

## **TRAUMA BETRAYAL SPECIALIST SAYS MARRIAGE COUNSELING IS THE ABSOLUTE WORST CHOICE TO “SAVE YOUR MARRIAGE” AFTER INFIDELITY**

**ORLANDO, FL – February 13nd 2025**, Founder of Healing Families LLC and The Betrayal Trauma Healing Method®, Beth Fischer is whistleblowing on outdated and highly damaging marriage counseling processes that not only blame the betrayed partner for the affair but also enable the unfaithful partner to avoid accountability – leaving the betrayed partner even more traumatized than before.

“Traditional marriage counseling not only fails but also scapegoats and gaslights victims of betrayal trauma after infidelity,” says betrayal trauma specialist Beth Fischer.

The most glaring unaddressed endemic problems of traditional marriage counseling are:

- It doesn't recognize nor treat betrayal trauma and PTSD caused by infidelity.
- Its goal to save the marriage comes at the expense of the betrayed partner's mental health.
- It demands that the betrayed partner forgive prematurely while still experiencing PTSD.

Fischer provides powerful new insights into the root cause of infidelity and offers a trauma-informed proven path to healing for both betrayed and unfaithful partners. She offers processes for individual healing, regardless of the fate of the relationship, including self-discovery tools, emotional regulation techniques, and self-transformation methods before the reconciliation process begins.

Assets: To download photos, please visit the following link: <https://coachbethfischer.com/press>].

### **About Beth Fischer**

A survivor of betrayal trauma, Fischer knows the debilitating constant panic, emotional dysregulation, draining fatigue, and never-ending triggers that are all recognized symptoms of betrayal trauma and PTSD after discovering her husband's multiple affairs. After expensive failed attempts at marriage counseling, she took healing into her own hands and discovered a better way to recover from betrayal trauma after infidelity.

Since 2021 more than 8,000 clients have gone through the Betrayal Trauma Healing Method® and Fischer has a months-long waiting list for one-on-one sessions.

“My husband and I created a new marriage on the other side of the pain. First individually and then as a couple. Today we share a deep passion for each other, our family, and our life together,” said Fischer, who holds a master's degree in counseling and is a certified Betrayal Trauma Specialist with accreditations in Root Cause Therapy and Neuro-Linguistic Programming.

### **About the Betrayal Trauma Healing Method®**

A desperately needed trauma-informed process for healing after infidelity, the Betrayal Trauma Healing Method® is a science-backed process that work in every country and in every language. Gentle trauma-informed methods work for both betrayed and unfaithful partners and focus on healing the individual first. Then as two independently healthy individuals the reconciliation process may begin that builds an entirely new marriage, stronger and more authentically loving than before.

For more information on Beth Fischer and the Betrayal Trauma Healing Method® visit Instagram [@your\\_family\\_needs\\_you](#) or <https://coachbethfischer.com>.

Beth Fischer is available for interviews, appearances, panels, and special events.

For images and interview requests please contact [Press@CoachBethFischer.com](mailto:Press@CoachBethFischer.com)