# YOUR HEALING JOURNEY



This is your **Family Guide**. We ask that you look through this guide and begin to share the story of your loved one with us. We will use this guide to learn about your loved one and to help us plan personalized touches within their **Life Celebration**.



### SHARING

How do you want your loved one to be remembered? We are here to **help you tell their story.** By sharing memories and information within this guide, you will help us begin to get to know your loved one so that we can begin to co-create your loved one's Life Celebration. It is our mission at Justen Life Celebration Home to guide you through this experience and to help you begin to heal.



#### CREATING

It is our passion to create unique and personalized memorial tributes.

We will incorporate all of the details you include within this family guide into your loved one's services. Please provide us with up to 25 photos that are representative of the span of your loved one's life. Bring them in with you for the arrangement conference or a few days before the service. You can also share the images with us digitally via email. We are here to help you every step of the way.



#### CELEBRATING

We encourage our families to celebrate the life of their loved one. The love of our family and friends who have passed away does not **leave us.** Love lives on through memories and stories shared. We will celebrate the life of your loved one with personalized touches and unique tributes centered around your loved one's unique life.

YOU MAY BE Gone From MY SIGHT,

But Are Mever Gone FROM MY HEART

## SHARE SOME MEMORIES OF YOUR LOVED ONE.

TELL US ABOUT YOUR LOVED ONE'S LIKES, HOBBIES, INTERESTS AND PASSIONS	SHARE YOUR LOVED ONE'S SERVICE TO COUNTRY, THEIR LIFE'S WORK, AND/ OR THEIR CAREER HIGHLIGHTS
WHAT WILL ALWAYS REMIND YOU OF YOUR LOVED ONE? (SCENT, RECIPE, PHOTOGRAPH, MOVIE, PLACE, ETC.)	TELL US ABOUT YOUR LOVED ONE'S RELIGIOUS OR SPIRITUAL CONNECTIONS
WHAT ARE A FEW WORDS THAT DESCRIBE YOUR LOVED ONE?	WUSIC SPEAKS SHARE SOME OF YOUR LOVED ONE'S FAVORITE SONGS ARTISTS, OR HYMNS

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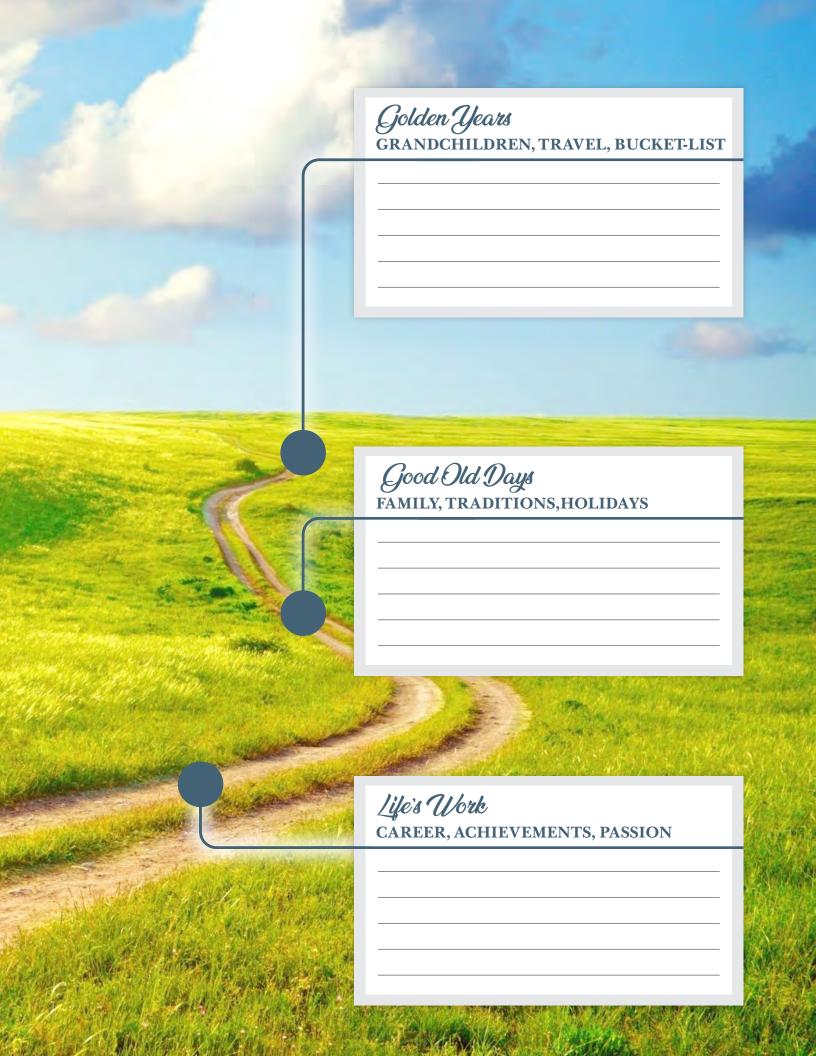
# HEALING ACTIVITIES

# WELCOME TO YOUR Path TOWARDS Healing.

#### **JOURNEY OF LIFE AND LOVE**

Remembering that love goes on after death, share some ways your loved one will remain with you as you continue on your journey and heal.	
BUILDING A SUPPORT BRIDGE  Healing begins with family and friends. List below	
Healing begins with family and friends. List below your loved ones who you can lean on in your time of need, as well as places to visit, reflect, and remember.	
A FOCUS ON THE FUTURE	
Envision a day when you can peacefully and joyfully reflect on the life of your loved one. It may be too painful now, but the pain will gradually lift.  What does this day look like to you?	

The Beginning CHILDHOOD, SIBLINGS, FRIENDSHIPS
Early Years schooling, church, hobbies



# LIKE A BIRD SINGING *in the rain,*LET GRATEFUL MEMORIES survive in a time of sorrow."

USE THIS AS A PLACE TO SHARE ANYTHING YOU'D LIKE		



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