



Player Handbook Winter 2019

It's not how good you are, It's how good you want to be.



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WELCOME TO THE METRO JETS

The Metro Jets Netball Club, formerly Western Jets Netball Club, was founded in 1995, participates in South Australia's elite netball competitions: the State Premier League Netball Competition; the Adelaide Metropolitan Netball Division and the City Night Division, all of which are hosted at Priceline Stadium, home of the Adelaide Thunderbirds.

Despite still being relatively new, Metro Jets continues to grow and experience success across their grades. In 2014, Metro Jets were endorsed as one of eight Premier League Clubs to compete at the highest level in South Australia, becoming a true 'Pathway Club' to the Adelaide Thunderbirds.

Metro Jets are extremely proud of the growth and development achieved in their short history. The Club has developed a strong, supportive and professional environment of exceptional standards that aims to inspire and promote players, Coaches and Umpires to reach their full potential.

Today, the Metro Jets proudly field over 25 teams in Netball SA's elite competitions, making us one of the largest and most popular Clubs in South Australia.

Go Jets!

VISION

To be a leading netball association, committed to the provision of attainable pathways to personal sporting development and education for young people in all aspects of netball, enabling individuals to achieve their personal best within a caring community environment."

MISSION

To provide a professional and innovative Club atmosphere where players can participate in Netball in a safe and friendly environment, respecting sporting values, team play, development of skills and healthy participation in netball.

OUR COMMITMENTS

Our commitments that underpin our Vision and Mission are to:

- > Promote and actively encourage fair play from all involved with the Club
- > To be viewed as an inclusive and progressive netball organization, distinguished for engaging, supporting and develop Club players; Coaches; and Umpires within our netball community
- Always act with integrity and transparency and provide best business practices for all our stakeholders.

PLAYERS HANDBOOK

This handbook contains information related to playing Netball at the Metro Jets Netball Club. The handbook is here to assist you, but should you have any further queries or require additional support please contact Katina Wood at <u>secretarymetrojets@gmail.com</u>

For more information about the club please see <u>www.metrojets.com.au</u>





METRO JETS OFFICE BEARERS 2019

Executive Committee					
	Meetings held on a monthly basis with all expected to attend				
President	Vice President	Secretary	Public Officer	Treasurer	
Rachael McLeod	Tracy Brokate	Katrina Wood	Judith Dingwall	Brenda Dombi	

Club Officers						
Club Officers will be engaged by the Committee on issues impacting their Specific Area. All officers are expected to maintain records to meet the KPI requirements of NSA.						
Premier League Coordinator Jill White	Sponsorship Coordinator Andrew Jeynes	Coaching Coordinator Tracy Brokate	Records Officer Shirley Mencel	Communications Officer Linda Jarmer	Volunteer Coordinator Katrina Wood	Game Day Coordinator Judith Dingwall

Merchandise Officer	Equipment Officer Sub-Committ		Committee M	ee Members	
Candece Nicholls	Brayden Lyle		Laura Gilbert	Cathy O'Dea	Christine Dunbar

Trials & Development					
	The following Officers will work closely with their designated Club Officer				
Trial Coordinator	Court Coordinator	Umpire Coordinator	Coaching Development	TID/Regional	
Tracy Brokate	Candece Nicholls	Caitlin North	Rod Webster	Coordinator	
				Andrew Plenty	



CLUB CONTACT DETAILS

METRO JETS NETBALL CLUB	ADDRESS	PO Box 367 Woodville SA 5022
	EMAIL	<u>secretarymetrojets@gmail.com</u> <u>treasurermetrojets@gmail.com</u>
	WEBSITE	www.metrojets.com.au
	BANK DETAILS	Metro Jets Netball Club BSB: 105-018 Acct #: 080 324 740
	FACEBOOK INSTAGRAM TWITTER	<u>Metro Jets Facebook</u> Metro Jets Netball Club Metro Jets Netball Club
UMPIRE COORDINATOR	CAITLIN NORTH	0415 756 606

UMPIRE COORDINATOR TREASURER SECRETARY GAME DAY COORDINATOR CAITLIN NORTH0415 756 606BRENDA DOMBI0412 824 828KATRINA WOOD0418 472 536JUDITH DINGWALL0422 450 604





PLAYING NETBALL FOR METRO JETS

Netball is a great way of staying fit and healthy, having fun, making new friends and learning new skills whilst playing competitive sport. The Metro Jets take great pride in our Club and we encourage all players, coaches, parents and spectators to represent our Club in a positive manner.

