

Policy for Alexis Swete Coaching and *The Life Beyond Stuck Blueprint*

Refund Policy

No Refunds After the purchase of *The Life Beyond Stuck Blueprint* is complete, there are no refunds provided. All payments must be made according to the payment schedule.

Lifetime or Ongoing Access Policy

You have ongoing access to the *The Life Beyond Stuck Blueprint* content hub. That means that after your program timeframe is complete, you will retain access to the content hub.

After your program timeframe is complete, you will be removed from the program Facebook group, and access to coaching will cease. **Note:** Any unused 1:1 coaching calls will no longer be available for use after the program timeframe is complete.

Monthly Payment Plan Policy

If you are on a monthly payment plan, you are required to complete all of your monthly payments regardless of your activity in *The Life Beyond Stuck Blueprint*. Failure to complete your monthly payments may result in denied access to your content hub and coaching.

Declined Payment Policy

As a client in *The Life Beyond Stuck Blueprint*, you are required to complete all of your payments. You have 5 business days from the date of the payment decline to bring your account into good standing. Failure to bring your account into good standing may result in denied access to your content hub and coaching.

1:1 Call Cancellation, Reschedule, and No-Show Policy

The Life Beyond Stuck Blueprint requires 1 business day's notice to cancel or reschedule a 1:1 coaching session. Emergencies will be treated on a case-by-case basis.

If you have a 1:1 coaching session scheduled and do not show up for your scheduled appointment, you will have 1 opportunity to reschedule. If you do not show up for the rescheduled session, you will forfeit the session and will no longer be able to rebook it.

Hours of Operation

Alexis Swete Coaching offers the following hours of operation:

Monday – Friday, 9:00 AM to 5:00 PM GMT.

All client communication will be responded to within 1 business day or sooner during regular business hours. This includes responses inside of the *The Life Beyond Stuck Blueprint* Facebook group.

Privacy Policy

What Information Do We Collect?

We collect information from you when you register on the site, place an order, respond to a survey or communication such as email, or participate in another site feature.

When ordering or registering, you may be asked for your name, email address, mailing address, phone number, credit card information, or other details. You may, however, visit the site anonymously.

Like many websites, cookies are used to enhance your experience and gather information about visitors and visits to the website.

How Do We Use Your Information?

Your information may be used in the following ways:

- To personalize your site experience and allow for tailored content and product offerings.
 - To process transactions securely and efficiently.
 - To respond to customer service requests and administer site features.
 - To send email newsletters, educational resources, or promotional updates (if opted in).
-

Do We Use Cookies?

Yes, as you browse **Alexis Swete Coaching** and *The Life Beyond Stuck Blueprint* sites, advertising cookies may be placed on your computer to understand your preferences and improve the experience.

How Do We Protect Visitor Information?

Personal information is kept behind secure networks and is only accessible by limited personnel with special access rights. All sensitive/credit information is encrypted via Secure Socket Layer (SSL) technology and stored securely.

Do We Disclose Information to Outside Parties?

We do not sell, trade, or transfer personally identifiable information unless advance notice is provided, except as required for website operation, legal compliance, or customer service. Non-personally identifiable visitor information may be shared for marketing or advertising purposes.

Terms and Conditions

PLEASE READ THE FOLLOWING TERMS AND CONDITIONS CAREFULLY BEFORE USING ANY WEBSITES ASSOCIATED WITH **Alexis Swete Coaching**.

By accessing and using the site, you agree to the following terms:

- **Personal Responsibility:** You agree to use your own judgment when implementing ideas from the site or program.

- **Medical Disclaimer:** The content provided is for informational purposes only and is not a substitute for professional medical advice or treatment.
- **No Guarantees:** Results vary for each individual and depend on many factors, including effort and motivation.
- **Code of Conduct:** Respectful communication is expected in all program spaces.

1. Medical Disclaimer

DISCLAIMER: THIS CONTENT DOES NOT PROVIDE MEDICAL ADVICE.

The information, including but not limited to text, video, audio, graphics, live video, comments, or any other material contained on this site or provided during coaching sessions, is for informational and personal development purposes only. No CONTENT published, shared, or verbally provided by **Alexis Swete Coaching** is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your medical professional or qualified healthcare provider with any questions you may have regarding a medical condition or treatment and before undertaking a new health regimen. Never disregard professional medical advice or delay in seeking it because of something you have read, heard, or received here.

2. Confidentiality Policy

If you are not a regulated or licensed professional, this policy may not apply. For those bound by professional codes of conduct, please refer to your governing body's guidelines.

For Alexis Swete Coaching:

All personal information shared during coaching sessions will be kept strictly confidential and will not be disclosed to third parties without your consent

unless legally required (e.g., risk of harm to self or others or as mandated by law). Group settings may involve shared discussions; please respect the privacy of all participants.

3. Release of Liability Disclaimer (*Included in Terms & Conditions*)

By participating in coaching sessions or utilizing CONTENT provided by **Alexis Swete Coaching**, you acknowledge that the coaching relationship is a collaborative process that supports personal growth and decision-making. You agree that you are solely responsible for your actions, decisions, and outcomes. **Alexis Swete Coaching** and its representatives are not liable for any financial, physical, emotional, or other outcomes as a result of applying coaching techniques, strategies, or advice provided.

4. Friends and Family Discount Policy

Friends and family referrals are welcomed. As a token of appreciation:

- The referring person and the referred participant will each receive an additional two weeks of access to **Alexis Swete Coaching's** *The Life Beyond Stuck Blueprint*
 - No monetary compensation or direct discounts are offered for referrals unless otherwise specified.
 - Discounts cannot be combined with other offers or retroactively applied.
-

5. Feedback/Complaint Policy (*Included in Terms & Conditions*)

Your feedback is important and ensures the continuous improvement of services. Should you have concerns, complaints, or suggestions:

- Submit them in writing via email to **alexis@alexisswetecoaching.com**.
 - Complaints will be acknowledged within two business days and resolved within ten business days wherever possible.
 - Constructive feedback is encouraged, and all suggestions will be reviewed to enhance the client experience with **Alexis Swete Coaching**.
-

6. Testimonial and Use of Testimonial Policy

By submitting a testimonial, you grant **Alexis Swete Coaching** the right to use, edit, or modify your testimonial for marketing purposes on websites, social media platforms, and promotional materials. Testimonials may be used without prior written permission but will respect your privacy, using first names or initials only unless explicit permission is provided. You agree that **Alexis Swete Coaching** retains full discretion in the presentation of testimonials.

7. Discount Policy

Alexis Swete Coaching does not offer discounts except during clearly defined promotional periods. Promotional offers are time-limited and cannot be retroactively applied. Unless specified, discounts cannot be combined with other offers. Promotions are communicated via official channels, including the website, email newsletters, or social media platforms.

If you have any questions, please contact **alexis@alexisswetecoaching.com**.