

THERAPISTRESOURCES.NET

March Newsletter



Sparkle & Shine!



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Newsletter

Welcome to the THIRD EDITION of our Therapist Resource Newsletter - a smidge late, but better late than never. ;) I hope that the previous months resources were useful. The client status tracker was particularly useful for me and resulted in zero claims issues due to clients having new insurance.

In this edition, we'll help you focus on recharging your batteries. Resources in this issue:

- [Attract Your Ideal Client Mini Course](#)
- [The Bio Generator for Therapists](#)
- [Planner and Documentation Tracker](#)

We know that being a therapist is hard work. When you are recharged and refreshed, you sparkle and shine! That's why we created this newsletter - to help you get through your tasks quickly and easily, so you can go back to what you enjoy most ~ providing quality care.

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With a little introspection on what recharges and refreshes your therapist self, you can clear the path towards working in a more aligned and energized way. A win for both you and all those you help.

Sparkle and Shine!

Hello again, accountability partner! I hope you are taking good care of yourself and slowing down to speed up. I was reflecting on the January focus, taking life one month at a time, and found that it is helping. I squeak by the tax filing deadline with a week to spare (perhaps just the right amount or a little too much). As for the tools, the planner did not quite meet my flow, so I altered it so that it does. See tool #3. There are about a billion digital planners out there, so I will just focus on making what is useful to my flow as a therapist and hope it helps you as well. I can report that the Client Status Tracker made a huge difference in getting all of my records up to date and preventing payment delays. I really hope it helps at least one other person out there. Next up, March tools! The Bio Generator for Therapists and the Attract Your Ideal Client Mini Course are tools I am very passionate about and have been working on for quite some time. I adjusted the format into its simplest form in hopes that you will find a moment to consider the benefits of spending an hour or two and feel refreshed and more aligned.

Next up, March tools! The Attract Your Ideal Client Mini Course and The Bio Generator for Therapists are tools I am very passionate about and have been working on for quite some time. I adjusted the format into its simplest form in hopes that you will find a moment to ponder the benefits of investing an hour or two with the promise of a more aligned and refreshed you.



~ Here we go together ~

Tool #1 - Attract Your Ideal Client Mini Course

What is it?

A 14-slide mini course that will guide you through the necessary steps to create your business in a way that will attract the right clients for your talents and interests.

What are the benefits?

- More rewarding and impactful work with your clients.
- Reduced burnout
- Better Client Outcomes

Should I take this course?

Only take this course if

- You want to feel energized and aligned with your purpose.
- You are finding yourself trying to help everyone.
- You are feeling less confident in your work.
- You are compromising your values or settling for less in some way.

[Access the course here for free.](#)



Tool #2

Guided Prompts for your Bio creation.

The Bio Generator *For Therapists*

A full and condensed bio are generated from answers you enter into The Bio Generator for Therapists.

Important

This is not AI. You will have to search within yourself for the answers to the questions.

If you get stuck, I made a workbook to go along with the course and bio generator that will prompt you with extra questions to help get to your answers.

Subscribers get the workbook for free in their email.

You can subscribe to the newsletter and receive free tools here.

OR Purchase the workbook here.

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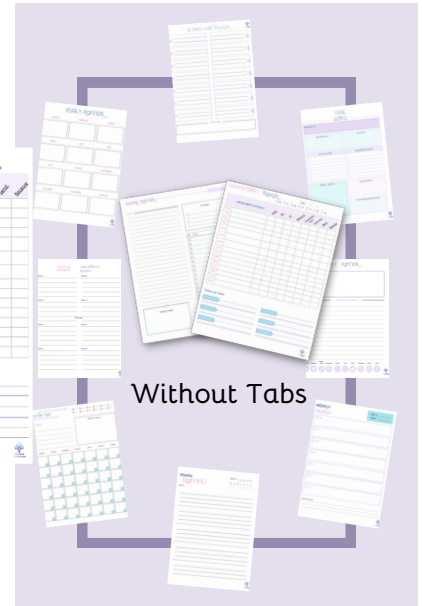
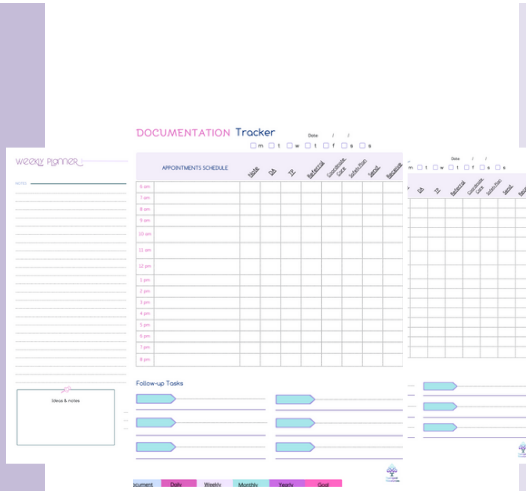
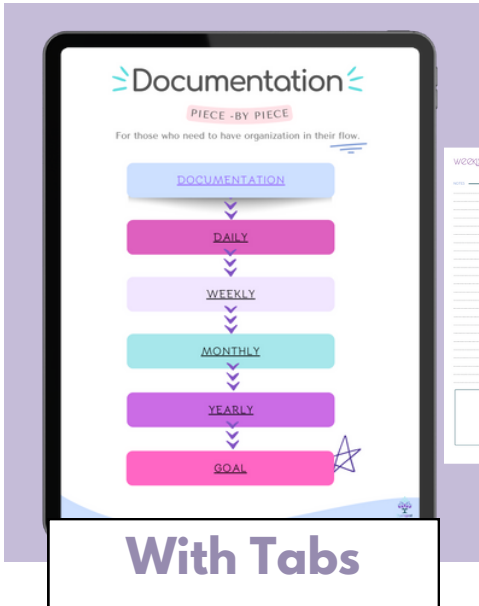
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Bio Generator

Answer the questions below and click generate to craft your bio.

Tool #3 - Alternative Tracker

The ever evolving quest to find just the right flow has led to the realization that if my needs change frequently, yours might too. ;) So, rather than trying to make the perfect planner or tracker, I give you the following to pick what will work for you.



Keep it HIPAA

Purpose

- Keep your week organized and note when additional documentation is needed.

documentation TRACKER

Date: / /

m t w t f s s

	APPOINTMENTS SCHEDULE	Note	DA	IP	Referral	Coordinate Care	Safety Plan	Send	Re
6 am									
7 am									
8 am									
9 am									
10 am									
11 am									

Thanks for reading!

Take Care :)



We hope that some of these tools will be of use and save you time and energy.

Until next time!

Rindie



More

Resources

Check out our new facebook group where you can share your resources and promote yourself.

<https://rdar.li/trfbgroup>

The database of all the things.
Newly added to the database: Bulletins and updates that impact Telehealth rules and billing.

<https://rdar.li/notion>