

DANCEPLAY
10:00AM - 11:00 AM

FRI

DANCEPLAY
10:00 AM - 11:00 AM

2025 FEES

**ENROLMENT
FEE**

\$165.00

**DANCEPLAY
PROGRAM FEE**

\$33.00





WYONG

2025 PACKAGES & FEES

MINIS 5YRS - 8YRS

TUES

JUMPY & PAINT!

3:30 PM - 5:30 PM

Tiny Titans & Art Expression

WEDS

ENERGY BURST!

4:00 PM - 6:00 PM

Youngstars Dance &
Tiny Titans

2025 PROGRAM PACKAGES

**ENROLMENT
FEE**

\$165.00

**PACKAGE
DEAL**

\$66.00

TINY TITANS

For those who love to run, jump and have lots of energy! A mix of kids karate, obstacle courses and acrobatics!

YOUNGSTARS

Our most popular dance program where we use fun props like a parachute, pom poms and more! Dance, sing and learn to explore emotions through games. Great for your first try with us!

ART EXPRESSION

Express yourself with play dough, craft, painting and more!



2025 TIMETABLE & FEES

MINIS 5YRS - 8YRS

MONDAY

Junior Comp Team 4:30 PM

TUESDAY

Tiny Titans 3:30 PM

Art Expression 4:30 PM

Junior Ballet 5:30 PM

WEDNESDAY

Youngstars Dance 4:00 PM

Tiny Titans 5:00 PM

THURSDAY

Youngstars 4:00 PM

Junior Jazz 5:00 PM

COMP TEAM

Exciting opportunity for kiddos who are keen to enter fun dance competitions as a group! Commitment is required for competitions throughout the year. Extra fees apply for costumes.

ART & MUSIC COMBO

Explore art and music on alternating weeks. Art program is super fun and uses different mediums each week. Music program gives students the chance to explore playing instruments, singing and body percussion.

TINY TITANS

For those who love to run, jump and have lots of energy! A mix of kids karate, obstacle courses and acrobatics!

YOUNGSTARS

Our most popular dance program where we use fun props like a parachute, pom poms and more! Dance, sing and learn to explore emotions through games. Great for your first try with us!

BALLET

A relaxed ballet program with all the traditional techniques BUT a lot more fun and way less structure. Learn the fundamentals of ballet with ribbons, balls and even squish mellows!

FEES

PER PROGRAM

\$33.00

ENROLMENT FEE

\$165.00

60 minute programs include a 15 minute transition and supervised break time at the end.

Annual enrolment fee \$165.00
Includes free pair of dance shoes or t-shirt



2025 PACKAGES & FEES

JUNIORS 9YRS - 12YRS

MON

SUPER STRONG

3:30 PM - 6:30 PM

Dance Technique, Comp Team,
Boxing

TUES

JUMP & TWIRL

3:30 PM - 6:30 PM

Acro, Jazz, Ballet

WEDS

KICKIN COMBO

3:30 PM - 6:30 PM

Boxing, Musical Theatre,
Junior Jazz

THURS

ROCKSTARS

4:00 PM - 7:00 PM

Youngstars, Jnr Jazz,
Music Expression



2025 PROGRAM PACKAGES

ENROLMENT
FEE

\$165.00

3 PROGRAM
PACKAGE

\$99.00



WYONG

2025 TIMETABLE & FEES

JUNIORS 9YRS - 13YRS

MONDAY

Junior Comp Team 4:30 PM

TUESDAY

Tiny Titans 3:30 PM

Art Expression 4:30 PM

Junior Ballet 5:30 PM

WEDNESDAY

Art & Music Combo 3:30 PM

Youngstars Dance 4:00 PM

Tiny Titans 5:00 PM

THURSDAY

Youngstars 4:00 PM

Junior Jazz 5:00 PM



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TINY TITANS

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YOUNGSTARS

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BALLET

A relaxed ballet program with all the traditional techniques BUT a lot more fun and way less structure. Learn the fundamentals of ballet with ribbons, balls and even squish mellow!

FEES

PER PROGRAM \$33.00

ENROLMENT FEE \$165.00

60 minute programs include a 15 minute transition and supervised break time at the end.

