

JANICE STEINBACH

The Wise Growth Coach

Janice empowers small business owners to achieve their visions without overwhelm and burnout. She grew up in the Washington DC area and has run a private practice in the Denver area for over 10 years. She brings 30 years of mental health expertise to her coaching work.

Topic Titles

- Burnout: Are You At Risk?
- Workplace Hacks For Overwhelm
- Challenges of The Business Owner Adventure
- How To Handle The Pressure of Being in Charge
- How To Not Get Derailed By All The Distractions
- How To Handle Big Emotions When Things Get Off Track
- How To Hold Myself and My Team Accountable
- Being The Target: Dealing With Negative Feedback
- Could This Be Imposter Syndrome?

Ask Me About

- What's one thing people misunderstand about your work?
- What's the most valuable lesson you learned from your parents?
- How did all this get started?
- What's your hidden super power?
- What's the difference between counseling and coaching?
- When did you learn your skill was special?
- What are you passionate about?
- Who are your favorite clients?
- What do you do to avoid overwhelm and burnout?
- Where can listeners find you?

How I Promote You

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