Resource Directory

I originally thought about putting all these resources in the book but realized that there are changes all the time of contact info to names of departments. So instead I will try and update these as I find changes.

These resources are in the order in which I thought it made sense. Hopefully you can find what you are looking for.

If and when you see a change or that something does not work or that you need more guidance. Please reach out to me so I can correct it.

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Care Funding Specialist

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Reverse Mortgage Information

National Reverse Mortgage Lenders Association (NRMLA)

1400 16th St., NW, Suite 420
Washington, DC 20036
Phone: 202.939.1760
Website: www.nrmlaonline.org

Long-Term Care & Health Insurance Resources

American Association of Health Plans

601 Pennsylvania Avenue NW, South Building, Suite 500
Washington, DC 20004

Phone: 202.778.3200
Website: www.ahip.org

American Association of Long-Term Care Insurance (AALTCI)

3835 E. Thousand Oaks Blvd., Suite 336
Westlake Village, CA 91362
Phone: 818.597.3227
Website: www.aaltci.org

National Association of Insurance Commissioners (NAIC)

Hall of States
444 North Capitol Street, NW, Suite 701
Washington, DC 20001-1512
Phone: 202.624.7790
Website: www.naic.org

Weiss Ratings, Inc.

4400 Northcorp Pkwy
Palm Beach Gardens, FL 33410
Phone: 1-877-934-7778
Website: www.weissratings.com
Financial ratings for long-term care insurers.

Government Agencies & Aging Services

Administration on Community Living – Eldercare Locator

Website: www.eldercare.acl.gov

Centers for Medicare & Medicaid Services (CMS)

Phone: 800.MEDICARE
Website: www.medicare.gov

CMS Headquarters
7500 Security Boulevard
Baltimore, MD 21244

Email: question@cms.gov
Website: www.cms.gov

Department of Veterans Affairs (VA)

810 Vermont Ave. NW
Washington, DC 20420
Phone: 800.827.1000
Website: www.va.gov

National Council on Aging (NCOA)

251 18th Street South, Suite 500
Arlington, VA 22202
Phone: 571.527.3900
Website: www.ncoa.org

National Institute on Aging

Website: www.nia.nih.gov

Paralyzed Veterans of America (PVA)

Veterans Benefits Dept.
801 18th St., NW
Washington, DC 20006
Phone: 800.424.8200
Website: www.pva.org

US Aging

1100 New Jersey Avenue, SE, Suite 350
Washington, DC 20003
Phone: 202.872.0888
Website: www.n4a.org

Legal Resources

National Academy of Elder Law Attorneys (NAELA)

1577 Spring Hill Road, Suite 310
Vienna, VA 22182
Website: www.naela.org

Caregiver Resources: Home Care & Adult Day Care

National Adult Day Services Association (NADSA)

11350 Random Hills Road, Suite 800
Fairfax, VA 22030
Toll-Free: 1.877.745.1440
Website: www.nadsa.org

National Association for Home Care & Hospice

228 7th Street, SE
Washington, DC 20003
Phone: 202.547.7424
Website: www.nahc.org

Caregiver Resources: Hospice

Hospice Foundation of America

1707 L Street NW, Suite 220
Washington, DC 20036
Phone: 800.854.3402
Website: www.hospicefoundation.org

National Hospice and Palliative Care Organization

1731 King Street
Alexandria, VA 22314
Phone: 703.837.1500
Website: www.nhpco.org

Caregiver Resources: Housing

LeadingAge

2519 Connecticut Ave. NW
Washington, DC 20008
Phone: 202.783.2242

National Center for Assisted Living (NCAL)

Website: www.ahcancal.org

National Shared Housing Resource Center

Website: www.nationalsharedhousing.org

Caregiver Resources: Geriatric Care Management

Aging Life Care Association

1747 Pennsylvania Avenue NW, Suite 1000
Washington, DC 20006
Website: www.aginglifecare.org

Caregiver Resources: Medications

American Pharmacists Association (APhA)

2215 Constitution Avenue, NW
Washington, DC 20037
Phone: 202.628.4410
Website: www.pharmacist.com

CenterWatch – Clinical Trials

Website: www.centerwatch.com

MEDLINEplus

Website: https://medlineplus.gov/

Caregiver Resources: Finding Doctors

American Medical Association (AMA)

Website: www.ama-assn.org

Gerontological Society of America

Website: www.geron.org

Caregiver Organizations & Support

Caregiver Action Network

1150 Connecticut Ave, Suite 501
Washington, DC 20036
Phone: 202.454.3970
Website: www.caregiveraction.org

Well Spouse Foundation

63 West Main Street, Suite H
Freehold, NJ 07728
Phone: 732.577.8899
Website: www.wellspouse.org

Additional Caregiver Sites

www.caregiver.com
www.carescout.com

Senior Advocacy & Interest Groups

AARP

Website: www.aarp.org

Alliance for Aging Research

2021 K Street, NW, Suite 305
Washington, DC 20006
Phone: 202.293.2856
Website: www.agingresearch.org

Alliance for Retired Americans

815 16th Street, NW, 4th Floor
Washington, DC 20006
Phone: 202.637.5399
Website: www.retiredamericans.org

American Society on Aging (ASA)

Website: www.asaging.org

Benefits CheckUp

Website: www.benefitscheckup.org

Families USA

Website: www.familiesusa.org

Miscellaneous Health Resources

Mayo Clinic

Website: www.mayoclinic.org

WebMD (On Health)

Website: www.webmd.com

Disease-Specific Organizations

Alzheimer's Organizations

- Alzheimer's Association — www.alz.org
- Alzheimer's Research Forum — www.alzforum.org

American Cancer Society

Website: www.cancer.org

American Diabetes Association

Website: www.diabetes.org

American Heart Association

Website: www.americanheart.org

American Stroke Association

Website: www.strokeassociation.org

Arthritis Foundation

Website: www.arthritis.org

Hearing Loss Association of America

Website: www.hearingloss.com

Lighthouse Guild

Website: www.lighthouseguild.org

National Association for Continence

Website: www.nafc.org

National Organization for Rare Disorders

Website: www.rarediseases.org

National Osteoporosis Foundation

Website: www.nof.org

National Sleep Foundation

Website: www.sleepfoundation.org

Parkinson's Resource Organization

Website: www.parkinsonsresource.org
