

# NEURODIVERGENT PEER COACHING NETWORK

*for professionals*



**Support, Strategies, Success**



## **Empower Neurodivergent Employees Equip Your Managers & Strengthen Your Workforce**

Modern workplaces move fast, and without the right support, neurodivergent employees can face daily challenges that impact focus, wellbeing, and performance.

At the same time, managers are expected to lead diverse teams but often feel unsure how to provide effective, meaningful support.

**The result? Missed potential - Rising burnout - Increased turnover**

### **Peer Coaching That Drives Real Change**

Our group coaching programmes provide ongoing, practical support for both neurodivergent employees and the managers who lead them.

#### **For Neurodivergent Staff:**

- Build confidence and effective workplace strategies
- Reduce overwhelm and improve communication
- Connect with peers in a supportive, safe space

#### **For Line Managers:**

- Learn how to confidently support ND team members
- Understand adjustments, communication, and inclusive leadership
- Improve team cohesion, productivity, and wellbeing

Organisations work with Inclusive Change because we understand that supporting neurodivergent talent requires more than policies, it requires people-focused solutions.

- ✓ Trusted by HR teams, wellbeing leads, and senior managers
- ✓ Experts in neurodiversity, workplace wellbeing, management & leadership
- ✓ Flexible delivery, online or in-person

**Building The Future of Work With Neurodiversity in mind**



[inclusivechange.co.uk](http://inclusivechange.co.uk)



[enquiries@inclusivechange.co.uk](mailto:enquiries@inclusivechange.co.uk)

# NEURODIVERGENT PEER COACHING NETWORK

*for professionals*



## Support, Strategies, Success



## What Happens in Our Peer Coaching Networks for Employees?

Work isn't always designed for the way your brain works.

Whether it's juggling tasks, managing focus, navigating communication, or dealing with overwhelm you're not alone in finding these things challenging.

**Practical Support.  
Real Conversations.  
Strategies That Work**

### How it works

#### ✓ Monthly Group Coaching Sessions

Join a small, supportive group of colleagues for a 90-minute session led by an experienced coach who specialises in neurodiversity at work.

#### ✓ Each session focuses on real-world challenges:

like focus, organisation, communication, and managing overwhelm.

#### ✓ A Safe, Supportive Community

You'll connect with others who get it, no need to explain or justify. This is a space to be open, share ideas, and learn from each other.

#### ✓ Access to Resources

Between sessions, you'll have access to helpful resources and the option to stay connected with your peer group for ongoing support.

**Because you deserve support that recognises how you work best.**

**We are here to help you navigate workplace challenges, build confidence, and feel more in control, without feeling like you have to 'fix' yourself.**



**Building The Future of Work With Neurodiversity in mind**



[www.inclusivechange.co.uk](http://www.inclusivechange.co.uk)



[enquiries@inclusivechange.co.uk](mailto:enquiries@inclusivechange.co.uk)