TRIALS

All players are required to fill-in a nomination form and pay the required trial fee, prior to trials. Metro Jets have a 'No Pay, No Play' policy in place; if you are having financial difficulty please contact the Club Treasurer.

Players are expected to abide by the selectors decision when teams are announced. Players who feel they have been dealt with unfairly, should communicate their grievance in writing to the Club Secretary. Players who decline any placement offered will forfeit their trial fee.

SELECTION PROCESS

A selection panel will determine the teams for the Metro Jets (with discussions held with previous coaches). The following will be adhered to:

- Where a player is related to, involved with, or similarly connected to a selector/coach, that selector/coach cannot take part in any decision that is made with regards to that player's placement in a team. The respective selector/coach may request the movement of that player during the season however the decision must be made by the remaining selectors/coaches and abided by.
- Where opinions on the placement of a player are different amongst selectors/coaches, the majority shall rule, with no person having the 'deciding vote'. If a majority cannot be reached, the selectors/coaches will seek advice from the committee.

TALENT IDENTIFIED RECRUITMENT

- Talent Identification Players (TID) are players that have been identified, nominated, discussed and approved by the PL Coaching staff and the Metro Jets Executive Committee.
- > TID players can be identified through Jets pathway programs or externally
- Players may be invited to attend trials outside their appropriate age group (when an opportunity presents itself) prior to and or after the trials process.
- The skills and abilities of players who are new to the club including Talent Identified (TID) players are designed to create pressure on available places in pathway teams.
- TID players may be added to an appropriate team (including pathway teams) after the trialling process is completed.
- All TID player placements are at the discretion of the PL Coaching staff and Metro Jets Executive Committee.

PATHWAY TEAMS

- > Pathway Teams refers to the Division 1 teams in all age groups except Primary.
- > Pathway teams have a higher training expectation than other Metro Jets teams.
- > Players are required to attend a minimum of two trainings per week.
- > At the discretion of the Head Coach there may be other training requirements.
- Extenuating circumstances prohibiting a player from complying with the training requirements will be considered at the discretion of the Executive Committee and Head Coach.



JOIN A JET

If a family/player refers a new player to "Join the Jets", and that player is offered a position, the referring family will receive \$50 off their first daughter's fees for the 2019 Winter season. The offer is limited to one new "Join a Jet" player per existing Jet player. If a second "Join a Jet" recruit registers, pays registration and trials, you can receive a \$50.00 amount off your second daughter's fees for winter 2019. Any family that wishes to take up the offer to "Join a Jet" must contact the secretary in writing to confirm player eligibility. For all terms and conditions please contact the secretary.

TRAINING

- Players are expected to attend all training sessions. When a commitment is made to the Club, this includes all training nights.
- ➢ In exceptional circumstances, where illness, injury or work/study commitments prevent attendance, the player MUST contact the Coach PRIOR to training and speak with them personally. Injured players are expected to attend training and matches.
- Players who regularly miss training without acceptable reasons or notification will be subject to disciplinary action and may not be part of the starting line-up for the match.
- > Players are expected to treat training seriously and give full commitment and intensity.
- Players will cooperate with their Coach at all times. Coaches should not have to waste time dealing with uncooperative players.
- > Appropriate training clothing and footwear must be worn for all sessions.
- In event of wet weather the Coach will notify players of any cancellation, no contact means training, or modified training will take place.
- Hot weather policy applies when temp is 36 degrees or above at 1pm as per BoM website. The Hot weather policy is also available from our website <u>www.metrojets.com.au</u>
- > Players should ensure they have drinking water available at all times.

