



361 LAST CHANCE GULCH,  
HELENA, MT

Rekindling memories of Helena's beloved Union Market, The Union by Old Salt is a whole-animal craft butcher shop and wood-fired grill in the heart of downtown Helena. With its Montana-inspired menu and salt of the earth hospitality, it is a celebration of community by Old Salt Co-op.

## BUTCHER SHOP & WOOD FIRED GRILL

WE ARE A REGENERATIVE AGRICULTURE FOR DAMN FINE MONTANA MEAT.

From the iconic centennial and blackfoot valleys to the sweeping rocky mountain front and big belt mountains, Old Salt ranches raise nourishing food that can only come from deep ecological integrity. But it takes a community—from ranch to butcher to customer—to make regenerative agriculture. In fact, land itself is a community, land is kin.

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### MONTANA MEMBER RANCHES

SIEBEN LIVE STOCK COMPANY

J BAR L RANCHES

LF RANCH

MANNIX FAMILY RANCH

CORDOVA FARMS



### OTHER LOCAL SOURCING PARTNERS

TIMELESS NATURAL FOODS

WINTER KISSED FARM

BIG BELT HERITAGE FARMS

LIFELINE DAIRY

KALISPELL CREAMERY

GRAND VIEW SHEEP DAIRY

ANTON ORGANICS

CONSERVATION GRAINS

AMALTHEIA FARM

MISSION VALLEY ORGANICS

OLD SALT  
co|op

# MORE HEARTBEATS PER ACRE.





# The UNION

BUTCHER SHOP &  
WOOD FIRED GRILL

## SNACKS & THINGS

|  |               |
|--|---------------|
| <b>BEEF FAT FRIED ONIONS</b>                             | <b>12</b>     |
| beer battered and served w/ scallion ranch               |               |
| ADD OYSTER MUSHROOMS + 6                                 |               |
| <br>* <b>ROSEMARY SALTED LARDO</b>                       | <br><b>11</b> |
| served with sourdough focaccia, olive oil, smoked salt   |               |
| <br><b>BEEF LIVER PATE</b>                               | <br><b>13</b> |
| Brandied fruits, fresh thyme, griddled focaccia          |               |
| <br><b>CHILLED HIERLOOM TOMATO SOUP</b>                  | <br><b>9</b>  |
| extra virgin olive oil, celery salt, garlic butter toast |               |
| <br><b>CURRIED LAMB CROQUETTE</b>                        | <br><b>14</b> |
| coconut cream, Curried Aioli, Cilantro, fish sauce       |               |

## SMOKED & GRILLED

- \* **ROTATING BUTCHERS STEAK** (GF)
- \* **ROTATING PREMIUM STEAK** (GF)

We have both grass-finished and grain finished options available. All our steaks are raised with care on our Montana partner ranches. They are grilled, pre-sliced and served with slice of toasted sourdough focaccia and our house black pepper steak sauce. Steaks change daily. Ask your server for sizes and pricing.

### STEAK ADD-ONS

|                                   |     |
|-----------------------------------|-----|
| GRILLED HEN OF THE WOODS MUSHROOM | + 7 |
| BLUE CHEESE - WALNUT BUTTER       | + 5 |
| CHIMICHURRI                       | + 3 |

**SMOKED SAUSAGE** *with* **SHEEP'S CHEESE** **27**  
mustard creamed cabbage & juniper viniagrette (GF)

**SLOW ROASTED BEEF SHOULDER** (GF) **31**  
creamy polenta, Pinenut parsley gremolata, garlic confit

**SHEPHERD'S PIE** (GF) **21**  
braised beef brisket, carrots and peas, cheesy potatoes, chives

**PEACH GLAZED PORK CHOP** **36**  
sungold tomato sauce, zucchini, corn, chile butter

**HEN OF THE WOODS MUSHROOM** **25**  
Timeless farro, turnips, herb butter and walnuts

## VEGGIES & SIDES

**GOLDEN BEET & PLUM SALAD** (GF) **14**  
brown butter viniagrette, miso yoghurt and hazelnuts

**FIELD GREENS SALAD** (GF) **17**  
dried pears, walnuts, blue cheese, maple sherry dressing

\* **SNAP PEA SALAD** (GF) **16**  
radish, lemon anchovy dressing, mint, pecorino

**SUMMER RICOTTA CAVATELLI PASTA** **18**  
burrata, pinenut pesto, basil, asparagus, crispy parsley

**GRILLED SOURDOUGH BREAD** **4**

**SMASHED YUKON POTATOES** *with* **HERBS** (GF) **7**

**CREAMY POLENTA SIDE** (GF) **5**

## SWEETS

**STRAWBERRY PANNA COTTA** (GF) **8**

**SALTED CHOCOLATE CHEESECAKE** **8**

**NORA'S HONEY-CARROT CAKE** **8**

**FRENCH PRESS COFFEE** **4**

\*CONSUMING RAW OR UNDERCOOKED MEAT AND EGGS CAN INCREASE YOUR RISK TO FOOD BORN ILLNESS - PLEASE LET YOUR SERVER KNOW ABOUT ANY FOOD ALLERGIES