



# ANATOLIAN TABLE RESTAURANT

Serving Lunch & Dinner  
CELEBRATING HEALTH & AUTHENTIC FRESH FOOD

*For a Healthier & Longer Life,  
The Best Mediterranean Food In Town.*

We welcome you to explore the exciting tastes from the Anatolian Region of Turkey, at one of the Best Authentic Turkish Restaurants found in the United States.

Our Anatolian Table Restaurant is one of the highest-rated restaurants in the Sacramento Region.

The Anatolian Table is highly rated because we only serve healthy, fresh, authentic, homemade dishes prepared without any food coloring, additives, or MSG. Our recipes feature locally grown fresh produce and are prepared daily in the Anatolian Table kitchen from scratch.

Treat yourself and a guest to the Anatolian Table experience to enjoy our authentic Turkish dishes, award-winning Turkish Tea and our warm hospitality.

We know that you just found out about the world famous Turkish Cuisine and it is right at your doorstep, in Northern California and not in Turkey

*E. Hazar*  
*Owner*

**Please inform your server if you have any food allergy or special diet before placing your order.**

Thoroughly cooking food of animal origin, including but not limited to beef, eggs, fish, lamb, milk, poultry, or shell stock reduces the risk of Food Borne Illness. Young children the elderly, and individuals with certain health conditions may be at a higher risk if these foods are consumed raw or under cooked.



# LUNCH MENU

(DINNER MENU ALSO AVAILABLE)

**MONDAY TO FRIDAY FROM 11:30 AM TO 2:00 PM ONLY**  
(EXCEPT PUBLIC HOLIDAYS)

## *Appetizers*

Served with 1 Bread, Additional Bread \$ 0.99

### **RED LENTIL SOUP** **7.95**

Traditional Turkish red lentil soup.

### **HUMUS** **7.45**

Garbanzo beans, seasoned with garlic and olive oil. (CH/DR)

### **SPICY HUMUS** **7.45**

Garbanzo beans, seasoned with garlic, olive oil, and house spices. (DR)

### **CACIK** **7.45**

House made yogurt with chopped cucumber, garlic mint, and olive oil. (CH/PG)

### **BABAGANUCH (Smoked Eggplant Salad)** **7.95**

Smoked eggplant with olive oil and tahini. (CH)

### **EGGPLANT SAUCE** **7.95**

Pan fried eggplant with tomato and garlic in olive oil, served chilled. (CH/SB)

### **FETA CHEESE** **7.95**

Slices of Feta with tomato and cucumber slices, black Kalamata olives and olive oil. (CH)

### **FILO PASTRY** **7.95**

Filo wrapped, stuffed with Feta cheese, pan fried until golden brown. (CH/PG)

### **CHICKEN FETA** **10.95**

Diced chicken meat with Feta cheese, red pepper, and onion sauce. (CH/SB)

## *Kebab's from the Grill*

Served with Rice, Salad, Yogurt Sauce, (Soda for \$1.00)

### **DONER KEBAP** **18.45**

Combination of beef and lamb, thinly sliced from the vertical grill. (M/Z/SH)



CACIK



SPICY HUMUS



BABAGANUCH



**LAMB SHISH KEBAP (Lamb Cube Kebap) 19.95**

Tender cubes of lamb marinated with seasoning. (Z/SH)

**CHICKEN SHISH KEBAP 18.45**

Tender cubes of chicken breast marinated with seasoning. (CH/SB)

**BEEF SHISH KEBAP 18.45**

Tender Tri-Tip beef cuts, marinated and grilled. (Z/SH)

**ADANA KEBAP 18.95**

Spicy ground lamb with traditional spices, skewered and grilled.  
(Z/SH)

**BEYTI KEBAP 18.95**

Spicy ground lamb wrap with spicy humus. (Z/SH)

**MEAT BALL KEBAP 17.95**

Char grilled ground beef and lamb meat with seasoning. (CH/SB)

