



MONTH XX, 2021

SUNDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Vegetable Beef Soup

LUNCH

Pot Roast & Vegetables, Mashed Potatoes, Beef Gravy, Cornbread, Pie, A La Mode, Milk

OR

Open Face Turkey Sandwich, Mashed Potatoes, Vegetable Blend

WEDNESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Minestrone Soup

LUNCH

Stuffed Green Pepper, Corn, Assorted Dessert, Milk

OR

Twice Baked Chicken Breast, Baked Potato/Butter, Zucchini & Red Onion 

SATURDAY

BREAKFAST: Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk


MONDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

LUNCH

Pork Loin w/ Apple Chutney, Glazed Sweet Potatoes, Country Green Beans, Cheesecake, Brownies, Milk 

OR

Chili, Shredded Cheese, Diced Onion, Cinnamon Roll 

THURSDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup

LUNCH

Beef Pot Pie, Cranberry Fruit Salad, Spiced Baked Apples, Milk

Or

Creamy Turkey Cutlet, Mashed Potatoes, Baked Parmesan Tomatoes


TUESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream of Potato Soup

LUNCH

Greek Style Salmon Filet, Rice Pilaf, Zucchini/Tomato Cass, Roll/Butter, Strawberry Cake/Cream Cheese Frosting, Milk  

OR

Taco Salad

FRIDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Noodle Soup

LUNCH

Lemon Pepper Fish, Rice, Buttered Carrots, Bread/Butter, Dark Sweet Cherries, Milk 

OR

Beef Tips in Gravy, Egg Noodles, Sautéed Mushrooms and Onions

Broccoli Cheddar Soup

LUNCH: Smothered Pork Chop, Red Skin Mashed Potatoes, Harvard Beets, Roll/Butter, Caramel Mandarin Orange, Cake, Milk

OR

Supreme Pizza, Garden Salad/Dressing

WEEK 1



MONTH XX, 2021

SUNDAY

DINNER


Reuben Sandwich, Potato Salad,
Three Bean Salad, Gelatin Cake,
Milk

OR

Chicken & Vegetable Stir Fry Over
Rice, Egg Roll

MONDAY

DINNER

Turkey Wrap, Cucumber & Onion
Salad, Fresh Fruit Cup, Chocolate
Éclair Dessert, Milk 

OR

Glazed Ham Balls, Macaroni &
Cheese, Seasonal Vegetable

TUESDAY

DINNER


Swiss Steak, Cheddar Mashed
Potatoes, Seasoned Peas,
Bread/Butter, Pudding Parfait, Milk

OR

BBQ Pork Sandwich, Baked
Beans, Coleslaw

WEDNESDAY

DINNER

Twice Baked Chicken Breast, Baked
Potatoes/Butter, Zucchini & Red
Onion 

OR

Cheesy Scalloped Potatoes &
Turkey, Brussels Sprouts

THURSDAY

DINNER

Tuna Salad on Half Croissant,
Lettuce & Tomato Slice, Seasonal
Vegetable, Potato Chips, Rice
Krispie Square, Milk

OR

Breakfast for Dinner

FRIDAY

DINNER


Baked Cavatelli, Toss
Salad/Dressing, Garlic Bread, Ice
Cream, Milk

OR

French Dip, Tater Tots, Broccoli
Ranch Salad

SATURDAY

DINNER

Cran Walnut Chicken Salad on
Croissant, Sweet Potato Puffs,
Pineapple Chunks, Milk 

OR

Polish Sausage, Sauerkraut, Potato
Wedges

 Healthy Heart
 Gluten Free

WEEK 1



MONTH XX, 2021

SUNDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tangy Garden Vegetable Soup

LUNCH

Applewood Smoked Bacon BBQ Ribs, Cheddar Ranch Scalloped Potatoes, Vegetable Medley, Cream Pie, Milk

OR

Herbed Chicken Breast, Potato Medley, Vegetable Medley

WEDNESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

LUNCH

Meatloaf, Mashed Potatoes/Gravy, Southern Green Beans, Snicker Apple Dessert, Milk

OR

Turkey Pot Pie, Garden Salad Bowl

SATURDAY

BREAKFAST: Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

MONDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Soup

LUNCH

Country Fried Steak, Mashed Potatoes w/ Country Gravy, Lima Beans w/ Bacon, Roll/Butter, Lemon Meringue Pie, Milk

