



908 Athletics Open Gym Access Rules

1. Do not bring or otherwise allow a person that is not an approved member or guest of the facility to access the facility without permission of management
2. Do not bring or otherwise allow a person younger than 18 years of age to access the facility without permission of management
3. Athletes alone in the gym should keep their HybridAF app nearby in order to use the 911 feature if required. In an emergency, press the 911 button, which will assist you in calling 911
4. Both the front and back doors must remain closed during all non-class hours
5. No one under the influence of alcohol or drugs is permitted in the gym at anytime. No alcohol involved fitness activities are permitted without express permission from the owner
6. Only use equipment you understand how to use
7. Inspect the equipment to make sure it is properly functioning prior to using the equipment
8. Remove potential trip hazards from floor and return all weight to weight rack after you are finished lifting the weight
9. Utilize a spotter whenever lifting heavy weight
10. Stop exercising if you experience a potential injury and seek medical attention
11. Inspect your surroundings to make sure equipment and weights are not obstructing your intended exercise

12. Notify management and all other members using the facility if any equipment is not working properly or if you notice any potentially dangerous conditions within the facility. Email Tim@908athletics.com with any notifications.

13. Return all equipment, chalk, and/or other gym supplies to their designated storage place after using the equipment and pick up any items or trash brought into the gym or bathrooms. Failure to do so will result in the following:

1st Violation Verbal warning

2nd Violation \$25 fine immediately charged to Credit Card
on file

3rd Violation \$50 fine immediately charged to Credit Card
on file

Additional violations of this rule will result in additional \$50 fines or will result in revocation of 24/7 HybridAF access and may result in termination of gym membership

14. The gym is monitored 24/7 by surveillance camera. Do not touch, move, or unplug any security cameras

15. Do not adjust the thermostat and turn off lights by the front door.

16. Any items taken from the retail area must be signed for at the time of purchase on the Retail Order Sheet in the retail area. Failure to report is considered stealing and will be dealt with accordingly

17. Do not adjust the music in the gym. Music will be kept at a low to moderate level. Please wear headphones if you want to listen to something louder.

Failure to follow these guidelines will result in revocation of 24/7 HybridAF access and may result in termination of gym membership