*Traditional Entrees*

**DONER KEBAP WITH YOGURT 18.95**

Ground meat cooked on vertical broiled served on yogurt  
served with salad on side. (Z/CS/M)

**ADANA WITH YOGURT 18.95**

Ground lamb meat on skewers with spices, served on yogurt  
with side salad. (Z/SH)

**CHICKEN KEBAP WITH YOGURT 18.45**

Cubes of chicken breast marinated with seasoning, served over  
yogurt with salad on side. (Z/CS/M)

**MEAT BALL KEBAP WITH YOGURT 18.95**

Ground meat ball with seasoning with yogurt served with salad  
on side. (Z/CS/M)

**LAMB SAUTE 18.95**

Fresh cubes of lamb with mixed vegetables cooked with sauce  
on pan with rice and salad. (Z/CS/M)

**CHICKEN SAUTE 18.45**

Fresh cubes of chicken breast, mixed vegetables cooked with  
sauce on pan with rice and salad. (Z/CS/M)

**VEGETABLE CASSEROLE 18.95**

Mixed vegetables seasoned in casserole pot cooked in oven. (CH/SB)

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BEYTI KEBAP



KOFTE KEBAP



LAMB CHOPS

## LAMB CASSEROLE

18.95

Mixed vegetables with lamb cubes, seasoned in casserole pot cooked in oven served with rice on side. (Z/CS/M)

## CHICKEN CASSEROLE

18.95

Mixed vegetables with chicken cubes, seasoned in casserole pot cooked in oven served with rice on side. (Z/CS/M)

## Lunch Sandwiches

Served with Side of Rice or Fries, Soda for \$1.00

## DONER SANDWICH

17.95

Combination beef and lamb, thinly sliced from the vertical grill wrapped in flatbread with salad.

## ADANA SANDWICH

17.95

Char grilled ground spicy lamb meat on skewer wrapped in flatbread with salad.

## CHICKEN SANDWICH

17.95

Tender cubes of chicken breast marinated with seasoning, grilled and wrapped in flatbread with salad.

## VEGETABLE SANDWICH

16.95

Oven cooked mixed vegetable with spicy humus wrapped in flatbread.

## MEAT BALL SANDWICH

17.45

Ground beef and lamb meat patty's with seasoning, wrapped in flatbread with salad.



BEEF KEBAP



ADANA SANDWICH



CHICKEN SAUTE



CHICKEN KEBAP



HOUSE WRAP



CHICKEN CASSEROLE

**Wine pairing short list name will be at the end of Each Entrée.**

**CH** - Chardonnay

**PG** - Pinot Grigio

**M** - Merlot

**DR** - Dry Reisling

**Z** - Zinfandel

**CS** - Cabernet Sauvignon

**SB** - Sauvignon Blanc

**SH** - Shiraz

Mixed appetizer for 2 will get 3 bread, mixed appetizer for 4 will get 4 bread due the high demand for bread there will be an additional charge for extra bread. Maximum 6 split checks for group of 6 or more. **18% Service Charge will be added to a table of 6.**

# DINNER MENU

## Soup

### RED LENTIL SOUP

9.95

Traditional Turkish red lentil soup.

## Salads

### SHEPHERD SALAD

16.95

Tomatoes, cucumber, red onion, olive oil etc. (PG/CH)

### HOUSE SALAD

13.95

Red cabbage, red onion with Romaine lettuce with house dressing.  
(PG/CH)

*Add chicken or Doner Kebab or Meat Ball 7.95 Add Feta cheese for 3.95*

## Cold Appetizers

Served with Pitta Bread (Additional Pitta \$1.49)

### HUMUS

10.95

Garbanzo beans, seasoned with garlic and olive oil. (CH/DR)

### SPICY HUMUS

10.95

Garbanzo beans, seasoned with garlic, olive oil, and house spices.  
(DR)

### CACIK

10.45

House made yogurt with chopped cucumber, garlic mint, and olive oil. (PG/CH)

