

The Gut Reset Method Privacy Policy and Terms & Conditions

Refund Policy: No Refunds

After the purchase of The Gut Reset Method is complete, no refunds are provided. All payments must be made according to the payment schedule.

Lifetime or ongoing access policy:

You have ongoing access to **The Gut Reset Method** content hub. That means that after your program timeframe is complete, you will retain access to the content hub. After your program timeframe is complete, you will be removed from the program Facebook group, and access to coaching will cease.

Monthly payment plan policy:

If you are on a monthly payment plan, you are required to complete all of your monthly payments regardless of your activity in The Gut Reset Method. Failure to make your monthly payments may result in denied access to your content hub and coaching services.

Declined payment policy:

As a client of The Gut Reset Method, you are required to complete all payments. You have 5 business days from the date of the payment decline to bring your account into good standing. Failure to get your account into good standing may result in denied access to your content hub and coaching services.

1:1 call cancellation, reschedule, and no-show policy:

The Gut Reset Method requires a one-business-day notice to cancel or reschedule a 1:1 coaching session. We understand that emergencies occur and will be treated on a case-by-case basis. If you have a 1:1 coaching session scheduled and do not show up for your scheduled appointment, you will have one opportunity to reschedule. If you do not attend the rescheduled session, you will forfeit it and will not be able to reschedule.

Hours Of Operation:

Jodi McCormick offers the following hours of operation: Monday through Thursday, from 10:00 am PST to 4:00 pm PST. All client communication will be responded to within one business day or sooner during regular business hours. This includes responses within **the Gut Reset Method** Facebook group.

Privacy Policy:

What information do we collect?

We collect information from you when you register on the site, place an order, enter a contest or sweepstakes, respond to a survey or communication such as e-mail, or participate in another site feature.

When you place an order or register, we may request your name, email address, mailing address, phone number, credit card information, and other relevant details. You may, however, visit our site anonymously.

Like many websites, we use cookies to enhance your experience and gather information about visitors and visits to our websites. Please refer to the 'Do We Use Cookies' section below for information about cookies and our use of them.

How do we use your information?

We may use the information we collect from you when you register, purchase products, enter a contest or promotion, respond to a survey or marketing communication, surf the website, or use certain other site features in the following ways:

To personalize your site experience and to allow us to deliver the type of content and product offerings in which you are most interested.

To allow us to better serve you in responding to your customer service requests. To quickly process your transactions.

To administer a contest, promotion, survey, or other site feature.

If you have opted in to receive our e-mail newsletter or free ebook reports, we will send you educational and marketing e-mails.

If you would no longer like to receive promotional e-mail from us, please refer to the "How can you opt-out, remove or modify information you have provided to us?" section below.

If you have not opted in to receive e-mail newsletters, you will not receive these e-mails. Visitors who register or participate in other site features, such as marketing programs and 'members-only' content, will be given the option to choose whether they would like to be added to our email list and receive email communications from us.

Do We Use Cookies?

As you browse **the Root Rising and The Gut Reset Method sites**, **advertising cookies will be placed on your computer to help us understand your interests.**

How do we protect visitor information?

We implement a range of security measures to ensure the safety and protection of your personal information. Your personal information is stored within secure networks. It is accessible only to a limited number of individuals who have been granted special access rights to these systems and are required to maintain the confidentiality of this information. When you place orders or access your personal information, we offer the use of a secure server. All sensitive and credit information you supply is transmitted via Secure Socket Layer (SSL) technology and then encrypted in our databases, to be accessed only as stated above.

Do we disclose the information we collect to outside parties?

We do not sell, trade, or otherwise transfer to outside parties your personally identifiable information unless we provide you with advance notice, except as described below. It does not include website hosting partners and other parties that assist us in operating our website, conducting our business, or servicing you, provided that those parties agree to keep this information confidential. We may also release your information when we believe it is appropriate to comply with the law, enforce our site policies, or protect our rights, property, or safety, or the rights, property, or safety of others.

However, non-personally identifiable visitor information may be shared with other parties for marketing, advertising, or other purposes.

How can you opt out, remove, or modify information you have provided to us?

To modify your email subscriptions, you can find an unsubscribe link at the bottom of each email. Please note that due to email production schedules, you may receive emails already in production. Please note that we may maintain information about an individual sales transaction to service that transaction and for record-keeping purposes.

Third-party links.

To provide you with increased value, we may include third-party links on our site. These linked sites have separate and independent privacy policies. We, therefore, have no responsibility or liability for the content and activities of these linked sites. Nonetheless, we seek to protect the integrity of our site and welcome any feedback about these linked sites (including if a specific link does not work).

Changes to our policy.

If we decide to change our privacy policy, we will post those changes on this page. Policy changes will take effect only for information collected after the change date. This policy was last modified on **July 1st, 2025**.

Questions and feedback.

We welcome your questions, comments, and concerns regarding our privacy policies. Please send us any feedback related to privacy or any other issue.

Online Policy Only.

This online privacy policy applies only to information collected through our website and not to information collected offline.