DUTY OF CARE

All players are entitled to feel safe and protected within our netball community so as a duty of care, we would ask that all junior players be escorted to and from their allocated training courts each Tuesday night.

CHANGES TO TRAINING

Cancelling or changing venue due to extreme weather is at the discretion of the Coach. Coaches will advise all players if there is a change to scheduled training due to extreme weather.





PLAYER EXPECTATIONS

MATCHES

- > Players should make themselves available for all scheduled matches throughout the season.
- In the event of illness or injury, the Coach must be contacted immediately the player becomes unavailable.
- > All injured players are encouraged to attend matches, even if not taking part.
- Players are expected to arrive at court no later than 30 minutes prior to their game. Players who are late for warm up may start on the substitute bench.
- Any player who represents Metro Jets will conduct themselves in a manner that positively promotes the Club. Players who display unacceptable behaviour may be disciplined.
- > Players must wear full uniform and the team sponsor warm up tops to all matches.

UMPIRES

- Umpires are a necessary part of the game and must be treated with respect at all times. Umpires, like players, are developing through various levels and should not have to deal with negative comments or undisciplined behaviour.
- Players who have any queries on decisions during a game should approach their Captain at breaks and only the Captain may approach the Umpire, who will give an explanation.

PROMOTION OF PLAYERS

- > Players should be aware that they may be promoted, on merit to a team in a higher grade.
- > Promotion may occur due to injury, illness or unavailability of a player.
- If a player in a lower grade is performing better than a similar positioned player in a higher grade, Coaches may confer and decide on the exchange of players. This would be done in consultation with both players. This player movement would also be discussed with the Game Day Coordinator and Executive Committee.
- The same will apply for a player in a higher grade not performing or coping, where they may be exchanged with the team below.

DISCIPLINE

Disciplinary action may take place when a player:

- Refuses to abide by a Coach's decision
- Shows poor behaviour
- ➢ Is repeatedly late
- > Fails to attend training or matches without notification

Disciplinary action may be:

- Removal from court
- > Not in starting line up
- Omission from team for match
- Demotion
- Asked to leave Club

Coaches must warn a player if their actions and behaviours are not appropriate. In severe cases, this action may take place without prior warning. The Committee will decide if a player is asked to leave the Club.

PLAYER'S COMMITMENT

In order to achieve success, players must be willing to be involved in their Club and its activities. Players and parents are encouraged to become involved in the Club in any way they can. If interested in assisting with Coaching or Umpiring, please approach a member of committee.



MEDICAL CONDITIONS AND CLEARANCES

The medical condition of all players is of prime concern to the Club and therefore Club policy requires the following:

- > All Coaches inquire as to the medical condition of their players.
- > All players have a responsibility to declare any medical condition to their Coach.
- A parent or guardian of a Junior player with a medical condition is expected to be in attendance at training & during matches.
- A player returning from injury or illness that required medical attention is to provide the Coach with a written clearance to resume training or playing. Such clearance is to be provided by either the player's doctor, physiotherapist or parent / guardian.

*Included in all player and Umpire registration fees is a SANA insurance levy.

GRIEVANCES

At times a player or parents may face conflict with a Coach, another player, or a Club member. Metro Jets encourages informal, low key resolution of grievance issues wherever possible. If the complainant feels the situation is serious enough to warrant a formal complaint, or communication between the parties fails to produce a satisfactory resolution, then the member may formally state their case in writing to the Club Secretary.

Metro Jets will ensure that Club members with formal complaints are supported, and their issues are treated promptly, seriously, sensitively and with the appropriate weight. Formal complaints regarding grievance issues will be addressed by the Management Committee with the Club Secretary responsible for facilitating the grievance procedure outcome.

For further assistance please refer to the Metro Jets Netball Club Grievance Policy on our website <u>www.metrojets.com</u> or contact the Club Secretary.

COACH DECISIONS

Players must fully support their Coach and abide by any decision made by their Coach. Many decisions must be made throughout a season, and these are not always popular with all players. Players must remember that the Coach is making decisions for the good of the team and not just the individual.