### BABAGANUCH (Smoked Eggplant Salad)

10.95

Smoked eggplant with olive oil and tahini. (CH)

### DOLMA

11.95

House made stuffed grape leaves, with rice, onions, pine nuts, and assorted herbs (contains Pine Nuts). (CH/SB)

### EGG PLANT SAUCE

11.95

Pan fried eggplant with tomato and garlic in olive oil, served chilled. (CH/SB)

### FETA CHEESE

10.95

Slices of Feta with tomato and cucumber slices, black Kalamata olives, and olive oil. (CH)



DOLMA



SHEPARD SALAD



MIXED GRILL

**MIXED APPETIZERS FOR 2 PEOPLE** **32.95**

Variety of appetizers served with bread. (CH/SB/DR/M)

**MIXED APPETIZERS FOR 4 PEOPLE** **54.95**

Variety of appetizers served with bread (CH/SB/DR/M)

## Hot Appetizers

**BAKED OVEN HUMUS** **13.95**

Spicy or Regular Humus, seasoned with olive oil, Mozzarella cheese and cooked in oven (contains Pine Nuts). (PG/CH)

**FILO PASTRY** **12.95**

Filo wrapped, stuffed with Feta cheese. Pan fried until golden brown. (C/PG)

**MUSHROOM IN THE OVEN** **14.95**

Mushroom stuffed with cheese cooked, olive oil and pepper flake. (DR/PG)

**CHICKEN FETA** **15.95**

Diced chicken meat with Feta cheese, red pepper, and onion sauce. (CH/SB)

**GARLIC FRIES** **13.95**

French fries with Feta cheese and roasted garlic etc.

**SHRIMP WITH FETA** **16.95**

Shrimp cooked into a feta cheese, red pepper, and onion sauce. (CH/SB)

## Kebab's from Grill

Comes with Rice, Salad, Yogurt Sauce

**DONER KEBAP** **22.95**

Home made combination of beef and lamb, thinly sliced from the vertical grill. (M/Z/SH)

**LAMB KEBAP** **24.95**

100% Lean, tender cuts of lamb marinated and grilled. (Z/SH)

*Mixed appetizer for 2 will get 3 bread, mixed appetizer for 4 will get 4 bread due the high demand for bread there will be an additional charge for extra bread. Maximum 6 split checks for group of 6 or more. **18% Service Charge will be added to a table of 6 or more.***



FILO PASTRY



DONER KEBAP



MUSHROOM IN THE OVEN



<b>BEEF KEBAP</b>	<b>23.95</b>
Tender Tri-Tip beef cuts, marinated and grilled. (Z/SH)	
<b>CHICKEN KEBAP</b>	<b>22.95</b>
Tender cuts of chicken breast, marinated and grilled. (SB/CH)	
<b>ADANA KEBAP</b>	<b>23.95</b>
Spicy ground lamb with traditional spices, skewered and grilled. (Z/SH)	
<b>LAMB CHOPS</b>	<b>33.95</b>
Tender lamb chops, served bone-in and grilled. (CH/M/Z)	
<b>BEYTI KEBAP</b>	<b>23.95</b>
Adana kebab wrapped in flat bread with Spicy Hummus inside. (Z/SH)	
<b>KOFTE KEBAP</b>	<b>22.95</b>
Ground lamb and beef, seasoned with garlic, onions, and parsley in patties. (SB/CH)	
<b>MIXED GRILL KEBAP (1 PERSON)</b>	<b>33.95</b>
House selection of Kebab meats. (Z/SH/CH/M)	
<b>MIXED GRILL KEBAP (2 PEOPLE)</b>	<b>59.95</b>
House selection of Kebab meats. (Z/SH/CH/M)	
<b>MIXED GRILL KEBAP (4 PEOPLE)</b>	<b>119.95</b>
House selection of Kebab meats. (Z/SH/CH/M)	

## *Dinner Sandwiches*

Served with Side Rice or Fries

<b>DONER SANDWICH</b>	<b>20.95</b>
Combination beef and lamb, thinly sliced from the vertical grill wrapped in flat bread, with salad.	
<b>ADANA SANDWICH</b>	<b>20.95</b>
Char Grilled grounded spicy lamb meat on skewer wrapped in flat bread, with salad.	
<b>CHICKEN SANDWICH</b>	<b>20.95</b>
Tender cubes of chicken breast marinated with seasoning, grilled and wrapped in flat bread, with salad.	

