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HAUNTING CONVERSATIONS

Discover Your Communication Spirit





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Discover your unique communication style and **improve** your workplace interactions.



We all have that one cringe worthy conversation in the workplace that haunts us! Having to respond on the spot, being unprepared, or not fully understanding how best to communicate with the person involved can all add up to a horror of a situation!



Understanding your teams communication is a great start in learning about your team dynamic which will allow you to tailor your communication style to achieve the best outcomes in your workplace conversations:

- Improving collaboration within your team for better results
- Making conflict resolutions far less stressful
- Getting your employees engaged with your leadership & organisation goals
- Improving retention & help develop rising stars
- Creating a positive working environment



Getting your team to work through the assessment below will give you an insight into your team dynamic & help you develop communication styles to get the best out of your team.

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Get ready to unmask your teams communications styles in **just 5 minutes** – perfect for brewing up better interactions this Halloween season!

Once you have the results head over to our flash workshop videos to put your findings into action.



1. When faced with a challenge, I prefer to:
A) Take charge and make decisions quickly.
B) Rally others and work together.
C) Support others and maintain harmony.
D) Analyse the situation thoroughly before acting.

2. In a group setting, I usually:
A) Lead the discussion and set the direction.
B) Share ideas and encourage participation.
C) Listen attentively and help resolve conflicts.
D) Focus on details and ensure accuracy.

3. My approach to new tasks is to:
A) Jump right in and take risks.
B) Be enthusiastic and motivate others.
C) Be patient and considerate of everyone's input.
D) Research and plan extensively.

4. I am most motivated by:
A) Achieving results and recognition.
B) Social interactions and building relationships.
C) Stability and teamwork.
D) Knowledge and precision.

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5. I handle stress by:
A) Taking control and making quick decisions.
B) Seeking support and talking it out.
C) Focusing on routines and what I can manage.
D) Analysing the problem and creating a plan.

6. In decision-making, I tend to:
A) Make quick, confident choices.
B) Involve others and seek their opinions.
C) Take time to consider everyone's feelings.
D) Gather all relevant information before deciding.

7. When working on a team project, I prefer to:
A) Take the lead and delegate tasks.
B) Encourage group discussions and brainstorming.
C) Ensure that everyone is comfortable and contributing.
D) Focus on details and ensure each task is completed accurately.

8. My reaction to change is typically:
A) Embrace it and see it as an opportunity.
B) Get excited and share the news with others.
C) Feel uncertain and prefer to maintain the status quo.
D) Analyse the change and assess its impact before adapting.



9. When receiving criticism, I usually:

A) See it as a challenge to improve.

B) Look for constructive elements and engage in discussion.

C) Take it personally but appreciate the feedback.

D) Consider it carefully and reflect on how to address it.

10. I prefer my work environment to be:

A) Fast-paced and competitive.

B) Interactive and lively.

C) Calm and collaborative.

D) Structured and detail-oriented.



Scoring:

Count how many responses you selected for each letter (A,B,C,D).

The letter with the highest count indicates your primary communication style



Results:

- **Mostly A's -** D (Dominance): You are assertive, results-oriented, and prefer challenges.
- **Mostly B's -** I (Influence): You are social, enthusiastic, and value relationships.
- **Mostly C's -** S (Steadiness): You are supportive, patient, and prioritize teamwork.
- **Mostly D's -** C (Conscientiousness): You are analytical, detail-oriented, and seek accuracy.



Head over to our flash workshop videos to find out how you can tailor your communication styles to suit your team dynamic, **in just 15 minutes!**

Or book a **free** 30min session with our Immersion Studio trainer to test your communication skills in our immersive VR simulations, powered by real people for a real challenge!

