



I understand and agree that by participating in *ElevateNow* Group Coaching with Leadership & Personal Mastery Academy with Steve Eldredge, (hereafter referred to as my Coach), my experience, and the results thereof are based solely upon my level of participation. I know that I am responsible for how much I share and express during this course.

I understand that the coaching services I will be receiving from Steve Eldredge are not offered as a substitute for professional medical care and are not intended to diagnose, treat or cure any medical or mental health conditions. I also understand that my Coach is not acting as a medical professional or mental health counselor.

I understand that coaching is, at present, an unregulated industry and that my Coach is not licensed by the State of Texas or any other state. I also understand that for all legal purposes, the services provided by my Coach will be considered to be provided in the State of Texas. Any dispute must involve a mediator or court located in Texas.

I understand and agree that I am fully responsible for my well-being during these group coaching sessions, and subsequently, including my choices and decisions. I understand that the success of this program is based upon my personal actions and depends upon the level that I apply what I learn.

I understand that all comments and ideas offered by my Coach are solely for the purpose of aiding me in achieving my defined goals. I have the ability to give my informed consent, and hereby give such consent to my Coach to assist me in achieving such goals.

I understand that my Coach will protect my email information as confidential unless I state otherwise in writing. If I report child, elder abuse, neglect, or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement is limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, he will do so to the extent the law requires.

I understand that the use of technology is not always secure and I accept the risks of confidentiality in the use of email, text, phone, Skype, FaceTime, Zoom, Teams, and other

technology. I understand the class will be recorded. I agree that course training segments may be used for other training purposes.

I agree to provide feedback for this course via a survey that will be emailed to me after each course segment. I agree to not share the recording link.

I hereby release, waive, acquit and forever discharge my Coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach as a result of the advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement. I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns, and agents.

I agree that I am of sound mind and am not currently under any professional psychiatric care under which I have been advised not to participate in a program of this type. I agree that I am not now under any form of non-prescription drug or under the influence of any substance that alters my mental capacity. I agree that if I am under any prescribed anti-depressant or stimulant, I am participating in this program under my own free will.