



"My goal is to empower individuals to reclaim their health and well-being by addressing the root causes of chronic conditions. Many seek transformative change but lack clear guidance. My speaking topics are designed to offer practical, actionable strategies that enhance nervous system regulation and promote holistic healing, ultimately leading to profound personal and professional growth."

Dr Satya

Satya Sardonicus, DC, CACCP

EXPERT IN TRAUMA, CHRONIC ILLNESS, AND
NEUROBIOLOGY OF HEALING

MEDIA KIT

ig + tiktok @drsatyawellness

Dr. Satya is a leading expert in the neurobiology of stress and the innovator behind the **NeuroFascial Flow Method**, a noninvasive approach to healing chronic conditions by addressing nervous system dysregulation.

With a social media reach across platforms of 60k+ engaged followers, Dr. Satya empowers individuals to reclaim their health through practical somatic practices that enhance brain-body connection and overall quality of life. Drawing from her own journey of recovery and professional expertise, she bridges cutting-edge neuroscience with holistic healing, guiding others on their paths to wellness. Dr. Satya's insights are both scientific and experiential, making her a relatable and impactful guest.



RAELAN
AGLE



OCBS

FOX



WEIZMANN
INSTITUTE
OF SCIENCE





HEADLINES FOR EPISODES

- ✓ Can You Recover from a Concussion Without Meds or Surgery?
- ✓ Heal Your Chronic Neck Pain and Headaches Naturally
- ✓ How to Switch Off Sympathetic Dominance Without Becoming Reliant on Meditation
- ✓ Get Unstuck Mentally by Working with Your Body
- ✓ Busting Medical Myths: “It’s All in Your Head” and Other Misconceptions
- ✓ What Works Better Than Affirmations and Meditation for Lasting Change
- ✓ Cultivating Nervous System Regulation Through Somatic Practices

Testimonials

“After hearing Dr. Satya, I used her suggestions when treating a patient with chronic headaches, burning eye pain, and brain fog. She stood up after her session crying and said she had not felt this good for years. I’ve been in practice for 37 years, and Dr. Satya has me excited to learn again!

Leanne Warner, DC

“Dr. Satya has a wonderful ability to turn complex neurology into easy to understand and highly applicable tools. She is a wonderful presenter and educator. Her personal story of overcoming challenges by utilizing what she teaches is truly inspiring.

*Billy Chow, Vice President
Australian Spinal
Research Foundation*

“Dr. Satya's genuine passion and exceptional speaking shine through. She has a rare ability to make complex topics feel approachable while delivering practical strategies that leave a lasting impact. My audience was captivated by her engaging personality and left with insights they could act on immediately

Raelan Agle, raelanagle.com

ENGAGING TOPICS FOR DISCUSSION

Sensory Processing and Chronic Illness: Exploring the connection between sensory processing issues, brain injuries, and nervous system dysfunction.

Neck Pain and Brain Injury: Discussing the prevalence of brain herniation in those with chronic neck pain and no known head injury.

Chronic Fatigue and Fibromyalgia: The relationship between these conditions, nervous system dysfunction, and their relevance to chronic illness.

Change Receptivity in Brain Retraining: How to make the mind and body more receptive to healing and transformation.

Techniques for Healing: Sharing the top techniques Dr. Satya teaches her clients to foster healing and self-connection.



WHAT DR. SATYA WILL SHARE

- ✓ One easy somatic practice to interrupt stress loops.
- ✓ 5 actionable steps to facilitate lasting change.
- ✓ An alternative framework for understanding anxiety and depression as adaptive responses.

Promotional Offer

Dr. Satya is committed to promoting her podcast appearances across her social media channels, ensuring that audiences gain valuable insights and access to her transformative work.

Connect

For inquiries and booking requests, please contact Angel K, Support Team Lead at support@drsatyawellness.com.

Previous Podcast Appearances

- Raelan Agle
- Diary of a Dyslexic Strategist
- Pneuma with Brie
- Danielle Angela

Links to full interviews can be provided upon request.