OR

Hawaiian Ham & Cheese Slider, Baked Chips, Fruit Cup

THURSDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Italian Wedding Soup

LUNCH

Chicken Cordon Bleu, Oven Roasted Potatoes, Broccoli, Roll/Butter, Ice Cream Sundae, Milk

OR

Beef Burgundy w/ Mushrooms, Egg Noodles, Roasted Broccoli

TUESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Vegetable Barley Soup

LUNCH

Chicken Picatta, Rice Pilaf, Spinach, Garlic Toast, Autumn Gelatin Parfait, Milk

OR

Baked Steak w/ Mushroom, Gravy, Baked Potato, Squash

FRIDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Harvest Soup

LUNCH

Orange Ginger Salmon, Lemon Wedge with Parsley, Wild Rice Pilaf w/ Almonds, Roasted Beets, Blueberry Lemon Upside down Cake, Milk

OR

Breaded Pork Fritter on Bun, Tomato, Lettuce, Onion, Potato Salad

Cream of Potato Soup

LUNCH: Glazed Ham, Cheesy Corn Casserole, Green Beans, Assorted Dessert, Milk

OR

Beef Stew, Corn Muffin

WEEK 2



MONTH XX, 2021

SUNDAY

DINNER

Shrimp Lobster Ravioli, Toss Salad/Dressing, Garlic Bread, Banana Pudding Dessert w/ Vanilla Wafers, Milk

OR


Deli Sandwich, Soup of the Day

WEDNESDAY

DINNER


Cheddar Burger, Curly Fries, Three Bean Salad, Pink Ambrosia, Milk

OR

Vegetable Omelet, Sausage Patty, Fresh Fruit 

SATURDAY

DINNER

Roasted Turkey Frosted Dip, Pasta Salad, Pickled Beets, Gelatin Parfait w/ Whipped Topping, Milk 

OR

Chicken Tenders, Mashed Potatoes/Gravy, Cascade Blend Vegetables

 Healthy Heart
 Gluten Free

MONDAY

DINNER

Tomato Soup, Crackers, Grilled Cheese Sandwich, Creamy Cucumber Onion Salad, Frosted Cupcake, Milk

OR

Chef's Choice

THURSDAY

DINNER

Smoked Sausage Sand w Peppers & Onions, Basil Peas, Rosy Applesauce, Milk

OR

Loaded Baked Potato, Deviled Egg Halves, Toss Salad/Dressing

TUESDAY

DINNER

BBQ Pork Ribette, Potato Salad, Coleslaw, Parmesan Herb Biscuits, Chocolate Cake Roll, Milk

OR

Soup of the Day, Turkey & Cheese Club Sandwich, Marinated Vegetables

FRIDAY

DINNER

Tuscan Salad w/ Grilled, Chicken & Crispy Croutons, Peaches & Cream, Milk

OR

Meatball Sandwich, Italian Pasta Salad, Creamy Cucumber Onion Salad

WEEK 2



MONTH XX, 2021

SUNDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Wisconsin Cheese Soup

LUNCH

Balsamic Roast Beef, Baked Potato, Sour Cream, Steamed Cabbage, Assorted Pie, Milk  

OR

Smoked Pork Chop w/ Cherry Sauce, Stuffing, Green Bean Casserole

WEDNESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Beef Noodle Soup

LUNCH

Smothered Steak, Onions, Gravy, Boiled Potatoes/Butter, Spinach, Southern Peach Cobbler, Milk

OR

Navy Beans & Ham, Diced Onion, Brussels Sprouts, Cronbread

SATURDAY

BREAKFAST: Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

LUNCH: Open Faced Roast Beef Sandwich, Mashed Potatoes/Gravy, Lemon Broccoli, Fruit Turnover, Milk
OR

Turkey A La King Over Biscuit, Carrots/Apples with Brown Sugar Glaze

MONDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Corn Chowder

LUNCH

Grilled Turkey & Bacon w/ Dijon Apple Butter, Cranberry Sauce, Fried Potatoes & Onions & Green Pepper, Bread Pudding w/ Rum Sauce, Milk

