



ENHANCED LYMPHATICS™ NEW CLIENT FORM

We welcome you!

A visit to a board-certified Traditional Naturopath may be different from any other health care practitioner visit you have had. We not only want to know about what initially brought you into our office, but we want to know as much as we can about you. Many challenges today are not caused by a single, specific event, but often are a compilation of many factors that have shaped your health over the years. We take all of this into consideration in working with you to help you achieve optimal health.

I understand that:

The electro lymphatic modality (AL4), along with lymphatic drainage pull/sweep movements, the therapeutic use of essential oils and dry brush techniques are all considered natural wellness modalities under the practice of Traditional Naturopathy.

A Traditional Naturopath specializes in wellness. Teaching clients how applying natural lifestyle approaches can act to facilitate the body's own natural healing and health building potential. The Traditional Naturopath does not undertake to "diagnose" or "treat diseases," "or cure," but rather recognizes that the majority of sub-health conditions are cumulative lifestyle effects, and that the underlying cause of what we call "disease" (or, "dis-ease") is improper diet, unhealthy habits, and environmental factors which cause biological imbalances leading to a weakening of the bodies' natural defenses and subsequent breakdown in health. The practice of Traditional Naturopathy is not considered the practice of medicine and is currently legal in all 50 states.

The practice of Traditional Naturopathy is recognized as a common occupation at the Federal level (U.S. Congress 1928, 1929, 1930 and 30 Federal Court rulings between 1958 and 1978) and as such it is a profession protected under the 14th and 9th Amendments of the U.S. Constitution. Several states have also made this stipulation either by statute or in the Courts.

ENHANCED LYMPHATICS™ NON-INVASIVE PAIN FREE DETOXIFYING

Our Lymphatic system is key to sustaining homeostasis throughout our bodies. It works silently and consistently to maintain fluid balance while serving as a main pathway for eliminating toxins via our lymph nodes.

Enhanced Lymphatics™ is a gentle, light touch non-invasive technique to stimulate the proper flow and drainage of the lymphatic system. A combination of vibrational, light, and electrical waves helps to stimulate the flow by causing the dissociation of proteins that have become trapped in the interstitial tissues. When trapped proteins (not to be confused with nutrient

proteins) release their bond, the stagnate lymph is liberated and will flow out into its normal filtration and reabsorption channels.

It is the latest invention for lymphatic drainage. An electronic device that uses therapy heads containing noble gases in glass tubes. The gases are excited (ionized) by a high voltage field at low current (amperage). The therapy heads emit various fields of energy when touched onto the skin. These vibrational energies are (1) an electrostatic field, (2) this field 'dynamically pulsed' at low frequencies to create acoustic waves, and (3) and an electro-pressure field is created using two therapy heads on various locations.

The electromagnetic pulses can penetrate deeper into the body reaching areas that would normally not be reached without this modality.

Lymphatic flow can stagnate for many reasons, such as swelling, chronic inflammation, disease, improper diet, lack of physical activity, stress, poor circulation, fatigue, emotional shock, age, and poorly fitted under garments worn for an excessive amount of time. When lymphatic circulation slows down, the regeneration of cells becomes less effective. This condition allows toxins and proteins to accumulate around the cells, causing cellular oxygenation to decrease and tissue regeneration to diminish.

The lymphatic system absorbs fluid, macromolecules, microorganisms, toxins, waste products and foreign substances from the interstitial tissue. Numerous substances (electrolytes, proteins, hormones, toxins, debris) and immuno-competent cells (lymphocytes, macrophages) pass through the regional lymph nodes, where this fluid is filtered, purified and concentrated. It is our body's sewage pump system.

Enhanced Lymphatics™ can facilitate nature by stimulating the natural peristaltic contractions of the layers of muscles located along the lymphatic pathways also known as lymphangions.

These healing frequencies break up congestion, re-balance the cells and enhance your immunity maximizing cellular repair functions by amplifying the detoxification process within the tissue fed by the lymph. Stagnating fluids, toxins and wastes will be drained through the flow of lymph; therefore, this type of circulation will accelerate all healing processes from the deep to the superficial lymphatic system. During this passage the body can generate production of more lymphocytes to reinforce immune response and accelerate contact antibodies/ foreign substances. Sessions are noninvasive, painless, relaxing and revitalizing. Since lymphatic organs play an important role in the immune system, the proper flow of the lymphatic fluid can positively impact many conditions faced by our clients.

INFORMED CONSENT TO ENHANCED LYMPHARTICS™ SESSIONS

_____ I understand the purpose of Enhanced Lymphatics™ is to optimize overall wellness and lymphatic function. I understand I am encouraged to take charge of my own wellbeing and the

Traditional Naturopath encourages and assists the WHOLE person to reestablish balance through removing obstacles to health by practicing healthy choices and eliminating the underlying causes of illness. I understand natural health practices such as Enhanced Lymphatics™ means supporting the body into a healthier systematic balance and lifestyle practice.

_____ I have reviewed the written information about the sessions and modalities used with Enhanced Lymphatics™ and will go over any questions and or concerns with the Traditional Naturopath.

_____ I have been informed that a detox reaction is rare but may occur as a result of the session and have been informed as to what types of detox may occur but are not limited to the discussed.

_____ I have the opportunity to discuss with the Traditional Naturopath the nature and the benefits and the procedures and understand results are not guaranteed and differ according to individual. I have been informed that I may stop the session at any time.

_____ I do not expect the Traditional Naturopath to be able to anticipate all risks and complications. I wish to rely on the Traditional Naturopath to exercise judgement during each session, based on the facts I have provided. I affirm that I may be advised to consult an MD or HMD, DC, or other health care professional regarding conditions beyond the health and wellness of the lymphatic system.