Terms and Conditions Policy:

PLEASE READ THE FOLLOWING TERMS AND CONDITIONS OF USE CAREFULLY BEFORE USING ANY WEBSITES ASSOCIATED WITH **Root Rising**. All users of these sites agree that access to and use of this site is for personal use and is subject to the following terms and conditions and other applicable laws. If you do not agree to these terms and conditions, please do not use these sites.

TERMS AND CONDITIONS

The Website Standard Terms and Conditions contained herein on this webpage shall govern your use of this Website, including all pages within this Website (collectively referred to herein below as this "Website"). These Terms apply in full force and effect to your use of these Websites, and by using these Websites, you expressly accept all terms and

conditions contained herein in full. You must not use these Websites if you have any objection to any of these Website Standard Terms And Conditions.

COPYRIGHT

The entire content included in these Websites, including but not limited to text, graphics, or code, is copyrighted as a collective work under the **United States of America** and other copyright laws, and is the property of **Root Rising**. The collective work includes works that are licensed to **Root Rising**, ALL RIGHTS RESERVED. Permission is granted to electronically copy and print hard copy portions of these Websites for the sole purpose of placing an order with **Root Rising** or purchasing products from **Root Rising**.

You may display and, subject to any expressly stated restrictions or limitations relating to specific material, download or print portions of the material from the different areas of these Websites solely for your non-commercial use, or to place an order with **Root Rising** or to purchase **Root Rising** products. Any other use, including but not limited to the reproduction, distribution, display, or transmission of the content of these Websites, is strictly prohibited, unless authorized by **Root Rising**. You further agree not to change or delete any proprietary notices from materials downloaded from the Websites.

TRADEMARKS

All trademarks, service marks, and trade names of **Root Rising** used on the Websites are trademarks or registered trademarks of **Root Rising**.

WARRANTY AND MEDICAL DISCLAIMER

This Website and the materials and products on this Website are provided “as is” and without warranties of any kind, whether expressed or implied. To the fullest extent permissible under applicable law, **Root Rising** disclaims all warranties, express or implied, including, but not limited to, implied warranties of merchantability for a particular purpose and non-infringement. **Root Rising** does not represent or warrant that the functions contained in the Websites will be uninterrupted or error-free, that the defects will be

corrected, or that these Websites or the server that makes the Websites available are free of viruses or other harmful components. **Root Rising** makes no warranties or representations regarding the use of the materials on these Websites in terms of their correctness, accuracy, adequacy, usefulness, timeliness, reliability, or otherwise.

The Sites Do Not Provide Medical Advice. The contents of the **Root Rising** websites, such as text, graphics, images, programs, information obtained from **Root Rising**, and any other material contained on the **Root Rising** Site ("Content") are for informational purposes only. The Content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always consult your physician or other qualified healthcare provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you read on the **Root Rising** Sites.

LIMITATION OF LIABILITY

Root Rising shall not be liable for any special or consequential damages that result from the use of, or the inability to use, the materials on this Website or the performance of the products, even if **Root Rising** has been advised of the possibility of such damages. Applicable law may not allow the limitation or exclusion of liability or incidental or consequential damages, so the above limitation or exclusion may not apply to you.

FOR EDUCATIONAL AND INFORMATIONAL PURPOSES ONLY

The information provided in or through these Websites is for educational and informational purposes only and solely as a self-help tool for your use.

PERSONAL RESPONSIBILITY

You aim to accurately represent the information provided to us on or through our Websites. You acknowledge that you are participating voluntarily in using our Websites and that you are solely and personally responsible for your choices, actions, and results, now and in the future. You accept full responsibility for the consequences of your use, or non-use, of any information provided on or through these Websites, and you agree to use your own

judgment and due diligence before implementing any idea, suggestion, or recommendation from our Websites to your life, family, or business.

CODE OF CONDUCT

You may not use **Root Rising** for any illegal or unauthorized purpose. In addition to the laws of **California** and the **United States of America**, you also agree to comply with all local laws that apply to your use of the Websites. You may not use the Websites in any manner that could disable, overburden, damage, or impair the Websites, or interfere with any other party's use and enjoyment of the Websites. You agree that you are responsible for your conduct and communications while using the Websites and for any consequences of that use. You agree that when using the Websites, you will not post or upload any inappropriate, promotional, defamatory, destructive, obscene, or unlawful content; defame, abuse, harass, or otherwise violate the legal rights (such as rights of privacy and publicity) of others, or upload dangerous or harmful files. **Root Rising** reserves the right to remove individuals from our community in instances of misconduct.

NO GUARANTEES

Root Rising is designed to support and assist you in achieving your own goals; however, your success ultimately depends on your effort, motivation, commitment, and follow-through. **Root Rising** cannot predict and does not guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Each individual's results depend on their unique background, dedication, desire, motivation, actions, and numerous other factors. You fully agree that there are no guarantees as to the specific outcome or results you can expect from using the information you receive on or through these Websites.

