



Beth Fischer

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BETRAYAL TRAUMA SPECIALIST REVEALS WHY INFIDELITY HAS NOTHING TO DO WITH YOUR MARRIAGE OR RELATIONSHIP

ORLANDO, FL – January 25th 2025, Founder of Healing Families LLC and The Betrayal Trauma Healing Method®, Beth Fischer reveals the real reason why people are unfaithful in marriage and relationships. Shockingly, she asserts that it has nothing to do with your marriage or relationship.

“Not all unhealthy people cheat. But all cheaters are unhealthy people,” says betrayal trauma specialist Fischer. A root cause pattern of behavior is behind every unfaithful action and all these patterns formed long before the relationship ever began, most often in childhood. The root cause pattern of infidelity is usually subconscious but once uncovered it absolutely can be healed.

Most traditional marriage counselors accept apologies and promises to “do better” from unfaithful partners as reason enough for reconciliation. Yet Fischer asserts that without addressing the root cause pattern of the betrayal, the unfaithful partner will remain in an unconscious loop that will play out again - whether it's infidelity or other forms of betrayal.

“You can't heal a marriage with an unhealthy individual. But when you heal the individuals in the marriage – you can create a new relationship with two healthy people built on an unshakable foundation,” explains Fischer. The unfaithful partner must walk their own individual path to healing. Discovering the root cause of their unfaithful behavior opens the door to a true reconciliation that offers the promise of a more authentic and loving marriage than existed before.

Assets: To download photos, please visit the following link: <https://coachbethfischer.com/press>

About Beth Fischer

After discovering her husband's multiple affairs since they were dating, Fischer took healing into her own hands after marriage counseling failed them. She discovered a better way to heal from infidelity and betrayal. Since 2021 more than 8,000 clients have gone through the Betrayal Trauma Healing Method® and Fischer has a months-long waiting list for one-on-one sessions.

“My husband and I created a new marriage on the other side of the pain. First individually and then as a couple. Today we share a deep passion for each other, our family, and our life together,” said Fischer, who holds a master's degree in counseling and is a certified Betrayal Trauma Specialist with accreditations in Root Cause Therapy and Neuro-Linguistic Programming.

About the Betrayal Trauma Healing Method®

This gentle science-backed process provides the missing piece for couples facing infidelity by focusing on healing for the unfaithful and the betrayed partner. It provides trauma-informed processes to rebuild emotional safety for betrayed partners and root cause healing for unfaithful partners. Then as two independently healthy individuals the reconciliation process may begin that builds an entirely new marriage, stronger and more authentically loving than before.

For more information on Beth Fischer and the Betrayal Trauma Healing Method® visit Instagram [@your_family_needs_you](#) or <https://coachbethfischer.com>.

Beth Fischer is available for interviews, appearances, panels, and special events.

For images and interview requests please contact: Press@CoachBethFischer.com