_____ I understand Enhanced Lymphatics™ is NOT muscle massage, nor massage of any kind, but lymphatic drainage though the Action Lymphatics AL (4) with the necessary draining pulling/ sweeping movements, dry brushing and essential oils to effectively drain lymph fluid and is under modalities used in Traditional Naturopathy that grants the Traditional Naturopath certification to offer holistic health services, in accordance with the first and fourteenth Amendment of the US Constitution. This provides a constitutionally protected path for spiritually minded practitioners to offer natural, ecclesiastical-based physical, mental, and spiritual (Holistic) health services. Therefore, I understand Traditional Naturopath IS NOT a registered massage therapist as massage is not performed during these sessions and Enhanced Lymphatics™ DO NOT take the place of a massage session.

_____ I understand Enhanced Lymphatics™, nor the Traditional Naturopath serves to diagnose, treat, or cure any disease, nor does Enhanced Lymphatics™ replace any needed services of a licensed medical doctor. It's important to note that board certification as a Traditional Naturopath does not permit a practitioner to make claims that he/she may diagnose, treat, cure or prevent any disease. However, a Traditional Naturopath may "recommend" lifestyle changes and products that can assist clients in their quest to get well and stay well.

_____ I understand that Enhanced Lymphatics™ is provided for health and wellness optimization ONLY and no sexual solicitation is tolerated nor is there any sexual connotation or practice involved in these sessions.

_____ I hereby request and consent to Enhanced Lymphatics™ sessions and other modalities within the scope of practice by the Traditional Naturopath.

_____ I understand time is valuable and out of respect for staff and other clients, I am aware **that I am responsible for my allotted session time and time cannot be extended beyond that.**

_____ I understand there will be a fee of 50.00\$ for missed appointments that are not due to emergencies or are not cancelled 24 hours in advance.

FOR THOSE TREATING CANCERS and in REMISSION- You must have the pre-approval in writing of your Oncologist or Medical Doctor treating you for cancer to undergo Enhanced Lymphatics™.

_____ I have informed my Oncologist and or my primary licensed medical doctor (MD) I am working with,

your name: _____ hereby named, that I am taking part in Enhanced Lymphatics™ and the modalities used within the scope to perform such work and I have the above medical professional's consent to do so. I understand results differ according to the individual and individual circumstances and that the Traditional Naturopath is not able to anticipate risks and complications.

Oncologist/ Medical Doctor Signature, address, and phone number:

Signature _____

Cancer Type:

Cancer Treatment:

Number of months in treatment:

Are you in remission?

Onset of remission:

How long:

FEE SCHEDULE: I (initial), understand I am responsible for payment in full at the time/day of session.

Initial Consult: \$200 1hr 15min -1 ½ hrs.

Follow Up Sessions: \$140 1hr

I _____, as a mature adult
have read the disclosure statement and understand the limits of this therapy.

I voluntarily seek Enhanced Lymphatics™ and have read and understood the modalities
explained to me and provided by the Traditional Naturopath for myself,

or as the parent/guardian of _____, who is
receiving the services. (if under 18 years of age).

Signature: _____

Date: _____

Name:

Date:

Address:

Email:

Phone:

Emergency Contact Information:

Age:

Date of Birth:

Occupation:

Primary Care Physician/Phone/Address:

PLEASE ANSWER QUESTIONS BELOW TO HELP US PLAN YOUR SESSION

Are you on any blood thinning medication?

Do you have a known thrombosis or clotting disorder of any kind?

Have you ever been diagnosed with a blood clot?

When?

Do you have epilepsy?

Do you have HYPER thyroidism?

Do you have asthma?

Are you suffering from attacks within the last 2 days?

Are you allergic to ANY creams/oils/nuts/essential oils/scents?

Are you pregnant? If YES, what month are you in?

Are you currently taking ANY medications?

Do you do recreational drugs, if so please list and list frequency.

List Vitamins and natural supplements you are taking.

Do you have high or low blood pressure?

Do you have any type of medical device or replacement part in your body? If so what/where and the material?

Do you have breast implants and if so what type? And when were you implanted? Any known symptomology related to the implants?

Do you have any known allergies, please list them.

Do you wear contacts/glasses/dentures/hearing aids/ any prosthetic

Do you have any of the following: Please circle and give details.

**open sores/wounds/easy bruising/artificial joints/skin
conditions/rashes/TMJ/sprains/strains/broken bones/arthritis/osteo issues/injuries/back
problems/hip problems/ contagious diseases/cough/ sore throat/ nasal issues/
asthma/headaches/migraines/ kidney or liver issues/edema/cellulitis/ seizures/plastic
surgery/organ transplant/fractures/fever/dizziness/vertigo/fatigue/chest pain/heart
issues/epilepsy/circulation issues/GI issues/neck issues/nausea/heart
attack/stroke/menstrual issues/cholesterol issues/ pre or post-menopausal / diabetes/ long
haul COVID symptoms/ cancer/swollen glands/touch sensitivity/ EMF sensitivity/or OTHER
you would like to mention.**

Surgeries_____

Do you use ANY OF THESE PRODUCTS THAT ARE NOT ORGANIC?

**Deodorant/shampoo/hair treatments/sunscreen/sunblock/oils/lotions/soaps/nail
products/laundry products/sprays/scents?**

Any other additional information you feel is important?

Please describe your main complaint related to lymphatic health and the severity.

If you have pain, indicate with a P, inflammation, indicate with an I and please note where:

