

GATHERED FLORALS

Wildly Arranged

A Simple Guide to Making
Stunning Floral Bouquets

heirloom  wisdom

FAMILY • FOOD • FARM • FREEDOM • FUN



CHOOSING & PREPARING *Your Flowers*

Creating a fresh flower bouquet is a simple and rewarding way to bring the beauty of nature indoors or share it with someone special.

To begin, select your flowers and greenery thoughtfully:

1. Choose Seasonal, Fresh Flowers

Pick a mix of:

- **Focal Flowers**

- These are your eye-catchers
 - e.g. roses, dahlias, peonies



- **Filler Flowers:**

- Medium blooms to support the stars
 - e.g. snapdragons, zinnias, cosmos



- **Textural Accents:**

- Add depth and charm
 - e.g. herbs, seed heads, grasses



- **Greenery:**

- Essential for structure and flow
 - e.g. eucalyptus, mint, ferns



2. Select a Colour Palette

- Stick to 2 to 4 complementary colours to avoid visual clutter.
- Soft pastels are perfect for romantic arrangements, while bold contrasts add energy.
- *See more details in the next few pages.*



3. Prep the Stems



Strip off leaves below the water line.



Trim stems at a 45-degree angle.



Group flowers loosely by type for easy access during arranging.



SEASON-INSPIRED *Colour Palettes*

THAT WORK BEAUTIFULLY FOR FLORAL BOUQUETS

SPRING

SOFT, FRESH, AND BRIGHT — REFLECTING NEW GROWTH & BLOOMS

- Pastel pink, lavender, pale yellow, mint green
- Soft peach, baby blue, creamy white, light lilac
- Pale coral, buttercup yellow, dusty blue, soft green

Spring Flowers

- **Pastel pink:** Peonies, Ranunculus, Sweet Peas
- **Lavender:** Lavender, Lilac, Verbena
- **Pale yellow:** Daffodils, Tulips, Freesia
- **Mint green:** Dusty Miller, Eucalyptus, Green Hellebore
- **Soft peach:** Garden Roses, Alstroemeria, Carnations
- **Baby blue:** Delphinium, Hydrangea, Cornflower
- **Creamy white:** Gardenias, Lisianthus, Stephanotis

SPRING



SUMMER

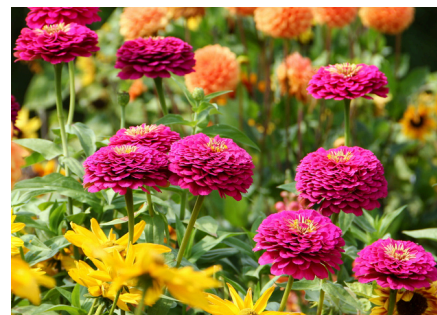
BOLD, VIBRANT, AND LIVELY — FULL OF ENERGY & SUNSHINE

- Hot pink, sunny yellow, bright orange, leaf green
- Scarlet red, cobalt blue, goldenrod, emerald green
- Fuchsia, tangerine, turquoise, lime green

Summer Flowers

- **Hot pink:** Zinnias, Geraniums, Dianthus
- **Sunny yellow:** Sunflowers, Marigolds, Black-eyed Susans
- **Bright orange:** Orange Tulips, Tiger Lilies, Calendula
- **Leaf green:** Bells of Ireland, Green Chrysanthemum, Ferns
- **Scarlet red:** Dahlias, Roses, Gerbera Daisies
- **Cobalt blue:** Delphinium, Nigella, Hydrangea
- **Goldenrod:** Solidago, Golden Yarrow
- **Emerald green:** Salal, Ruscus, Ivy

SUMMER





SEASON-INSPIRED *Colour Palettes*

THAT WORK BEAUTIFULLY FOR FLORAL BOUQUETS

AUTUMN

WARM, EARTHY, AND RICH — CAPTURING HARVEST & CHANGING LEAVES

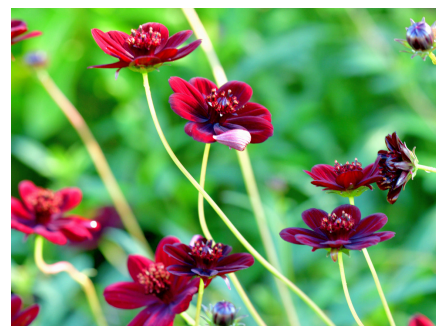
- Burnt orange, deep burgundy, mustard yellow, olive green
- Rust red, golden amber, chocolate brown, forest green
- Copper, marigold, cranberry, sage green

