



What Is This List?

This is a reference list of the **energetically imprinted test vials**—commonly referred to as **filters**—used during your **Soliman Auricular Allergy Treatment (SAAT)** session at **Collective Health Center**. These filters help identify energetic sensitivities to a wide range of substances, including foods, environmental allergens, chemicals, and autoimmune-related markers.

We use this tool to guide personalized treatment and pinpoint the most relevant allergens or sensitivities for your body. You don't need to memorize or prepare anything from this list—it's simply here to give you a sense of what we may explore during your visit.

If you already suspect certain triggers (like dairy, pollen, or fragrances), feel free to mention them during your [Wellness Discovery Call](#) so we can prioritize them in your session.

Initial Screen & Core Allergens

- Allergy
- Histamine
- MCAS Detect
- MCAS AA
- Alpha Gal
- Stainless Steel Combo
- Alcohol Mix
- Toxin Combo
- Glue
- Adhesive Plasts
- Serin Spinex Needles

Dairy & Eggs

- Dairy Mix
 - Milk Mix
 - Goat's Milk
 - Sheep's Milk
 - Casein
 - Whey
 - Cheese Mix
 - Yogurt
 - Egg Mix
 - Egg Yolk
 - Egg White
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Grains

General Grains

- Grain Mix
- Wheat Mix
- Gliadin
- Barley
- Rye
- Spelt

Gluten-Free Grains

- Buckwheat
 - Millet
 - Oat
 - Quinoa
 - Sorghum
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Nuts & Legumes

Nuts

- Nut Mix
- Cashew
- Peanuts
- Pecans/Hickory
- Walnut Mix

Legumes

- Bean/Legume Mix
 - Black Bean
 - Chickpea
 - Kidney Bean
 - Lentils
 - Navy Bean
 - Pinto Bean
 - Soybean Mix
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Fruits

- Fruit Mix
 - Berry Mix
 - Blueberry
 - Cherry
 - Cranberry
 - Citrus Fruit Mix
 - Lemon
 - Lime
 - Orange
 - Apple
 - Avocado
 - Banana
 - Fig
 - Grape, White
 - Grapefruit
 - Peach
 - Coconut
 - Pear
 - Pineapple
 - Kiwi
 - Olive, Green
 - Papaya
 - Mango
 - Melon
 - Cantaloupe
 - Honeydew Melon
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Vegetables

- Vegetables
- Arugula
- Asparagus
- Beets
- Butternut Squash
- Broccoli
- Cabbage
- Carrot
- Cauliflower
- Celery

- Collard Greens
 - Corn Mix
 - Cucumber Mix
 - Eggplant
 - Green Bean
 - Kale
 - Onion Mix
 - Onion, White
 - Pepper Mix
 - Potato Mix
 - Tomato Mix
 - Summer Squash
 - Zucchini
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Spices

- Spices
 - Cilantro
 - Garlic
 - Ginger
 - Mustard
 - Oregano
 - Parsley
 - Pepper, Black
 - Pepper, Chili
 - Rosemary
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Baking & Pantry Items

- Baking Powder
- Baking Soda
- Caffeine
- Chocolate
- Coffee Mix
- Coconut Oil
- Lecithin
- Fats, Animal
- Fats, Vegetable
- Hemp Protein

- Salt Mix
 - Sugar Mix
 - Starch Mix
 - Wine, Red
 - Vinegar Mix
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Seafood & Poultry

Shellfish

- Shellfish Mix
- Clam
- Crab
- Lobster
- Oyster
- Scallops
- Shrimp

Other Seafood

- Fish Mix
- Codfish
- Flounder
- Halibut
- Mackerel
- Salmon
- Sardine
- Sea Bass
- Snapper
- Squid
- Swordfish
- Trout
- Tuna

Poultry

- Chicken
 - Duck
 - Turkey
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Food Additives

- Food Color/Dyes
 - Artificial Flavors
 - Artificial Sweeteners
 - Food Additives
 - Food Preservatives
 - Gum Mix
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- Mold Mix
 - Aureobasidium Pull
 - Epicoccum Purpur
 - Fusarium Prolifer
 - Mucor Racemosus
 - Phoma Betae
 - Setomel Rosstrat
 - Stemphylium Herb
 - Aflatoxin
 - Ochratoxin A
 - T-2 Toxin
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Red Meat (Alpha-Gal Considerations)

- Meat Mix
 - Bear (alpha-gal free)
 - Bison (alpha-gal free)
 - Carrageenan
 - Caribou (alpha-gal free)
 - Beef (alpha-gal free)
 - Deer (alpha-gal free)
 - Elk (alpha-gal free)
 - Gelatin
 - Goat (alpha-gal free)
 - Lamb (alpha-gal free)
 - Moose (alpha-gal free)
 - Pork (alpha-gal free)
 - Rabbit (alpha-gal free)
 - Squirrel (alpha-gal free)
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Environmental Allergens

Dust, Dander & Insects

- Dust Mix
- Dust Mite
- Animal Epithelial
- Animal Dander
- Cat
- Fel-D Protein, Cat
- Dog
- Mouse Urine
- Feather Mix
- Fur Mix
- Insect Mix
- German Cockroach
- Tick Mix



Yeast & Fungus

- Fungus Mix
 - Yeast Mix
 - Candida
 - Saccharomyces
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Trees, Weeds, Flowers, Grasses

- Tree Mix
- Pollen Mix
- Cottonwood
- American Elm
- Common Silver Birch
- Maple/Box Elder
- Mountain Cedar
- White Oak
- White Mulberry



Mold & Mycotoxins

- Weed Mix
- Common Pigweed
- Sheep Sorrel
- Poison Oak/Ivy
- Flower Mix
- Grass Mix
- Bermuda Grass
- Johnson Grass
- Timothy Grass



Chemicals & Fragrances

Chemicals

- Benzene
- Chloride
- Fluoride
- Formaldehyde
- Phenolics
- Sulfates
- Sulfites

Clothing, Laundry & Fragrances

- Chlorox Bleach
- Detergent Mix
- Dry Cleaning
- Fabric Mix
- Fabric Softener
- Fragrance Mix
- Perfume



Medical & Household Items

Medical-Related

- Amalgam

- Heavy Metals
- Silicone
- Radiation
- Latex
- Surgical Steel
- Tattoo Dye

Household & Building Materials

- Carpet Mix
- Fiberglass
- Foam Rubber
- Magnets
- Mattress
- Newspaper
- Newspaper Ink
- Pressboard
- Paint Mix
- Pesticides
- Plastic Mix
- Rubber Mix
- Styrofoam
- Talc
- Tape Mix
- Teflon
- TDI
- Wood

Smoke/Smoking

- Smoking/Nicotine
- Smoke Wood
- Tobacco



Self Antibodies (Autoimmune-Related)

- ADD
- Alopecia
- Celiac
- Eczema
- Endometriosis

- Estrogen
- IBD
- IBS
- Lyme
- Parkinsonian
- PCOS
- Psoriasis
- Rheumatoid
- Testosterone
- Thyroid
- Tinnitus
- Xerostomia (Sjogren's)