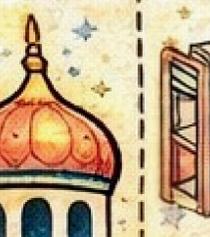
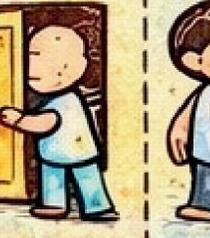


Tear off Silent Amaal Challenge!

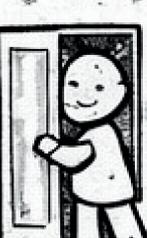
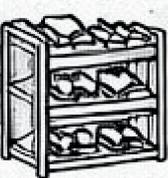
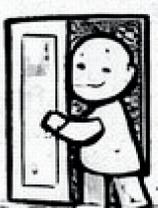
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 <p>Collect rubbish</p>	 <p>Say 10 Salawat in 1 minute</p>	 <p>Be the first to say salaam!</p>	 <p>Think of something beautiful and say Subhan allah</p>	 <p>Hold the door for someone</p>	 <p>Say Astaghfir ullah 30 times</p>	 <p>Recite Dua Hujjah in your heart</p>	 <p>Give a glass of water</p>
 <p>Think of 3 blessings and say Alhamduillah!</p>	 <p>Collect rubbish</p>	 <p>Give a hug</p>	 <p>Sit and reflect for 5 minutes</p>	 <p>Make a silent dua for someone</p>	 <p>Read Qur an for 5 minutes</p>	 <p>Put shoes neatly</p>	 <p>Smile for Allah</p>
 <p>Smile for Allah</p>	 <p>Make a silent dua someone</p>	 <p>Put shoes neatly</p>	 <p>Collect rubbish</p>	 <p>Read Qur an for 5 minutes</p>	 <p>Hold the door for someone</p>	 <p>Be the first to say salaam</p>	 <p>Say 10 Salawat in 1 minute</p>

Tear off Silent Amaal Challenge!



 <p>Collect rubbish</p>	 <p>Say 10 Salawat in 1 minute</p>	 <p>Be the first to say salaam!</p>	 <p>Think of something beautiful and say Subhanallah</p>	 <p>Hold the door for someone</p>	 <p>Say Astaghfirullah 30 times</p>	 <p>Recite Dua Hujiah in your heart</p>	 <p>Give a glass of water</p>
 <p>Think of 3 blessings and say Alhamdulillah!</p>	 <p>Collect rubbish</p>	 <p>Give a hug</p>	 <p>Sit and reflect for 5 minutes</p>	 <p>Make a silent dua for someone</p>	 <p>Read Qur'an for 5 minutes</p>	 <p>Put shoes neatly</p>	 <p>Smile for Allah</p>
 <p>Smile for Allah</p>	 <p>Make a silent dua for someone</p>	 <p>Put shoes neatly</p>	 <p>Collect rubbish</p>	 <p>Read Quran for 5 minutes</p>	 <p>Hold the door for someone</p>	 <p>Be the first to say salaam</p>	 <p>Say 10 Salawat in 1 minute</p>