

# THE 3 BEST SKINCARE TREATMENTS FOR MEN

Skincare treatments have a stigma. For some, facials and spa treatments can seem “feminine,” as though they’re only intended for women. But skincare treatments aren’t just for women. In fact, they’re often more effective on men and people who don’t wear makeup or use a lot of skincare products.

If you’re thinking about taking better care of your skin, choose a treatment that provides powerful results. These three treatments combine cutting-edge technology with high-quality products, giving you clearer, softer, stronger skin. They’re relaxing, and they can also help you manage acne and prevent future breakouts.



## HYDRAFACIALS

HydraFacials are one of the best options available for men with all skin types. The dual hydrating and cleansing technology sucks out dirt, dead skin, and other bacteria responsible for clogged pores. At the same time, it flushes your face with a moisturizing solution designed to soften and refresh your skin. The end result? Your face feels so much better—more hydrated, fresher, and cleaner. Plus, the treatment is relaxing and stress-relieving.

A HydraFacial only takes 30 minutes, and you’ll notice an instant improvement. The results last about a month. The more you get, the healthier your skin will be. If you want to get regular HydraFacials for cheaper, you can get a HydraFacial Membership and save \$600 a year.

## LASER RESURFACING TREATMENT

Get rid of acne scars for good. Non-ablative laser resurfacing breaks down the top layer of skin, significantly reducing the appearance of scars of all kinds. It evens out your complexion. The resurfacing tool, Icon™, uses two different hand-pieces to target multiple skin concerns with each treatment.

Two laser wavelengths are often better than one for treating moderate to severe skin blemishes, acne scars, and wrinkles. The treatment might feel prickly, but most patients can tolerate it without any numbing cream.



## INTENSE PULSED LIGHT THERAPY

If your face has discoloration, you know how frustrating it can be. Fortunately, achieving a clear complexion doesn’t have to mean extra work on your part. Photorejuvenation uses intense pulsed light (IPL) technology to help reduce the appearance of brown spots, broken capillaries, and sunspots.

The treatment uses a safe but powerful light to even your skin rather than a needle, laser, or chemicals. The treatment has little recovery time and few side effects, making it a popular option for anyone who wants a clearer face.



FEEL  
CONFIDENT  
IN YOUR SKIN

Whether you use a moisturizer on the regular or don’t even own lotion, a skincare treatment can help your skin look good and feel good. Whatever your skin needs, there is a treatment for you. HydraFacials are a relaxing choice for men who want a cleaner, fresher face. If you have skin issues like acne or sun spots, non-ablative laser resurfacing and IPL treatments can get rid of them for good.

The Resurge Clinic offers all three of these treatments and many more. For years, our team of skincare experts has provided the Fort Worth and Weatherford areas with the best services available. We’re dedicated to helping you get the most out of your treatments.

Schedule a free consultation today, and let’s create a game plan to give you the strong, healthy skin you deserve.

SCHEDULE A CONSULTATION