The High Performance Coach Experience Promise:

In order to get the most out of being a High Performance Coach we feel it's important we set set the highest possible standards. I've outlined below my key roles and responsibilities as your coach for the duration of time we work together. AND we have clearly stated what we expect from you as one of our incredible High Performance Coaches. Please read this document carefully before signing. If there is anything you disagree with, or feel uncertain about please let me know immediately.

We want to ensure that you achieve life changing results personally, physically and professionally. So you can explore how good you can really be, and you can make the industry a better place by positively impacting and helping more people. I want to make sure that we are both clear on the key action steps that need to be taken to ensure this is the last coaching experience you ever need to invest in.

WE MUST

- We must work with you on a one-on one basis to create a specialised and customised game plan to get you crystal clear on the step by step process and actions steps you need to take to achieve incredible results and set you up to win.
- We must hold you to a higher standard than you hold yourself and keep you accountable to achieving results you never thought would be possible.
- We must coach you with the latest strategies and most up to date literature and evidence.
- We must listen to you and provide you with highly attentive personal support and accountability. You will get direct access to me through WHATSAPP and have permission to contact me whenever you need help. I will respond to your requests in 24 hours or less.
- We must connect you with your new coaching community, a highly driven, high-support community that are all on the same mission as you that meets online 24/7.
- We must provide you with honest check in feedback and ensure that we are constantly moving forward, progressing, learning and transforming
- We must coach you every week, so you are never more than 7 days away from the answers you need.
- We must give you access to the High Performance Lab, one of the best databases for information, resources and guidance both in and out of the gym to help you maximise your knowledge and results.
- We must give you the latest strategies, principles and tools that'll specifically apply to you in an easy to use format that makes implementation a breeze.

YOU MUST

- You must be quick to implement, take action and ask for help when you need it.
- You must give us your full effort, energy, honesty and transparency and commit to fully leaning in.
- You must keep your 6-month minimum commitment, participating fully and paying your coaching fees on time and in full.
- You must respect our intellectual property (IP). That means you may use what you've learnt and the materials given to help others (with proper attribution), but not groups or in public.
- You must use WHATSAPP and email as your main tools for communication, otherwise delays are to be expected. Please do not use Facebook messenger, Instagram DM for any formal business communication.
- You must not take offence to honest feedback. Everything we do in our time together is designed to help you grow and achieve exceptional results. You are here to get results and I want to ensure that we are always taking action and making progress.
- You must present your check in feedback on time and in full. It also must contain the most accurate and honest information. You don't learn anything from a perfect week, so accurate and honest feedback is essential to ensure we can help, plan and re-align moving forward.
- If I ask (I don't ask everyone), I'd like you to try and refer at least three people of your calibre. This means I can spend more time focusing on helping you win and less time marketing for new clients.
- You must complain if we ever do something to upset you. This gives us an opportunity to apologies and do whatever it takes to make things right.

| We must help you plan your goals, and work with you every single month to ensure we make them happen. |
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| We must make it feasible and realistic for you to implement your programming into your lifestyle to ensure we set you up to WIN and you can reverse this incredible coaching experience around your lifestyle and schedule. |

- We must treat you with class and care in every interaction and work to bring out your very best.
- We must stay up to date with all of the relevant research and educational material, and ensure as a coach I'm constantly growing, evolving and learning to deliver you with an exceptional standard of coaching.
- We must apologise if I ever let you down, and we will do our best to make it right.

| Joe Parish | | |
|------------|----------------|------|
| Joe Parish | Your Signature | Date |

By signing the above I am agreeing to all the terms and conditions outlined with the High Performance Coach and their online coaching services.

THE HIGH PERFORMANCE COACH PROMISE

Terms of Enrolment

("Agreement")

Note to client: One of the most difficult aspects to successfully growing a business is making sure you keep your proprietary information and intellectual property protected, while also balancing your culture, authenticity, and commitment to clients. The HPC strives to provide the greatest possible experience for all our clients and the following agreement outlines some parameters and terms of the Programme.

To fully experience and gain the most benefit from the Programme, you agree to the following:

Section 1. Programme Guidelines, Payment Terms

You hereby authorize HPC to collect the Programme cost discussed on our call through successive monthly payments with the first payment being due on the date of enrolment in the Programme and all subsequent payments being due 30 days after the previous payment.

Payments are due in full on the due date

- If payment fails, Client must remedy this situation as soon as possible. Please contact a member of the team as soon as possible.
- Payments may be made via credit or debit card, bank transfer, wire transfer, or through PayPal.

For all credit or debit card payments:

- You hereby consent to having these charges automatically charged to your credit or debit card on the due date.
- HPC is authorized to collect the payment due (in full) by collecting on any/all credit or debit cards that are provided to HPC by the client.
- The client may determine which payment method is preferred and the client is responsible for informing HPC

Section 2. Participation Terms

Either Party may terminate these Terms, if there has been a material breach of these Terms, subject to following the dispute resolution procedure.

2a. Participation

We are committed to providing all Programme participants with a life changing experience. Thus, HPC may cancel your participation in any of its programmes, if we agree the process isn't a good fit.

2b. Cancellation Terms

On cancellation of these Terms, after the 90-day 'love it or leave it' period you agree that you will be liable for the full cost of the Service. Any Deposit or payments made are not refundable to you, and on cancellation any remaining fees will immediately become payable to us.

Section 3. Confidential Information

We respect your privacy and must insist that you respect the privacy of fellow Programme participants. We respect your confidential and proprietary information, ideas, plans and trade secrets (collectively, "Confidential Information") and must insist that you respect the same rights of fellow Programme participants and of HPC. Thus, you agree to ask permission before anything is used externally.

Section 4. Privacy Policy

You agree that your participation is subject to HPC's Privacy Policy (as found on the website below) and that you agree to adhere to all terms as outlined on these websites. While we do not anticipate making frequent edits, HPC reserves the right to make modifications to this policy at its sole discretion and without notifying Program participants.

https://highperformancecoach.online/privacy-policy/

Section 5. Programme Content

The content is centred around you and your business development - to help you become the person, leader and build the business & life you know you're capable of

All materials, procedures, policies, standards, manuals, teaching aids, and other similar tools that have been, or will be, made available by HPC or its designated facilitators, or any other source, oral or written, are for individual use in or in conjunction with this training Programme.

The information contained in the Programme material is strictly for educational purposes

Success with this Program is largely driven by your willingness to take actions as recommended by HPC, as it relates to the content of the Programme.

If you wish to apply (or not apply) ideas, concepts, teachings, etc. contained in this material, you are taking full responsibility for your actions and furthermore you agree that your success with the Programme is dependent on your willingness to follow the steps outlined by HPC.

Part of the Programme:

- Monthly Training Webinars
- Comp Access to our Live Events Access to our Unique Facebook Support Community On-going support from the HPC Team

Section 6. Right to Use Name & Likeness

No personal information, pictures, likeness, voice, testimonial and biographical material will be shared unless we have your permission to do so.

Section 7. Terms of Sale

- (a) You hereby agree that all Programme sales are non-refundable.
- (b) You agree to make all payments on time and in full as outlined in Section 1
- (c) You agree that you have fully consented to any payment to HPC and that any/all payments are valid and that you have consented to the purchase of the Programme as outlined in Section 1
- (d) You agree to not initiate any disputes or claims through your credit card company, bank, lending institution, or any other payment provider since you have fully consented to all charges outlined in Section 1 and thus you agree that you may not dispute any payments made to HPC for the Programme.