Interactive Metronome & Juice Plus

Interactive Metronome and Juice Plus working together for phenomenal results:

Hi everyone! I just wanted to share something: Our oldest son, Noel, is my "why." He has struggled with emotional control, focus and impulsivity since a young age.

He completed a program called Interactive Metronome two years ago which helped him tremendously, but he still wasn't "well."

We decided a year and a half ago to start working on our nutrition as a family. We started eating Juice Plus and have seen our picky eaters try (and enjoy!) new foods and make healthier choices all around.

We found that certain foods definitely affected Noel and have eliminated them-dairy especially. Noel's focus and attention continued to be a struggle even after the dietary changes and the addition of JP.

Well... we decided to try the JP Omegas and y'all.. I'm teary eyed just typing this. We have watched our little boy's mind literally open up. He's been on the Omegas for 2 months and the changes we are seeing this week are profound.

It may not sound like a big deal to all, but today he was getting dressed for a play date and also grabbed and packed a change of clothes for after he swam WITHOUT me even as much as suggesting he do that.

He is having deeper conversations with me and listening when I give instructions.