METRO JETS POLICIES

All policies and procedures relating to team selections, trials, discipline, expectations, etc, are located on the Metro Jets Website: <u>www.metrojets.com</u>

Please ensure that you are familiar with all these policies and procedures.

EXTREME WEATHER

Netball SA has policies in place and the authority to cancel/reschedule matches if deemed unsafe for participation due to extreme weather. The Club Secretary will notify all Coaches if there has been a change to scheduled matches due to extreme weather.

HOT WEATHER POLICY

Play is determined by the temperature at 3:00pm on the day of competition as reported on the **Bureau of Meteorology** website. In the event that games held at Netball SA Stadium are cancelled, Netball SA will publish this information on the **AMND Website**_and the **Netball SA Facebook page** immediately after the 3pm reading.

Division	Temperature	Outcome
Net / Set / Go / Primary	34.0°C +	All games cancelled
Sub Junior and Juniors	34.0 – 35.9°C	Games commence at scheduled start times; Reduced quarters for Juniors (12 minutes); Extra drinks breaks (clock continues).
	36.0°C +	All games cancelled
Intermediate and Seniors	34.0 - 35.9°C	Games commence at scheduled start times; Extra
		drinks breaks (clock continues).
	36.0°C +	All games cancelled





MATCHES AND TRAINING INFORMATION

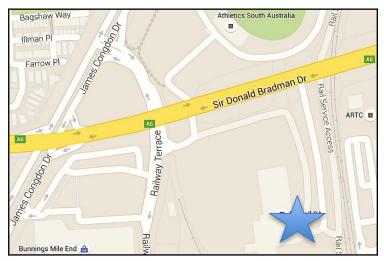
Jets teams train and play at Priceline Stadium (Netball SA), 155 Railway Terrace, Mile End. Pathway teams may train at other venues and teams will be advised should this occur.

The Stadium caters for all levels of competition and is the home of the Adelaide Thunderbirds.

Metro Jets Training Information				
Age Grade Training	Session Time			
Premier League & Reserves	Monday/Wednesday 6:00pm – 8:00pm			
Seniors & Intermediate	Tuesday 6:00pm – 7:30pm (Pathway Team) Thursday 6:00pm – 7:30pm			
Juniors & Sub Juniors	Tuesday 6:00pm – 7:30pm			
Primary	Tuesday 6:00pm – 7:30pm			

* All players are expected to attend weekly Club training sessions.

Match Day Information						
Age GradePlayers Age (at 31 December)Winter Games (Apr - Sept)			Summer Games (Oct - Mar)			
NetSetGo - Set	9 & Under	Saturday 9:00am	Friday 6:30pm			
Primary	11 & Under	Saturday 9:00am	Friday 6:30pm			
Sub-Junior	13 & Under	Saturday 10:00am	Friday 7:30pm			
Junior	15 & Under	Saturday 11:00am	Friday 8:30pm			
Intermediate	17 & Under	Saturday 12:30pm	Tues 7:00pm & 8:30pm			
Senior	18 & Above	Sat 2:00pm & 3:30pm	Tues 7:00pm & 8:30pm			
Premier League	18 & Above	Fri 7:00pm & 8:30pm				



* Priceline Stadium (Netball SA), 155 Railway Terrace, Mile End.



PRICELINE STADIUM ENTRANCE INFORMATION

AMND 2019 (entrance fees) - excludes finals	18 Game Pass Senior Games	15 Game Pass	1 Game Pass
Senior player	\$125.00	\$105.00	\$7.50
Junior player (17 and under)	\$100.00	\$85.00	\$6.00
Official/Adult spectator	\$85.00	\$70.00	\$5.00
Child spectator	\$40.00	\$35.00	\$2.50
Concession spectator	\$65.00	\$55.00	\$4.00
Under 4	Free	Free	Free
Stadium Pass 2019. Covers Premier League, AMND & CND Competitions - excludes finals.	All Competitions	Premier League Only	
Adult Player	\$230.00	\$97.50	
Adult Spectator	\$220.00	\$65.00	
Junior Player	\$184.00		
Junior Spectator	\$107.50	\$32.50	
Concession Spectator	\$166.00	\$45.00	
Under 4 years	Free	Free	

