

"Blending Practical Expertise with Personal Mentoring - Empowering You to Overcome Hurdles, Define what you Really Want, and Achieving that Balance in Life and Career"

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Environmental Health Consultant
Mentor, Coach, Scout Leader, Mum Passionate
about helping our Communities!

PROGRAMS OFFER

Mentoring, Retreat, Facilitator

About Megan Nilon

In my day job, I work in local government where I have seen many changes since I commenced in 2005. The changes I see across a number of professions and industries is disheartening. Colleagues, acquaintances and friends are falling apart!

There are incredibly intelligent, awesome hard workers and professionals that do amazing jobs, yet they are crumbling under the weight of an invisible force

Megan's life and professional experiences in achieving positive results is what drives her to do more.

Megan will guide you through a proven 12 step-by-step process to dismantle the internal brick walls that are preventing you from moving towards your goals



Thinking Into Results 12 Step Process

This exceptionally designed program is presented in twelve relevant, simple and practical lessons, to ensure that the success mindset becomes a part of each person's thinking and actions. This leads to the results the person wants most in life.



The EHO Compass 12 Weeks Program

built on my years of experience and designed to give you the tools, strategies, and support you need to excel in your role and beyond.



Unlock & Reset Retreat

Join us on a meticulously designed weekend retreat for your growth, victories, and the realisation of your aspirations. Inspiring Seeds of Change welcomes you to a transformative journey - Unlocking and Resetting that leads to the results you've yearned for.

Join me for a personalized 1:1 discovery session where we'll dive deep into your current progress, challenges, and goals. This is a dedicated space to explore new opportunities, fine-tune your strategies, and ensure you're on track to achieving the best possible outcomes. Whether you have specific questions or need guidance, this session is tailored to your needs.

Discovery Call

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Megan Nilon



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Inspiring Seeds of Change
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