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ISKENDER KEBAP



ADANA KEBAP



SULTANS DELIGHT LAMB

## *Kebab's with Yogurt*

### **BEYTI KEBAP WITH YOGURT 23.95**

Adana Kebab wrapped in flatbread with spicy hummus inside, served with yogurt and house sauce. (Z/SH/M)

### **ISKENDER KEBAP 24.95**

Doner Kebab served on bread, with house sauce and yogurt. (Z/CS)

### **ADANA KEBAP WITH YOGURT 23.95**

Ground lamb meat on skewers with spices, served on yogurt with side salad. (Z/SH)

### **CHICKEN KEBAP WITH YOGURT 23.95**

Cubes of chicken breast marinated with seasoning, served over yogurt with side salad. (Z/CS/M)

## *Traditional Dishes*

### **SULTANS DELIGHT WITH LAMB 24.95**

Tender diced lamb with onion over rich and creamy smoked eggplant sauce served with side salad. (Z/CS/M)

### **SULTANS DELIGHT WITH CHICKEN 23.95**

Tender diced chicken with onion over rich and creamy smoked eggplant sauce served with side salad. (CH/SB)

### **SULTANS DELIGHT WITH VEGETABLES 22.95**

Sautéed mixed vegetables over rich and creamy smoked eggplant sauce served with side salad. (CH/SB)

### **LAMB SAUTE 23.95**

Tender diced lamb with mixed vegetables in house sauce, with salad and rice. (Z/CS/M)

### **CHICKEN SAUTE 22.95**

Tender diced chicken with mixed vegetables in house sauce, served with rice and salad. (Z/CS/M)

### **LAMB CASSEROLE 23.95**

Mixed vegetables with diced lamb, baked in house sauce and served with side rice. (Z/CS/M)

### **CHICKEN CASSEROLE 23.95**

Mixed vegetables with diced chicken, baked in creamy sauce and served with side rice. (Z/CS/M)

### **VEGETABLE CASSEROLE 21.95**

Mixed vegetables baked in house sauce and served with side rice. (CH/SB)



LAMB CASSEROLE



MIXED GRILL



VEGETABLE WRAP

## Mediterranean Bowls

### **DONER BOWL** 20.95

Combination of beef and lamb, thinly sliced from the vertical grill served over rice, salad. (M/Z/SH)

### **BEEF BOWL** 20.95

Tender Tri-Tip beef cuts, marinated and grilled served over rice, salad. (M/Z/SH)

### **CHICKEN BOWL** 20.95

Tender cuts of chicken breast, marinated and grilled served over rice, salad. (SB/CH)

### **ADANA BOWL** 20.95

Spicy Ground lamb with traditional spices, skewered and grilled served over rice, salad. (Z/SH)

## Vegetarians

### **VEGETABLE CASSEROLE** 21.95

Mixed vegetables baked in savory sauce and served with side rice. (SB/CH)

### **VEGETABLE WRAP** 21.95

House vegetable blend wrapped with spicy hummus, served with rice and salad. (SB/CH)

### **DOLMA WRAP** 20.95

House made dolma wrap in flatbread with humus, salad and special sauce served with fries.