In 2019, AMND Season Passes can be purchased online: <u>http://netballsa-shop.com.au/collections/all</u>

Age Brackets:

- ➢ Junior Player − 17 years and under
- Adult Player 18 years and over
- ➢ Junior Spectator − 5 to 16 years
- Adult Spectator 17 years and over





SPECTATORS GUIDELINES

SPECTATORS EXPECTATIONS

One of the key factors in the success of a sporting Club is the willingness of players and supporters to get involved and strengthen the Club. Spectators are encouraged to support Club functions, assist with fundraising and sponsorship, encourage teams other than their own, and where appropriate help with Umpiring and Coaching duties.

Furthermore, spectators are asked to consider supporting their teams, by getting involved in the following roles:

TEAM MANAGER:

The role of the Team Manager is to;

- > Organise the Scorer and Timer for match days.
- > Prior to each match, centralise all drink bottles, and deliver them to the team during breaks.
- > Hand out Club notices to players on training nights.
- > Ensure that the First Aid Kit is properly stocked.

SCORER:

The role of the Scorer is to:

- > Record all players' names on the scorecard prior to the commencement of the match.
- Record the goals scored and record the centre passes.
- Record any substitutions on the scorecard.
- Check and record each quarter and the final score with the other scorer and confirm agreement with the Umpires.
- At the end of the game obtain the captains signatures and Umpire names and deliver the scorecard to the office.

TIMER:

The role of the timer is to:

- > As the home team, time each quarter
- > As the away team, time each break in play, including quarters and injury time.

Scorers and timers from each team, are required to sit together in a central position on the side of the court, during the game.

PRIMARY CARER

Each team must have a primary carer preferably with some form of first aid training. However there is no mandatory requirement regarding the first aid training.

SPECTATOR CODE OF CONDUCT

To ensure a safe, enjoyable environment for all Club members, supporters are required to observe the following:

- Remember children learn by example; applaud good performances regardless of the game outcome.
- > Encourage players through positive comments, never ridicule or scold a player for a mistake.
- Remember that under Netball SA rules, coaching from the sidelines is not permitted.
- Encourage children to participate within the rules; respect the decisions of officials and teach children to do the same.
- > Condemn the use of violence in any form, be it from spectators, Coaches, officials or players.
- Never use foul language towards players, Coaches or officials.
- > Show appreciation for the time and dedication given by volunteer Coaches and officials.
- Allow the Coach to do their job; do not offer advice or encourage players to depart from the Coach's match day routine.
- > Actively support decisions made by the Coach and the Club.

For further information, observe the Spectator Code of Conduct on the Metro Jets website.



FEES AND FEE POLICY

A fee applies for each season, which includes public liability insurance. The fees include a training top and admission to the Presentation Night for the player. The fees do not include entrance to Netball SA Stadium each week. Our Club fees are currently as set out below:

GRADE	WINTER 2019
Senior	\$420
Intermediate	\$420
Junior - Sub Primary	\$380

PAYMENTS

Payments can be made by cash, cheque or the Clubs preferred method, via internet transfer. Cheques are to be made payable to 'Metro Jets Netball Club'. Internet transfers must include your name in the transaction, and be paid to:

BANK: Bank SA BSB: 105-018 ACCOUNT NUMBER: 080 324 740

PAYMENT PLANS

If you require a payment plan to be established, please contact the Club Treasurer at treasurermetrojets@gmail.com

FEE POLICY

Metro Jets has developed their fee policy after careful consideration. Non-payment of fees places a financial burden on the Club, which impacts on our ability to undertake activities to benefit our players. It also places an extra workload on the Committee whose time can be better spent on the growth and development of the Club. If you have any concerns about these guidelines, please contact the Club Treasurer who should be able to assist you with your query.

