

EPISODE 11 | A Blueprint for Creating a Team Identity

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QUESTIONS:

- 1 • Why do you think when coaches use film, 75% of the time they show what it's not supposed to look like as opposed to what it is supposed to look like?

- 2 • What situation have you seen where a coach was short-term productive versus long-term productive due to their own ego and not what's best for the athlete's development?

- 3 • What has been your philosophy on cold-calling team members to answer questions in group settings? After listening to this conversation, have you changed your mind on anything? Or will you double down on something about your approach?