PURCHASES AND SUBSCRIPTIONS

Suppose you wish to purchase any product or service made available through the Website ("Purchase"). In that case, you may be asked to supply certain information relevant to your Purchase, including, without limitation, your name, phone number, email address, physical

address, credit card information, and geographic location. Please view our Privacy Policy for more information on how we use your personal information. Some parts of **The Gut Reset Method** may be billed on a payment plan basis. You will be billed in advance regularly, as outlined in the payment plan agreement.

EARNINGS DISCLAIMER

Any earnings, income statements, or examples of success shown through our Websites are only estimates of what might be possible now or in the future. There can be no assurance of any particular outcome resulting from the use of our Websites. You agree that **Root Rising** is not responsible for the success or failure of your personal or business decisions, the increase or decrease of your finances or income level, or any other result of any kind that you may have as a result of information presented to you through our Website. You are solely responsible for your results.

INDEMNIFICATION AND RELEASE OF CLAIMS

You hereby fully and completely hold harmless, indemnify and release **Root Rising** and any of its agents, consultants, affiliates, team members, joint venture partners, employees, shareholders, directors, staff, team members, or anyone otherwise affiliated with the business from any causes of action, allegations, suits, claims, damages, or demands whatsoever, in law or equity, that may arise in the past, present or future that is in any way related to our Websites.

ERRORS AND OMISSIONS

Although every effort is made to ensure the accuracy of information shared on or through these Websites, the information may inadvertently contain inaccuracies or typographical errors. You agree that **Root Rising** is not responsible for the views, opinions, or accuracy of facts referenced on or through the Websites, or of those of any other individual or company affiliated with **Root Rising** in any way. Because scientific, technology, and business practices are constantly evolving, you agree that **Root Rising** is not responsible for the accuracy of

our Websites, or for any errors or omissions that may occur.

NO ENDORSEMENT

References or links in our Websites to the information, opinions, advice, programs, products, or services of any other individual, business, or entity do not constitute our formal endorsement of **Root Rising**; we are merely sharing information for your self-help. **Root Rising** is not responsible for the Website content, blogs, e-mails, videos, social media, programs, products, and/or services of any other person, business, or entity that may be linked or referenced in our Websites. Conversely, suppose our website link appears on any other individual's, business's, or entity's Websites, programs, products, or services. In that case, it does not constitute our formal endorsement of them, their business, or their website.

AFFILIATES

From time to time, we may promote, affiliate with, or partner with other individuals or businesses whose programs, products, and services align with mine. There may be instances when we promote, market, share, or sell programs, products, or services on behalf of other partners, and in exchange, we may receive financial compensation or other benefits. **Root Rising** is highly selective and only promotes the partners whose programs, products, and/or services we respect. At the same time, you agree that any such promotion or marketing does not serve as any form of endorsement whatsoever. You are still required to use your judgment to determine that any such program, product, or service is appropriate for you. You acknowledge that you assume all risks and agree that **Root Rising** is not liable in any way for any program, product, or service that I may promote, market, share, or sell on or through our Website.

VARIATION

Root Rising shall have the right in its absolute discretion at any time and without notice to amend, remove or vary the Services and/or any page of this Website.

COMPLAINTS

Root Rising offers support to our clients through a complaints handling procedure, which we use to resolve disputes when they first arise, with a mutually agreeable solution to both the client and **Root Rising**. Please let us know if you have any complaints or comments at jodi@rootrising.com.

SEVERABILITY

If any provision of these Terms is found to be unenforceable or invalid under any applicable law, such unenforceability or invalidity shall not render these Terms unenforceable or invalid as a whole, and such provisions shall be deleted without affecting the remaining provisions herein.

ENTIRE AGREEMENT

These Terms, including any legal notices and disclaimers contained on this Website, constitute the entire agreement between **Root Rising** and you about your use of this Website and supersede all prior agreements and understandings concerning the same.

Medical Disclaimer:

DISCLAIMER: THIS CONTENT DOES NOT PROVIDE MEDICAL ADVICE.

The information, including but not limited to text, video, audio, graphics, live video, or comments ('CONTENT') and any other material contained on this site, is for informational purposes only. No CONTENT published or verbally provided is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your medical professional or a qualified healthcare provider with any questions you may have regarding a medical condition or treatment, and before undertaking a new healthcare regimen. Never disregard professional medical advice or delay in seeking it because of something you read on this site.

Friends & Family Discount Policy:

Suppose you were to refer a friend or family member to The Gut Reset Method. In that case, you and your friend or family member who joins **The Gut Reset Method** will receive an extra two weeks in the **The Gut Reset Method** Facebook group, which includes access to coaching. There is no monetary compensation or discount for referrals.

Testimonial and use of testimonial policy:

By submitting the testimonial form, you are agreeing to allow **Root Rising** to use your testimonial for marketing purposes on all **Root Rising** websites and social media pages. You agree to allow **Root Rising** to adjust the testimonial in any way they see fit without your written permission or consent.

Discount Policy:

Root Rising does not offer discounts unless otherwise advertised during a specific promotional period. If the specific promotional period has ended, no discount will be provided.

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