

Tamekia Mizladi: About Me

Tamekia MizLadi, affectionately known as "The Singing Speaking Poet," is the visionary founder of EDU Arts, LLC. Her mission is to leverage the transformative power of creative arts to deliver impactful learning experiences.

As a seasoned thought leader, Tamekia conveys a universal message of compassion, empowerment, and resilience, fostering teamwork and unity. Her profound knowledge and unwavering passion for Health Equity, DEIB, and Self-Care have been instrumental in shaping her approach to developing Workplace Culture and Wellbeing programming.

Boasting over two decades of diverse speaking, facilitating, and training experience, Tamekia MizLadi is a soughtafter keynote speaker renowned for her practical approach to helping organizations create psychologically safe environments. She possesses a unique talent for unifying stakeholders, managers, and employees to achieve shared objectives—a quality she aptly describes as the "people factor."

Hear Tamekia





www.TamekiaMizLadi.com 740-Tamekia (826-3542) • Contact@TamekiaMizLadi.com

HER APPROACH

Tamekia adopts a systematic approach to incorporate personal wellbeing elements that mitigate compassion fatigue and enhance staff retention. Her extraordinary ability to connect with individuals and inspire them to overcome obstacles and embrace their inherent greatness sets her apart as a dynamic force of motivation.

BACKGROUND & CERTIFICATIONS

With a background immersed in Health Equity, DEIB, and Self-Care, Tamekia offers a distinctive blend of experience and charisma on every stage she graces. Her journey as a professional speaker took a significant leap when she auditioned in New York for a TED talk, fueling her determination to impact lives and catalyze personal growth. Since that pivotal moment, Tamekia has graced prestigious events, corporate gatherings, healthcare institutions, and educational establishments, leaving audiences with a renewed sense of purpose and the tools to achieve their goals.

Tamekia holds certifications as a Scrum Master and possesses a degree in Paralegal studies, bolstered by certificates in Instructional Design, Data Analytics, and Crisis Incident Stress Management. Beyond her professional accomplishments, she remains deeply committed to giving back to the community, volunteering her time with Ronald McDonald House and various healthcare initiatives. Tamekia firmly believes in the power of collective action to drive positive change, embodying her approach to motivating others to transform their dreams into their authentic reality.



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Quarter 1 Themed Talks

January: New Year - New You

Reimagining Me: Transforming the Past into a Fresh Start. Disrupting comfort zones and uncovering untapped potential.

February: Black History Month

Celebrating Black Resilience through the Arts:

The intersection of performing arts, resilience, and the beauty of creative learning.

March: Women's History Month

SHE Minding HER Business: Empowering women to remain committed to personal and professional development.



SIGNATURE **TALKS**

I'm GRACED for this!

Implementing Resilience and the GRACED Approach in the midst of Adversity

Technically I'm OK

Exploring Emotional Intelligence and Self-Care to Foster a Healthy Workplace Culture

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Services Offered...

Keynote Speeches

Tamekia MizLadi delivers transformative keynote speeches that ignite action. Her signature talks are more than just speeches: they can also be delivered as immersive workshops designed to empower and engage audiences. These talks include:



Reimagining Me: Transforming the Past into a Fresh Start



I'm GRACED for this!: Implementing Resilience and the GRACED Approach in the midst of Adversity



Technically I'm OK: Exploring Emotional Intelligence and Self-Care to Foster a Healthy Workplace Culture



Customized Interactive Workshops

Take a deeper dive into personal and professional development with Tamekia's interactive workshops tailored to meet your organization's unique requirements.

Personalized One-on-One Coaching

Whether you're seeking personalized guidance, working on a project, or striving for professional excellence, Tamekia's oneon-one coaching will help you achieve your goals, unlocking your full potential.

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