

361 LAST CHANCE GULCH, HELENA. MT Rekindling memories of helena's beloved Union Market, The Union by Old Salt is a whole-animal craft butcher shop and woodfired grill in the heart of downtown Helena. With its Montana-inspired menu and salt of the earth hospitality, it is a celebration of

community by Old Salt Co-op.

WE ARE A REGENERATIVE AGRICULTURE FOR DAMN FINE MONTANA MEAT.

From the iconic centennial and blackfoot valleys to the sweeping rocky mountain front and big belt mountains, Old Salt ranches raise nourishing food that can only come from deep ecological integrity. But it takes a community–from ranch to butcher to customer–to make regenerative agriculture. In fact, land itself is a community, land is kin.

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MONTANA MEMBER RANCHES





SIEBEN LIVE STOCK COMPANY
J BAR L RANCHES
LF RANCH
MANNIX FAMILY RANCH
CORDOVA FARMS

OTHER LOCAL SOURCING PARTNERS

TIMELESS NATURAL FOODS
WINTER KISSED FARM
BIG BELT HERITAGE FARMS

LIFELINE FARMS

AMALTHEIA FARM

GRAND VIEW SHEEP DAIRY ANTON ORGANICS

CONSERVATION GRAINS

SWIFTCURRENT FARMS

BUTCHER SHOP & WOOD FIRED GRILL

MORE HEARTBEATS PER ACRE.







The UNION BRUNCH

DRINK SPECIALS

CHELADA tomato, clam juice, hot sauce, butcher's skewer	8
BRASS MONKEY rice lager & OJ	8
MIMOSA	12/45
SUNRISE SELZTER POG, lime, raspberry hardseltzer	8
DRIP COFFEE / FRENCH PRESS	3/4

PASTRIES & SNACKS

conservation ancient grains, lemon glaze	4
STRAWBERRY SHORTCAKE buttermilk biscuit, soft whip cream, strawberries	11
BEEF FAT FRIED FRENCH TOAST salted butter and maple syrup ADD STRAWBERRIES & SOFT WHIP CREAM + 4	9
PASTURED PORK SAUSAGE ROLL rotating pork sausage, puff pastry crust, whole grain mustard	7

BREAKFAST SANDWICHES

	OPEN FACED AVOCADO SANDWICH Sourdough toast, ricotta cheese, avocado, spicy chili crisp ADD FARM EGG + 3	12
	GREEN CHILI SMOTHERED BURRITO chorizo, jackcheese, potatoes, scrambled egg, sour cream	19
	BREAKFAST SAUSAGE SANDWICH Fried farm egg, american cheese, brioche bun	8
	CHORIZO BREAKFAST SANDWICH Scrambled egg, havarti, salsa verde, Park Ave potato roll	8
	HAM & CHEESE CROQUE MONSIEUR shaved house ham, swiss cheese, sauce mornay, side salad	18
k	BREAKFAST BURGER 1/4 lb grass fed beef patty, bacon, fried egg, spicy pickles, ga mayo, brioche bun, served with breakfast potatoes	21 rlic
	SEASONAL SPECIALS	
	CORNED BEEF HASH Yukon potatoes, cabbage, poached egg, mustard hollandais	23 e

* CHICKEN FRIED STEAK Breaded and deep fried butcher steak, sawmill gravy, scallions

SPRING VEGETABLE FRITTATA	1!
goat cheese, sungold tomato, spinach, field greens salad	
ADD SMOKED SAUSAGE + 5	

SALADS & EXTRAS

	GOLDEN BEET & NECTARINE SALAD miso yoghurt, brown butter viniagrette and hazelnuts	14
	FIELD GREENS SALAD dried pears, walnuts, blue cheese, maple sherry dressing ADD FARM EGG + 3	17
	SPINACH SALAD Warm Bacon - Dijon dressing and parmesan, toasted foccaccia ADD FARM EGG + 3	15
*	TWO FARM EGGS OVER EASY, OVER MEDIUM, OVER HARD, SUNNY, SCRAMBLED	6
	SOURDOUGH TOAST ADD HOUSE MADE JAM +2	4
*	BREAKFAST POTATOES BRAVAS BACON BREAKFAST SAUSAGE PATTY CHORIZO SAUSAGE PATTY HOLLANDAISE AVOCADO	6 5 5 3 4
	SEASONAL HOUSE MADE JAM	2

*CONSUMING RAW OR UNDERCOOKED MEAT AND EGGS CAN INCREASE YOUR RISK TO FOOD BORN ILLNES.

PLEASE LET YOUR SERVER KNOW ABOUT ANY FOOD ALLERGI