### **VEGETABLE SAUTE** 20.95

Mixed vegetable in house sauce, served with rice and salad. (SB/CH)

### **SULTANS DELIGHT WITH VEGETABLES** 22.95

Sautéed mixed vegetables over rich and creamy smoked eggplant sauce served with side salad. (SB/CH)

## Sea Foods

Char Grilled, Served with Rice, Salad or Fries

### **SEA BREAM** 42.95

Char grilled whole royal Dorado from Mediterranean sea. (DR/SB/CH)

### **SEA BASS** 39.95

Char grilled whole Brazen from Mediterranean sea. (DR/SB/CH)



SHRIMP CASSEROLE



SALMON



SEA BASS

<b>SALMON</b>	<b>24.95</b>
Char grilled Salmon fillet. (PN/Z)	
<b>SALMON SAUTE</b>	<b>23.95</b>
Diced Salmon with vegetables. (PN/Z)	
<b>SALMON CASSEROLE</b>	<b>23.95</b>
Salmon with mixed vegetables, baked in creamy house sauce. (PN/Z)	
<b>SHRIMP SAUTE</b>	<b>23.45</b>
Shrimp with mixed vegetables in house sauce. (Z/CS/M)	
<b>SHRIMP CASSEROLE</b>	<b>23.95</b>
Shrimp with mixed vegetables, baked in creamy house sauce. (PN/PG)	

## Kid's Menu

Served with French Fries or Rice, Soda Drink (*Pizza excluded.*  
Under 12 years old only.)

<b>CHEESE BURGER</b>	<b>14.95</b>
Beef patty with ketchup and cheese.	
<b>HAMBURGER</b>	<b>14.95</b>
Beef patty with ketchup.	
<b>CHICKEN TENDERS</b>	<b>14.95</b>
Fried chicken tenders.	
<b>DONER KEBAP</b>	<b>14.95</b>
Small serving Doner Kabob plate.	
<b>CHICKEN KEBAP</b>	<b>14.95</b>
Small serving Chicken Kabob plate.	
<b>PITTA PIZZA</b>	<b>12.95</b>
Small size cheese pizza plate.	
<b>KOFTE KEBAP</b>	<b>14.95</b>
Small serving Kofte Kebab plate.	

## Desserts

House Made Recommended with Turkish Tea or Coffee

<b>BAKLAVA</b>	<b>8.95</b>
House made layered Filo dough, with pistachio and house made syrup.	
<b>BAKED RICE PUDDING</b>	<b>8.95</b>
Turkish rice pudding with cinnamon and pistachio.	



BAKED RICE PUDDING



APRICOT DESSERT



BAKLAVA



**APRICOT DESSERT** **11.95**

Glazed apricots, served with almonds, house caramel with pistachio on top, berry sauces over whipped cream.

**KUNEFE** **12.95**

Shredded Filo stuffed with Mozzarella cheese, baked until crispy and topped with house syrup and pistachio.

*Beverages*

**SODA** **4.45**

Ask server for varieties.

**AYRAN** **4.95**

Turkish yogurt drinks.

**FRUIT JUICES** **4.45**

Ask server for varieties.

**TURKISH COFFEE** **5.95**

Traditional Turkish Coffee. (Recommended after the meal, no sugar, medium, or sweet)

**TURKISH TEA** **4.95**

Brewed Fresh Turkish Tea.

*Side Dishes & A la Cart*

Extra Side Salad	3.95	Side Rice	4.95
Kebap Sauce	.99	Saute Vegetable	8.95
Garlic Yogurt	.99	Side crumble Feta	5.95
Chilli Sauce	1.49	A la cart Beef	15.95
Extra Bread	1.95	A la cart Adana	17.95
Red Cabbage	4.95	A la cart Kafte	16.95
Bowl Yogurt	5.95	A la cart Doner Kebap	17.45
French Fries	6.95	A la cart Chicken Kebap	17.45
Red Onions	3.95	A la cart Lamb Kebap	18.95
Side Olives	4.95	A la cart Lamp Chop (3)	22.95
Hunkar Sauce (Smoky Eggplant)	7.95		

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**CH** - Chardonnay

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**M** - Merlot

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**CS** - Cabernet Sauvignon

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