*programs are 30 mins with smaller program size

Annual enrolment fee \$165.00
Includes free pair of dance shoes or t-shirt



2025 TIMETABLE BY DAY

JUNIORS 9YRS - 12YRS

MONDAY

3:30 PM

4:30 PM

5:30 PM

5:30 PM

STUDIO 1

Dance Technique

Bachata

STUDIO 2

Contemporary

Junior Competition Team

Boxing

STUDIO 3

Video Production



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2025 TIMETABLE BY DAY

JUNIORS 9YRS - 12YRS

TUESDAY

3:30 PM

4:30 PM

5:30 PM

6:30 PM

STUDIO 1

Musical Theatre

STUDIO 2

Junior Jazz

Junior Ballet

STUDIO 3

Video Production

Art Expression



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2025 TIMETABLE BY DAY

JUNIORS 9YRS - 12YRS

WEDS

3:30 PM

4:00 PM

5:00 PM

6:00 PM

STUDIO 1

Youngstars

Musical Theatre

Hip Hop

STUDIO 2

BoxFit

STUDIO 3

Art & Music



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2025 TIMETABLE BY DAY

JUNIORS 9YRS - 12YRS

THURS

4:00 PM

5:00 PM

6:00 PM

STUDIO 1

STUDIO 2

STUDIO 3

Youngstars Dance

Junior Jazz

Drama

Music Expression



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2025 TIMETABLE BY DAY

JUNIORS 9YRS - 12YRS

SAT

9:30 AM

STUDIO 1

Youngstars Dance

STUDIO 2

STUDIO 3



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WYONG 2025 TIMETABLE & FEES TEENS

MON

POWER

3:30 PM - 6:30 PM

Video Production,
Reggaeton, Boxing

TUES

BROADWAY BOUND

4:30 PM - 7:30 PM

Jazz, Ballet, Musical Theatre

WEDS

SHOW STOPPER

4:30 PM - 7:30 PM

Boxing, Musical Theatre,
Hip Hop

THURS

TRIPLE THREAT

4:00 PM - 7:00 PM

Troupe, Jazz,
Music Expression

2025 PROGRAM PACKAGES

ENROLMENT
FEE

\$165.00

3 PROGRAM
PACKAGE

\$99.00



2025 DAILY TIMETABLES

TEENS 13YRS - 18YRS

MONDAY

3:30 PM

4:30 PM

5:30 PM

6:30 PM

STUDIO 1

Dance Technique

Reggaeton

Bachata

STUDIO 2

Contemporary

Junior Competition Team

Box Fit

STUDIO 3

Video Production

DANCE TECHNIQUE

A fantastic way to build body strength and fast-track body awareness, physical strength, and dance terminology. Combines Pilates, ballet, and yoga for a well-rounded approach.

REGGAETON

High-energy, urban Latin dance influenced by hip hop and dancehall. Includes two Sydney performances yearly at Latin dance festivals.

BACHATA

Slower Latin partner dance with flowing, expressive moves. Perfect for connecting and social dancing. Events with Latin Dance Australia.

CONTEMPORARY

Expressive, ballet-based style allowing creative shapes and emotions. Complements jazz and ballet for well-rounded dance skills.

COMPETITION

100% commitment needed. Extra fees for competitions and costumes. Students must also attend ballet, jazz, or dance technique classes.

BOXFIT

Fun boxing drills combined with cardio to build strength, endurance, and agility. Great for fitness and learning basic boxing skills.

VIDEO PRODUCTION

Learn to work behind the camera, plan and plot scripts, manage on-set activities, record, edit, and release videos on YouTube.





2025 DAILY TIMETABLES

TEENS 13YRS - 18YRS

TUESDAY

STUDIO 1

STUDIO 2

STUDIO 3

3:30 PM

Video Production

4:30 PM

Level 2 Acro

Junior Jazz

Art Expression

5:30 PM

Junior Ballet

6:30 PM

Musical Theatre

JUNIOR ACRO

LEVEL 2 ACRO

MUSICAL THEATRE

JAZZ

BALLET

ART EXPRESSION

VIDEO PRODUCTION

Basic tumbling skills focusing on balance, flexibility, and strength. Skills: rolls, cartwheels, somersaults, bridge, handstand.

Advanced acro class building on basic skills with focus on aerials, walkovers, and handsprings. Develops strength, flexibility, and complex tumbling combinations.

Combines singing, dancing, and acting to perform pieces from popular musicals. Enhances performance skills, stage presence, and confidence through fun, dynamic routines.

Upbeat dance style from ballet, focusing on flexibility, musicality, and strength. Includes warm-up, corner work, and routine. All ages/abilities.

Classic dance style enhancing core strength, balance, flexibility, and muscle endurance. Involves barre, center, and corner work.

