The Grief Recovery Method
Advanced Certification Training
"Agenda"

The Grief Recovery Institute provides a Foundational Certification Training and an Advanced Certification Training, both of which educate the Specialist in how to support grievers using the Grief Recovery Method formats. Once the Foundational Certification has been achieved, Grief Recovery Method Specialists who would like to further their education with respect to this program may continue their training by completing the Advanced CertificationTraining.

The Advanced Certification Training offers you the opportunity to become *more deeply informed* with regards to the construct and delivery of each of our lesson plans. It is presented in an academic manner and deepens the Specialists understanding of the GRM programs, processes, lessons, and homework assignments. The training is a total of 18 hours long, self-paced, and consists of pre-recorded videos and quizzes. It is broken up into the following four modules.

Advanced Online Capabilities One-on-One Module: 10 Hours

Unit 1 – 3 videos including a general introduction to the module – 1.5 hours plus quiz time
- The background and need for working online
- The basics
- Expectations of the participants when engaging in this course

Unit 2 – 2 videos discussing communication strategies and expectations – 1 hour plus quiz time
- Describing the expectations of the trainees for thorough communication with participants prior to the beginning of their online work
- Expected communication with the participant throughout the course, providing tips and techniques for motivating and encouraging participants throughout the course, maximizing their success in the program

Unit 3 – Specific instruction on each of the seven sessions of the GRM One-on-One program – 4 hours plus quiz time
- Each of the seven videos in this Unit pertains to a single session
- Tips on presenting the materials
- Possible challenges that might occur
- Suggestions for helping make each session successful
- Showing how the sessions are built on each other through completion

Unit 4 – How to lead a post-course follow up with the participants – 2 hours plus quiz time
- Discuss how participants may continue to use the GRM tools in the future
- Additional expectations of the GRMS in completing the course with participants
- "Next Steps" - Follow up with the additional modules
- Where to find resources on the GRI website, specific to this Advanced Online CapabilitiesTraining

Advanced Online Capabilities Group Module: 3 Hours

Unit 1 – Introduction to the online group format – 15 minutes

Unit 2 – Discussion of how this format is covered by the License and Service Agreement – 30 minutes
- Basic logistics of working online with a group
- Online platform basics (Zoom as an example)

Unit 3 – Discussion of the content and use of the Communication Chain to be used in communicating with group participants - 30 minutes

Unit 4 – Explanation of the recommendation for doing a pilot group with the online format - 20 minutes

Units 5 thru 12 – Specific description and content of each of the 8 sessions in the online group program - 1 hour

Unit 13 – Next Steps and discussion of resources to be found on the GRI website – 25 minutes

Advanced Online Capabilities Helping Children with Loss (HCWL) Group Module: 3 Hours

Unit 1 – Introduction to the online HCWL format – 15 minutes

Unit 2 - Discussion of the License and Service Agreement in relation to this format – 30 minutes
- Basic logistics of working online with a group
- Online platform basics (Zoom as an example)

Unit 3 – Basic information about the HCWL course – 30 minutes
- Appropriate audiences, populations, etc.
- Use with professionals, friends, family members

Unit 4 – Discussion of basic online group skills. This course is more academic than our other programs, so we also discuss working with professional organizations to implement these

programs – 30 minutes

Units 5 thru 8 – Specific description and content of each of the 4 sessions in this program – 2 hours
- Includes instruction on how to construct an Emotional Energy Checklist
- Includes a summary and discussion of next steps.

Advanced Online Capabilities Pet Loss Module: 2 Hours

Unit 1 – Introduction and background for this program – 20 minutes plus quiz time

Units 2 thru 4 - Specific description and content of each of the six sessions in this program (two sessions in each of three videos) Video 4 includes a summary and discussion of next steps - 1.5 hours plus quiz time