

COURSE PROSPECTUS

JULY 2025



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Training Services



Empowering teams with neurodiversity training to foster inclusive, supportive, and productive workplaces.

Change Management Consultancy



Guiding organisations through inclusive change strategies that support neurodivergent and disabled employees.

Practical Solutions



Offering actionable toolkits and resources tailored for real-world neuro-inclusivity in the workplace.

Who We Are?

Inclusive Change is an independent consultancy dedicated to transforming workplaces. Our expert team combines decades of leadership experience with lived insights into neurodiversity, empowering you to build inclusive, high-performing teams and drive productivity.

What We Do?

We provide training and support, for organisations to help build neurodiverse and inclusive workplaces where everyone can thrive. We aim to prepare organisations and individuals for the future workplace with neurodiversity in mind.

SCAN
ME! >>



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Start the Conversation

Introduction to neurodiversity in the workplace

Part 1

Description

Starting conversations about neurodiversity is often the first step we need to take to creating a more inclusive workplace.

Start the Conversation is an interactive workshop delivered face-to-face or online tailored to your business, including a Q&A session & dedicated webpage for follow up with slides and resources.

Outcomes

- An introduction to neurodiversity, common conditions, and behaviours.
- Dispelling myths about neurodiversity.
- Exploring the strengths and challenges of neurodiverse individuals.
- Reasonable adjustments and how to implement them.
- Practical strategies to support neurodiverse colleagues.



Thank you for the very engaging and educational training last Friday; it was very well received, great feedback informally from my colleagues.



Who is this for?

All staff, leaders & managers



Duration

60 mins or 90 Mins



Format

In person or online delivery



Price

From £499 + VAT
Travel expenses applicable for in-person delivery

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Continue the Conversation

Understanding Neurodiversity & Disability in the Workplace Part 2

Description

This immersive workshop builds on foundational awareness from Start the Conversation, deepening participants' understanding of how neurodiversity and disability intersect with workplace dynamics.

With a focus on real-world application, this session empowers employers, managers, and colleagues to create environments where neurodivergent individuals can thrive; from disclosure to adjustments and career development

Outcomes

- **The Power of Disclosure & Safe Spaces:** Learn how to overcome disclosure barriers and create supportive environments.
- **Implementing Reasonable Adjustments That Work**, Understand legal duties and how to make practical, impactful changes.
- **Strength-Based Thinking**, Focus on strengths to drive inclusion and performance.
- **Case Studies in Context**
- **The Inclusive Learner & Employee**, Support learners and employees from start to finish with timely interventions. Journey
- **Turning Learning into Action:** Plan real changes and build a lasting culture of inclusion through shared practices.



Absolutely fantastic — incredibly engaging, clearly very knowledgeable, and passionate about the topic. Brought the subject to life in a really accessible and thought-provoking way. I left with several useful tools and techniques that I'll definitely be taking back to my role.



Who is this for?

All staff, leaders & managers



Duration

Half day workshop



Format

In person or online delivery



Price

£1899 + VAT

Travel expenses applicable for in-person delivery

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Inclusive Leadership Managing Neurodiverse Teams

Description

We know managers and supervisors want to support their teams to be the best they can be. **Inclusive leadership - managing neurodiverse teams** will give leaders in your organisation the skills and knowledge they need to create an environment that will promote performance for all.

Outcomes

- An overview of neurodiversity, in the workplace.
- Guidance on implementing reasonable adjustments in compliance with the Equality Act.
- Strategies for supporting neurodiverse teams, including conflict management.
- Case studies, breakout exercises, and an action plan for managers to implement in their teams.



Your training was so insightful, helpful and comprehensive, we all got an enormous amount out of it that I'm sure we will be applying to the way we work as an organisation and beyond.



Who is this for?

All supervisors, leaders and managers
HR managers, apprentice supervisors



Duration

Half day workshop



Format

In person or online



Price

From £1399 +VAT
Travel expenses applicable for in-person delivery

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touch



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Reasonable Adjustment and the future of inclusive work

Description

This practical, thought-provoking webinar explores how organisations can meet their legal duties while creating truly inclusive workplaces where neurodivergent and disabled individuals can thrive.