OR

Vegetable Quiche, Sweet Potato Hash, Muffin 

THURSDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Bacon & Potato Soup

LUNCH

Lasagna, Garden Salad Bowl, Garlic Bread, Pineapple Upside Down Cake, Milk

OR

Lemon Pepper Chicken Breast, Baked Parmesan Tomatoes, Buttered Zucchini 

TUESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cabbage Soup

LUNCH

Fried Chicken, Macaroni and Cheese, Seasoned Green Beans, Roll/Butter, Caramel Apple Pie Pizza, Milk

OR

Turkey & Swiss on Croissant, Lettuce & Tomato Slice, Baked Chips

FRIDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream of Turkey Soup

LUNCH

Shrimp and Grits, Toss Salad/Dressing, Parmesan Roll, Lemon Cheesecake Tart, Milk

OR

Chicken Stew, Cornbread Muffin, Honey, Toss Salad/Dressing 

WEEK 3



MONTH XX, 2021

SUNDAY

DINNER

English Muffin Tuna Melt,
Macaroni Salad, Lemon Butter Peas,
Winter Fruit Cup, Cookies, Milk

OR

Hot Dog on Bun, Baked Beans,
Potato Salad

WEDNESDAY

DINNER

Sloppy Joe on Bun, Sweet Potato
Wedges, Rocky Road Ice Cream,
Milk

OR

Italian Deli Submarine Sandwich,
Pasta Salad

SATURDAY

DINNER

Trio Salad Plate: Chicken, Ham &
Pasta Salad, Crackers, Winter fruit
Cup

OR

Chef's Choice

MONDAY

DINNER

Chili, Crackers, Toss
Salad/Dressing, Sliced Strawberries,
Milk

OR

Fish & Chips & Coleslaw

THURSDAY

DINNER

French Dip w/ Au Jus, Potato Chips,
Spinach Salad w/ Cranberries, Rosy
Applesauce, Milk

OR

Chicken Rice & Broccoli Casserole,
Breadstick, Spinach Salad

TUESDAY

DINNER

Cottage Cheese Fruit Plate, Coffee
Cake, Banana Cream Tart, Milk 

OR

Spaghetti w/ Meatsauce, Toss
Salad/Dressing

FRIDAY

DINNER

Pulled Pork, Roasted Potatoes,
French Green Beans, Roll/Butter,
Carrot Cake Roll, Milk

OR

Italian Sausage & Peppers, Oven
Roasted Potatoes

 Healthy Heart
 Gluten Free

WEEK 3



MONTH XX, 2021


SUNDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Soup De Jour

LUNCH

Pork Tenderloin w/ Citrus Salasa, Baked Sweet Potato, Scandinavian Vegetables, Roll/Butter, Pie, A La Mode, Milk 

OR

Beef & Vegetable Stew, Parmesan Herb Biscuits

WEDNESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Harvest Meatball Soup

LUNCH

BBQ Chicken Breast, White Cheddar Macaroni & Cheese, Acorn Squash Half, Roll/Butter, Classic Strawberry Shortcake, Milk

OR

Salisbury Steak/Gravy, White Cheddar Macaroni & Cheese, Green Beans

SATURDAY

BREAKFAST: Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

MONDAY

BREAKFAST



Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Soup

LUNCH

Mexican Manicotti, Fiesta Corn, Chocolate Chip Cake, Milk

OR

Lime Chicken, Sesame Green Beans, Mashed Cauliflower  

THURSDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup w/ Croutons

LUNCH

Steak Diane, Twice Baked Potato, Sunshine Carrots, Roll/Butter, Chocolate Mint Brownie, Milk

OR

Chicken & Dumplings, Carrots



TUESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Taco Soup

LUNCH

Rosemary Roasted Turkey, Roasted Potatoes & Root Vegetables, Fruit Crisp, A La Mode, Milk  

OR

Soft Taco, Corn

FRIDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Clam Chowder


LUNCH

Fried Fish Potato Wedges, Coleslaw, Hushpuppies, Lemon Bar, Milk

OR

Baked Ziti w/ Meat Sauce, Garden Salad Bowl, Garlic Bread

Chef's Choice Soup

LUNCH: Cran Walnut Chicken, Salad/Croissant, Baked Chips, Broccoli Ranch Salad, Pudding with Berry Cup, Milk 

