

# Photo Session

## CHECK LIST

- ☐ 1. **Choose the right time and location:** Consider your family's schedule and preferences. Check with your photographer to see if they have suggestions.
- ☐ 2. **Coordinate outfits:** Start with mom's outfit. Choose coordinating colors and styles for the rest of the family based on that. Mom's confidence will rub off on all!
- ☐ 3. **Communicate with the photographer:** Communicate before the session to discuss the type of shots you want, the location of the shoot, and any special props or poses you want to include.
- ☐ 4. **Get enough rest:** Making sure you and your family members are well-rested and well-fed before the session is crucial to avoiding meltdowns and helping everyone show up their best.
- ☐ 5. **Get haircuts and grooming:** Schedule haircuts and grooming appointments for your family members about a week before the photoshoot.
- ☐ 6. **Pack a bag:** Bring a bag with extra clothes, snacks, and any other items you may need during the session.
- ☐ 7. **Relax and have fun:** On the day of the session, it's time to hand the reigns to your photographer. Take a deep breath, try to relax and have fun.