





Our Mission

The Plantrician Project is a 501(c)3 not-for-profit organization educating, equipping, and empowering physicians, healthcare practitioners and other health influencers with knowledge about the indisputable benefits of whole food, plant-based nutrition.

Our Why

The leading causes of disability and death in the world are diet-related chronic conditions, yet healthcare providers, the gatekeepers of dietary recommendations and prescriptions, receive less than 1% of their medical training in clinical nutrition.

Our Vision

A nation—and a world—in which all physicians, healthcare providers, and health influencers have embraced the dietary paradigm shift to a whole food, plant-based diet; in turn, effectively promoting patient and client adoption of this health-protecting, disease-fighting way of living.

The result of our work is the transformation and regeneration of human health, healthcare, and the food ecosystem.

Our Initiatives and Programs









CULINARYRX



REGENERATIVE HEALTH INSTITUTE Our Model for Change ensures that healthcare providers are introduced to the science of plant-based nutrition from medical school onward, continuously engaged in professional development, and equipped with the latest research. They are supported by mentors and empowered to become leaders and advocates for using food as medicine to transform healthcare.





The Crucial Role of Plant-Based Nutrition

A diet low in fruits, vegetables, legumes, and whole grains is the leading contributor to death worldwide — increasing the risk of cardiovascular diseases and the likelihood of developing type 2 diabetes. Low consumption of plant-based foods is also linked to elevated risks of cancer, obesity, digestive issues, and mental health disorders. This underscores the pivotal opportunity for plant-based nutrition to address the multifaceted aspects of the chronic disease epidemic from human health to healthcare costs to environmental burdens.



Planting the seeds of change $^{\scriptscriptstyle \mathsf{TM}}$

Join us!

- **♂** Give today at PlantricianProject.org
- Join the Seeds of Change Society \$1,000+ annual support
- Onnect with us to learn about our programs and how your transformational support and investment can make a difference
- Join Plantrician Providers at www.plantrician.org





View Our Model For Change



Make a Donation