OR

Swiss Steak w/ Tomatoes, Mashed Potatoes, Gravy, Acorn Squash Half

WEEK 4



MONTH XX, 2021

SUNDAY

DINNER

Egg Salad Sandwich, Club Spinach,
Fresh Grapes, Cookies, Milk

OR

Cheesy Chicken Casserole

WEDNESDAY

DINNER

Quiche, Strawberry Spinach Salad,
Muffin, Fruited Gelatin, Milk

OR

Bacon Cheeseburger on Bun,
Steak Fries

SATURDAY

DINNER

Tater Tot Casserole, Toss
Salad/Dressing, Breadstick,
Snickerdoodle Cookie, Milk

OR

Turkey and Noodles, Toss
Salad/Dressing

MONDAY

DINNER

Glazed Ham Balls, Sweet Potatoes,
Zucchini, Tapioca Pudding, Milk

OR

Grilled Cheese Sandwich, Broccoli
Cauliflower Salad

THURSDAY

DINNER

Grandma's Goulash, Tossed Greens
w/ Vin & Oil, Breadstick, Mixed
Fruit, Milk

OR

Breakfast Griddle Sandwich, Maple
Syrup, Hashbrowns

TUESDAY

DINNER

Philly Steak Sandwich, Tater Tots,
Toss Salad/Dressing, Fruit Fluff,
Milk

OR

Chicken Pot Pie, Toss
Salad/Dressing

FRIDAY

DINNER

Beef Sandwich, Creamy
Horseradish Sauce, Potato Chips,
Pineapple Chunks, Milk

OR

Sweet & Sour Pork, Rice,
Vegetable Egg roll

Healthy Heart
 Gluten Free

WEEK 4



MONTH XX, 2021

SUNDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream Broccoli Cheddar Soup

LUNCH

Burnt Ends, Baked Beans, Potato Salad, Roll/Butter, Pie, Milk

OR

Almond Chicken w/ Apricot Sauce, Wild Rice, Baked Tomato Half 

WEDNESDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

3 Bean Soup with Ham

LUNCH

Yankee Pot Roast, Oven Roasted Root Vegetables, Roll/Butter, Blueberry Cobbler, Milk

OR

Tuna Salad Stuffed Tomato, Pasta Salad 

SATURDAY

BREAKFAST: Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

MONDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

LUNCH

Hamburger Steak w/ Gravy, Mashed Potatoes/Gravy, Roasted Brussels Sprouts & Squash, Roll/Butter, Brownie Sundae, Milk

OR

Cuban Pork Sandwich, Coleslaw, Potato Wedges

THURSDAY

BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

LUNCH

Fried Chicken, Mashed Potatoes/Gravy, Parmesan Roll, Classic Strawberry Shortcake, Ice Cream, Milk

OR

Hot Turkey Slider, Baked Chips, Carrot Raisin Salad 

Italian Bean Soup

LUNCH: BBQ Ribs, Au Gratin Potatoes, Seasoned Lima Beans, Roll/Butter, Marble Cake/Frosting, Milk

OR
Herb Baked Turkey, Au Gratin Potatoes, Seasoned Vegetables

TUESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Wild Rice Soup

LUNCH

Pineapple Glazed Ham, Baked Sweet Potato, California Vegetables, Roll/Butter, Pumpkin Pie, Milk 

OR

Chicken Fajitas, Black Bean Salad

FRIDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cheesy Ham & Potato Chowder

LUNCH

Salmon Croquette, rice, Creamed Peas, Assorted Dessert, Milk

OR

Spaghetti & Meatballs, Caesar Salad, Garlic Bread

WEEK 5



MONTH XX, 2021

SUNDAY

DINNER

Grilled Ham & Cheese Sandwich,
Vegetable Blend, Tater Tots, Turtle
Pudding, Milk

OR

Flatbread Pizza, Toss
Salad/Dressing

WEDNESDAY

DINNER


Pork Cutlets w/ Cranberry Wine
Sauce, Stuffing, Green Beans,
Roll/Butter, Rice Krispie Square,
Milk

OR

Cheddar Beef Melt, Potato
Wedges, Coleslaw

SATURDAY

DINNER

Chicken Rice & Broccoli Casserole,
Tomato & Cucumber Salad,
Roll/Marg, Apple Pie A La Mode,
Milk 

OR

Grilled Pastrami Sandwich on Rye,
Potato Chips, Vegetable Dip,
Carrot & Celery Sticks

