

INTERACTIVE METRONOME REGULAR TRAINING

<p>IM Research recommends a minimum of 15 Sessions. Additional sessions are available.</p>	<p>DATE</p>	<p>DATE</p>	<p>DATE</p>	<p>DATE</p>	<p>DATE</p>	<p>DATE</p>	<p>DATE</p>
<p>SESSIONS:</p>	<p>INITIAL LONG FORM ASSESSMENT</p>	<p>SESSION 2</p>	<p>SESSION 3</p>	<p>SESSION 4</p>	<p>SESSION 5</p>	<p>SESSION 6</p>	<p>SESSION 7</p>
<p>#1 Both Hands</p>							
<p>#2 Right Hand</p>							
<p>#3 Left Hand</p>							
<p>#4 Both Toes</p>							
<p>#5 Right Toe</p>							
<p>#6 Left Toe</p>							
<p>#7 Both Heels</p>							
<p>#8 Right Heel</p>							
<p>#9 Left Heel</p>							
<p>#10 Right Hand & Left Toe</p>							
<p>#11 Left Hand & Right Toe</p>							
<p>#12 Balance Right Foot / Tap Left Toe</p>							
<p>#13 Balance Left Foot / Tap Right Toe</p>							
<p>#14 Guide Sounds Both Hands</p>							
<p>Notes</p>							
<p>Eye</p>							
<p>Hand</p>							
<p>Ear</p>							
<p>Foot</p>							

