



YILA HEALING TRAIL

FESTIVAL PROGRAM



FRI OCT 11

Official Opening

Corroboree | 4:00 pm to 9:00 pm | Paringa Park, Nowra

SAT OCT 12

Tea ceremony
8 - 9.30 am | Bamarang

Worm Farming Intro
9 - 11 am | Nowra

Beach Snorkelling
9 - 11 am | Jervis Bay

Oracle Card Readings
10 - 2 pm | Bombaderry

Weaving Workshop
10 - 2 | Currarong

Botanic Garden Walk
11 - 12 | Shoalhaven Heads

Makeshift First Aid
11-12.30 | Conjola

Horse Riding
12 - 1 pm | Coolangatta

Bush Tucker
12 - 2 pm | Budgong

Vedic Storytime
2 - 3.30 | Nowra

Womens Weaving
2 - 5:30 pm | Manyana

Spirit Food
6 - 9 pm | Jaspers Brush

Star Gazing
6.30 - 8 pm | Vincentia

**See our website for event
info & bookings**

SUN OCT 13

Meditation
8 - 9:30 am | Milton

Meditation
8 - 9am | Booderee np

Landcare
9 - 11 am | Berry

Learn to Surf & Create
9 - 11:30 am | Currarong

Connect to Country
9-11 am Booderee np

Growing Together
10 - 2 pm | Milton

Horse Riding
10 - 11 am | Coolangatta

Wellness Workshop
10-4 Kangaroo Valley

Sanskrit art for beginners
10:30 - 1 pm | Nowra

Community Connection
12 - 5 pm | Vincentia

Our Future Shoalhaven
12 - 5 pm | Vincentia

Mobile Care Hub
1 - 5 pm | Vincentia

**"Study nature, love nature, stay close to nature.
It will never fail you" Frank Lloyd Wright**

MON OCT 14

Sunrise meditation
5:45am | Vincentia

Swim with Whales
7 am - 1 pm | Jervis Bay

Cultural Day
10 - 4 pm | Huskisson

Cultural Immersion
10-2 | Greenfield Beach

Carked It
10.30-12.30 | Nowra

Electrify Shoalhaven
10:30 -12 | Nowra

SH Photo Club
3 - 4 pm | Nowra

Nature Matters
5.30 - 6.30 pm | Nowra

Cloud Appreciation
6 - 7.30 pm | Cunjurong

Meditation
6 - 7.30 pm | Milton



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TUE OCT 15

Nature walk
9 - 12 | Milton

Dying on Country
11 - 1 | Kangaroo valley

Shared History
12 - 2 | Cambewarra Mtn

Cloud Appreciation
6 - 7.30 pm | Cunjurong

WED OCT 16

Uncle Noel - Muttama
10 - 11am | Crookhaven

Your Affairs
10 - 12:30 pm | Nowra

Native Tree Care
10 - 12 | Ulladulla

Movie Night
6 - 8 pm | Huskisson

Ancestral Grandparents.
5-7.30pm | Lake Conjola

THU OCT 17

Walking Country
9 - 12 | TBA

Shroud making
9 - 4 | Wandandian

Country Holds Story
10 - 12 noon | Durras.

Sea Stories
2 - 3.30 | Nowra.

Evolving to Stewardship:
4 - 8 pm | Jaspers Brush

FRI OCT 18

Wildflower Walk
10-11 am | Ulladulla

Growing Organics
10 - 11 am | Terara

Furoshiki Workshop
10 - 11:30 | Vincentia

Dying Naturally
10:30 - 12 | Cambewarra

Walk w/ Aunty Deidre
11 - 12:30 | Huskisson

Beeswax Wrap-Making
12-2 | Vincentia

**"Where flowers bloom, so does hope."
-Lady Bird Johnson**

Deep Ecology | John Seed
5 - 9 pm | Morton

SAT OCT 19

Mosaic Workshop Day
Mad Cow Studio | Nowra

Free Tip Tour
9 - 2 | Ulladulla

Composting at Home
9 - 12 | Ulladulla

Reconnect w/ John Seed
9 am | Yadboro Flat

Traditional Fishing Nets
10 - 3 | Huskisson

Cultural Dot Painting
10:30 | Old Errowal Bay

Sacred Circle
11 - 1 | Budgong

Mindful Canoing
1 - 4 | Kangaroo Valley

EFT workshop
1 - 3 | Nowra

Soor Practice
5 - 7 pm | Mollymook

Funeral for Jesus
6 - 7 pm | Tomerong

Yuin Astronomy
7.15 pm | Sanctuary Point

**Dont forget to book your trail ahead of time as
numbers are limited for many events**

Weaving the Story
10 - 3 | Huskisson

Berry Landcare
9 - 11 am | Berry

Fern ID walk
9:30 - 12.30 | Nowra

Reconnect with Nature
10 - 1 | Falls Creek

First Nations Walk
11-12.30 | SH Heads

SUN OCT 20

Night Walk
7 pm | Mongana

**Official Closing Ceremony
Picnic for Nature | 11 am - 2 pm | Lawn, Ulladulla Civic Centre**

YILAHEALINGTRAIL.AU | INFO@YILAHEALINGTRAIL.AU