AUTUMN



Autumn Flowers

- **Burnt orange:** Chrysanthemums, Marigolds, Orange Roses
- **Deep burgundy:** Amaranthus, Celosia, Dahlia
- **Mustard yellow:** Billy Balls (Craspedia), Strawflowers, Rudbeckia
- **Olive green:** Olive branches, Dusty Miller, Lamb's Ear
- **Rust red:** Celosia, Kangaroo Paw, Red Dahlias
- **Golden amber:** Sunflowers, Autumn Crocus, Chrysanthemums
- **Chocolate brown:** Chocolate Cosmos, Leucadendron
- **Forest green:** Pine, Eucalyptus, Fern



WINTER

COOL, ELEGANT, AND CRISP — EVOKING FROST & CALM

- Deep plum, icy blue, silver grey, white
- Burgundy, evergreen, soft gold, cream
- Navy blue, charcoal, frosty mint, pale pink

WINTER



Winter Flowers

- **Deep plum:** Purple Iris, Calla Lily, Ranunculus
- **Icy blue:** Eryngium (Sea Holly), Delphinium, Blue Thistle
- **Silver grey:** Dusty Miller, Lamb's Ear, Artemisia
- **White:** White Roses, Baby's Breath, Anemone
- **Burgundy:** Amaranthus, Wine Red Roses, Carnations
- **Evergreen:** Pine, Cedar, Holly
- **Soft gold:** Goldenrod, Yellow Roses, Mimosa
- **Cream:** Gardenias, White Peonies, Lisianthus





ARRANGING *Your Bouquet*

Now that your flowers are prepped, it's time to build your bouquet.



1. Start with Greenery

- Create the base by placing greenery in your hand first.
 - This provides shape and structure.

2. Add Focal Flowers

- Place your largest blooms one at a time, turning the bouquet as you go to keep balance.

3. Layer in Fillers and Accents

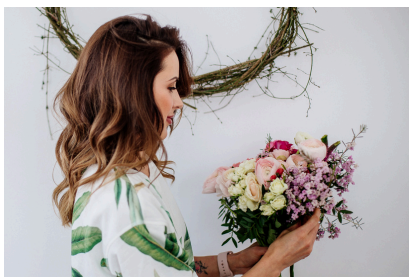
- Add medium and small blooms in between the focal flowers.
- Use textured elements to add depth and interest.
- Keep the bouquet loose and natural, garden-inspired, not rigid.

4. Balance and Movement

- Stand back and look at your bouquet from all angles.
- Adjust as needed so the flowers have visual movement and a natural flow.

5. Tie and Trim

- Secure the stems with twine, raffia, floral wire or tape.
- Trim the ends to the same length.





Presentation AND CARE

Now that your flowers are prepped, it's time to build your bouquet.

Wrapping for Gift Giving

- Wrap your bouquet in kraft paper, linen, or recycled fabric for a rustic, heirloom touch
- *Optional:* tuck in a handwritten note or tag

Vase Display

- Fill a clean vase with room-temperature water
- Recut stems and arrange your bouquet
- Place out of direct sunlight and change the water every 2 days





Bouquet Wisdom



Don't overthink it:

- Flowers are naturally beautiful. Let them speak for themselves.

Embrace a little wildness:

- Asymmetry adds charm and movement to your arrangement.

Use what's in season or from your own garden whenever possible:

- It adds a personal, local touch and supports nature's rhythm.

Keep your tools clean:

- Dirty clippers or vases can shorten the life of your blooms.

Recut stems every few days:

- This helps flowers absorb water and stay fresher longer.

Refresh water regularly:

- Change the water every 2 days to prevent bacteria build-up.

Work near a mirror:

- It can help you view your bouquet from all angles as you go.

Trust your hands:

- Don't be afraid to rearrange as you build — your fingers will find the flow.

Take a photo of your finished bouquet:

- It's a great way to track your growth and get inspired for future creations.

SOW TRADITIONS ▪ REAP WISDOM

Happy
Gardening!

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