 Healthy Heart
 Gluten Free

MONDAY

DINNER

Cowboy Stew, Cornbread, Rainbow
Cake, Milk

OR

Crispy Chicken Salad, Breadstick


THURSDAY

DINNER

Eggs Benedict Casserole, O'Brien
Potatoes, Baked Parmesan
Tomatoes, Muffin, Baked Apple
Slices, Milk

OR

Shrimp Fried Rice w/ Vegetables,
Egg Roll

TUESDAY

DINNER

Mini Corn Dogs, Macaroni &
Cheese, Broccoli, Blushing Pears,
Milk

OR

Salisbury Steak, Mashed
Potatoes/Gravy, Seasonal Vegetable

FRIDAY

DINNER

BLT Sandwich, Potato Salad,
Cottage Cheese & Peaches,
Lemon Bar, Milk

OR

Chef's Choice

WEEK 5



MONTH XX, 2021

SUNDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Noodle Soup

LUNCH

Smoked Beef Brisket, Twice Baked Potato, Herbed Green Beans, Roll/Butter, Pie, Milk

OR

Roasted Chicken Breast, Twice Baked Potato, Herbed Green Beans



WEDNESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup

LUNCH

Chicken Parmesan, Angel Hair Pasta, Italian Blend Vegetables, Garlic bread, Classic Strawberry Shortcake, Milk

OR

Cold Seafood Plate, Crackers

SATURDAY

BREAKFAST: Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

MONDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Squash Soup

LUNCH

Crab Cakes, Crab Cake Sauce, Corn Nuggets, Crunchy Bacon Coleslaw, Roll/Butter, Oreo Cookie Ice Cream, Milk

OR

BBQ Glazed Meatloaf, Mashed Potatoes/Gravy, Stewed Tomatoes


THURSDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Ham & Bean Soup

LUNCH

Roast Beef, Mashed Potatoes/Gravy, Mixed Vegetables, Parmesan Roll, Fruit Cobbler, Milk 

OR

Glazed Ham balls, Candied Yams, Mixed Vegetables


TUESDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Basil Soup

LUNCH

Kalua Pork, Orange/Pineapple Fruit Sauce, Baked Sweet Potato Half, Green Beans, Breadstick, Rocky Road Brownie, Milk 

OR

Beef Stroganoff Over Noodles, Vegetable Blend

FRIDAY

BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Homemade Vegetable Beef Soup

LUNCH

Breaded Shrimp, Loaded Baked Potato, Vegetable Blend, Ice Cream Sundae, Milk

OR

BBQ Ribette, Vegetable Blend, Macaroni & Cheese

WEEK 6



MONTH XX, 2021

SUNDAY

DINNER

Italian Deli Sandwich, Pasta Salad, Peas, Apple Pear Walnut Crisp, Milk

OR

Chef's Choice

MONDAY

DINNER

Chicken Kiev, Long Grain Wild Rice, Edamame Corn Vegetable Blend, Roll/Marg, Pie, Milk

OR

Shepherd's Pie, Garden Salad Bowl

TUESDAY

DINNER

Turkey Tetrazzini, Glazed Baby Carrots, Roll/Butter, Lemon Fruit Cup, Milk

OR

Breakfast for Dinner

WEDNESDAY

DINNER

Monte Cristo Sandwich, Homemade Potato Chips, Sour Cream & Chive Dip, Marinated Vegetables, Hawaiian Fruit Cup, Milk

OR

Street Tacos, Mexicali Corn

THURSDAY

DINNER

Baked Chicken Legs, Maple Roasted Brussels Sprouts w/ Bacon, Carrots, Roll/Butter, Assorted dessert, Milk  

OR

Chili Dog on Bun, Potato Wedges

FRIDAY

DINNER

Tuna Noodle Casserole, Garden Salad, Mandarin Oranges, Milk

OR


Herbed Pork Loin, Roasted Potato Medley, Riviera Vegetables 

SATURDAY

DINNER

Turkey Divan w/ Cheese Sauce, Candied Yams, Green Beans, Roll/Butter, Frosted Pumpkin Bar, Milk

OR

Grilled Chicken Breast, Greek Salad, Pita Bread Dippers, Hummus 

 Healthy Heart
 Gluten Free



WEEK 6