

GENDER THERAPIST



LET'S CONNECT



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ABOUT LINDA K.

For over 10 years I have been providing therapy to individuals exploring their gender. These transformational journeys have included providing support to hundreds of family members who are also moving through their own emotional metamorphosis. I completed the WPATH Global Education Initiative (GEI) Certified Training Course: Best Practices in Transgender Medical and Mental Health Care in 2018, and attained WPATH SOC-8 GEI Certification in 2023. I also teach a workshop on Treatment of Parents of Trans*/NB Children at Antioch University.



You don't have to be alone with the uncertainty and emotional overwhelm of parenting a gender expansive child. Whether you are concerned about your child's mental health or physical safety, or need help managing your own difficult emotions, this intimate 5-person group therapy experience Is designed to help parents:

- Regain your emotional stability and confidence as a parent
- Find relief from the overwhelming emotions
- Acquire knowledge about gender and sexual identities
- Learn ways to improve your relationship with your child
- Understand how to best support your child and your family

GROUP DETAILS

- Group meets weekly for 90 minutes per session. Day and time of session will be determined by participant availability
- I use a HIPAA compliant tele-therapy platform Simple Practice - like Zoom but more secure
- \$75 per session fee. Credit card will be charged at the end of each session. I will provide a monthly Super Bill that you can submit to your insurance company for reimbursement - Use CPT Code 90853 on your claim form

To explore if Group Therapy is right for you, email me to schedule a free 30-minute consult.

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GROUP THERAPY FOR PARENTS

OF TRANSGENDER & NON-BINARY
CHILDREN

Do you want help transforming your pain into pride?

