# NURSE

Newsletter

# Welcome back, **Panther Family!**

Hello, everyone! I am so happy to get back to school and see all of the student smiles! My name is Erin Carpenter and I am the School Nurse at Lakewood Park. I have been a Registered Nurse for 6 and a half years and have been at Lakewood Park for 5 and a half of them! Prior to working as a school nurse, I had experience working in Labor and Delivery. I absolutely love working at Lakewood Park and interacting with the K-12th graders. Our school offers such a unique learning environment and it is a blessing to see the range of ages experience the benefits of Christian Education.

#### NOTE ON MEDICATIONS

Students are NOT permitted to keep medications in their bookbags during the day. All medications MUST be turned into the clinic. Any medications in student possession will be confiscated and reported to administration.

<u>Emergency medications such as albuterol or epinephrine may be carried by 5th-12th graders</u> if a doctor's note has been turned into the clinic giving permission to do so.

### Medications Provided in the Clinic

- Ibuprofen (Advil)
- Acetaminophen (Tylenol)
- Tums
- Hydrocortisone Cream
- Neosporin

If you would like your child to have access to any other medications in the clinic, you will need to provide those yourself (i.e. allergy medications, prescription medications). Gold Medication Forms must be turned in with all personal medications.

# Helpful Resources

- LPCS Health Policy

  - PCS Lower School Physical Form
    Required for All New and
- Kindergarten Students to start school IHSAA Physical Form (Upper School and All Athletes)
- Required for All New, 5<sup>th</sup>, and 9<sup>th</sup> grade students to start school
- CDC School Age Immunization <u>Requirements</u>

Contact me at nurse@lakewoodpark.org

## **How Sick is Too** Sick?

Should your child have the following symptoms, they should stay home from school (per the LPCS Health Policy):

- Temperature of 100.0 F, or higher (temperature should be taken without the use of fever reducing medications)
- Vomiting, within the past 24 hours Diarrhea, 2 or more occurrences within the
- past 24 hours
  Pink eye (conjunctivitis), 2 or more
  symptoms (redness, itching, pain, drainage)
  Excessive coughing that is distracting to the student and classroom environment
- Unexplained skin rashes that are unable to be covered

