

## I Belong Course – Terms & Conditions for Purchase of I Belong

Last Updated: 12/9/2025

### TERMS & CONDITIONS

#### 1. Purpose of the Course

The I Belong course provides educational content, reflection exercises, guided practices, and related materials designed to support individuals in understanding loneliness, strengthening connection, and cultivating belonging. This course is for personal development only and is not a substitute for mental health treatment or medical care.

#### 2. Course Access

Upon registration and payment, participants receive immediate access to the I belong community and all course materials. Access continues for the duration stated at the time of purchase.

#### 3. No Refund Policy

**Because all course materials are available immediately upon enrollment, all sales are final. No refunds will be issued for any reason. Participants acknowledge that access is fully delivered at the time of purchase.**

#### 4. Intellectual Property

All content—including videos, scripts, written materials, the LISTEN model, graphics, worksheets, and presentations—is copyrighted and the property of Laurie A. Theeke and Listen for Loneliness, LLC. Participants may not copy, distribute, or reproduce materials without permission.

#### 5. Personal Use Only

Course access is for a single participant. Sharing login credentials or materials with others is prohibited.

#### 6. Conduct in Live or Community Settings

Participants agree to respectful engagement and confidentiality during any live sessions or community interactions. Disruptive or harmful behavior may result in removal from live spaces without refund.

#### 7. Technology Requirements

Participants are responsible for maintaining adequate internet and device capability. Technical issues on the participant's side do not qualify for refunds.

#### 8. Disclaimer

The course is educational and supportive but not therapeutic. This course is not designed to replace any type of healthcare, and it cannot replace medical, psychiatric, or psychological care or counseling. While the course is designed to produce a belonging plan, no outcome guarantees can be made as these largely depend on engagement with course materials. **The course does not create a patient-provider relationship.**

#### 9. Limitation of Liability

Listen for Loneliness, LLC is not liable for emotional, indirect, or consequential damages arising from course participation. Participation is self-determined and completely by choice and voluntary.

#### 10. Contact

For questions about these Terms and Conditions, email Listen for Loneliness, LLC at: [listenforloneliness@gmail.com](mailto:listenforloneliness@gmail.com)

Website: [listenforloneliness.com](http://listenforloneliness.com)