

CMMA YOUTH CLASS SCHEDULE 2023

1617 W. Rosecrans #O Gardena CA 90249 Tel: 310-756-6501

WWW.CMMAFITNESS.COM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					11:00a – 12:00p Kids' MMA (Julio, Cody)	CLOSED
4:30p – 5:30p Kids' BJJ Gi (Robles, Julio)	4:30p – 5:30p Kids' BJJ No Gi (Julio, Powell, Robles)	4:30p – 5:30p Kids' Striking (Julio, Cody, Brandon)	4:30p – 5:30p Kids' BJJ Gi (Julio, Powell, Robles)	4:30p – 5:30p Kids' Wrestling (Acuna, Cody, Robles)		
4:30p – 5:30p Kids' Striking (Brandon, Cody)	5:30p – 6:30p Kids' Adv BJJ No Gi <i>Invite Only!</i> (Powell)		5:30p – 6:30p Kids' Adv BJJ Gi <i>Invite Only!</i> (Powell)	5:30p – 8:00p Open Mat		
<p>* RESERVATIONS ARE REQUIRED FOR ALL CLASSES *</p>						