Engages students in creative activities using various art mediums to express emotions and ideas. Focuses on self-expression, creativity, and fine motor skills development.

Learn to work behind the camera, plan and plot scripts, manage on-set activities, record, edit, and release videos on YouTube.





2025 DAILY TIMETABLES

TEENS 13YRS - 18YRS

WEDS

3:30 PM

4:00 PM

5:00 PM

6:00 PM

STUDIO 1

Musical Theatre

Hip Hop

STUDIO 2

BoxFit

STUDIO 3

Art & Music Combo

MUSICAL THEATRE

Combines singing, dancing, and acting to perform pieces from popular musicals. Enhances performance skills, stage presence, and confidence through fun, dynamic routines.

HIP HOP

High-energy dance class focusing on street dance styles. Encourages self-expression, rhythm, and freestyle movement to upbeat music. Builds agility and coordination.

ART & MUSIC

Alternates weekly between art projects and music activities. Encourages creative expression, fine motor skills, and rhythmic engagement through varied artistic experiences.

JAZZ

Upbeat dance style from ballet, focusing on flexibility, musicality, and strength. Includes warm-up, corner work, and routine. All ages/abilities.

BOXFIT

Fun boxing drills combined with cardio to build strength, endurance, and agility. Great for fitness and learning basic boxing skills.





2025 DAILY TIMETABLES

TEENS 13YRS - 18YRS

THURS

4:00 PM

5:00 PM

6:00 PM

STUDIO 1

Performance Troupe

Bachata

STUDIO 2

Junior Jazz

STUDIO 3

Drama

Music Expression

PERFORMANCE TROUPE

Commitment class for performances, requiring attendance in ballet, jazz, or dance technique classes. Participates in events throughout the year, showcasing student talent and dedication.

BACHATA

Slower Latin partner dance with flowing, expressive moves. Perfect for connecting and social dancing. Events with Latin Dance Australia.

JAZZ

Upbeat dance style from ballet, focusing on flexibility, musicality, and strength. Includes warm-up, corner work, and routine. All ages/abilities.

DRAMA

Focuses on acting skills through games, improvisation, and scripted scenes. Enhances confidence, communication, and creativity while building teamwork and performance abilities.

MUSIC EXPRESSION

Students explore various instruments, including ukuleles, bells, piano, and drums. Encourages musical creativity, coordination, and auditory skills in a fun environment.





2025 DAILY TIMETABLES

TEENS 13YRS - 18YRS

SAT

10:30 AM

STUDIO 1

Music & Movement

STUDIO 2

STUDIO 3

MUSIC & MOVEMENT

A super fun class with parachute games, dancing, and music. Perfect for those less mobile, beginners, or anyone looking for an engaging, joy-filled experience.



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2025 TIMETABLE

NEWCASTLE, HUNTER REGIONS

ABERMAIN

MONDAY

4:30 PM - 5:30 PM
MUSIC & MOVEMENT

MARYLAND

THURSDAY

4:30 PM - 5:30 PM
MUSIC & MOVEMENT

2025 CLASS FEES

| CLASSES PER WEEK | COST PER WEEK (\$) |
|------------------|--------------------|
| 1 | \$27.50 |

**AGES 8 +
UP**





2025 PACKAGES & FEES ONLINE CLASSES

TUES

12:30 PM AIT Level 4

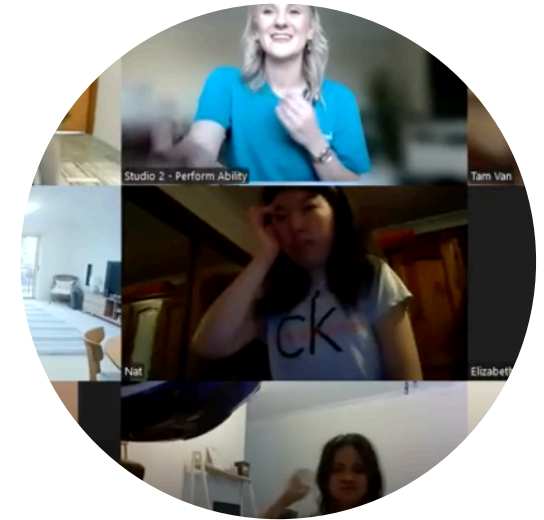
5:00 PM Online Dance

WEDS

12:00 PM Sing, Sign & Move

THURS

1:30 PM Sing, Sign & Move



2025 PROGRAM PACKAGES

ENROLMENT
FEE

\$165.00

2 PROGRAM
PACKAGE

\$55.00