The Fee Policy applies to all members of Metro Jets:

- All players are required to complete a player registration form accompanied by the trial fee set by the Committee.
- > Failure to pay a trial fee may result in the player being unable to participate in trials.
- > The trial fee will be NON refundable if the player chooses not to play for the Club.
- Season fees will be reduced by the amount of the trial fee if the player is selected in a team.
- If the Club is unable to place the player in a team, the trial fee WILL be refunded in full after the 1st game of the season.
- The balance of season fees is to be paid by the 1st game of the season. If fees remain unpaid by this date and a payment plan has not been negotiated with the Treasurer, the player will be unable to take the court until all fees are finalised.
- > No player can participate in finals unless they are financial, that means all fees fully paid.
- > Payment plans must be completed by the end of the minor rounds.
- In the event of unpaid fees being put in the hands of our Debt Collectors, any additional costs associated with this will be the responsibility of the player.
- Netball SA will be notified of any player in debt. This will prevent them from playing netball in any Netball SA affiliated competition until the debt to Metro Jets is cleared.



UNIFORMS AND MERCHANDISE

Players must wear the appropriate uniform when playing matches for Metro Jets. No adjustments can be made to the uniform, including the Club bike shorts, which are part of the official uniform registered with the Adelaide Metropolitan Netball Division (AMND).

New Uniforms

All players will be required to purchase the new Metro Jets uniform by the Winter 2019 Season.

Please direct all uniform queries to merchandisemetrojets@gmail.com

PACKAGE DEAL

A package option is available for \$120. The price includes Dress, Socks, knickers

Otherwise individual options are available, and the prices are:

Dress: \$80

Knickers: \$35

Socks: \$12.50





ANNUAL GENERAL MEETING

The Club's Annual General Meeting (AGM) will be conducted before the 31st of August each year. The AGM will include brief reports on all aspects of running the Metro Jets Netball Club. Please give consideration to contributing your time for the benefit of the Club. More information on dates and a call for nominations will be distributed closer to the date.

PRESENTATION NIGHT

Presentation nights are a wonderful opportunity to thank the players, Coaches, and support teams. The Jets invite and expect that all players will attend Presentation night. Presentation night information will be provided to players prior to the event. As the Club continues to grow, we acknowledge that getting through all of the awards can take time but we endeavour to keep the formalities as short as possible. Every team has trained and played hard during the season and deserves their opportunity to reward their players.

PLAYER AWARDS

COACH AWARDS

Each Coach awards a Best and Fairest at the end of the winter season, determined by a count back throughout the season. They also give a Coaches Award (ie Runner-Up Best & Fairest).

All Coaches are required to complete weekly voting and email their tally of votes to the Club Secretary, at the end of the season.

Eg 3 Votes Best and Fairest Player

2 Votes 2nd Best and Fairest Player

1 Vote 3rd Best and Fairest Player

PERPETUAL AWARDS

After the team awards, the Club Perpetual Trophies are awarded for players who have excelled in their division.

Coaches will be approached at the end of the season to submit nominations for the Perpetual Awards appropriate to the grade they Coach. The Committee will view all nominations and decide on the overall winner of each Perpetual Awards.

FUNDRAISING

Fundraising is an important part of the Metro Jets financial structure, enabling the Club to keep fees as affordable for players/families as possible. Metro Jets believe in creating a strong community feeling at the Club. We encourage all Club members to fundraise/work together in promoting the Club and building further pride, enjoyment and success in all areas.

Players will be provided with fundraising information / events as they arise. The Club also promotes through Facebook, Instagram and the website: <u>www.metrojets.com</u>



PLAYER DEVELOPMENT

The Metro Jets Netball Club Player Pathway is a structured program of support aimed at enhancing the development of players. The Pathway provides players with opportunities to advance from beginner to the high performance level.



The player development program is closely related to the Coaching structure; is flexible; player centred and Coach driven.

WHO IS RESPONSIBLE

Responsibility for player development rests with the Club's Coaching Director, who reports to the Management Committee through the Coaching Coordinator. The Coaching Director's chief responsibilities in regard to player development are as follows:

- > Manage the Club's Player Development and Talent Identification Program.
- > Coordinate and manage the Club's junior development clinics.