- **Why It Matters Now.** Using real case law examples, we'll explore the risks of non-compliance and the positive ripple effects of getting it right from reduced staff turnover to improved trust and team cohesion.

Outcomes

- **Understanding Reasonable Adjustments.** What adjustments look like in real workplace settings, from flexible working to adapted recruitment, and how they benefit the whole team, not just individuals.
- **Defining 'Reasonable' in Practice.** We will unpack what makes an adjustment reasonable under the Equality Act 2010, considering cost, feasibility, impact, and organisational context, and clarify what employers are (and aren't) required to do.



Who is this for?

Everyone



Duration

90 minutes



Format

Online or In person



Price

£599 +VAT

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Peer Coaching Network

Neurodivergent Group Coaching Programme

Description

Our Peer Coaching Network provides a structured, expert-led space where neurodivergent employees can connect, share experiences, and develop workplace strategies that help them thrive.



Supporting neurodivergent employees goes beyond reasonable adjustments - it's about connection, confidence, and career development.



Outcomes

- Monthly Online Group Coaching Led by two experienced neurodivergent facilitators,
- A Dedicated Online Community to develop peer support
- Tailored Discussion Topics – Including executive function, self-advocacy, time management, career progression, and managing workplace relationships.
- In person events to kick off and finish



Who is this for?

Neurodivergent employees who would benefit from structured peer support



Duration

6 - 9 months



Format

Hybrid



Price

From £1899 +VAT Per person

Get in
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Munch & Learn

Description

Give your team the space to pause, reflect, and engage with our 30-minute online learning sessions, to deepen the conversation.

Designed to raise awareness of neurodiversity and disability, these short, impactful sessions offer practical insights that can be applied in both professional and personal settings. With interactive elements to encourage real engagement, they're ideal for organisations committed to building inclusive, informed teams.

Our flexible ~~Lunch~~ Munch & Learn format works across time zones to suit your global workforce.

Popular topics:

- Neurodiversity at Work: What It Is and Why It Matters
- Making Reasonable Adjustments Work

- Inclusive Recruitment: Attracting Neurodiverse Talent
- Disability and the Law: What You Need to Know
- Neurodivergent Experiences: Real Stories, Real Impact
- Menopause and Neurodiversity
- Mental Health and Neurodiversity: Joined-Up Support



Who is this for?

Everyone



Duration

30 minutes



Format

Online



Price

From £199 +VAT

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touch



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Course Outline



Free

A managers guide to Access To Work Online Course

Description

Access To Work is a government run scheme in the UK that is designed to ensure that disabled and neurodivergent adults get the support they need in work.

A managers guide to access to work is a webinar recording that shares practical advice and lived experience about the scheme.

Outcomes

- Understand who is eligible for access to work
- Know what types of support are available through the scheme
- Discover the impact that access to work can have on adults in employment
- Explore how to talk to your team about access to work
- Find out how to apply for access to work



A fantastic session, at a good pace, with reference to further resources. Really helpful in professional and personal situations



Who is this for?

Managers and supervisors



Duration

60 mins - self paced



Format

On demand webinar recording



Price

FREE

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CLICK HERE



Change Management & Neurodiversity

Description

As a change manager, understanding your stakeholders is crucial to achieving successful project outcomes.

Change Management & Neurodiversity is an interactive workshop that will deepen your awareness and understanding of the impact of change for neurodivergent stakeholders.

Outcomes

- An introduction to neurodiversity
- Explore how change may impact neurodivergent stakeholders
- Discover strategies to enhance communication and engagement in a change project
- Create an action plan to improve outcomes in a change programme



A fantastic session, at a good pace, with reference to further resources. Really helpful in professional and personal situations



Who is this for?

Change Managers, Project Managers, HR Managers



Duration

2 Hours



Format

Online or in person



Price

From £699 + VAT

Get in
touch



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