

Inc.

10 Promising Franchises for 2011

BY ERIC MARKOWITZ | FEB 10, 2011

Thinking of starting a franchise? Here's a look at ten different franchises that just may become the country's next big thing. [View slideshow](#)

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Energy Kitchen

Energy Kitchen's menu has a built-in healthy factor: nothing is over 500 calories and every dish is grilled, baked, or steamed. Founded in 2004 and headquartered in New York City, Energy Kitchen ranked No. 3,276 on the 2010 Inc. 5000 list, with an impressive growth rate of 59 percent over three years, and sales may accelerate. Randy Schechter, the company's founder, recently told *Retail Traffic* magazine that the company plans to turn its 10 locations into 1,000 over the next 10 years.