NETSETGO!

Metro Jets offer an accredited NetSetGo Program over 8 weeks at Priceline Stadium. Information regarding our NetSetGo Program can be found on the Club website <u>www.metrojets.com</u>

REPRESENTATIVE TEAMS

The Club promotes the participation of all players in trials for State Representative Teams, Under 15 Schoolgirls, SASI, SA Under Age Teams and ANL. Further information regarding these teams can be found on the NSA website.

PLAYER DEVELOPMENT SESSIONS (TID)

- > Player development sessions will be run on a weekly basis during the summer months.
- The sessions are open to Club players identified as emerging talent, including our regionally aligned Academy players, and players who have nominated to play in the coming season.
- Sessions will be run under the guidance of our SPNC Coach, with the assistance of our Premier League Coaching panel & players.
- Metro Jets Club Coaches are also encouraged to attend; to assist with the Player Development sessions and seek mentoring from our Club Senior Coaches.
- Metro Jets will evaluate the player development sessions each year, to further improve and develop the best opportunities and resources for our players, Coaches and Officials.

DEVELOPMENT & TALENT IDENTIFICATION



Players are nominated for inclusion in the Player Development/Talent Identification programme by

- > Coach recommendation
- Examination of weekly assessments
- > Observation and recruitment from external sources such as:
 - o Regional Academy
 - School Coaching Clinics
 - Regional Carnivals.



BUDDY NIGHTS (WINTER SEASON)

- Buddy night dates are set annually after the Premier League and Reserves programs are released for the Netball SA Premier League.
- Under the direction of State Premier League Coach negotiate 2 -3 dates, during bye rounds and program breaks, for Premier League and Reserve players to attend Buddy night with AMND teams (Sub Juniors, Primaries Juniors and Inter Players).
- Premier League and Reserve players are assigned to a team (up to 2 buddies per team), to assist Coaches with running training sessions. A Coach and Buddy list is provided for all teams, with Coaches required to liaise with their Buddies in regard to their individual training session.
- Evaluations of these sessions are discussed after every winter season, to see how we can improve and get maximum benefit for all participants, including Coaches, players and buddies.





NETBALL AUSTRALIA ATHLETE PATHWAY

PLAYER PATHWAYS

Metro Jets aim to develop players to their fullest potential and strive to assist players in reaching their desired level of play. The Netball Australia Athlete Pathway outlines the various levels of netball competitions and player development programs operating in Australia. As can be seen from the Pathway below there are many levels of netball, from school and Club through to international competitions.

		NATIO	NETBALL AUSTRALIA NAL ATHLETE PATHWAY
	Athlete		Competition
	Australian Diamonds Squad/Team	\rightarrow	World Championships Commonwealth Games International Test Series
	ANZ Championship Team/Squad Program	\rightarrow	ANZ Championship Team/Squad Program
	Australian Netball League Team Program	→	Australian Netball League
	National 21/U Team/Squad/AIS Squad	\rightarrow	World Youth Cup 21/U International Test Series
sis/sas	State 21/U Team Program	\rightarrow	National 21/U Championships
	National 19/U Team	\rightarrow	National 19/U International Test Series
	National 19/U Development Squad		1
	State 19/U Team Program		National 19/U Championships
	National 17/U Development Squad		\uparrow
	State 17/U Team Program	\rightarrow	National 17/U Championships
	National Academy Program		National 15/U School Sport Australia Championships
	Association Representative Teams	\rightarrow	State Titles Association Championships Association Tournaments
	Club/School Teams	\rightarrow	Association / Club Competitions
	NetSetGO!		



METRO JETS SPONSORS

2019 SPONSORS

Without the generosity of our sponsors, Metro Jets Netball Club would cease to exist. The Club is extremely grateful for the commitment and support of our sponsors. Metro Jets encourage all Club members to support our sponsors whenever possible.

The Metro Jets would like to thank the following sponsors for their ongoing support:



**Sponsors at time of printing – Subject to Change